

# AZUSA JR. OLYMPICS

## ORDER OF EVENTS

SATURDAY MARCH.25.2023

GLADSTONE HIGH SCHOOL

6:00 AM	Set Up Time
7:00 AM	Volunteers & Staff Meeting
7:30 AM	Coach's Meeting
8:00 AM	Athletes to Check in with Coach/School Team
8:15 AM	Opening Ceremonies
8:25 AM	First Call of Events

**ALL TIMES ARE APPROXIMATE. PLEASE LISTEN FOR YOUR EVENT.**

GIRLS TRACK EVENTS AND BOYS FIELD EVENTS GO ON SIMULTANEOUSLY IN THE FIRST HALF OF MEET AND VICE VERSA IN THE SECOND HALF OF THE MEET.

08:45 AM	DIVISION 15	GIRLS 4X100 METER RELAY
	DIVISION 14	GIRLS 4X100 METER RELAY
	DIVISION 13	GIRLS 4X100 METER RELAY
	DIVISION 12	GIRLS 4X100 METER RELAY
	DIVISION 11	GIRLS 4X100 METER RELAY
	DIVISION 15	BOYS 4X100 METER RELAY
	DIVISION 14	BOYS 4X100 METER RELAY
	DIVISION 13	BOYS 4X100 METER RELAY
	DIVISION 12	BOYS 4X100 METER RELAY
	DIVISION 11	BOYS 4X100 METER RELAY

09:30 AM	DIVISION 15	GIRLS 400 METER RUN (TIME BASED)
	DIVISION 14	GIRLS 400 METER RUN (TIME BASED)
	DIVISION 13	GIRLS 400 METER RUN (TIME BASED)
	DIVISION 12	GIRLS 400 METER RUN (TIME BASED)
	DIVISION 11	GIRLS 400 METER RUN (TIME BASED)
	DIVISION 15	GIRLS 200 METER DASH (TIME BASED)
	DIVISION 14	GIRLS 200 METER DASH (TIME BASED)
	DIVISION 13	GIRLS 200 METER DASH (TIME BASED)
	DIVISION 12	GIRLS 200 METER DASH (TIME BASED)
	DIVISION 11	GIRLS 200 METER DASH (TIME BASED)

	<b>DIVISION 15</b>	GIRLS 50 METER DASH HEAT/ FINAL
	<b>DIVISION 14</b>	GIRLS 50 METER DASH HEAT/ FINAL

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	<b>DIVISION 13</b>	GIRLS 100 METER DASH HEAT/FINAL
	<b>DIVISION 12</b>	GIRLS 100 METER DASH HEAT/FINAL
	<b>DIVISION 11</b>	GIRLS 100 METER DASH HEAT/FINAL
	<b>DIVISION 13</b>	GIRLS 800 METER RUN (BUNCH START)
	<b>DIVISION 12</b>	GIRLS 800 METER RUN (BUNCH START)
	<b>DIVISION 11</b>	GIRLS 800 METER RUN (BUNCH START)

<b>12:00 PM</b>	<b>DIVISION 15</b>	BOYS 400 METER RUN (TIME BASED)
	<b>DIVISION 14</b>	BOYS 400 METER RUN (TIME BASED)
	<b>DIVISION 13</b>	BOYS 400 METER RUN (TIME BASED)
	<b>DIVISION 12</b>	BOYS 400 METER RUN (TIME BASED)
	<b>DIVISION 11</b>	BOYS 400 METER RUN (TIME BASED)
	<b>DIVISION 15</b>	BOYS 200 METER DASH (TIME BASED)
	<b>DIVISION 14</b>	BOYS 200 METER DASH (TIME BASED)
	<b>DIVISION 13</b>	BOYS 200 METER DASH (TIME BASED)
	<b>DIVISION 12</b>	BOYS 200 METER DASH (TIME BASED)
	<b>DIVISION 11</b>	BOYS 200 METER DASH (TIME BASED)
	<b>DIVISION 15</b>	BOYS 50 METER DASH HEAT/ FINAL
	<b>DIVISION 14</b>	BOYS 50 METER DASH HEAT/ FINAL
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	<b>DIVISION 13</b>	BOYS 100 METER DASH HEAT/FINAL
	<b>DIVISION 12</b>	BOYS 100 METER DASH HEAT/FINAL
	<b>DIVISION 11</b>	BOYS 100 METER DASH HEAT/FINAL

	<b>DIVISION 13</b>	BOYS 800 METER RUN (BUNCH START)
	<b>DIVISION 12</b>	BOYS 800 METER RUN (BUNCH START)
	<b>DIVISION 11</b>	BOYS 800 METER RUN (BUNCH START)

#### FIELD EVENTS

<b>9:30 AM</b>	<b>DIVISION 15</b>	BOYS LONG JUMP
	<b>DIVISION 14</b>	BOYS LONG JUMP
	<b>DIVISION 13</b>	BOYS LONG JUMP
	<b>DIVISION 12</b>	BOYS LONG JUMP
	<b>DIVISION 11</b>	BOYS LONG JUMP
	<b>DIVISION 15</b>	BOYS SOFTBALL THROW
	<b>DIVISION 14</b>	BOYS SOFTBALL THROW
	<b>DIVISION 13</b>	BOYS SOFTBALL THROW
	<b>DIVISION 12</b>	BOYS SOFTBALL THROW
	<b>DIVISION 11</b>	BOYS SOFTBALL THROW

<b>12:00 PM</b>	<b>DIVISION 15</b>	GIRLS LONG JUMP
	<b>DIVISION 14</b>	GIRLS LONG JUMP
	<b>DIVISION 13</b>	GIRLS LONG JUMP
	<b>DIVISION 12</b>	GIRLS LONG JUMP
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	<b>DIVISION 13</b>	GIRLS SOFTBALL THROW
	<b>DIVISION 12</b>	GIRLS SOFTBALL THROW
	<b>DIVISION 11</b>	GIRLS SOFTBALL THROW

#### General Rules

1. No Starting Blocks
2. A runner committing two false starts will be disqualified
3. Field Events- Softball Throw 3 throws, Long Jump 3 jumps
4. Participants division is determined by his/her year born
5. All participants must be in the stands and with coaches at all times.
6. Shoes must be worn. No spikes, cleats, or shoes with removable cleats/spikes. Waffle type shoes will be permitted.