

UNIVERSITY OF
Redlands

Redlands Invitational – Friday, March 18, 2022

Entries:

Track entries are unlimited per team per race.

Field Event entries will be capped at top 24 entries per event per gender for the Throws and Horizontal Jumps, and top 16 entries per event per gender for the Vertical Jumps. There will be no adds to the field events on the day of competition.

Entries **are due by 11:59 pm (PST) on Tuesday, March 15** at **Direct Athletics**. Send all possible entries. There will be no penalty for scratches.

Entry Fee:

- \$450 maximum per team (15+ entries) per gender (\$900 for both men and women).
- Individual entries are \$30 per gender per event. Relays are \$120.
- Individual entries must be paid online through Direct Athletics. Only teams may bring cash or checks payable to “University of Redlands Track & Field” on meet day.

COVID-19: Spectators are permitted at home athletics events with the following expectations:

All spectators are encouraged to be masked. Unvaccinated individuals are **required** to mask. All spectators are encouraged to physically distance themselves from other groups and individuals as much as the venue permits. Spectators with any COVID-19 symptoms should remain home and watch the live stream of the event. Masks *are* required while in indoor spaces (restrooms).

All athletes and coaches must be cleared to compete, which is defined as being symptom-free, having either completed the COVID-19 vaccination process with a booster if eligible or tested negative within 72 hours of competition.

Facilities: 9-lane Beynon® surfaced track with surfaced HJ, LJ, TJ, Jav areas. Shot put ring located on north side of stadium, discus held on inside field, hammer ring located directly outside stadium in dirt lot. ¼” pyramid spikes preferred. No “Christmas Tree” spikes allowed.

Timing/Results: Timing services will be provided by Finished Results. Live Results will be available at <https://finishedresults.com/results> as soon as possible at the conclusion of each event. Full results will be provided online as soon as possible after the conclusion of the meet at <https://goredlands.com/sports/track/2021-22/schedule>.



Check-In: Athletes must check in at least 20 minutes prior to the scheduled start of their event, *regardless of heat or flight*. Running event athletes will check in at the tent located outside the track near the finish line. Field event athletes will check in at the event.

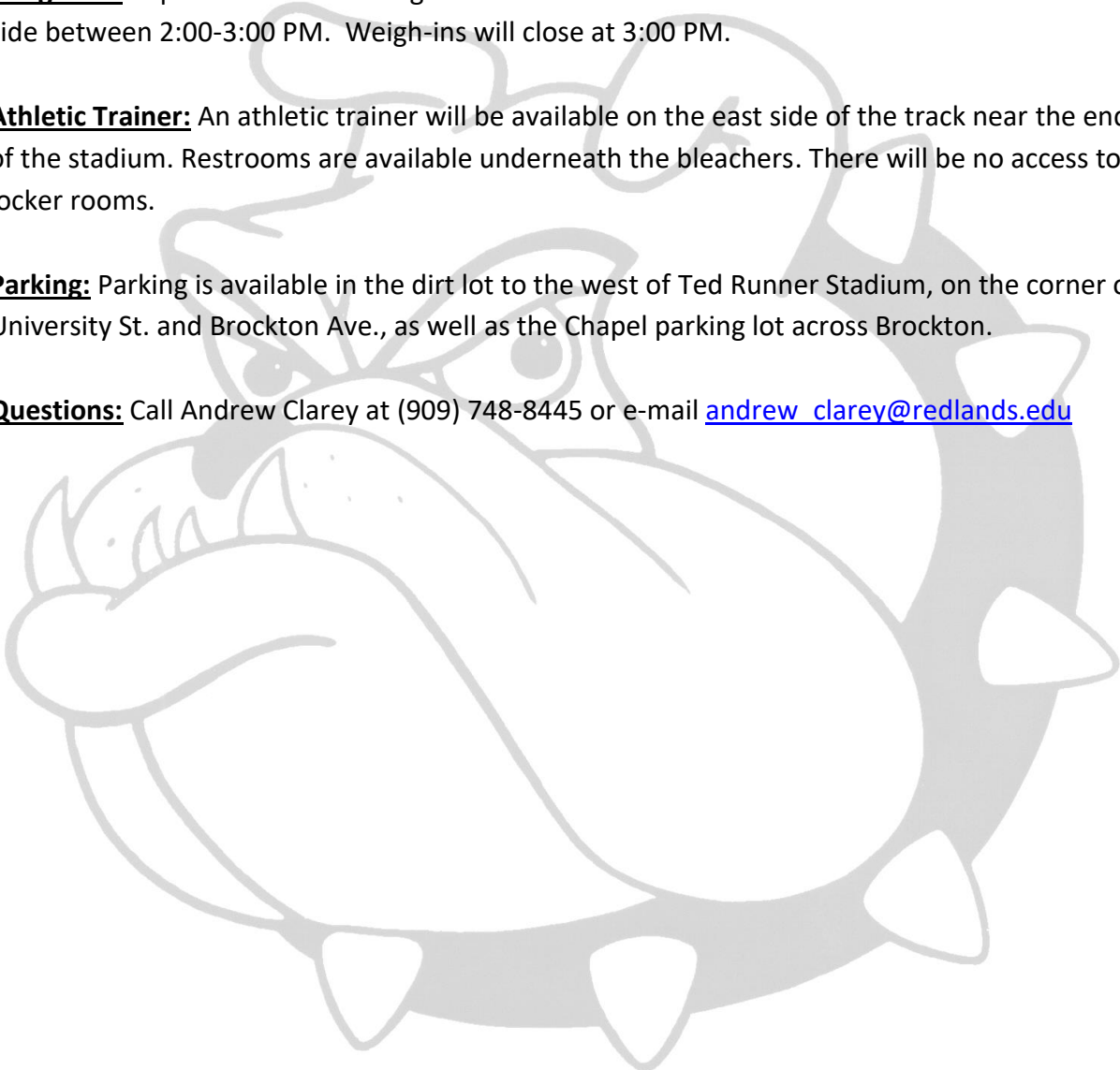
The Throws and Horizontal Jumps events shall proceed with a straight 4 attempts per flight.

Weigh-ins: Implements will be weighed in and certified underneath the stadium on the home side between 2:00-3:00 PM. Weigh-ins will close at 3:00 PM.

Athletic Trainer: An athletic trainer will be available on the east side of the track near the end of the stadium. Restrooms are available underneath the bleachers. There will be no access to locker rooms.

Parking: Parking is available in the dirt lot to the west of Ted Runner Stadium, on the corner of University St. and Brockton Ave., as well as the Chapel parking lot across Brockton.

Questions: Call Andrew Clarey at (909) 748-8445 or e-mail andrew_clarey@redlands.edu



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Times are tentative and may move ahead of schedule

3:00 Hammer (HT) W/M
Shotput (SP) M/W (M SP follows M HT)
Discus (DT) M/W
Javelin (JT) W/M (W JT follows W DT)
Long Jump (LJ) M/W
Triple Jump (TJ) M/W (M TJ follows W LJ)
Pole Vault (PV) M/W
4:45 High Jump W/M

4:15 3,000 Meters (flat) M

4:30 3,000 Meters (flat) W

4:45 4x100 Meter Relay M

4:50 4x100 Meter Relay W

5:00 1500 Meters M

5:25 1500 Meters W

5:50 110 Meter Hurdles M

6:00 100 Meter Hurdles W

6:10 400 Meters M

6:25 400 Meters W

6:40 100 Meters M

7:00 100 Meters W

7:20 800 Meters M

7:35 800 Meters W

7:55 400 Meter Hurdles M

8:05 400 Meter Hurdles W

8:15 200 Meters M

8:45 200 Meters W

9:05 5,000 Meters M

9:25 5,000 Meters W

9:45 4x400 Meter Relay M

9:55 4x400 Meter Relay W

All times are tentative