

TESORO TITANS ALL COMERS TRACK MEET

LOCATION:

TESORO HIGH SCHOOL
1 Tesoro Creek Rd. Las Flores CA 92688
ON TESORO HIGH SCHOOL'S ALL-WEATHER TRACK

DATE: Saturday, February 5th, 2022

TIME: Gates to the track will be open at **7:30 am**. The meet will begin at 9 am. Day of meet registration accepted.

COST: \$10.00 - unlimited entry for athletes, \$5.00 for Elementary and Middle School Athletes and Spectators (Children 4 & under free)

FAT time will be used for all running events: Finished Results will be timing

SPIKES: 3/16" pyramid spikes or smaller required (set of 14 for sale \$2.00)

CONTACT: Coach Darren Phelps at DBPHELPS@capousd.org / Courtney Tebbe at CLTEBBE@capousd.org

SCHEDULE OF EVENTS: TIME SCHEDULE IS TENTATIVE BASED ON THE NUMBER OF ATHLETES IN EACH EVENT AND *WILL PROGRESS AHEAD OF SCHEDULE IF POSSIBLE*. IF AN EVENT HAS NO ENTRIES, WE WILL IMMEDIATELY SEED THE NEXT EVENT.

Running Events

1. 1600m
2. 4 x 100m Relay
3. 100m/110m HH
4. 400m
5. 100m
6. 800m
7. 300m LH/IH
8. 200m
9. 3200m
10. 4 x 400m Relay

Field Events

Open pit: 9:30am – 12:00pm

Long Jump (4 Jumps)

Triple Jump (4 Jumps)

High Jump (Starts @ 3' 6" & raised 2")

Shot Put (4 Throws)

Discus Throw (4 Throws)

Pole Vault (Starting Height 7'6") - **All Pole Vaulters must submit a CIF PV Weight Verification Form before they will be allowed to compete.**

Parking: Free parking available.

Concession Stand will be open with various food and drink items.