

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 1 Women 4x100 Meter Relay**

**Friday 3/24/2023 - 1:00 PM**

| Lane                         | Team                       | Relay                     | Seed Time |
|------------------------------|----------------------------|---------------------------|-----------|
| <b>Section 1 of 1 Finals</b> |                            |                           |           |
| 1                            | Chapman                    | A                         | 47.86     |
|                              | 1) Lizarde, Makenna FR     | 2) Smith, Kaylee SO       |           |
|                              | 3) Kremer, Allison SO      | 4) Zurasky, Zoe SO        |           |
| 2                            | Cerritos                   | A                         | 46.91     |
|                              | 1) Rogers, Kimora FR       | 2) Wallace, Rionna SO     |           |
|                              | 3) Nguyen, Crystal FR      | 4) Faircloth, Aryianna SO |           |
| 3                            | Cal Poly Pom               | A                         | 45.90     |
|                              | 1) Thomas, Jaelyn SO       | 2) Ehinlaiye, Kelsey SO   |           |
|                              | 3) Queniat, Yuna JR        | 4) Fields, Ayana JR       |           |
| 4                            | San Jose St.               | B                         | 45.40     |
|                              | 1) Liao, Yan-Jun Sophie SR | 2) Mosteller, Sarah JR    |           |
|                              | 3) Divinity, Eve FR        | 4) Purdy, Azaria FR       |           |
| 5                            | San Jose St.               | A                         | 45.40     |
|                              | 1) Fletcher, Kaylen FR     | 2) Spencer, Gabrielle JR  |           |
|                              | 3) McCuller, Sharli'e FR   | 4) Bean, Alyssa FR        |           |
| 6                            | Csusb                      | A                         | 46.83     |
|                              | 1) Salter, Mahlaya JR      | 2) Hunt, Hailey SO        |           |
|                              | 3) Copeland, Sariah SO     | 4) White, Alexis SO       |           |
| 7                            | Csusb                      | B                         | 47.80     |
|                              | 1) Alexander, Journie SO   | 2) Carter, Kyndahl JR     |           |
|                              | 3) Pennix-Webb, Na'kel FR  | 4) Stokes, Sierra SO      |           |
| 8                            | Orange Coast               | A                         | 50.32     |
|                              | 1) Ilfeld, Emily SO        | 2) Zand, Yasmin SO        |           |
|                              | 3) Jackson, Mallory SO     | 4) Covington, Jayilyn FR  |           |

**Event 2 Men 4x100 Meter Relay**

**Friday 3/24/2023 - 1:10 PM**

| Lane                         | Team                   | Relay                     | Seed Time |
|------------------------------|------------------------|---------------------------|-----------|
| <b>Section 1 of 2 Finals</b> |                        |                           |           |
| 1                            | Chapman                | A                         | 42.53     |
|                              | 1) Fara, Mason FR      | 2) Thompson, Sam SO       |           |
|                              | 3) Shen, Ewan SO       | 4) Walton, Jordan SO      |           |
| 2                            | Cal Poly Pom           | B                         | 41.00     |
|                              | 1) Tilford, Jake JR    | 2) Onwaeze, Nnamdi SO     |           |
|                              | 3) Crook, Leroy FR     | 4) Smith, Deandre SO      |           |
| 3                            | Cerritos               | A                         | 41.48     |
|                              | 1) Dominguez, Dylan FR | 2) Owens, Colby SO        |           |
|                              | 3) Jimenez, Jacob FR   | 4) Williams, Jaheim SO    |           |
| 4                            | San Jose St.           | A                         | 39.50     |
|                              | 1) Tarver, Cameron FR  | 2) Hammork III, Roland FR |           |
|                              | 3) Adams, Jalen JR     | 4) Coats, Christopher FR  |           |
| 5                            | San Jose St.           | B                         | 40.00     |
|                              | 1) Jones, Jared FR     | 2) Walker, Jeremiah FR    |           |
|                              | 3) Smith, Jaden FR     | 4) Johnson, Roman SR      |           |
| 6                            | Cal Poly Pom           | A                         | 40.76     |
|                              | 1) Bushnell, Bryce SO  | 2) Boyd, Lorenzo SO       |           |
|                              | 3) Johnson, Joshua SO  | 4) Fields, Ryan JR        |           |
| 7                            | San Jose St.           | C                         | 40.62     |
|                              | 1) Waters, Demaris FR  | 2) Reed, Ajamu FR         |           |
|                              | 3) Waring, Zaire FR    | 4) Overstreet, Harry JR   |           |
| 8                            | Cal Poly Hum           | A                         | 42.81     |
|                              | 1) Singh, Harry FR     | 2) Van Emmerik, Grant JR  |           |
|                              | 3) Pratt, Connor FR    | 4) Castro, Ryan SO        |           |
| <b>Section 2 of 2 Finals</b> |                        |                           |           |
| 3                            | Orange Coast           | B                         | 43.89     |
|                              | 1) Lee, Shang-En FR    | 2) Loth, Cayden FR        |           |
|                              | 3) Gibbs, Anthony SO   | 4) Woolard, Brittan FR    |           |
| 4                            | Cuyamaca               | A                         | 43.22     |
|                              | 1) Baker, Aiden SO     | 2) Berry, Amaree SO       |           |
|                              | 3) Gojuangco, Ryan SO  | 4) Nathan, Anthony SO     |           |
| 5                            | Orange Coast           | A                         | 43.27     |
|                              | 1) Fegal, Ashton SO    | 2) O'Brien, Luke FR       |           |
|                              | 3) Knudson, Maximus SO | 4) Deng, Scott FR         |           |

**Event 3 Women 100 Meter Hurdles**

**Friday 3/24/2023 - 1:20 PM**

| Lane                         | Name              | Yr | School       | Seed Time |
|------------------------------|-------------------|----|--------------|-----------|
| <b>Section 1 of 4 Finals</b> |                   |    |              |           |
| 1                            | Thompson, Maliyah | SO | Western Oreg | 14.64     |
| 2                            | Wilson, Morgann   | JR | San Marcos   | 14.40     |
| 3                            | Davis, Jazzmine   | SO | Cerritos     | 14.37     |
| 4                            | Omorodion, Osayi  | JR | San Jose St. | 14.00     |
| 5                            | Hano, Joy         | SO | Cal Poly Hum | 14.30     |
| 6                            | Milton, Ari       | JR | Cal Poly Pom | 14.39     |
| 7                            | Carter, Kyndahl   | JR | Csusb        | 14.63     |
| 8                            | Preston, Rebeka   | SR | Biola        | 14.68     |

**Mangrum Invitational - 3/24/2023**  
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**Section 2 of 4 Finals...(Event 3 Women 100 Meter Hurdles)**

|   |                           |                 |       |
|---|---------------------------|-----------------|-------|
| 1 | Sproul, Joley             | SO Biola        | 15.29 |
| 2 | O'Donnell, Teigen         | SR San Marcos   | 14.98 |
| 3 | Schubert, Lina            | SO San Jose St. | 14.86 |
| 4 | Anguiano, Citlalli        | JR Cal Poly Pom | 14.77 |
| 5 | Chang, Hannah             | FR Seattle Paci | 14.79 |
| 6 | De Arvizu Sarrias, Blanca | SO Alaska Ancho | 14.98 |
| 7 | Chism, Kenna              | SO Biola        | 15.23 |
| 8 | Jones, Priscilla          | SO Biola        | 15.56 |

**Section 3 of 4 Finals**

|   |                   |                 |       |
|---|-------------------|-----------------|-------|
| 1 | Mader, Mikayla    | JR Alaska Ancho | 16.88 |
| 2 | Hume, Ashley      | SO Azusa Pacifi | 16.34 |
| 3 | Roberds, Chris    | SO Cal Poly Hum | 15.90 |
| 4 | Meredith, Lauren  | FR San Marcos   | 15.71 |
| 5 | Fischer, Luisa    | JR Azusa Pacifi | 15.71 |
| 6 | Lindenthal, Sarah | SO Cal Poly Pom | 15.94 |
| 7 | Jardstrom, Tianna | SO Cal Poly Pom | 16.65 |
| 8 | Zabala, Alyssa    | FR Cerritos     | 16.89 |

**Section 4 of 4 Finals**

|   |                    |                 |       |
|---|--------------------|-----------------|-------|
| 3 | Williamson, Amaya  | FR Cerritos     | 19.29 |
| 4 | Campos, Michelle   | SO Cerritos     | 18.37 |
| 5 | Renteria, Kimberly | FR Orange Coast | 19.04 |
| 6 | Goodloe, Melana    | FR Cerritos     | 23.58 |

**Event 4 Men 110 Meter Hurdles****Friday 3/24/2023 - 1:40 PM**

| Lane | Name | Yr School | Seed Time |
|------|------|-----------|-----------|
|------|------|-----------|-----------|

**Section 1 of 3 Finals**

|   |                 |                 |       |
|---|-----------------|-----------------|-------|
| 1 | Conklin, Justin | JR Western Oreg | 15.04 |
| 2 | Worrell, Aaron  | SR Azusa Pacifi | 14.70 |
| 3 | Onwaeze, Nnamdi | SO Cal Poly Pom | 14.19 |
| 4 | Waters, Demaris | FR San Jose St. | 13.75 |
| 5 | Fields, Ryan    | JR Cal Poly Pom | 13.92 |
| 6 | Zapata, Gabriel | SR Cal Poly Pom | 14.61 |
| 7 | Moore, Kaelin   | SR Cal Poly Pom | 14.81 |
| 8 | Craft, Jaelen   | JR Cal Poly Pom | 15.06 |

**Section 2 of 3 Finals**

|   |                   |                 |       |
|---|-------------------|-----------------|-------|
| 1 | Brown, Javone     | FR Cerritos     | 17.61 |
| 2 | Pook, Caleb       | FR Biola        | 16.26 |
| 3 | Lukens, Christian | JR Biola        | 15.75 |
| 4 | Krog, Lincoln     | SO Azusa Pacifi | 15.11 |
| 5 | Pearson, Bryce    | SO Cerritos     | 15.66 |
| 6 | DeHaan, Gerwin    | JR Cal Poly Pom | 16.16 |
| 7 | Loth, Cayden      | FR Orange Coast | 16.99 |
| 8 | Meyer, Gavin      | FR Orange Coast | 18.01 |

**Section 3 of 3 Finals**

|   |                  |                 |       |
|---|------------------|-----------------|-------|
| 2 | Holmes, Darius   | SO Seattle Paci | NT    |
| 3 | Rack, Jeremy     | FR San Marcos   | NT    |
| 4 | Do, Alex         | FR Orange Coast | 19.05 |
| 5 | Pacheco, Alex    | FR Orange Coast | 20.34 |
| 6 | Burchfield, Gabe | SO Western Oreg | NT    |

**Event 5 Women 400 Meter Dash****Friday 3/24/2023 - 1:55 PM**

| Lane | Name | Yr School | Seed Time |
|------|------|-----------|-----------|
|------|------|-----------|-----------|

**Section 1 of 5 Finals**

|   |                   |                 |       |
|---|-------------------|-----------------|-------|
| 1 | Green, Aniya      | SO Seattle Paci | 58.59 |
| 2 | Salinas, Mia      | JR San Marcos   | 58.03 |
| 3 | Williams, Aliyah  | FR San Jose St. | 56.02 |
| 4 | Fields, Ayana     | JR Cal Poly Pom | 53.44 |
| 5 | Walker, Jaylah    | SR Azusa Pacifi | 54.44 |
| 6 | Bernadez, Makayla | SO Sonoma St.   | 57.91 |
| 7 | Hart, Jessy       | SO Western Oreg | 58.17 |
| 8 | Miller, Trinity   | SO Azusa Pacifi | 58.75 |

**Section 2 of 5 Finals**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | Pennix-Webb, Na'kel   | FR Csub         | 1:00.11 |
| 2 | Backman, Kaitlyn      | JR Alaska Ancho | 59.71   |
| 3 | Mack, Elena           | FR Cerritos     | 59.15   |
| 4 | Crane, Marissa        | FR Seattle Paci | 58.77   |
| 5 | Altamirano, Bethanie  | JR Western Oreg | 59.00   |
| 6 | Stamatopoulos, Ashton | FR San Marcos   | 59.59   |
| 7 | Gonzalez, Daisy       | FR San Marcos   | 59.74   |
| 8 | Stokes, Sierra        | SO Csub         | 1:00.30 |

**Section 3 of 5 Finals**

|   |                     |                 |         |
|---|---------------------|-----------------|---------|
| 1 | Ortiz, Isabel       | SO San Marcos   | 1:01.21 |
| 2 | Banahene, Maame     | SO Csub         | 1:00.73 |
| 3 | Ervin, Teloni       | FR Cal St. Dom. | 1:00.61 |
| 4 | Shadrick, Megan     | SO Cal Poly Pom | 1:00.36 |
| 5 | Cook, Lola          | FR San Marcos   | 1:00.58 |
| 6 | Vidal Poy, Maria    | FR Biola        | 1:00.66 |
| 7 | Villalobos, Sarelis | SO Cal Poly Pom | 1:00.76 |
| 8 | Ahlquist, Robin     | SR Biola        | 1:02.00 |

**Section 4 of 5 Finals**

|   |                         |                 |         |
|---|-------------------------|-----------------|---------|
| 2 | Allen-Jefferson, Aiyana | FR Csub         | 1:04.20 |
| 3 | Cecilio, Mia            | FR Sonoma St.   | 1:03.00 |
| 4 | Murphy, Jourdan         | SO Cerritos     | 1:02.20 |
| 5 | Smith, Charisma         | SO Seattle Paci | 1:02.39 |
| 6 | Low, Annabelle          | FR Orange Coast | 1:03.44 |
| 7 | Dawood, Razanne         | SO Orange Coast | 1:04.30 |

**Section 5 of 5 Finals**

|   |                |                 |         |
|---|----------------|-----------------|---------|
| 3 | Gilboy, Alexis | FR Orange Coast | 1:10.52 |
| 4 | Hicks, Maliyah | FR Seattle Paci | 1:06.42 |
| 5 | Muniz, Julia   | FR San Marcos   | 1:07.55 |

**Mangrum Invitational - 3/24/2023**  
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**Meet Program**

**Event 6 Men 400 Meter Dash**

Friday 3/24/2023 - 2:10 PM

| Lane                         | Name                | Yr | School       | Seed Time |
|------------------------------|---------------------|----|--------------|-----------|
| <b>Section 1 of 6 Finals</b> |                     |    |              |           |
| 1                            | Owens, Colby        | SO | Cerritos     | 49.08     |
| 2                            | Crook, Leroy        | FR | Cal Poly Pom | 48.75     |
| 3                            | Arce-Torres, Gabe   | SR | Western Oreg | 48.68     |
| 4                            | Kremser, Maximilian | JR | Alaska Ancho | 48.25     |
| 5                            | Tilford, Jake       | JR | Cal Poly Pom | 48.50     |
| 6                            | Angarita, Kevin     | JR | Alaska Ancho | 48.70     |
| 7                            | Archer, Isaiah      | SO | Seattle Paci | 48.78     |
| 8                            | Howard, Tyler       | SO | Azusa Pacifi | 49.08     |
| <b>Section 2 of 6 Finals</b> |                     |    |              |           |
| 1                            | Sapyta, Jack        | FR | Biola        | 50.50     |
| 2                            | Shepherd, Julius    | SO | Seattle Paci | 50.31     |
| 3                            | McElroy II, Phillip | SR | Cal St. Los  | 49.96     |
| 4                            | Josephson, Evan     | FR | Unattached   | 49.50     |
| 5                            | Fontaeus, Felix     | SO | Orange Coast | 49.51     |
| 6                            | Carpenter, Evan     | SO | Seattle Paci | 50.04     |
| 7                            | Davis, Mathias      | SR | Biola        | 50.43     |
| 8                            | Berry, Amaree       | SO | Cuyamaca     | 50.54     |
| <b>Section 3 of 6 Finals</b> |                     |    |              |           |
| 1                            | Steele, Matthew     | FR | Unattached   | 51.64     |
| 2                            | Blood, Zach         | FR | Cal Poly Hum | 51.25     |
| 3                            | Knudson, Maximus    | SO | Orange Coast | 50.87     |
| 4                            | Oberg, Braden       | FR | San Marcos   | 50.64     |
| 5                            | Gibbs, Anthony      | SO | Orange Coast | 50.67     |
| 6                            | Sunday, Dillon      | SO | Biola        | 51.00     |
| 7                            | Riley, Kenyon       | JR | San Marcos   | 51.44     |
| 8                            | Symington, Jeremiah | FR | Cuyamaca     | 51.79     |
| <b>Section 4 of 6 Finals</b> |                     |    |              |           |
| 1                            | Sapp, Aidan         | FR | Cerritos     | 53.07     |
| 2                            | Jimenez, Jacob      | FR | Cerritos     | 52.61     |
| 3                            | Mitchell, Ki'Shawn  | SR | Cal St. Los  | 52.41     |
| 4                            | Rosenquist, Joe     | FR | Cal Poly Hum | 51.89     |
| 5                            | Williams, Jaheim    | SO | Cerritos     | 52.39     |
| 6                            | Arthur, Isaac       | FR | Cal Poly Hum | 52.43     |
| 7                            | Giglio, Ryan        | FR | Cal Poly Hum | 52.96     |
| 8                            | Friesen, Kyle       | SO | Cal St. Los  | 53.21     |
| <b>Section 5 of 6 Finals</b> |                     |    |              |           |
| 2                            | Mandujano, Jesse    | JR | Alaska Ancho | 54.56     |
| 3                            | Crowdus, Jordan     | FR | Cerritos     | 54.09     |
| 4                            | Smith, Justin       | FR | Cerritos     | 53.63     |
| 5                            | Ybarra, Zachary     | FR | Biola        | 53.92     |
| 6                            | Curls, Jeremiah     | SO | Cal St. Los  | 54.35     |
| 7                            | Covarrubias, John   | SO | Cerritos     | 54.76     |
| <b>Section 6 of 6 Finals</b> |                     |    |              |           |
| 3                            | Hernandez, David    |    | Cardio Carte | 1:03.30   |
| 4                            | Lee, Alejandro      | FR | Cuyamaca     | 55.00     |
| 5                            | Parham, Keniko      | SO | Azusa Pacifi | 55.16     |

**Event 7 Women 100 Meter Dash**

Friday 3/24/2023 - 2:28 PM

| Lane                         | Name                 | Yr | School       | Seed Time |
|------------------------------|----------------------|----|--------------|-----------|
| <b>Section 1 of 6 Finals</b> |                      |    |              |           |
| 1                            | Fletcher, Kaylen     | FR | San Jose St. | 12.09     |
| 2                            | Liao, Yan-Jun Sophie | SR | San Jose St. | 11.90     |
| 3                            | McCuller, Sharli'e   | FR | San Jose St. | 11.85     |
| 4                            | Bean, Alyssa         | FR | San Jose St. | 11.60     |
| 5                            | Queniat, Yuna        | JR | Cal Poly Pom | 11.80     |
| 6                            | Verner, Alayna       | SO | Azusa Pacifi | 11.89     |
| 7                            | Faircloth, Aryianna  | SO | Cerritos     | 11.95     |
| 8                            | Ehinlaiye, Kelsey    | SO | Cal Poly Pom | 12.10     |
| <b>Section 2 of 6 Finals</b> |                      |    |              |           |
| 1                            | Hunt, Hailey         | SO | Csusb        | 12.21     |
| 2                            | Hopwood, Maya        | JR | Western Oreg | 12.19     |
| 3                            | White, Alexis        | SO | Csusb        | 12.14     |
| 4                            | Copeland, Sariyah    | SO | Csusb        | 12.11     |
| 5                            | Camello, Angelina    | JR | Cal Poly Pom | 12.12     |
| 6                            | Thompson, Maliyah    | SO | Western Oreg | 12.14     |
| 7                            | Holmes, Kiayra       | JR | Azusa Pacifi | 12.19     |
| 8                            | Thomas, Jaelyn       | SO | Cal Poly Pom | 12.21     |
| <b>Section 3 of 6 Finals</b> |                      |    |              |           |
| 1                            | Zurasky, Zoe         | SO | Chapman      | 12.53     |
| 2                            | Nwokoma, Ujunwa      | SO | Western Oreg | 12.45     |
| 3                            | Vidad, Joei          | JR | Alaska Ancho | 12.30     |
| 4                            | Manley, Olivia       | FR | Alaska Ancho | 12.25     |
| 5                            | Carrigan, Shyanne    | JR | Cal Poly Pom | 12.30     |
| 6                            | Salter, Mahlaya      | JR | Csusb        | 12.45     |
| 7                            | Alexander, Journie   | SO | Csusb        | 12.48     |
| 8                            | Moore, Kelaiah       | JR | Biola        | 12.61     |
| <b>Section 4 of 6 Finals</b> |                      |    |              |           |
| 1                            | Glaze, Jayden        | FR | Alaska Ancho | 12.85     |
| 2                            | Nguyen, Crystal      | FR | Cerritos     | 12.78     |
| 3                            | Carter, Kyndahl      | JR | Csusb        | 12.65     |
| 4                            | Zand, Yasmin         | SO | Orange Coast | 12.61     |
| 5                            | Arceneaux, Nia       | JR | Sonoma St.   | 12.65     |
| 6                            | Cartwright, Taylor   | FR | San Marcos   | 12.75     |
| 7                            | Ilfeld, Emily        | SO | Orange Coast | 12.80     |
| 8                            | Mousa, Audrey        | FR | Biola        | 12.90     |
| <b>Section 5 of 6 Finals</b> |                      |    |              |           |
| 1                            | Cuadras, Viviana     | FR | Cuyamaca     | 13.59     |
| 2                            | Guglielmana, Jalyn   | FR | San Marcos   | 13.41     |
| 3                            | Roberds, Chris       | SO | Cal Poly Hum | 13.16     |
| 4                            | Woolard, Summer      | FR | San Marcos   | 13.00     |
| 5                            | Ervin, Leloni        | FR | Cal St. Dom. | 13.11     |
| 6                            | Covington, Jayilyn   | FR | Orange Coast | 13.30     |
| 7                            | Sedbrook, Madison    | SO | Orange Coast | 13.41     |
| 8                            | Fox, Bridget         | FR | Cuyamaca     | 14.26     |

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**Section 6 of 6 Finals...(Event 7 Women 100 Meter Dash)**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 2 | Herrera, Jennifer | FR | Cal St. Dom. | NT    |
| 3 | Witbeck, Katrina  | JR | Cal St. Dom. | 16.02 |
| 4 | Wong, Dagmar      | FR | Orange Coast | 14.46 |
| 5 | Tolliver, Addison | FR | Orange Coast | 15.57 |
| 6 | Gonzales, Hailey  | FR | Cal St. Dom. | 16.11 |
| 7 | Jenkins, Kaila    | FR | Cal St. Dom. | NT    |

**Event 8 Men 100 Meter Dash****Friday 3/24/2023 - 2:46 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 7 Finals**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Bessolo, Daniel    | SR | Azusa Pacifi | 10.73 |
| 2 | Coats, Christopher | FR | San Jose St. | 10.60 |
| 3 | Johnson, Roman     | SR | San Jose St. | 10.50 |
| 4 | Tarver, Cameron    | FR | San Jose St. | 10.40 |
| 5 | Johnson, Joshua    | SO | Cal Poly Pom | 10.43 |
| 6 | Bushnell, Bryce    | SO | Cal Poly Pom | 10.56 |
| 7 | Adams, Jalen       | JR | San Jose St. | 10.67 |
| 8 | Smith, Deandre     | SO | Cal Poly Pom | 10.73 |

**Section 2 of 7 Finals**

|   |                           |    |              |       |
|---|---------------------------|----|--------------|-------|
| 1 | Brooks Jr., Shamond       | FR | San Jose St. | 10.85 |
| 2 | Boyd, Lorenzo             | SO | Cal Poly Pom | 10.83 |
| 3 | Hammork III, Roland       | FR | San Jose St. | 10.81 |
| 4 | Varland, Sid Markus Imani | JR | Azusa Pacifi | 10.76 |
| 5 | Smith, Jaden              | FR | San Jose St. | 10.80 |
| 6 | Worrell, Aaron            | SR | Azusa Pacifi | 10.82 |
| 7 | Nathan, Anthony           | SO | Cuyamaca     | 10.85 |
| 8 | Richardson, Anthony       | JR | Cal St. Los  | 10.89 |

**Section 3 of 7 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 1 | Deng, Scott      | FR | Orange Coast | 11.08 |
| 2 | Driesner, Alex   | SO | Western Oreg | 11.04 |
| 3 | Castro, Ryan     | SO | Cal Poly Hum | 10.97 |
| 4 | Gordon, Jeff     | JR | Seattle Paci | 10.90 |
| 5 | Jones, Jared     | FR | San Jose St. | 10.93 |
| 6 | Baker, Aiden     | SO | Cuyamaca     | 10.97 |
| 7 | Dominguez, Dylan | FR | Cerritos     | 11.08 |
| 8 | Bennett, Jayden  | JR | Biola        | 11.09 |

**Section 4 of 7 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 1 | Zarzuela, Martin | FR | Cal St. Los  | 11.21 |
| 2 | Hunter, Timothy  | JR | Alaska Ancho | 11.20 |
| 3 | Krog, Lincoln    | SO | Azusa Pacifi | 11.14 |
| 4 | Elliott, Tayric  | JR | Cal St. Los  | 11.12 |
| 5 | Hendrix, Amari   | SO | Western Oreg | 11.13 |
| 6 | Castro, Dominic  | SO | Biola        | 11.19 |
| 7 | Ferrence, Jack   | FR | Biola        | 11.20 |
| 8 | Singh, Harry     | FR | Cal Poly Hum | 11.21 |

**Section 5 of 7 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 1 | Simpson, Arthur  | FR | Cuyamaca     | 11.37 |
| 2 | Hormel, Trevor   | JR | Biola        | 11.35 |
| 3 | Belanger, Jacob  | JR | Alaska Ancho | 11.29 |
| 4 | Armstrong, Jemar | SO | Cerritos     | 11.24 |
| 5 | Gojuangco, Ryan  | SO | Cuyamaca     | 11.27 |
| 6 | Hidalgo, Zavier  | FR | San Marcos   | 11.30 |
| 7 | Cross, Jackson   | FR | San Marcos   | 11.36 |
| 8 | Lee, Shang-En    | FR | Orange Coast | 11.43 |

**Section 6 of 7 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 1 | Bartlett, Nicolas | FR | Cal Poly Hum | 11.65 |
| 2 | Pratt, Connor     | FR | Cal Poly Hum | 11.60 |
| 3 | Tighe, Joshua     | FR | Cuyamaca     | 11.50 |
| 4 | Moe, Adam         | FR | San Marcos   | 11.43 |
| 5 | O'Brien, Luke     | FR | Orange Coast | 11.44 |
| 6 | Rack, Jeremy      | FR | San Marcos   | 11.53 |
| 7 | Parham, Keniko    | SO | Azusa Pacifi | 11.62 |
| 8 | Anderson, Jaden   | FR | San Marcos   | 11.70 |

**Section 7 of 7 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 2 | Blade, Chase     | FR | Orange Coast | 12.36 |
| 3 | Thomas, Nate     | FR | Seattle Paci | 12.01 |
| 4 | Hurd, Collin     | SR | Alaska Ancho | 11.70 |
| 5 | Woolard, Brittan | FR | Orange Coast | 11.73 |
| 6 | Peels, Johnathon | SO | Cal St. Los  | 12.17 |
| 7 | Edison, Braedon  | FR | Cal St. Los  | 12.46 |

**Event 9 Women 800 Meter Run****Friday 3/24/2023 - 3:07 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 5 Finals**

|   |                       |    |              |         |
|---|-----------------------|----|--------------|---------|
| 1 | Garcia Meza, Briseida | JR | Azusa Pacifi | 2:09.65 |
| 2 | Mercado, Ana          | SR | San Marcos   | 2:09.68 |
| 3 | Neilon, Hannah        | SR | Tufts        | 2:10.00 |
| 4 | Roe, Bailey           | JR | Alaska Ancho | 2:17.21 |
| 5 | Hatcher, Arissa       | SO | Cal Poly Pom | 2:12.15 |
| 6 | Pinter, Eline         | SR | Azusa Pacifi | 2:13.70 |
| 7 | Mills, Emma           | SO | San Marcos   | 2:16.62 |
| 8 | Strausbaugh, Jordan   | FR | Alaska Ancho | 2:17.00 |
| 9 | Salinas, Mia          | JR | San Marcos   | 2:10.00 |

**Section 2 of 5 Finals**

|   |                   |    |              |         |
|---|-------------------|----|--------------|---------|
| 1 | McManus, Angela   | FR | San Marcos   | 2:18.00 |
| 2 | Lopez, Sophie     | SO | Cerritos     | 2:18.51 |
| 3 | Braganza, Rhea    | FR | Pomona-Pitze | 2:19.70 |
| 4 | Jackson, Amelia   | SR | Cal Poly Hum | 2:19.76 |
| 5 | Kessler, Mariska  | FR | Cal Poly Hum | 2:19.77 |
| 6 | Brown, Johanna    | SO | Seattle Paci | 2:20.76 |
| 7 | Moreno-Perez, Ana | FR | San Marcos   | 2:21.00 |
| 8 | Marroquin, Kai    | FR | Csusb        | 2:23.87 |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Section 3 of 5 Finals...(Event 9 Women 800 Meter Run)**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | Schadt, Hailey        | JR Biola        | 2:24.00 |
| 2 | Jensen, Emily         | FR Biola        | 2:24.00 |
| 3 | Butler, Julia         | FR Cal Poly Pom | 2:25.00 |
| 4 | Sokol-Snyder, Natalie | SR Pomona-Pitze | 2:25.18 |
| 5 | McGraw, Lilly         | JR San Marcos   | 2:26.54 |
| 6 | Jones, Makayla        | SR San Marcos   | 2:26.54 |
| 7 | Yorges, Nicki         | SO Seattle Paci | 2:27.07 |
| 8 | McAfee, Thea          | SR Pomona-Pitze | 2:27.18 |

**Section 4 of 5 Finals**

|   |                   |                 |         |
|---|-------------------|-----------------|---------|
| 1 | Hargrove, Tayonna | SO Csub         | 2:27.34 |
| 2 | Feitz, Megan      | FR Cerritos     | 2:27.75 |
| 3 | Juarez, Leslie    | FR Cerritos     | 2:30.67 |
| 4 | Davis, Sarah      | SR San Marcos   | 2:32.23 |
| 5 | Phillips, Kheli   | SO Pomona-Pitze | 2:33.48 |
| 6 | Hill, Maya        | SO Unattached   | 2:34.00 |

**Section 5 of 5 Finals**

|   |                  |                 |         |
|---|------------------|-----------------|---------|
| 1 | Cabrera, Giselle | FR Csub         | 2:44.63 |
| 2 | Rojas, Maria     | SO Csub         | 2:44.93 |
| 3 | Rojas, Vanessa   | FR Cerritos     | 2:46.82 |
| 4 | Osorio, Jasmine  | FR Cal St. Dom. | 2:47.37 |
| 5 | Najera, Mia      | SO Cerritos     | 2:53.37 |
| 6 | Palmer, Chantel  | FR Cal St. Dom. | NT      |

**Event 10 Men 800 Meter Run****Friday 3/24/2023 - 3:24 PM**

| Lane                         | Name                | Yr | School       | Seed    | Time |
|------------------------------|---------------------|----|--------------|---------|------|
| <b>Section 1 of 6 Finals</b> |                     |    |              |         |      |
| 1                            | Jensen, Julian      | SO | Cal Poly Hum | 1:54.10 |      |
| 2                            | Liu-Walter, Zachary | FR | Williams     | 1:52.00 |      |
| 3                            | Klus, Emmett        | SO | Western Oreg | 1:52.26 |      |
| 4                            | Roering, Oscar      | SO | Pomona-Pitze | 1:52.49 |      |
| 5                            | Wilson, Sawyer      | SR | Tufts        | 1:53.48 |      |
| 6                            | Saenz, Nicolas      | FR | La Verne     | 1:53.84 |      |
| 7                            | Malone, Christopher | FR | San Jose St. | 1:54.00 |      |
| 8                            | McGregor, Renton    | FR | San Marcos   | 1:54.35 |      |
| 9                            | Oberg, Braden       | FR | San Marcos   | 1:50.00 |      |

**Section 2 of 6 Finals**

|   |                 |    |              |         |
|---|-----------------|----|--------------|---------|
| 1 | Hardy, Marcus   | SR | Tufts        | 1:54.89 |
| 2 | Sarino, Vincent | JR | Cal Poly Pom | 1:55.00 |
| 3 | Tilton, Chris   | JR | Tufts        | 1:55.46 |
| 4 | Owens, Ramon    | SO | Cuyamaca     | 1:55.48 |
| 5 | Jenkins, Jalen  | SR | Cal Poly Pom | 1:55.81 |
| 6 | Murphy, Caleb   | FR | Biola        | 1:56.00 |
| 7 | Shabete, Zyeir  | FR | La Verne     | 1:56.37 |
| 8 | Benson, Trevor  | SO | Cal Poly Pom | 1:56.62 |

**Section 3 of 6 Finals**

|   |                         |    |              |         |
|---|-------------------------|----|--------------|---------|
| 1 | Flores, David           | FR | Cal Poly Pom | 1:57.00 |
| 2 | Chadwick, Michael       | SO | San Jose St. | 1:57.44 |
| 3 | Becker-Ellison, Charles | SO | Cal Poly Hum | 1:57.94 |
| 4 | Geringer, Nicholas      | FR | Biola        | 1:58.00 |
| 5 | Ash, Ethan              | SO | Carleton     | 1:58.11 |
| 6 | Anderson, Reese         | FR | Carleton     | 1:58.60 |
| 7 | Kershaw, Brandon        | SO | Orange Coast | 1:59.19 |
| 8 | Djomby, Mathys          | FR | Orange Coast | 2:00.13 |

**Section 4 of 6 Finals**

|   |                    |    |              |         |
|---|--------------------|----|--------------|---------|
| 1 | Kelly, Raoul       | FR | Orange Coast | 2:00.39 |
| 2 | Hayes, Michael     | FR | Unattached   | 2:01.25 |
| 3 | House-Ortiz, Aiden | FR | Cerritos     | 2:02.20 |
| 4 | Seminiano, Matthew | FR | Unattached   | 2:02.29 |
| 5 | Granados, Joshua   | SO | Cerritos     | 2:02.34 |
| 6 | Spellman, Jacob    | SO | Cal Poly Pom | 2:02.37 |
| 7 | Angel, Adam        | FR | Orange Coast | 2:02.38 |
| 8 | Lovato, Joshua     | FR | Cal St. Los  | 2:04.22 |

**Section 5 of 6 Finals**

|   |                      |    |              |         |
|---|----------------------|----|--------------|---------|
| 1 | Christensen, Zachary | SO | Alaska Ancho | 2:05.00 |
| 2 | Ramos, Benjamin      | FR | Cerritos     | 2:06.50 |
| 3 | Hughes, Marcus       | SO | Cerritos     | 2:06.72 |
| 4 | Clark, Chett         | SO | Orange Coast | 2:07.69 |
| 5 | Sisneros, Eli        | FR | Orange Coast | 2:08.06 |
| 6 | Lang, Zack           | FR | Orange Coast | 2:08.41 |
| 7 | Bonds, David         | SO | Cal St. Los  | 2:11.27 |

**Section 6 of 6 Finals**

|   |                  |    |              |         |
|---|------------------|----|--------------|---------|
| 1 | Serrano, Angel   | FR | Cerritos     | 2:13.30 |
| 2 | Lopez, Josueisai |    | Cardio Carte | 2:15.00 |
| 3 | Beals, Kyle      | SO | Cuyamaca     | 2:15.00 |
| 4 | Snyder, Steven   | FR | Cerritos     | 2:25.41 |
| 5 | Waring, Zaire    | FR | San Jose St. | NT      |
| 6 | Bonds, Damian    | FR | Cal St. Los  | NT      |

**Event 11 Women 400 Meter Hurdles****Friday 3/24/2023 - 3:45 PM**

| Lane                         | Name                 | Yr | School       | Seed    | Time |
|------------------------------|----------------------|----|--------------|---------|------|
| <b>Section 1 of 2 Finals</b> |                      |    |              |         |      |
| 1                            | Flad, Leonie         | SO | Alaska Ancho | 1:04.86 |      |
| 2                            | Badrani, Rasha       | FR | San Marcos   | 1:04.00 |      |
| 3                            | Preston, Rebeka      | SR | Biola        | 1:02.41 |      |
| 4                            | Perez-Zoghbi, Isabel | FR | Cal Poly Hum | 1:01.76 |      |
| 5                            | Dutton, Savana       | FR | San Jose St. | 1:02.00 |      |
| 6                            | Lambing, Madeline    | SO | Western Oreg | 1:03.85 |      |
| 7                            | Holmes, Kiyra        | JR | Azusa Pacifi | 1:04.66 |      |
| 8                            | Jardstrom, Tianna    | SO | Cal Poly Pom | 1:04.87 |      |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Section 2 of 2 Finals...(Event 11 Women 400 Meter Hurdles)**

|   |                    |    |              |         |
|---|--------------------|----|--------------|---------|
| 1 | Jackson, Mallory   | SO | Orange Coast | 1:08.46 |
| 2 | Bartolaba, Haley   | JR | Alaska Ancho | 1:07.06 |
| 3 | Gonzalez, Daisy    | FR | San Marcos   | 1:06.28 |
| 4 | Anguiano, Citlalli | JR | Cal Poly Pom | 1:06.06 |
| 5 | Sproul, Joley      | SO | Biola        | 1:06.07 |
| 6 | Milton, Ari        | JR | Cal Poly Pom | 1:06.83 |
| 7 | Sheldon, Katie     | SO | Sonoma St.   | 1:08.08 |
| 8 | Timms, Tirah       | FR | Cerritos     | NT      |

**Event 12 Men 400 Meter Hurdles****Friday 3/24/2023 - 4:00 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 3 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 2 | Sommacal, Alessio | SO | Cal Poly Pom | 53.50 |
| 3 | Moore, Kaelin     | SR | Cal Poly Pom | 53.15 |
| 4 | Fields, Ryan      | JR | Cal Poly Pom | 51.25 |
| 5 | Craft, Jaelen     | JR | Cal Poly Pom | 52.93 |
| 6 | Waring, Zaire     | FR | San Jose St. | 53.30 |
| 7 | Wagner, Joshua    | JR | Alaska Ancho | 53.77 |
| 8 | Torres, Jacob     | SO | Occidental   | 54.48 |

**Section 2 of 3 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 2 | Sumner, Hayden    | SO | San Marcos   | 56.23 |
| 3 | Fegal, Ashton     | SO | Orange Coast | 55.79 |
| 4 | Kwateh, Leroy     | SR | Azusa Pacifi | 55.51 |
| 5 | Magill, Jonah     | SO | Occidental   | 55.74 |
| 6 | Onwaeze, Nnamdi   | SO | Cal Poly Pom | 55.80 |
| 7 | Stevens, Deshaun  | JR | Western Oreg | 57.47 |
| 8 | Lukens, Christian | JR | Biola        | 57.50 |

**Section 3 of 3 Finals**

|   |                   |    |              |         |
|---|-------------------|----|--------------|---------|
| 2 | Adams, Burrell    | FR | Cal St. Los  | NT      |
| 3 | Cavallaro, Slade  | SR | Cal Poly Hum | 1:00.24 |
| 4 | Jackson, Maurice  | SO | Cerritos     | 57.88   |
| 5 | Valencia, Nathan  | SO | San Marcos   | 58.17   |
| 6 | Do, Alex          | FR | Orange Coast | 1:10.51 |
| 7 | Williams, Donavan | SO | Cal St. Los  | NT      |

**Event 13 Women 200 Meter Dash****Friday 3/24/2023 - 4:15 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 9 Finals**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Copeland, Sariyah  | SO | Csusb        | 24.56 |
| 2 | Divinity, Eve      | FR | San Jose St. | 24.38 |
| 3 | Fletcher, Kaylen   | FR | San Jose St. | 24.16 |
| 4 | Spencer, Gabrielle | JR | San Jose St. | 23.19 |
| 5 | Walker, Jaylah     | SR | Azusa Pacifi | 24.03 |
| 6 | Queniat, Yuna      | JR | Cal Poly Pom | 24.27 |
| 7 | Verner, Alayna     | SO | Azusa Pacifi | 24.29 |
| 8 | Mosteller, Sarah   | JR | San Jose St. | 24.40 |

**Section 2 of 9 Finals**

|   |                      |    |              |       |
|---|----------------------|----|--------------|-------|
| 1 | Camello, Angelina    | JR | Cal Poly Pom | 24.97 |
| 2 | White, Alexis        | SO | Csusb        | 24.90 |
| 3 | McCuller, Sharli'e   | FR | San Jose St. | 24.72 |
| 4 | Miller, Trinity      | SO | Azusa Pacifi | 24.67 |
| 5 | Liao, Yan-Jun Sophie | SR | San Jose St. | 24.68 |
| 6 | Thomas, Jaelyn       | SO | Cal Poly Pom | 24.88 |
| 7 | Manley, Olivia       | FR | Alaska Ancho | 24.89 |
| 8 | Conde-Turpin, Esther | FR | Azusa Pacifi | 24.97 |

**Section 3 of 9 Finals**

|   |                     |    |              |       |
|---|---------------------|----|--------------|-------|
| 1 | Vidad, Joei         | JR | Alaska Ancho | 25.61 |
| 2 | Carrigan, Shyanne   | JR | Cal Poly Pom | 25.50 |
| 3 | Wallace, Rionna     | SO | Cerritos     | 25.13 |
| 4 | Williams, Aliyah    | FR | San Jose St. | 25.12 |
| 5 | Ehinlaiye, Kelsey   | SO | Cal Poly Pom | 25.12 |
| 6 | Faircloth, Aryianna | SO | Cerritos     | 25.16 |
| 7 | Hano, Joy           | SO | Cal Poly Hum | 25.34 |
| 8 | Bernadez, Makayla   | SO | Sonoma St.   | 25.60 |

**Section 4 of 9 Finals**

|   |                           |    |              |       |
|---|---------------------------|----|--------------|-------|
| 1 | Salter, Mahlaya           | JR | Csusb        | 25.92 |
| 2 | De Arvizu Sarrias, Blanca | SO | Alaska Ancho | 25.88 |
| 3 | Pennix-Webb, Na'kel       | FR | Csusb        | 25.80 |
| 4 | Green, Aniya              | SO | Seattle Paci | 25.63 |
| 5 | Hopwood, Maya             | JR | Western Oreg | 25.63 |
| 6 | Mousa, Audrey             | JR | Biola        | 25.80 |
| 7 | Backman, Kaitlyn          | FR | Alaska Ancho | 25.84 |
| 8 | Dawood, Razanne           | SO | Orange Coast | 25.89 |

**Section 5 of 9 Finals**

|   |                      |    |              |       |
|---|----------------------|----|--------------|-------|
| 1 | Perez-Zoghbi, Isabel | FR | Cal Poly Hum | 26.55 |
| 2 | Cartwright, Taylor   | FR | San Marcos   | 26.25 |
| 3 | Arceneaux, Nia       | JR | Sonoma St.   | 26.03 |
| 4 | Mack, Elena          | FR | Cerritos     | 25.93 |
| 5 | Rogers, Kimora       | FR | Cerritos     | 26.00 |
| 6 | Stokes, Sierra       | SO | Csusb        | 26.12 |
| 7 | Vidal Poy, Maria     | FR | Biola        | 26.18 |
| 8 | Ortiz, Isabel        | SO | San Marcos   | 26.29 |

**Section 6 of 9 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 1 | Muniz, Julia      | FR | San Marcos   | 27.01 |
| 2 | O'Donnell, Teigen | SR | San Marcos   | 26.85 |
| 3 | Deters, Amity     | SO | Western Oreg | 26.72 |
| 4 | Zand, Yasmin      | SO | Orange Coast | 26.55 |
| 5 | Ilfeld, Emily     | SO | Orange Coast | 26.71 |
| 6 | Cecilio, Mia      | FR | Sonoma St.   | 26.73 |
| 7 | Banahene, Maame   | SO | Csusb        | 26.74 |
| 8 | Nguyen, Crystal   | FR | Cerritos     | 26.90 |

**Mangrum Invitational - 3/24/2023****Finished Results****Mangrum Track and Field Stadium****Meet Program****Section 7 of 9 Finals...(Event 13 Women 200 Meter Dash)**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Davis, Sarah       | SR | San Marcos   | 27.82 |
| 2 | Guglielmana, Jalyn | FR | San Marcos   | 27.68 |
| 3 | Ahlquist, Robin    | SR | Biola        | 27.50 |
| 4 | Ervin, Teloni      | FR | Cal St. Dom. | 27.11 |
| 5 | Ervin, Leloni      | FR | Cal St. Dom. | 27.18 |
| 6 | Hume, Ashley       | SO | Azusa Pacifi | 27.61 |
| 7 | Fischer, Luisa     | JR | Azusa Pacifi | 27.64 |
| 8 | Lindenthal, Sarah  | SO | Cal Poly Pom | 27.71 |

**Section 8 of 9 Finals**

|   |                         |    |              |       |
|---|-------------------------|----|--------------|-------|
| 1 | Fox, Bridget            | FR | Cuyamaca     | 29.61 |
| 2 | Hicks, Maliyah          | FR | Seattle Paci | 28.43 |
| 3 | Cuadras, Viviana        | FR | Cuyamaca     | 28.13 |
| 4 | Sedbrook, Madison       | SO | Orange Coast | 27.97 |
| 5 | Covington, Jayilyn      | FR | Orange Coast | 28.11 |
| 6 | Alvarado, Andrea        | FR | Cerritos     | 28.22 |
| 7 | Allen-Jefferson, Aiyana | FR | Csub         | 28.33 |
| 8 | Low, Annabelle          | FR | Orange Coast | 28.60 |

**Section 9 of 9 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 3 | Tolliver, Addison | FR | Orange Coast | NT    |
| 4 | Wong, Dagmar      | FR | Orange Coast | 29.96 |
| 5 | Lyons, Mikaela    | FR | San Marcos   | NT    |

**Event 14 Men 200 Meter Dash****Friday 3/24/2023 - 4:42 PM**

| Lane | Name | Yr | School | Seed | Time |
|------|------|----|--------|------|------|
|------|------|----|--------|------|------|

**Section 1 of 10 Finals**

|   |                            |    |              |       |
|---|----------------------------|----|--------------|-------|
| 1 | Bessolo, Daniel            | SR | Azusa Pacifi | 21.58 |
| 2 | Smith, Jaden               | FR | San Jose St. | 21.40 |
| 3 | Walker, Jeremiah           | FR | San Jose St. | 21.15 |
| 4 | Coats, Christopher         | FR | San Jose St. | 21.08 |
| 5 | Johnson, Joshua            | SO | Cal Poly Pom | 21.12 |
| 6 | Gonzalez-Shelmire, Dominic | SO | Azusa Pacifi | 21.18 |
| 7 | Chima, Justice             | JR | San Marcos   | 21.28 |
| 8 | Adams, Jalen               | JR | San Jose St. | 21.57 |

**Section 2 of 10 Finals**

|   |                           |    |              |       |
|---|---------------------------|----|--------------|-------|
| 1 | Dominguez, Dylan          | FR | Cerritos     | 22.00 |
| 2 | Berry, Amaree             | SO | Cuyamaca     | 21.82 |
| 3 | Bushnell, Bryce           | SO | Cal Poly Pom | 21.72 |
| 4 | Varland, Sid Markus Imani | JR | Azusa Pacifi | 21.60 |
| 5 | Campbell, Enrique         | JR | Alaska Ancho | 21.65 |
| 6 | Reed, Ajamu               | FR | San Jose St. | 21.77 |
| 7 | Overstreet, Harry         | JR | San Jose St. | 21.77 |
| 8 | Hammork III, Roland       | FR | San Jose St. | 21.92 |

**Section 3 of 10 Finals**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Howard, Tyler      | SO | Azusa Pacifi | 22.29 |
| 2 | Boyd, Lorenzo      | SO | Cal Poly Pom | 22.16 |
| 3 | Van Emmerik, Grant | JR | Cal Poly Hum | 22.08 |
| 4 | Hendrix, Amari     | SO | Western Oreg | 22.04 |
| 5 | Gordon, Jeff       | JR | Seattle Paci | 22.06 |
| 6 | Mullins, William   | FR | San Jose St. | 22.08 |
| 7 | Driesner, Alex     | SO | Western Oreg | 22.15 |
| 8 | Baker, Aiden       | SO | Cuyamaca     | 22.28 |

**Section 4 of 10 Finals**

|   |                     |    |              |       |
|---|---------------------|----|--------------|-------|
| 1 | Cross, Jackson      | FR | San Marcos   | 22.66 |
| 2 | Angarita, Kevin     | JR | Alaska Ancho | 22.61 |
| 3 | Kremser, Maximilian | JR | Alaska Ancho | 22.47 |
| 4 | Tilford, Jake       | JR | Cal Poly Pom | 22.32 |
| 5 | Crook, Leroy        | FR | Cal Poly Pom | 22.46 |
| 6 | Nathan, Anthony     | SO | Cuyamaca     | 22.59 |
| 7 | Waters, Demaris     | FR | San Jose St. | 22.61 |
| 8 | Sapyta, Jack        | FR | Biola        | 22.61 |

**Section 5 of 10 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 1 | Jones, Jared     | FR | San Jose St. | 22.82 |
| 2 | Fontaeus, Felix  | SO | Orange Coast | 22.81 |
| 3 | Singh, Harry     | FR | Cal Poly Hum | 22.70 |
| 4 | Hunter, Timothy  | JR | Alaska Ancho | 22.67 |
| 5 | Knudson, Maximus | SO | Orange Coast | 22.67 |
| 6 | Hormel, Trevor   | JR | Biola        | 22.72 |
| 7 | Davis, Mathias   | SR | Biola        | 22.78 |
| 8 | Castro, Dominic  | SO | Biola        | 22.82 |

**Section 6 of 10 Finals**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Riley, Kenyon      | JR | San Marcos   | 23.07 |
| 2 | Moe, Adam          | FR | San Marcos   | 22.99 |
| 3 | Sunday, Dillon     | SO | Biola        | 22.90 |
| 4 | Ferrence, Jack     | FR | Biola        | 22.84 |
| 5 | Mitchell, Ki'Shawn | SR | Cal St. Los  | 22.89 |
| 6 | Gibbs, Anthony     | SO | Orange Coast | 22.94 |
| 7 | Belanger, Jacob    | JR | Alaska Ancho | 22.96 |
| 8 | Simpson, Arthur    | FR | Cuyamaca     | 23.00 |

**Section 7 of 10 Finals**

|   |                     |    |              |       |
|---|---------------------|----|--------------|-------|
| 1 | Friesen, Kyle       | SO | Cal St. Los  | 23.41 |
| 2 | Crowdus, Jordan     | FR | Cerritos     | 23.27 |
| 3 | Symington, Jeremiah | FR | Cuyamaca     | 23.16 |
| 4 | Hidalgo, Zavier     | FR | San Marcos   | 23.10 |
| 5 | Zarzuela, Martin    | FR | Cal St. Los  | 23.14 |
| 6 | Gojuangco, Ryan     | SO | Cuyamaca     | 23.23 |
| 7 | Rosenquist, Joe     | FR | Cal Poly Hum | 23.26 |
| 8 | Smith, Justin       | FR | Cerritos     | 23.30 |

**Section 8 of 10 Finals**

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 1 | Rack, Jeremy      | FR | San Marcos   | 23.78 |
| 2 | Bartlett, Nicolas | FR | Cal Poly Hum | 23.67 |
| 3 | O'Brien, Luke     | FR | Orange Coast | 23.55 |
| 4 | Deng, Scott       | FR | Orange Coast | 23.44 |
| 5 | Tighe, Joshua     | FR | Cuyamaca     | 23.50 |
| 6 | Ybarra, Zachary   | FR | Biola        | 23.57 |
| 7 | Blood, Zach       | FR | Cal Poly Hum | 23.64 |
| 8 | Pratt, Connor     | FR | Cal Poly Hum | 23.69 |

**Section 9 of 10 Finals**

|   |                  |    |              |       |
|---|------------------|----|--------------|-------|
| 2 | Lee, Shang-En    | FR | Orange Coast | 24.60 |
| 3 | Giglio, Ryan     | FR | Cal Poly Hum | 23.89 |
| 4 | Curls, Jeremiah  | SO | Cal St. Los  | 23.82 |
| 5 | Woolard, Brittan | FR | Orange Coast | 23.84 |
| 6 | Anderson, Jaden  | FR | San Marcos   | 23.90 |
| 7 | Cavallaro, Slade | SR | Cal Poly Hum | 24.38 |
| 8 | Peels, Johnathon | SO | Cal St. Los  | 24.80 |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Section 10 of 10 Finals...(Event 14 Men 200 Meter Dash)**

|   |                  |                 |       |
|---|------------------|-----------------|-------|
| 3 | Hernandez, David | Cardio Carte    | 26.73 |
| 4 | Blade, Chase     | FR Orange Coast | 25.46 |
| 5 | Edison, Braedon  | FR Cal St. Los  | 25.86 |

**Event 15 Women 1500 Meter Run****Friday 3/24/2023 - 5:12 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 3 Finals**

|    |                       |    |              |         |
|----|-----------------------|----|--------------|---------|
| 1  | Garcia Meza, Briseida | JR | Azusa Pacifi | 4:27.39 |
| 2  | Calvert, Carolinh     | JR | UC Riverside | 4:29.63 |
| 3  | Buckingham, Blakeley  | SO | Williams     | 4:30.00 |
| 4  | Ball, Ella            | SO | Williams     | 4:30.00 |
| 5  | Williams, Maggie      | FR | Biola        | 4:30.00 |
| 6  | Jones, Riley          | SR | UC Riverside | 4:32.06 |
| 7  | Gagnon, Lucy          | JR | Williams     | 4:33.64 |
| 8  | Pinter, Eline         | SR | Azusa Pacifi | 4:34.00 |
| 9  | Mercado, Luz          | SR | San Marcos   | 4:34.29 |
| 10 | Wurzbach, Hailey      | FR | Biola        | 4:35.00 |
| 11 | Champness, Hannah     | JR | Biola        | 4:35.40 |
| 12 | Michael, Libby        | JR | Seattle Paci | 4:37.30 |
| 13 | Velazquez, Samantha   | JR | UC Riverside | 4:37.75 |
| 14 | Mercado, Ana          | SR | San Marcos   | 4:37.84 |
| 15 | Esvelt, Annika        | SO | Seattle Paci | 4:39.08 |
| 16 | Lange, Jenna          | SR | Pomona-Pitze | 4:42.04 |
| 17 | Mills, Emma           | SO | San Marcos   | 4:42.20 |

**Section 2 of 3 Finals**

|    |                       |    |              |         |
|----|-----------------------|----|--------------|---------|
| 1  | Baker, Nell           | JR | Alaska Ancho | 4:45.00 |
| 2  | Arellano, Angie       | SO | Cal Poly Pom | 4:45.00 |
| 3  | Hutton, Holly         | FR | Western Oreg | 4:45.00 |
| 4  | Alvarez, Norma        | SO | UC Riverside | 4:46.63 |
| 5  | Wallace, Alexis       | JR | Csusb        | 4:50.00 |
| 6  | Cline, Katie          | SO | Pomona-Pitze | 4:51.00 |
| 7  | Braganza, Rhea        | FR | Pomona-Pitze | 4:51.45 |
| 8  | Lopez, Joanna         | SO | Csusb        | 4:51.59 |
| 9  | Williamson, Saedy     | SO | Cal Poly Hum | 4:52.00 |
| 10 | Moradian, Alisa       | JR | Cal Poly Pom | 4:52.13 |
| 11 | Terdiman, Mira        | JR | Pomona-Pitze | 4:53.17 |
| 12 | Sokol-Snyder, Natalie | SR | Pomona-Pitze | 4:56.82 |
| 13 | Hoel, Merrick         | SO | Occidental   | 4:58.69 |
| 14 | Groff, Hazel          | SO | San Marcos   | 4:58.78 |
| 15 | Martinez, Samantha    | FR | Cerritos     | 4:59.85 |
| 16 | Proulx, McKayla       | SO | Pomona-Pitze | 4:59.87 |

**Section 3 of 3 Finals**

|    |                   |    |              |         |
|----|-------------------|----|--------------|---------|
| 1  | Valdez, Helena    | SO | Csusb        | 5:00.00 |
| 2  | Wood, Tressa      | JR | Alaska Ancho | 5:00.41 |
| 3  | McManus, Angela   | FR | San Marcos   | 5:01.71 |
| 4  | O'Neal, Constance | FR | San Jose St. | 5:05.00 |
| 5  | Cardenas, Kaley   | SO | UC Riverside | 5:07.00 |
| 6  | Burger, Isabel    | SO | Pomona-Pitze | 5:08.80 |
| 7  | Mendoza, Emily    | FR | San Marcos   | 5:09.54 |
| 8  | Yorges, Nicki     | SO | Seattle Paci | 5:10.00 |
| 9  | Bar, Lilly        | SR | Pomona-Pitze | 5:12.00 |
| 10 | Chavez, Delilah   | FR | Cerritos     | 5:19.46 |
| 11 | Rojas, Maria      | SO | Csusb        | 5:26.45 |
| 12 | Gomez, Graciela   | JR | Cal St. Dom. | 5:30.72 |
| 13 | Pearson, Andrea   | SO | UC Riverside | 5:31.03 |
| 14 | Jamison, Kaitlin  | FR | UC Riverside | 5:34.37 |
| 15 | Soloman, Leticia  | FR | Cal St. Dom. | 5:36.40 |
| 16 | Cabrera, Giselle  | FR | Csusb        | 5:55.00 |
| 17 | Villalta, Andrea  | FR | Cerritos     | 6:13.28 |
| 18 | Ruelas, Monica    | SR | Alaska Ancho | NT      |

**Event 16 Men 1500 Meter Run****Friday 3/24/2023 - 5:36 PM**

| Lane | Name | Yr | School | Seed Time |
|------|------|----|--------|-----------|
|------|------|----|--------|-----------|

**Section 1 of 5 Finals**

|    |                   |    |              |         |
|----|-------------------|----|--------------|---------|
| 1  | McGregor, Renton  | FR | San Marcos   | 3:45.00 |
| 2  | Rosencrans, Jack  | SR | Pomona-Pitze | 3:46.07 |
| 3  | Vavra, Shea       | SR | San Marcos   | 3:46.43 |
| 4  | Kang, Jinwoo      | JR | Williams     | 3:48.00 |
| 5  | Lentz, Nate       | JR | Williams     | 3:48.00 |
| 6  | Melanese, Nick    | SO | San Marcos   | 3:48.23 |
| 7  | Luevano, Terrence |    | Unattached   | 3:48.98 |
| 8  | Denhalter, Lance  | FR | UC Riverside | 3:49.00 |
| 9  | Cluss, Max        | SR | Middlebury   | 3:50.65 |
| 10 | Caster, Sean      | JR | UC Riverside | 3:51.45 |
| 11 | Kaan, Tyler       | FR | UC Riverside | 3:52.00 |
| 12 | Sanchez, Keeton   | SO | Western Oreg | 3:53.45 |
| 13 | Frey, Matthew     | FR | San Marcos   | 3:54.00 |

**Section 2 of 5 Finals**

|    |                   |    |              |         |
|----|-------------------|----|--------------|---------|
| 1  | Jensen, Julian    | SO | Cal Poly Hum | 3:55.00 |
| 2  | Vargas, Ricardo   | FR | Cal Poly Pom | 3:54.00 |
| 3  | Wagude, Walter    | JR | Tufts        | 3:54.00 |
| 4  | Tomasini, Aidan   | SO | Biola        | 3:55.00 |
| 5  | Valerio, Aris     | SO | Cal Poly Hum | 3:54.95 |
| 6  | Echeveste, Daniel | FR | Cal Poly Pom | 3:55.00 |
| 7  | Torres, Ricardo   | SR | Cal Poly Hum | 3:56.05 |
| 8  | Ensslin, Evan     | JR | Tufts        | 3:54.00 |
| 9  | Sarino, Vincent   | JR | Cal Poly Pom | 3:55.43 |
| 10 | Bailey, Charlie   | JR | Biola        | 3:56.04 |
| 11 | Flores, David     | FR | Cal Poly Pom | 3:57.00 |
| 12 | Pomrankey, Easton | FR | Western Oreg | 3:56.12 |
| 13 | Coley, Christian  | JR | Cal Poly Pom | 3:56.44 |
| 14 | Parkinson, Andrew | SO | UC Riverside | 3:56.92 |



**Mangrum Invitational - 3/24/2023****Finished Results****Mangrum Track and Field Stadium****Meet Program****Section 3 of 5 Finals...(Event 16 Men 1500 Meter Run)**

|    |                           |    |              |         |
|----|---------------------------|----|--------------|---------|
| 1  | Zapherson, Michael        | JR | Alaska Ancho | 3:57.14 |
| 2  | Albaugh, Jared            | JR | La Verne     | 3:57.23 |
| 3  | Vaisset-Fauvel, Sebastian | SO | Cal Poly Hum | 3:57.75 |
| 4  | Arredondo, Aidan          | JR | Biola        | 3:58.00 |
| 5  | Murasmith, Noah           | SO | UC Riverside | 3:58.05 |
| 6  | Peckham, John             | SO | Alaska Ancho | 3:58.72 |
| 7  | Mendoza, Joshua           | JR | UC Riverside | 3:59.08 |
| 8  | Woolery, James            | FR | Cal Poly Hum | 3:59.55 |
| 9  | Wiggins, Elias            | FR | Cal Poly Hum | 3:59.57 |
| 10 | Roy, Hunter               | FR | Unattached   | 3:59.99 |
| 11 | Cox, Joseph               | SO | Pomona-Pitze | 4:00.01 |
| 12 | Owen, Jon                 | JR | Seattle Paci | 4:00.87 |
| 13 | Kobett, Owen              | SO | Pomona-Pitze | 4:02.00 |
| 14 | Raffetto, Dominic         | SO | Cal Poly Hum | 4:02.01 |
| 15 | Zavaleta, Francisco       | FR | Cal Poly Pom | 4:02.05 |

**Section 4 of 5 Finals**

|    |                  |    |              |         |
|----|------------------|----|--------------|---------|
| 1  | Villano, Evan    | JR | Pomona-Pitze | 4:03.23 |
| 2  | Sorani, Jake     | FR | Biola        | 4:05.00 |
| 3  | Maxwell, Alex    | SO | Pomona-Pitze | 4:05.03 |
| 4  | Mills, Mica      | SO | Cal Poly Hum | 4:07.11 |
| 5  | Diaz, Felix      | SO | UC Riverside | 4:07.76 |
| 6  | Gehring, Josh    | FR | Pomona-Pitze | 4:08.26 |
| 7  | Mosley, Joshua   | FR | Pomona-Pitze | 4:10.00 |
| 8  | Suwyn, Elijah    | FR | Biola        | 4:10.00 |
| 9  | Dieck, Adam      | SO | Pomona-Pitze | 4:10.00 |
| 10 | Thu, Hunter      | SO | Pomona-Pitze | 4:10.00 |
| 11 | Welton, Ryan     | FR | Orange Coast | 4:10.07 |
| 12 | Leroy, Alexandre | FR | Unattached   | 4:12.07 |
| 13 | Saraf, Varun     | FR | UC Riverside | 4:13.00 |
| 14 | Ramos, Carlos    | FR | Orange Coast | 4:13.50 |
| 15 | Munoz, Joe       | SO | Cerritos     | 4:14.14 |

**Section 5 of 5 Finals**

|    |                      |    |              |         |
|----|----------------------|----|--------------|---------|
| 1  | Juarez Lopez, Manuel | FR | Cuyamaca     | 4:17.84 |
| 2  | Jordan, Elijah       | FR | Cuyamaca     | 4:18.14 |
| 3  | Franco, Kade         | SO | Seattle Paci | 4:20.18 |
| 4  | Simmons, Eric        | SR | Unattached   | 4:21.32 |
| 5  | Cruz, Nathaniel      | FR | Cuyamaca     | 4:21.44 |
| 6  | Brown, Brycen        | FR | Cuyamaca     | 4:28.81 |
| 7  | Lovato, Joshua       | FR | Cal St. Los  | 4:31.42 |
| 8  | Bonds, David         | SO | Cal St. Los  | 4:35.39 |
| 9  | Griego, Kai          | FR | Cuyamaca     | 4:38.88 |
| 10 | Lopez, Josueisai     |    | Cardio Carte | 4:40.00 |
| 11 | Lang, Zack           | FR | Orange Coast | 4:42.63 |
| 12 | Sisneros, Eli        | FR | Orange Coast | 4:50.56 |
| 13 | Young, Nathan        | SO | Cuyamaca     | 4:51.74 |
| 14 | Chmiel, Jeffrey      | FR | Cerritos     | 4:55.18 |
| 15 | Bonds, Damian        | FR | Cal St. Los  | NT      |

**Event 17 Women 4x400 Meter Relay****Friday 3/24/2023 - 6:06 PM**

| <u>Lane</u> | <u>Team</u> | <u>Relay</u> | <u>Seed Time</u> |
|-------------|-------------|--------------|------------------|
|-------------|-------------|--------------|------------------|

**Section 1 of 2 Finals**

|   |                           |                                 |         |
|---|---------------------------|---------------------------------|---------|
| 1 | Cerritos                  | B                               | 4:06.00 |
|   | 1) Nguyen, Crystal FR     | 2) Faircloth, Aryianna SO       |         |
|   | 3) Murphy, Jourdan SO     | 4) Williamson, Amaya FR         |         |
| 2 | Cal Poly Pom              | B                               | 3:56.00 |
|   | 1) Villalobos, Sarelis SO | 2) Shadrack, Megan SO           |         |
|   | 3) Milton, Ari JR         | 4) Jarstrom, Tianna SO          |         |
| 3 | Alaska Ancho              | A                               | 3:50.35 |
|   | 1) Vidad, Joei JR         | 2) De Arvizu Sarrias, Blanca SO |         |
|   | 3) Cvancara, Sophia FR    | 4) Manley, Olivia FR            |         |
| 4 | San Jose St.              | A                               | 3:40.38 |
|   | 1) Fletcher, Kaylen FR    | 2) Mosteller, Sarah JR          |         |
|   | 3) Williams, Aliyah FR    | 4) Bean, Alyssa FR              |         |
| 5 | Cal Poly Pom              | A                               | 3:45.34 |
|   | 1) Thomas, Jaelyn SO      | 2) Queniat, Yuna JR             |         |
|   | 3) Hatcher, Arissa SO     | 4) Fields, Ayana JR             |         |
| 6 | Biola                     | A                               | 3:53.99 |
|   | 1) Wurzbach, Hailey FR    | 2) Williams, Maggie FR          |         |
|   | 3) Champness, Hannah FR   | 4) Preston, Rebeka SR           |         |
| 7 | Chapman                   | A                               | 3:55.00 |
|   | 1) Kremer, Allison SO     | 2) Smith, Kaylee SO             |         |
|   | 3) Lizarde, Makenna FR    | 4) Kitnitchiva, Chayanit SO     |         |
| 8 | Cerritos                  | A                               | 3:59.01 |
|   | 1) Davis, Jazzmine SO     | 2) Wallace, Rionna SO           |         |
|   | 3) Lopez, Sophie SO       | 4) Mack, Elena FR               |         |

**Section 2 of 2 Finals**

|   |                         |                          |         |
|---|-------------------------|--------------------------|---------|
| 3 | Orange Coast            | B                        | 4:22.00 |
|   | 1) Zand, Yasmin SO      | 2) Ilfeld, Emily SO      |         |
|   | 3) Jack, Tiffany FR     | 4) Renteria, Kimberly FR |         |
| 4 | Cerritos                | C                        | 4:09.00 |
|   | 1) Campos, Michelle SO  | 2) Goodloe, Melana FR    |         |
|   | 3) Williamson, Amaya FR | 4) Zabala, Alyssa FR     |         |
| 5 | Orange Coast            | A                        | 4:17.22 |
|   | 1) Dawood, Razanne SO   | 2) Low, Annabelle FR     |         |
|   | 3) Sedbrook, Madison SO | 4) Jackson, Mallory SO   |         |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 18 Men 4x400 Meter Relay**

**Friday 3/24/2023 - 6:16 PM**

| Lane                         | Team                   | Relay                    | Seed Time |
|------------------------------|------------------------|--------------------------|-----------|
| <b>Section 1 of 2 Finals</b> |                        |                          |           |
| 1                            | Occidental             | A                        | 3:18.71   |
|                              | 1) Martin, Nick SO     | 2) Goodman, Baruch SO    |           |
|                              | 3) Torres, Jacob SO    | 4) Leon, Nick SO         |           |
| 2                            | Chapman                | A                        | 3:18.00   |
|                              | 1) Fara, Mason FR      | 2) Thompson, Sam SO      |           |
|                              | 3) Shen, Ewan SO       | 4) Walton, Jordan SO     |           |
| 3                            | Cal Poly Pom           | A                        | 3:13.48   |
|                              | 1) Tilford, Jake JR    | 2) Patterson, Camden SO  |           |
|                              | 3) Moore, Kaelin SR    | 4) Fields, Ryan JR       |           |
| 4                            | San Jose St.           | A                        | 3:08.74   |
|                              | 1) Tarver, Cameron FR  | 2) Coats, Christopher FR |           |
|                              | 3) Waring, Zaire FR    | 4) Overstreet, Harry JR  |           |
| 5                            | San Jose St.           | B                        | 3:11.00   |
|                              | 1) Mullins, William FR | 2) Smith, Jaden FR       |           |
|                              | 3) Walker, Jeremiah FR | 4) Reed, Ajamu FR        |           |
| 6                            | Cal Poly Pom           | B                        | 3:15.00   |
|                              | 1) Bushnell, Bryce SO  | 2) Crook, Leroy FR       |           |
|                              | 3) Johnson, Joshua SO  | 4) Onwaeze, Nnamdi SO    |           |
| 7                            | Cerritos               | A                        | 3:16.50   |
|                              | 1) Pearson, Bryce SO   | 2) Jimenez, Jacob FR     |           |
|                              | 3) Armstrong, Jemar SO | 4) Williams, Jaheim SO   |           |
| 8                            | Azusa Pacifi           | A                        | 3:18.00   |
|                              | 1) Hubbard, Makel JR   | 2) Krog, Lincoln SO      |           |
|                              | 3) Worrell, Aaron SR   | 4) Kwateh, Leroy SR      |           |
| <b>Section 2 of 2 Finals</b> |                        |                          |           |
| 2                            | Cuyamaca               | A                        | 3:26.63   |
|                              | 1) Baker, Aiden SO     | 2) Owens, Ramon SO       |           |
|                              | 3) Berry, Amaree SO    | 4) Nathan, Anthony SO    |           |
| 3                            | Cerritos               | B                        | 3:22.00   |
|                              | 1) Dominguez, Dylan FR | 2) Covarrubias, John SO  |           |
|                              | 3) Crowds, Jordan FR   | 4) Brown, Javone FR      |           |
| 4                            | Western Oreg           | A                        | 3:20.17   |
|                              | 1) Stevens, Deshaun JR | 2) Hendrix, Amari SO     |           |
|                              | 3) Walker, JJ JR       | 4) Arce-Torres, Gabe SR  |           |
| 5                            | Orange Coast           | A                        | 3:21.04   |
|                              | 1) Fegal, Ashton SO    | 2) Kershaw, Brandon SO   |           |
|                              | 3) Knudson, Maximus SO | 4) Fontaeus, Felix SO    |           |
| 6                            | Orange Coast           | B                        | 3:25.00   |
|                              | 1) Gibbs, Anthony SO   | 2) Djomby, Mathys FR     |           |
|                              | 3) O'Brien, Luke FR    | 4) Loth, Cayden FR       |           |
| 7                            | Cerritos               | C                        | 3:26.00   |
|                              | 1) Jackson, Maurice SO | 2) Smith, Justin FR      |           |
|                              | 3) Ortiz, Jose FR      | 4) House-Ortiz, Aiden FR |           |
| 8                            | Biola                  | A                        | 3:28.00   |
|                              | 1) Arredondo, Aidan JR | 2) Bailey, Charlie JR    |           |
|                              | 3) Sorani, Jake FR     | 4) Geringer, Nicholas FR |           |

**Event 19 Women 3000 Meter Steeplechase**

**Friday 3/24/2023 - 6:26 PM**

| Lane                         | Name               | Yr | School       | Seed Time |
|------------------------------|--------------------|----|--------------|-----------|
| <b>Section 1 of 1 Finals</b> |                    |    |              |           |
| 1                            | Calvert, Carolinh  | JR | UC Riverside | 10:29.83  |
| 2                            | Fitzgibbons, Molly | JR | Williams     | 10:30.57  |
| 3                            | Grimes, Audrey     | SR | Middlebury   | 10:34.00  |
| 4                            | Kenny, Kate        | SR | Middlebury   | 10:34.00  |
| 5                            | Alvarez, Norma     | SO | UC Riverside | 10:59.18  |
| 6                            | Flack, Olivia      | SO | Western Oreg | 11:25.00  |
| 7                            | Nyamasyo, Alfin    | SR | Alaska Ancho | 11:25.18  |
| 8                            | Williamson, Avery  | FR | Alaska Ancho | 11:30.00  |
| 9                            | Edwards, Bridget   | FR | Cal Poly Pom | 11:58.36  |
| 10                           | Groff, Hazel       | SO | San Marcos   | 12:00.00  |
| 11                           | Spaic, Sofija      | SO | Alaska Ancho | 12:12.85  |
| 12                           | Gaynor, Caty       | SO | Csub         | 12:24.05  |
| 13                           | Berg, Lauren       | SO | Cerritos     | 13:05.47  |
| 14                           | Avila, Samantha    | FR | Csub         | 13:10.00  |
| 15                           | O'Neal, Constance  | FR | San Jose St. | NT        |
| 16                           | Ewing, Maya        | FR | Seattle Paci | NT        |
| 17                           | Doyle, Alex        | SO | Sonoma St.   | NT        |
| 18                           | Wenger, Sara       | SR | Sonoma St.   | NT        |
| 19                           | Boyle, Alex        | SO | Sonoma St.   | NT        |

**Event 20 Men 3000 Meter Steeplechase**

**Friday 3/24/2023 - 6:41 PM**

| Lane                         | Name                | Yr | School       | Seed Time |
|------------------------------|---------------------|----|--------------|-----------|
| <b>Section 1 of 1 Finals</b> |                     |    |              |           |
| 1                            | Kirkpatrick, Colin  | JR | Pomona-Pitze | 8:55.00   |
| 2                            | Getachew, Nathaniel | JR | Pomona-Pitze | 8:59.00   |
| 3                            | Denatale, Nikhil    | FR | Williams     | 9:03.00   |
| 4                            | Hatler, Cameron     | JR | Pomona-Pitze | 9:03.18   |
| 5                            | Proulx, Ryan        | JR | Tufts        | 9:09.05   |
| 6                            | Appleton, Ivan      | SO | Tufts        | 9:09.05   |
| 7                            | Smith, Bailey       | JR | Western Oreg | 9:09.65   |
| 8                            | Razo, Chris         | SO | Cal Poly Pom | 9:15.94   |
| 9                            | Albro, Nicholas     | JR | Cal Poly Pom | 9:17.67   |
| 10                           | Stein, Jack         | FR | Pomona-Pitze | 9:20.00   |
| 11                           | Franco, Evan        | SO | Cal Poly Pom | 9:28.43   |
| 12                           | Murasmith, Noah     | SO | UC Riverside | 9:29.31   |
| 13                           | Dieck, Adam         | SO | Pomona-Pitze | 9:40.00   |
| 14                           | Lipsey, Dash        | JR | Pomona-Pitze | 9:40.21   |
| 15                           | Cadima, Zachary     | JR | UC Riverside | 9:42.43   |
| 16                           | Anderson, Alex      | SO | San Marcos   | 9:43.19   |
| 17                           | LeDuc, Jaxon        | SO | Cal Poly Hum | 9:47.16   |
| 18                           | Morse, Jason        | JR | San Marcos   | 9:51.10   |
| 19                           | Samuels, Ethan      | JR | UC Riverside | 10:11.03  |
| 20                           | Tveit, Ries         | SO | Alaska Ancho | 10:11.76  |
| 21                           | LeBlanc, Brennan    | JR | Seattle Paci | 10:15.46  |
| 22                           | Ortiz, Jose         | FR | Cerritos     | 11:25.00  |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 21 Women 5000 Meter Run****Friday 3/24/2023 - 7:05 PM**

| Lane                         | Name                    | Yr | School       | Seed Time |
|------------------------------|-------------------------|----|--------------|-----------|
| <b>Section 1 of 1 Finals</b> |                         |    |              |           |
| 1                            | Heldt, Caitlin          | SR | Western Oreg | 17:30.00  |
| 2                            | Granados, Rosa          | SR | Cal Poly Hum | 17:53.88  |
| 3                            | Staudenmayer, Charlotte | SO | Williams     | 17:55.00  |
| 4                            | Mercado, Luz            | SR | San Marcos   | 17:58.49  |
| 5                            | DiBari, Genevieve       | SR | Pomona-Pitze | 18:00.00  |
| 6                            | Parker, Alanna          | FR | Western Wash | 18:10.00  |
| 7                            | Mulch, Matisse          | FR | Seattle Paci | 18:10.00  |
| 8                            | Schuerger, Carly        | FR | San Marcos   | 18:13.74  |
| 9                            | Gillen, Ciara           | SO | Occidental   | 18:25.00  |
| 10                           | Valenzuela, Victoria    | FR | UC Riverside | 18:40.00  |
| 11                           | Carranza, Isabella      | FR | UC Riverside | 18:40.00  |
| 12                           | Handler, Grace          | JR | San Marcos   | 18:45.00  |
| 13                           | Flolo, Katelyn          | FR | Seattle Paci | 18:50.00  |
| 14                           | Moore, Paige            | SO | Cal Poly Pom | 19:05.50  |
| 15                           | Allison-Aipa, Lauren    | JR | San Marcos   | 19:20.00  |
| 16                           | Mendoza, Emily          | FR | San Marcos   | 19:20.00  |
| 17                           | Connolly, Chloe         | SO | Pomona-Pitze | 19:20.01  |
| 18                           | Bravo, Madison          | FR | La Verne     | 19:27.59  |
| 19                           | Knowles, Julia          | SO | Biola        | 19:33.46  |
| 20                           | Camacho, Andrea         | SO | La Verne     | 19:38.44  |
| 21                           | Schempp, Jessica        | SO | San Marcos   | 19:45.00  |
| 22                           | Schwartz, Julia         | SO | Pomona-Pitze | 20:36.36  |
| 23                           | Gomez, Graciela         | JR | Cal St. Dom. | 21:00.00  |
| 24                           | Reyes, Jaysi            | FR | Orange Coast | 21:08.67  |

**Event 22 Men 5000 Meter Run****Friday 3/24/2023 - 7:27 PM**

| Lane                         | Name                      | Yr | School       | Seed Time |
|------------------------------|---------------------------|----|--------------|-----------|
| <b>Section 1 of 2 Finals</b> |                           |    |              |           |
| 1                            | Lindgren, Elias           | SR | Williams     | 14:05.00  |
| 2                            | Lucey, John               | JR | Williams     | 14:20.00  |
| 3                            | Kissam, Simon             | SR | Williams     | 14:20.00  |
| 4                            | Namiot, Charles           | SO | Williams     | 14:20.00  |
| 5                            | Vavra, Shea               | SR | San Marcos   | 14:20.00  |
| 6                            | Blake, Samuel             | SR | Milestone Ru | 14:24.99  |
| 7                            | Nichols, Gabe             | FR | Carleton     | 14:25.00  |
| 8                            | Spollen, Will             | SR | Williams     | 14:25.00  |
| 9                            | Dunn, Nathan              |    | Unattached   | 14:28.00  |
| 10                           | Rodriguez Gomez, Jonathan | SR | Tj, MX       | 14:32.55  |
| 11                           | Smith, Carson             | SO | Cal Poly Hum | 14:38.54  |
| 12                           | Shastri, Sankalp          | FR | San Marcos   | 14:55.00  |
| 13                           | Frey, Matthew             | FR | San Marcos   | 14:55.03  |
| 14                           | Barkan, Amir              | SO | Occidental   | 14:55.05  |
| 15                           | Duran, Diego              | SO | Cal Poly Pom | 14:55.93  |
| 16                           | Vickers, Matthew          | SO | Occidental   | 14:56.30  |
| 17                           | Reyes, Jose               | SO | La Verne     | 15:01.37  |
| 18                           | Sandoval, Luis            | FR | Cal Poly Hum | 15:01.72  |
| 19                           | Boutin, Colin             | SR | Seattle Paci | 15:05.23  |
| 20                           | Lindhe-Johan, Aidan       | SO | Occidental   | 15:15.00  |
| 21                           | Stearns, Renn             | SO | Occidental   | 15:20.00  |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Section 2 of 2 Finals...(Event 22 Men 5000 Meter Run)**

|    |                       |    |              |          |
|----|-----------------------|----|--------------|----------|
| 1  | Gebru, Atakly         | SO | Cuyamaca     | 15:25.79 |
| 2  | Mariscal, Alejandro   | SR | Cal Poly Pom | 15:26.73 |
| 3  | Cohn, Carson          | SR | Cal Poly Hum | 15:28.50 |
| 4  | Arredondo, Jose       | SO | The Shu papi | 15:30.00 |
| 5  | Spink, Alex           | FR | Cal Poly Pom | 15:30.00 |
| 6  | Traficante, Kaleb     | SO | Cal Poly Hum | 15:31.94 |
| 7  | Luong-Kha, Viencent   | FR | Orange Coast | 15:36.21 |
| 8  | Soriano-Guzman, Brian | SO | Orange Coast | 15:37.15 |
| 9  | Espana, Hector        | SO | Orange Coast | 15:41.38 |
| 10 | Poarch, Luke          | FR | Unattached   | 15:45.00 |
| 11 | Lopez, Diego          | FR | Cuyamaca     | 15:45.31 |
| 12 | Welton, Ryan          | FR | Orange Coast | 15:46.32 |
| 13 | Elias, Misgina        | SO | Cuyamaca     | 15:50.00 |
| 14 | Carrillo, Christopher | JR | Unattached   | 15:54.00 |
| 15 | Fisher, Nathan        |    | Unattached   | 15:56.07 |
| 16 | Chio, Amelio          | JR | San Jose St. | 16:00.00 |
| 17 | McClelland, Rory      | SO | Seattle Paci | 16:02.00 |
| 18 | Gale, Nathaniel       | FR | Seattle Paci | 16:05.00 |
| 19 | Martinez, Anthony     | FR | San Marcos   | 16:05.35 |
| 20 | Sheirbon, Ben         | SO | Seattle Paci | 16:10.29 |
| 21 | Sanchez, Caden        | SO | Biola        | 16:15.00 |
| 22 | Musa, Mathew          | SO | Cuyamaca     | 16:29.26 |
| 23 | Nguyen, Ronald        | FR | Orange Coast | 16:40.55 |
| 24 | Varela Benitez, Chris | SR | Milestone Ru | 16:48.00 |
| 25 | Garcia, Jose          | SO | Cerritos     | 16:53.82 |
| 26 | O'Brien, Conner       | FR | Orange Coast | 17:18.62 |
| 27 | Garcia, Rogelio       | SO | Cerritos     | 17:30.00 |
| 28 | Carrera, Kevin        | FR | Orange Coast | 17:45.00 |
| 29 | Gomez, Daniel         | SO | Cerritos     | 18:54.42 |
| 30 | Galinis, Kyle         | FR | San Jose St. | NT       |

**Event 23 Women 10000 Meter Run**

**Friday 3/24/2023 - 7:59 PM**

| Lane                         | Name               | Yr | School       | Seed Time |
|------------------------------|--------------------|----|--------------|-----------|
| <b>Section 1 of 1 Finals</b> |                    |    |              |           |
| 1                            | Girard, Genna      | JR | Williams     | 35:15.00  |
| 2                            | Ervin, Victoria    | JR | UC Riverside | 36:24.00  |
| 3                            | Lenay, Jenna       | FR | Occidental   | 38:00.00  |
| 4                            | Texis, Maria       | SO | San Marcos   | 38:14.67  |
| 5                            | McAulife, Keegan   | FR | Middlebury   | 39:30.00  |
| 6                            | Ortiz, Elise       | SO | San Marcos   | 39:30.00  |
| 7                            | Does, Hannah       | FR | UC Riverside | 40:40.00  |
| 8                            | Emerson, Alexandra | SO | Pomona-Pitze | 41:09.46  |
| 9                            | Rodriguez, Sophie  | SO | Sonoma St.   | NT        |
| 10                           | Loiselle, Abigail  | SR | Pomona-Pitze | NT        |
| 11                           | Bomarito, Gianna   | FR | Sonoma St.   | NT        |
| 12                           | Ribet, Abigail     | SO | Sonoma St.   | NT        |

**Event 24 Men 10000 Meter Run**

**Friday 3/24/2023 - 8:41 PM**

| Lane                         | Name                 | Yr | School       | Seed Time |
|------------------------------|----------------------|----|--------------|-----------|
| <b>Section 1 of 1 Finals</b> |                      |    |              |           |
| 1                            | Berhe, TK            | SO | La Verne     | 29:40.00  |
| 2                            | Florsheim, Lucas     | JR | Pomona-Pitze | 29:45.00  |
| 3                            | Fearon, Derek        | JR | Pomona-Pitze | 29:45.00  |
| 4                            | Tuohy Gaydos, Graham | SO | Williams     | 29:50.00  |
| 5                            | Gironda, Alec        | JR | Middlebury   | 29:55.00  |
| 6                            | Pina, Ruben          | JR | San Marcos   | 30:08.62  |
| 7                            | Mendoza, Joshua      | JR | UC Riverside | 30:26.84  |
| 8                            | Caster, Sean         | JR | UC Riverside | 30:39.36  |
| 9                            | Lehmann Duke, Jacob  | JR | Williams     | 30:40.00  |
| 10                           | Bowman, Henry        | JR | Carleton     | 30:44.36  |
| 11                           | Ballantine, Jake     | JR | Pomona-Pitze | 30:50.00  |
| 12                           | Litvin, Joey         | JR | Caltech      | 30:50.00  |
| 13                           | Ramos, Juan          | FR | Unattached   | 31:00.00  |
| 14                           | Conner, Owen         | FR | UC Riverside | 31:00.00  |
| 15                           | Ridenour, Cole       | SO | Orange Coast | 32:15.91  |
| 16                           | Giersch, Connor      | SR | Tufts        | 32:23.91  |
| 17                           | Griff, Harry         | FR | Middlebury   | 32:50.00  |
| 18                           | Rosin, Douglas       | SR | Middlebury   | 32:50.00  |
| 19                           | Garcia, August       | SO | Orange Coast | 33:00.05  |
| 20                           | Hartigan, Jackson    | SR | Williams     | 34:00.00  |
| 21                           | Brennan, Luke        | FR | Tufts        | NT        |
| 22                           | Burdulis, Matt       | FR | Tufts        | NT        |
| 23                           | Adus, Ased           | SO | San Marcos   | NT        |
| 24                           | Aouchiche, Amokrane  | FR | Tufts        | NT        |
| 25                           | Byland, Jimmy        | FR | San Marcos   | NT        |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 101 Women High Jump****Friday 3/24/2023 - 11:15 AM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                    |    |              |           |
| 1                           | Williamson, Amaya  | FR | Cerritos     | 1.27m     |
| 2                           | Zabala, Alyssa     | FR | Cerritos     | 1.30m     |
| 3                           | Banahene, Maame    | SO | Csub         | 1.30m     |
| 4                           | Goodloe, Melana    | FR | Cerritos     | 1.33m     |
| 5                           | Hart, Jada         | FR | Cerritos     | 1.35m     |
| 6                           | Lanza, Amber       | JR | Sonoma St.   | 1.35m     |
| 7                           | Davis, Jazzmine    | SO | Cerritos     | 1.40m     |
| 8                           | Jack, Tiffany      | FR | Orange Coast | 1.45m     |
| 9                           | Sanchez, Isabella  | FR | San Marcos   | 1.46m     |
| 10                          | Mader, Mikayla     | JR | Alaska Ancho | 1.49m     |
| 11                          | McLin, Gia         | FR | Cerritos     | 1.50m     |
| 12                          | Wisham, Nadya      |    | Biola        | 1.50m     |
| 13                          | Oggenfuss, Mia     | SO | Sonoma St.   | 1.55m     |
| 14                          | Thompson, Kathryn  | FR | Biola        | 1.55m     |
| 15                          | Padilla, Sarena    | FR | Cal Poly Pom | 1.56m     |
| 16                          | Hume, Ashley       | SO | Azusa Pacifi | 1.63m     |
| 17                          | Deters, Amity      | SO | Western Oreg | 1.64m     |
| 18                          | Hurley, Jenelle    | SO | Western Oreg | 1.66m     |
| 19                          | Hamm, Keiana       | JR | Cal Poly Pom | 1.67m     |
| 20                          | Allison, Charlotte | SO | San Marcos   | 1.68m     |
| 21                          | Saunders, Eliana   | SO | Azusa Pacifi | 1.72m     |

**Event 102 Men High Jump****Friday 3/24/2023 - 1:10 PM**

| Pos                         | Name                | Yr | School       | Seed Mark |
|-----------------------------|---------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                     |    |              |           |
| 1                           | Harris, Isaiah      | SR | Azusa Pacifi | 1.85m     |
| 2                           | Leeds, Nick         | JR | San Marcos   | 1.86m     |
| 3                           | Saracay, Jonh       | FR | San Marcos   | 1.91m     |
| 4                           | Conklin, Justin     | JR | Western Oreg | 1.96m     |
| 5                           | Cardoza, Justin     | FR | Cal Poly Pom | 1.96m     |
| 6                           | Jones II, Jermel    | JR | Azusa Pacifi | 2.01m     |
| 7                           | Muanza, Isaac       | SO | San Marcos   | 2.02m     |
| 8                           | Smith, Kailen       | SO | Cal Poly Pom | 2.07m     |
| 9                           | Tshiaba, Porte-Joie | JR | Cal St. Los  | 2.19m     |

**Event 103 Women Pole Vault****Friday 3/24/2023 - 12:00 PM**

| Pos                         | Name             | Yr | School       | Seed Mark |
|-----------------------------|------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                  |    |              |           |
| 1                           | Buck, Zoe        | FR | San Marcos   | 2.84m     |
| 2                           | Bechtold, Erin   | FR | Cal Poly Hum | 3.05m     |
| 3                           | Meredith, Lauren | FR | San Marcos   | 3.10m     |
| 4                           | Vang, Skyy       | JR | Cal Poly Pom | 3.20m     |
| 5                           | Abe, Sophie      | SR | Biola        | 3.22m     |
| 6                           | McGraw, Lilly    | JR | San Marcos   | 3.29m     |
| 7                           | Taguba, Anne     | SO | Cal Poly Pom | 3.30m     |
| 8                           | Maroon, Reanna   | SO | Biola        | 3.37m     |
| 9                           | Hill, Charlie    | JR | Seattle Paci | 3.50m     |
| 10                          | Keane, Abigail   | SO | Azusa Pacifi | 3.55m     |
| 11                          | Daugherty, Lizzy | SO | Seattle Paci | 3.76m     |

**Event 104 Men Pole Vault****Friday 3/24/2023 - 1:40 PM**

| Pos                         | Name              | Yr | School       | Seed Mark |
|-----------------------------|-------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                   |    |              |           |
| 1                           | Coleman, James    | FR | Cuyamaca     | 2.90m     |
| 2                           | Magno, Desidarius | FR | Cuyamaca     | 2.90m     |
| 3                           | Gipson, Elijah    | FR | Cuyamaca     | 3.05m     |
| 4                           | Young, Zack       | FR | Orange Coast | 3.20m     |
| 5                           | Gavia, Fabian     | FR | Orange Coast | 3.20m     |
| 6                           | Bennett, Andrew   | FR | Cuyamaca     | 3.50m     |
| 7                           | Phillippe, Ryan   | FR | Cerritos     | 3.80m     |
| 8                           | Holmes, Darius    | SO | Seattle Paci | 3.85m     |
| 9                           | Hubbard, Makel    | JR | Azusa Pacifi | 4.30m     |
| 10                          | Lee, Christopher  | SO | San Marcos   | 4.38m     |
| 11                          | Pook, Caleb       | FR | Biola        | 4.40m     |
| 12                          | Bowman, Brad      | JR | Seattle Paci | 4.53m     |
| 13                          | Lee, Kainoa       | SO | Seattle Paci | 4.53m     |
| 14                          | Rauwerda, Joseph  | SO | Azusa Pacifi | 4.80m     |
| 15                          | Hanes, Gavin      | FR | Cal Poly Pom | 4.90m     |
| 16                          | Strode, Ian       | FR | Cal Poly Pom | 4.90m     |
| 17                          | Madrassi, Matteo  | JR | Cal Poly Pom | 5.20m     |

**Event 105 Women Long Jump****Friday 3/24/2023 - 1:20 PM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 3 Finals</b> |                    |    |              |           |
| 1                           | Alexander, Journie | SO | Csub         | 5.49m     |
| 2                           | Lin, Natalie       | SO | Cal Poly Pom | 5.50m     |
| 3                           | Preston, Rebeka    | SR | Biola        | 5.56m     |
| 4                           | Frye, Kailey       | SO | San Marcos   | 5.60m     |
| 5                           | Fraraccio, Greta   | SO | San Jose St. | 5.70m     |
| 6                           | Omorodion, Osayi   | JR | San Jose St. | 5.75m     |
| 7                           | Nwokoma, Ujunwa    | SO | Western Oreg | 5.79m     |
| 8                           | Preyor, Dymon      | SO | San Marcos   | 5.85m     |
| 9                           | Ehinlaiye, Kelsey  | SO | Cal Poly Pom | 5.86m     |
| 10                          | Hurley, Jenelle    | SO | Western Oreg | 5.93m     |
| 11                          | Agyin, Victoria    | JR | San Jose St. | 5.94m     |

**Mangrum Invitational - 3/24/2023****Finished Results****Mangrum Track and Field Stadium****Meet Program****Flight 2 of 3 Finals...(Event 105 Women Long Jump)**

|    |                      |    |              |       |
|----|----------------------|----|--------------|-------|
| 1  | Lindenthal, Sarah    | SO | Cal Poly Pom | 5.13m |
| 2  | Sheldon, Katie       | SO | Sonoma St.   | 5.15m |
| 3  | Thompson, Maliyah    | SO | Western Oreg | 5.20m |
| 4  | Wallace, Rionna      | SO | Cerritos     | 5.29m |
| 5  | Fischer, Luisa       | JR | Azusa Pacifi | 5.33m |
| 6  | Hano, Joy            | SO | Cal Poly Hum | 5.34m |
| 7  | Conde-Turpin, Esther | FR | Azusa Pacifi | 5.39m |
| 8  | Chism, Kenna         | SO | Biola        | 5.39m |
| 9  | Purdy, Azaria        | FR | San Jose St. | 5.40m |
| 10 | Allison, Charlotte   | SO | San Marcos   | 5.42m |
| 11 | Schubert, Lina       | SO | San Jose St. | 5.42m |
| 12 | Murphy, Jourdan      | SO | Cerritos     | 5.45m |

**Flight 3 of 3 Finals**

|    |                    |    |              |       |
|----|--------------------|----|--------------|-------|
| 1  | Gonzales, Hailey   | FR | Cal St. Dom. | ND    |
| 2  | Padilla, Sarena    | FR | Cal Poly Pom | ND    |
| 3  | Oggenfuss, Mia     | SO | Sonoma St.   | 4.17m |
| 4  | Johnson, Samarea   | FR | Cal St. Dom. | 4.50m |
| 5  | Aguigui, Gabrielle | SO | Csusb        | 4.64m |
| 6  | Salter, Mahlaya    | JR | Csusb        | 4.65m |
| 7  | Lanza, Amber       | JR | Sonoma St.   | 4.92m |
| 8  | Glaze, Jayden      | FR | Alaska Ancho | 4.93m |
| 9  | Vidal Poy, Maria   | FR | Biola        | 4.94m |
| 10 | Thompson, Kathryn  | FR | Biola        | 5.07m |
| 11 | Sproul, Joley      | SO | Biola        | 5.10m |
| 12 | Chang, Hannah      | FR | Seattle Paci | 5.12m |

**Event 106 Men Long Jump****Friday 3/24/2023 - 2:00 PM**

| Pos                         | Name             | Yr | School       | Seed Mark |
|-----------------------------|------------------|----|--------------|-----------|
| <b>Flight 1 of 2 Finals</b> |                  |    |              |           |
| 1                           | Brant, Ripley    | FR | San Marcos   | 6.42m     |
| 2                           | Holmes, Darius   | SO | Seattle Paci | 6.45m     |
| 3                           | Jackson, Josh    | JR | Biola        | 6.45m     |
| 4                           | Walker, JJ       | JR | Western Oreg | 6.46m     |
| 5                           | Burchfield, Gabe | SO | Western Oreg | 6.50m     |
| 6                           | DeHaan, Gerwin   | JR | Cal Poly Pom | 6.50m     |
| 7                           | Muanza, Isaac    | SO | San Marcos   | 6.51m     |
| 8                           | Stevens, Deshaun | JR | Western Oreg | 6.52m     |
| 9                           | Pearson, Bryce   | SO | Cerritos     | 6.66m     |
| 10                          | Simpson, Arthur  | FR | Cuyamaca     | 6.82m     |
| 11                          | Morrison, Josh   | SO | Cal Poly Pom | 6.92m     |
| 12                          | Smith, Deandre   | SO | Cal Poly Pom | 6.97m     |
| 13                          | Sample, Collin   | SR | Alaska Ancho | 6.98m     |
| 14                          | Njeri, David     | JR | Seattle Paci | 6.98m     |
| 15                          | Harper, Raymon   | JR | Azusa Pacifi | 7.04m     |

**Flight 2 of 2 Finals**

|    |                  |    |              |       |
|----|------------------|----|--------------|-------|
| 1  | Brown, Javone    | FR | Cerritos     | 5.68m |
| 2  | Lee, Alejandro   | FR | Cuyamaca     | 5.68m |
| 3  | Armstrong, Jemar | SO | Cerritos     | 5.71m |
| 4  | Young, Zack      | FR | Orange Coast | 5.75m |
| 5  | Taylor, Lamont   | SO | Cuyamaca     | 5.80m |
| 6  | Lee, Shang-En    | FR | Orange Coast | 6.06m |
| 7  | Jimenez, Jacob   | FR | Cerritos     | 6.09m |
| 8  | Thomas, Nate     | FR | Seattle Paci | 6.10m |
| 9  | Nguyen, Lam      | SR | Cal St. Los  | 6.15m |
| 10 | Hanes, Gavin     | FR | Cal Poly Pom | 6.25m |
| 11 | Zapata, Gabriel  | SR | Cal Poly Pom | 6.31m |
| 12 | Sorah, Brennen   | SO | Western Oreg | 6.31m |
| 13 | Antonio, AJ      | FR | Biola        | 6.33m |
| 14 | Bennett, Jayden  | JR | Biola        | 6.38m |
| 15 | Elliott, Tayric  | JR | Cal St. Los  | 6.40m |

**Event 107 Women Triple Jump****Friday 3/24/2023 - 5:30 PM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                    |    |              |           |
| 1                           | Hart, Jada         | FR | Cerritos     | ND        |
| 2                           | Alvarado, Andrea   | FR | Cerritos     | 9.65m     |
| 3                           | Aguigui, Gabrielle | SO | Csusb        | 10.22m    |
| 4                           | Timms, Tirah       | FR | Cerritos     | 10.92m    |
| 5                           | Frye, Kailey       | SO | San Marcos   | 11.40m    |
| 6                           | Lin, Natalie       | SO | Cal Poly Pom | 11.53m    |

**Event 108 Men Triple Jump****Friday 3/24/2023 - 5:10 PM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                    |    |              |           |
| 1                           | Macale, Christian  | SO | Cerritos     | 11.80m    |
| 2                           | Abruzzini, Eugenio | FR | San Marcos   | 12.70m    |
| 3                           | Nguyen, Lam        | SR | Cal St. Los  | 12.71m    |
| 4                           | Robertson, Felix   | SO | Alaska Ancho | 12.78m    |
| 5                           | Morrison, Josh     | SO | Cal Poly Pom | 12.80m    |
| 6                           | Katje, Shaun       | SO | San Marcos   | 12.98m    |
| 7                           | Taylor, Lamont     | SO | Cuyamaca     | 13.17m    |
| 8                           | Cardoza, Justin    | FR | Cal Poly Pom | 13.59m    |
| 9                           | Sample, Collin     | SR | Alaska Ancho | 13.84m    |
| 10                          | Harrison, Marley   | JR | Western Oreg | 13.87m    |
| 11                          | Farkas, Andy       |    | Unattached   | 14.07m    |
| 12                          | Reed, Ajamu        | FR | San Jose St. | 14.13m    |
| 13                          | Smith, Kailen      | SO | Cal Poly Pom | 14.16m    |
| 14                          | Muanza, Isaac      | SO | San Marcos   | 14.70m    |
| 15                          | Njeri, David       | JR | Seattle Paci | 15.19m    |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 109 Women Discus Throw****Friday 3/24/2023 - 1:10 PM**

| Pos                         | Name                 | Yr | School       | Seed Mark |
|-----------------------------|----------------------|----|--------------|-----------|
| <b>Flight 1 of 2 Finals</b> |                      |    |              |           |
| 1                           | Christensen, Shona   | JR | Cal Poly Pom | 33.44m    |
| 2                           | Cheever, Minami      | SO | Orange Coast | 34.31m    |
| 3                           | Troppy, Gianna       | JR | Biola        | 36.22m    |
| 4                           | Garcia, Lily         | FR | Sonoma St.   | 36.80m    |
| 5                           | Venglass, Abby       | SO | Csusb        | 37.29m    |
| 6                           | Hurtado, Cynthia     | SO | Cal Poly Pom | 37.51m    |
| 7                           | Turner, Keiana       | JR | Cal Poly Pom | 38.36m    |
| 8                           | Olson, Molly         | SO | Azusa Pacifi | 39.50m    |
| 9                           | Lister, Danielle     | SO | Csusb        | 39.90m    |
| 10                          | Richardson, Hannah   | FR | Azusa Pacifi | 40.11m    |
| 11                          | Vitogiannis, Dimitra | FR | Cerritos     | 41.14m    |

**Flight 2 of 2 Finals**

|    |                    |    |              |        |
|----|--------------------|----|--------------|--------|
| 1  | Elam, Asha         | FR | Cerritos     | 15.57m |
| 2  | Roach, Jordan      | FR | Cerritos     | 19.01m |
| 3  | Lezama, Cynthia    | SO | Cerritos     | 23.45m |
| 4  | Bailey, Natalie    | FR | Cerritos     | 25.10m |
| 5  | Kears, Nizhoni     | FR | Cal Poly Hum | 25.67m |
| 6  | Burdett, Milika    | FR | Cerritos     | 27.21m |
| 7  | Beach, Kimberly    | FR | Csusb        | 30.84m |
| 8  | Cooley, Leilani    | SO | Orange Coast | 31.02m |
| 9  | Ledesma, Amanda    | SO | Orange Coast | 31.42m |
| 10 | McLennan, Jessica  | FR | Cerritos     | 31.75m |
| 11 | Rushing, Elizabeth | SO | Csusb        | 32.72m |
| 12 | Owen, Miranda      | FR | Csusb        | 33.12m |

**Event 110 Men Discus Throw****Friday 3/24/2023 - 10:30 AM**

| Pos                         | Name                  | Yr | School       | Seed Mark |
|-----------------------------|-----------------------|----|--------------|-----------|
| <b>Flight 1 of 2 Finals</b> |                       |    |              |           |
| 1                           | Prouty, William       | SO | San Marcos   | 37.73m    |
| 2                           | Cardenas, Robert      | FR | Cal Poly Hum | 37.82m    |
| 3                           | Moreno, Adrian        | SO | Orange Coast | 37.88m    |
| 4                           | Walker, JJ            | JR | Western Oreg | 38.00m    |
| 5                           | Hubbard, Makel        | JR | Azusa Pacifi | 38.00m    |
| 6                           | Horton, Joseph        | FR | Orange Coast | 38.60m    |
| 7                           | Jungmichel, Stefan    | JR | Biola        | 39.75m    |
| 8                           | Krog, Lincoln         | SO | Azusa Pacifi | 40.31m    |
| 9                           | DeHaan, Gerwin        | JR | Cal Poly Pom | 41.11m    |
| 10                          | Norfles, Micah        | SO | Cerritos     | 42.34m    |
| 11                          | Brown, Nasser         | FR | Cerritos     | 44.34m    |
| 12                          | Tuff, Thomas          | SO | Cal Poly Pom | 44.64m    |
| 13                          | Redd, Khai            | SO | Cal Poly Pom | 45.48m    |
| 14                          | May, Aaron            | JR | Cal Poly Pom | 50.38m    |
| 15                          | Navarrette, Dominique | JR | Cal Poly Pom | 51.06m    |

**Flight 2 of 2 Finals**

|    |                  |    |              |        |
|----|------------------|----|--------------|--------|
| 1  | Burchfield, Gabe | SO | Western Oreg | ND     |
| 2  | Holmes, Darius   | SO | Seattle Paci | ND     |
| 3  | Sizelove, Mark   | FR | Biola        | 29.99m |
| 4  | Parham, Keniko   | SO | Azusa Pacifi | 30.38m |
| 5  | Chavez, Daniel   | FR | Cerritos     | 31.00m |
| 6  | Loth, Cayden     | FR | Orange Coast | 31.19m |
| 7  | Meyer, Gavin     | FR | Orange Coast | 31.25m |
| 8  | Pearson, Bryce   | SO | Cerritos     | 31.55m |
| 9  | Sorah, Brennen   | SO | Western Oreg | 32.00m |
| 10 | Medina, Joseph   | FR | Cerritos     | 34.14m |
| 11 | Desembrana, Tad  | FR | Orange Coast | 34.59m |
| 12 | Problosky, Alex  | SO | Cal Poly Pom | 34.60m |
| 13 | Worrell, Aaron   | SR | Azusa Pacifi | 35.14m |
| 14 | Rhett, Jared     | SO | Cal Poly Pom | 35.81m |
| 15 | Mejorada, Joshua | SO | Orange Coast | 37.13m |

**Event 111 Women Hammer Throw****Friday 3/24/2023 - 4:00 PM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 3 Finals</b> |                    |    |              |           |
| 1                           | Cooley, Leilani    | SO | Orange Coast | 40.38m    |
| 2                           | Togni, Kyra        | FR | Sonoma St.   | 40.61m    |
| 3                           | Lopez, Emma        | SO | Sonoma St.   | 41.30m    |
| 4                           | Hurtado, Cynthia   | SO | Cal Poly Pom | 42.16m    |
| 5                           | Burdett, Milika    | FR | Cerritos     | 43.11m    |
| 6                           | Venglass, Abby     | SO | Csusb        | 45.46m    |
| 7                           | Rushing, Elizabeth | SO | Csusb        | 45.62m    |
| 8                           | Hekster, Antonia   | SO | Claremont-Mu | 46.20m    |
| 9                           | Pierce, Jada       | SR | Biola        | 49.31m    |
| 10                          | Turner, Keiana     | JR | Cal Poly Pom | 51.28m    |

**Flight 2 of 3 Finals**

|    |                      |    |              |        |
|----|----------------------|----|--------------|--------|
| 1  | Vitogiannis, Dimitra | FR | Cerritos     | 34.30m |
| 2  | Cheever, Minami      | SO | Orange Coast | 34.65m |
| 3  | Ayala, Jadyne        | FR | Chapman      | 35.43m |
| 4  | Fierro, Gigi         | JR | Biola        | 37.23m |
| 5  | Richardson, Hannah   | FR | Azusa Pacifi | 37.54m |
| 6  | Miller, Bianca       | SR | Unattached   | 38.56m |
| 7  | Kirsch, Carly        | JR | Claremont-Mu | 39.17m |
| 8  | Lister, Danielle     | SO | Csusb        | 39.39m |
| 9  | McDaniels, Halle     | FR | Sonoma St.   | 39.46m |
| 10 | Cardona, Alondra     | SO | Cal Poly Pom | 40.00m |

**Flight 3 of 3 Finals**

|    |                    |    |              |        |
|----|--------------------|----|--------------|--------|
| 1  | Ford, Ariyah       | FR | Sonoma St.   | ND     |
| 2  | Tipp, Jordyn       | FR | Biola        | 25.06m |
| 3  | Heard, Amaya       | FR | Biola        | 27.92m |
| 4  | Beach, Kimberly    | FR | Csusb        | 29.90m |
| 5  | Ledesma, Amanda    | SO | Orange Coast | 30.03m |
| 6  | Lezama, Cynthia    | SO | Cerritos     | 30.10m |
| 7  | Owen, Miranda      | FR | Csusb        | 30.91m |
| 8  | Bailey, Natalie    | FR | Cerritos     | 31.22m |
| 9  | McLennan, Jessica  | FR | Cerritos     | 32.98m |
| 10 | Christensen, Shona | JR | Cal Poly Pom | 33.54m |
| 11 | Brooks, Leonor     | JR | Azusa Pacifi | 33.76m |

**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Event 112 Men Hammer Throw****Friday 3/24/2023 - 1:00 PM**

| Pos                         | Name                  | Yr | School       | Seed Mark |
|-----------------------------|-----------------------|----|--------------|-----------|
| <b>Flight 1 of 2 Finals</b> |                       |    |              |           |
| 1                           | Shakur, Azriel        | FR | Chapman      | 44.04m    |
| 2                           | Trent, Jason          | JR | Cal Poly Hum | 44.69m    |
| 3                           | Tuff, Thomas          | SO | Cal Poly Pom | 44.70m    |
| 4                           | Moreno, Adrian        | SO | Orange Coast | 45.22m    |
| 5                           | Rhett, Jared          | SO | Cal Poly Pom | 45.36m    |
| 6                           | Allen, Terrence       | JR | Cal Poly Hum | 46.32m    |
| 7                           | Navarrette, Dominique | JR | Cal Poly Pom | 48.20m    |
| 8                           | Norfles, Micah        | SO | Cerritos     | 49.32m    |
| 9                           | Leyva, Juan           | JR | San Marcos   | 50.41m    |
| 10                          | Bowman, Jason         | SO | Claremont-Mu | 54.47m    |
| 11                          | May, Aaron            | JR | Cal Poly Pom | 54.48m    |

**Flight 2 of 2 Finals**

|    |                  |    |              |        |
|----|------------------|----|--------------|--------|
| 1  | Endow, Davis     | SO | Chapman      | 29.21m |
| 2  | Pember, Kevin    | FR | Orange Coast | 29.36m |
| 3  | Koerber, Kenny   | FR | Chapman      | 30.10m |
| 4  | Horton, Joseph   | FR | Orange Coast | 35.38m |
| 5  | Medina, Joseph   | FR | Cerritos     | 35.85m |
| 6  | Chavez, Daniel   | FR | Cerritos     | 36.55m |
| 7  | Brown, Nasser    | FR | Cerritos     | 36.59m |
| 8  | Mejorada, Joshua | SO | Orange Coast | 39.01m |
| 9  | Desembrana, Tad  | FR | Orange Coast | 39.50m |
| 10 | Longley, Sean    | JR | Chapman      | 39.80m |
| 11 | Prouty, William  | SO | San Marcos   | 42.77m |

**Event 113 Women Javelin Throw****Friday 3/24/2023 - 5:15 PM**

| Pos                         | Name                 | Yr | School       | Seed Mark |
|-----------------------------|----------------------|----|--------------|-----------|
| <b>Flight 1 of 2 Finals</b> |                      |    |              |           |
| 1                           | Chang, Hannah        | FR | Seattle Paci | 30.00m    |
| 2                           | Zilavec, Rachelle    | SO | San Marcos   | 30.21m    |
| 3                           | Cooley, Leilani      | SO | Orange Coast | 30.28m    |
| 4                           | Ellis, Camryn        | SO | San Marcos   | 30.56m    |
| 5                           | Villalta, Andrea     | FR | Cerritos     | 30.67m    |
| 6                           | Davis, Jazzmine      | SO | Cerritos     | 30.67m    |
| 7                           | Hekster, Antonia     | SO | Claremont-Mu | 31.30m    |
| 8                           | Hume, Ashley         | SO | Azusa Pacifi | 34.72m    |
| 9                           | Chao, Sara           | SO | Biola        | 35.09m    |
| 10                          | O'Donnell, Teigen    | SR | San Marcos   | 35.82m    |
| 11                          | McLauchlin, Lyndee   | JR | Western Oreg | 40.90m    |
| 12                          | Brooks, Leonor       | JR | Azusa Pacifi | 41.72m    |
| 13                          | Conde-Turpin, Esther | FR | Azusa Pacifi | 42.47m    |
| 14                          | Olson, Molly         | SO | Azusa Pacifi | 45.08m    |
| 15                          | Wright, Kaylee       | JR | Western Oreg | 48.37m    |

**Flight 2 of 2 Finals**

|    |                    |    |              |        |
|----|--------------------|----|--------------|--------|
| 1  | Forman, Fallon     | FR | Cal St. Dom. | ND     |
| 2  | Togni, Kyra        | FR | Sonoma St.   | ND     |
| 3  | Hamm, Keiana       | JR | Cal Poly Pom | ND     |
| 4  | Cash, Jada         | FR | Cal St. Dom. | ND     |
| 5  | Diaz, Ani          | FR | Orange Coast | 14.52m |
| 6  | Oggenfuss, Mia     | SO | Sonoma St.   | 21.34m |
| 7  | Low, Annabelle     | FR | Orange Coast | 22.05m |
| 8  | Lanza, Amber       | JR | Sonoma St.   | 22.51m |
| 9  | Tipp, Jordyn       | FR | Biola        | 23.17m |
| 10 | Renteria, Kimberly | FR | Orange Coast | 23.87m |
| 11 | Lezama, Cynthia    | SO | Cerritos     | 25.09m |
| 12 | Goodloe, Melana    | FR | Cerritos     | 25.76m |
| 13 | Campos, Michelle   | SO | Cerritos     | 26.00m |
| 14 | Bechtold, Erin     | FR | Cal Poly Hum | 26.70m |
| 15 | McFarland, Aij     | FR | Chapman      | 28.86m |

**Event 114 Men Javelin Throw****Friday 3/24/2023 - 3:30 PM**

| Pos                         | Name             | Yr | School       | Seed Mark |
|-----------------------------|------------------|----|--------------|-----------|
| <b>Flight 1 of 1 Finals</b> |                  |    |              |           |
| 1                           | Pacheco, Alex    | FR | Orange Coast | 33.86m    |
| 2                           | Pearson, Bryce   | SO | Cerritos     | 39.41m    |
| 3                           | Brown, Javone    | FR | Cerritos     | 40.24m    |
| 4                           | Shakur, Azriel   | FR | Chapman      | 41.86m    |
| 5                           | Loth, Cayden     | FR | Orange Coast | 43.15m    |
| 6                           | Meyer, Gavin     | FR | Orange Coast | 44.45m    |
| 7                           | McFarlane, Cole  | SO | Chapman      | 45.29m    |
| 8                           | Endow, Davis     | SO | Chapman      | 45.65m    |
| 9                           | Allen, Terrence  | JR | Cal Poly Hum | 48.57m    |
| 10                          | Redd, Khai       | SO | Cal Poly Pom | 49.16m    |
| 11                          | Walker, JJ       | JR | Western Oreg | 50.00m    |
| 12                          | Burton, Nick     | FR | Chapman      | 50.62m    |
| 13                          | Nafziger, Eli    | JR | Western Oreg | 54.52m    |
| 14                          | Mejorada, Joshua | SO | Orange Coast | 56.40m    |
| 15                          | Peyton, Logan    | SO | Azusa Pacifi | 62.90m    |
| 16                          | Knowles, Truman  | SR | Claremont-Mu | 64.46m    |

**Event 115 Women Shot Put****Friday 3/24/2023 - 3:40 PM**

| Pos                         | Name               | Yr | School       | Seed Mark |
|-----------------------------|--------------------|----|--------------|-----------|
| <b>Flight 1 of 3 Finals</b> |                    |    |              |           |
| 1                           | Kears, Nizhoni     | FR | Cal Poly Hum | 10.57m    |
| 2                           | Lister, Danielle   | SO | Csusb        | 10.90m    |
| 3                           | McLennan, Jessica  | FR | Cerritos     | 10.98m    |
| 4                           | Kirsch, Carly      | JR | Claremont-Mu | 11.33m    |
| 5                           | Cardona, Alondra   | SO | Cal Poly Pom | 11.50m    |
| 6                           | Venglass, Abby     | SO | Csusb        | 11.98m    |
| 7                           | Jones, Priscilla   | SO | Biola        | 12.02m    |
| 8                           | Christensen, Shona | JR | Cal Poly Pom | 12.63m    |
| 9                           | Turner, Keiana     | JR | Cal Poly Pom | 12.64m    |
| 10                          | Fischer, Luisa     | JR | Azusa Pacifi | 12.74m    |
| 11                          | Olson, Molly       | SO | Azusa Pacifi | 12.85m    |
| 12                          | Richardson, Hannah | FR | Azusa Pacifi | 13.34m    |



**Mangrum Invitational - 3/24/2023**  
**Finished Results**  
**Mangrum Track and Field Stadium**  
**Meet Program**

**Flight 2 of 3 Finals...(Event 115 Women Shot Put)**

|    |                      |                 |        |
|----|----------------------|-----------------|--------|
| 1  | Rushing, Elizabeth   | SO Csub         | 8.36m  |
| 2  | Williamson, Amaya    | FR Cerritos     | 8.50m  |
| 3  | Bailey, Natalie      | FR Cerritos     | 8.93m  |
| 4  | Deters, Amity        | SO Western Oreg | 8.94m  |
| 5  | Owen, Miranda        | FR Csub         | 9.33m  |
| 6  | Campos, Michelle     | SO Cerritos     | 9.78m  |
| 7  | Beach, Kimberly      | FR Csub         | 9.92m  |
| 8  | Davis, Jazzmine      | SO Cerritos     | 10.04m |
| 9  | Burdett, Milika      | FR Cerritos     | 10.11m |
| 10 | Vitogiannis, Dimitra | FR Cerritos     | 10.16m |
| 11 | Giannone, Kaleigh    | JR Csub         | 10.16m |
| 12 | Cheever, Minami      | SO Orange Coast | 10.56m |

**Flight 3 of 3 Finals**

|    |                   |                 |       |
|----|-------------------|-----------------|-------|
| 1  | Ford, Ariyah      | FR Sonoma St.   | ND    |
| 2  | McDaniels, Halle  | FR Sonoma St.   | ND    |
| 3  | Esvelt, Annika    | SO Seattle Paci | 4.94m |
| 4  | Cash, Jada        | FR Cal St. Dom. | 5.41m |
| 5  | Roach, Jordan     | FR Cerritos     | 6.19m |
| 6  | Zabala, Alyssa    | FR Cerritos     | 6.37m |
| 7  | Casanova, Camilla | FR Cal St. Dom. | 6.44m |
| 8  | Elam, Asha        | FR Cerritos     | 6.48m |
| 9  | Goodloe, Melana   | FR Cerritos     | 7.13m |
| 10 | Lezama, Cynthia   | SO Cerritos     | 7.33m |
| 11 | Forman, Fallon    | FR Cal St. Dom. | 7.36m |
| 12 | Ledesma, Amanda   | SO Orange Coast | 7.65m |
| 13 | McCartney, Payton | FR Csub         | 8.27m |

**Flight 2 of 2 Finals**

|    |                    |                 |        |
|----|--------------------|-----------------|--------|
| 1  | Pacheco, Alex      | FR Orange Coast | 6.93m  |
| 2  | Brown, Javone      | FR Cerritos     | 9.18m  |
| 3  | Desembrana, Tad    | FR Orange Coast | 10.20m |
| 4  | Medina, Joseph     | FR Cerritos     | 10.50m |
| 5  | Wilson, Nathan     | FR Biola        | 10.50m |
| 6  | Pearson, Bryce     | SO Cerritos     | 10.92m |
| 7  | Loth, Cayden       | FR Orange Coast | 11.33m |
| 8  | Meyer, Gavin       | FR Orange Coast | 11.50m |
| 9  | Chavez, Daniel     | FR Cerritos     | 12.34m |
| 10 | Brown, Nasser      | FR Cerritos     | 12.63m |
| 11 | Allen, Terrence    | JR Cal Poly Hum | 12.64m |
| 12 | Jungmichel, Stefan | JR Biola        | 12.72m |

**Event 116 Men Shot Put****Friday 3/24/2023 - 1:15 PM**

| <b>Pos</b> | <b>Name</b> | <b>Yr School</b> | <b>Seed Mark</b> |
|------------|-------------|------------------|------------------|
|------------|-------------|------------------|------------------|

**Flight 1 of 2 Finals**

|    |                       |                 |        |
|----|-----------------------|-----------------|--------|
| 1  | Cardenas, Robert      | FR Cal Poly Hum | 12.99m |
| 2  | Norfles, Micah        | SO Cerritos     | 13.34m |
| 3  | Mejorada, Joshua      | SO Orange Coast | 13.39m |
| 4  | Tuff, Thomas          | SO Cal Poly Pom | 14.58m |
| 5  | Redd, Khai            | SO Cal Poly Pom | 14.66m |
| 6  | Problosky, Alex       | SO Cal Poly Pom | 14.69m |
| 7  | Moreno, Adrian        | SO Orange Coast | 14.75m |
| 8  | Laiwa-McKay, Kalathan | JR San Marcos   | 14.90m |
| 9  | Navarrette, Dominique | JR Cal Poly Pom | 15.25m |
| 10 | May, Aaron            | JR Cal Poly Pom | 15.28m |
| 11 | Bowman, Jason         | SO Claremont-Mu | 15.33m |
| 12 | Kakani, Sarath        | SO Claremont-Mu | 16.00m |