

Palomino Eagle Relays

31st Annual Competition

Hosted By: Valley View & Ramona High Schools

MEET DATE: *Saturday March 4th, 2023*

TIME: Field Events 8:30am; Track Events 8:00am
(Field Event Warm-ups 7:45)

LOCATION: **Valley View High School**
13135 Nason St.
Moreno Valley, CA 92555

FACILITIES: *The meet is at Valley View High School.* Stadium 5,000 seats. Eight-lane all-weather track. One concession stand. Breakfast & Lunch will be available. (Two **Free** coaches meal tickets will be provided in team packet) Trainer will be available for medical needs. (Bring your own tape please).

DIVISIONS: Schools will be divided as evenly as possible into two divisions (Small & Large) based upon the most current CBEDS enrollment information and team strength.

AWARDS: **Custom Medals** will be awarded to the top 3 in each division
Team Plaques will be awarded to the top three (3) teams in each division

ENTRIES: Each school will be allotted one entry for each event in each division. Lane assignments will be randomly. **You need to declare that you are going to have a "B" team at Lucky Jacobsen at ljacobsen@mvusd.net because we need to make plans for it.**

****NEW FIELD** EVENTS WILL BE ENTERED ON**

<https://www.athletic.net/> to make sure our timer will ensure the marks are recorded.

• EVENTS:

○ Event Order:

Race #1 (4 x shuttle hurdles 2 high 2 low) **Race #2** (8x200) **Race #3** (4x800) **Race #4** (4x100)
Race #5 (Sprint Medley 200,200,400,800) **Race #6** (4x1600) **Race #7.** (8x100) **Race #8** (4x200)
Race #9 (Distance Medley 1200,400,800,1600) **Race #10** (4x400) **Race #11** (WT. Mans relay 4x100)

○ Field Events:

Event #1 (3x Discus) **Event #2** (3x Shot-put) **Event#3** (3x Pole-Vault) **Event #4** (3x High Jump) **Event#5**
(3x Long Jump) **Event #6** (3x Triple Jump)

ENTRY FEES: Boys & Girls Team: \$410
Boys OR Girls ONLY: \$230

Please make checks payable to: **Valley View Track & Field Team**

Please send check to: c/o Lucky Jacobsen
Valley View High School
13135 Nason St.
Moreno Valley, CA 92555

MEET MANAGEMENT:

Should you have any questions, please contact:

Lucky Jacobsen
951-255-2806
ljacobsen@mvusd.net