



FLOTRACK
OFFICIAL LIVE STREAM PARTNER

Bryan Clay Invitational April 13-15, 2022

Open Registration: March 24th through April 7th. Payment must be processed by closing date.

Entry is listed for the following groups under these headings at Direct Athletics:

- Bryan Clay Invitational Collegiate Entry
- Bryan Clay Invitational Open/Club Entry
- Bryan Clay Multi

Collegiate teams wishing to pay in person must email jhoyt@apu.edu for approval. \$40 per entry with a \$560 cap per gender.

No High school or younger athletes are permitted to enter.

Entry into the meet is guaranteed for marks meeting the performance standards.

Entries below the standard are subject to heat/flight availability and entry fees will not be returned.

Marks must have been attained between January 7, 2021 and April 7, 2022 and will require verification to be registered on Direct Athletics.

Accepted entry list will be posted on April 8th.

For questions concerning race entries longer than 400 meters contact: seansmith@apu.edu.

Collegiate and Open/Unattached Performance Standards

Event (heats/flights per gender)	College/Open Men	College/Open Women
100m (15 heats)	11.30/10.90	12.95/12.10 (15 heats)
200m (20 heats)	22.90/21.90	26.75/25.00 (20 heats)
400m (12 heats)	50.75/48.90	59.82/57.00 (12 heats)
800m (15 heats)	1:57.5/1:54.00	2:21/2:14 (15 heats)
1500m(20 heats)	4:05/3:55.00	5:03/4:45 (20 heats)
Steeplechase (6 heats)	9:30/9:00	11:30/10:50
5000m (8 heats)	15:15/14:35	18:30/17:30
10000m (2 heats)	32:30/31:00	39:00/35:00
110 H (20 heats)	15.75/14.50	15.25/14.40 (10 heats)
400H (10 heats)	57.75/53.50	1:06.50/61.00 (8 heats)
High Jump (4 sections of 16)	1.95/2.02	1.61/1.70
Pole Vault (3 sections of 16)	4.50/5.10	3.40/4.15
Long Jump (9 flights/finals)	6.60/7.15	5.25/5.70
Triple Jump (6 flights/finals)	13.50/14.80	10.80/12.00
Shot Put (4 flights of 12)	11m/16.00m	11m/13.50m
Discus (4 flights of 12)	36m/No open athletes	35m/no open athletes
Hammer (4 flights of 12)	35m/No open athletes	35m/no open athletes
Javelin (4 flights of 12)	44.00/No open athletes	31.00/no open athletes
Decathlon/Heptathlon	6,750/7,500	4,350/5,500

Wednesday, April 13

(Day 1 Multi, Steeples, and Invitational 10K's)

8:00 am – Heptathlon 100m HH (E/F)
10:00 am – Decathlon 100m (group C)
10:30 am – Heptathlon 100m HH (groups C/D)
12:00 pm - **Group E/F Heptathlon 200m
1:30 pm – Decathlon 100m (group A and B)
2:00 pm – Heptathlon 100m HH (groups A/B)
2:20 pm - **Group C/D Heptathlon 200m
3:00 pm - **Group C Decathlon 400m
6:15 pm – **Group A/B Heptathlon 200m (4 heats)
6:30 pm – **Group A/B 400m (4 heats)
6:45 pm – Men's Steeplechase (6 Heats)
7:50 pm – Women's Steeplechase (6 Heats)
9:05 pm – Invitational Men's 10k
9:40 pm – Invitational Women's 10k
**Estimated start time off a rolling time schedule.

Thursday, April 14

(AM 10K's, Day 2 Multi, 800's, and 5K's)

8:00 am – Open Men's 10K
8:40 am – Open Women's 10K
8:30 am – Heptathlon Long Jump (Group F)
9:30 am – Heptathlon Long Jump (Group E)
11:00 am – Heptathlon Long Jump (group D)
12:00 pm – Decathlon 110m HH (group C)
12:30 pm – Heptathlon (group C)
1:00 pm – Decathlon 110m HH (group B)
2:00 pm - Decathlon 110m HH (group A)
2:00 pm – Heptathlon (group B)
3:15 pm – Heptathlon (group A)
-Decathletes and Heptathletes will have a rolling schedule with 800's/1500's being placed into the overall meet schedule.
3:30 pm – Men's 800m (15 heats)
4:20 pm - Women's 800m (15 Heats)
--- Open 5K heats are set up slow to fast ---
5:20 pm – Men's 5k Open Heat 4
5:37 pm – Women's 5k Open Heat 4
5:57 pm – Men's 5k Open Heat 3
6:13 pm – Women's 5k Open Heat 3
6:33 pm – Men's 5k Open Heat 2
6:50 pm – Women's 5k Open Heat 2
7:08 pm – Men's 5k Open Heat 1
7:24 pm – Women's Open Heat 1
--- Invitational 5K heats are set up fast to slow ---
7:42 pm – Men's 5k Invite Heat 1
7:57 pm – Women's 5k Invite Heat 1
8:14 pm – Men's 5k Invite Heat 2
8:30 pm – Women's 5k Invite Heat 2
8:47 pm – Men's 5k Invite Heat 3
9:04 pm – Women's 5k Invite Heat 3
9:23 pm – Men's 5k Invite Heat 4
9:40 pm – Women's 5k Invite Heat 4

Friday, April 15 Running Events	Friday, April 15 Field Events
10:00 am - Welcome Prayer, National Anthem	9:30 am – Women's Discus (3 flights and finals)
10:15 am – Men's 4x100	10:30 am – Men's Shot Put (4 flights, 2 rings)
10:35 am – Women's 4x100	10:00 am – Women's Long Jump (6 flights and finals)
10:55 am – Men's 110 Hurdles	10:00 am – Men's Long Jump (6 flights and finals)
11:35 am – Women's 100 Hurdles	10:00 am – Men's High Jump Open (2 pits)
12:15 pm – Men's 400	11:00 am – Women's Pole Vault Open B (East Pit)
1:30 pm – Women's 400	11:00 am – Men's Pole Vault Open B (West Pit)
2:10 pm – Men's 100	12:00 pm – Men's High Jump Invitational (2 pits)
2:55 pm – Women's 100	1:00 pm – Women's Javelin (3 flights and Finals)
3:10 pm – Men's 400 Hurdles	1:00 pm – Men's Discus (3 flights and Finals)
3:35 pm – Women's 400 Hurdles	2:00 pm – Women's High Jump Invitational (2 pits)
4:15 pm – Men's 200	2:00 pm – Men's Pole Invitational (West Pit)
5:05 pm – Women's 200	2:00 pm – Women's Pole Vault Invitational (East Pit)
6:10 pm – Men's 4x400	2:00 pm – Women's Shot Put (4 flights, 2 rings)
6:50 pm – Women's 4x400	4:00 pm – Women's High Jump Open (2 pits)
7:15 pm – Invitational Men's 1500 (slow to fast)	4:00 pm – Men's Javelin (3 flights and Finals)
8:00 pm – Invitational Women's 1500 (slow to fast)	3:00 pm – Men's Triple Jump (4 flights and finals)
8:55 pm – Men's 1500 Open	3:00 pm – Women's Triple Jump (4 flights and finals)
9:40 pm – Women's 1500 Open	5:00 pm – Men's Pole Vault Open A (West Pit)
	5:00 pm – Women's Pole Vault Open A (East Pit)

Additional Meet Details:

Spike Check: Athletes will have their spike length checked at the Clerking Tent at the SW entrance to the track. Only 1/4" pyramid or shorter will be permitted on the track. After entering the track, running event athletes are encouraged to put their competition shoes on in the corner of the track behind the 110m Hurdle Starting line. Field event athletes should report to the official at their event.

Implement certification will be located next to the West end of the stadium near the storage units and must be completed by noon or 60 minutes prior to your event start time.

Parking: In the main lot next to Cougar Stadium off of N. Citrus Drive. On Wednesday and Thursday if the main parking lot is full, drop off your athletes and park at APU's West Campus lots at East Foothill BLVD and Stein Way. You can take the 10 minute walk back to the track or ride the APU trolley bus.

Team camps will only be permitted in the stadium. Locker room and shower use can be made available for college teams upon request.

Rules: NCAA rules will dictate the procedures of the meet.

Covid protocol will be announced 2 weeks prior to the competition. At this time the only restriction is to be masked if not competing.

\$5 admission for spectators.

HEAT SHEETS AND ATHLETE CHECK-IN PROCEDURES

Updated meet schedule, heats, and flights will be posted at Finished Results and at the APU track webpage. Heat sheets will also be available at the Finish Line Tent.

Running event check-in table at SW corner of track entry gate near 100m start:

Check-in and hip numbers **60 minutes prior** to your races start time.

Return to track for warmups 20 minutes prior to your heat. Athletes will be let onto the track and allowed a short warmup on the track. Longer warmups should be completed on Dillon Recreation Field across the parking lot from the track entrance.

Field Event athlete check-in at their event (only competing flights on the infield):

Pole Vaulters - 60 minutes prior to their section start time or immediately after the completion of the proceeding section.

High Jumpers - 45 minutes prior to their section start time or immediately after the completion of the proceeding section.

Throwers and Horizontal Jumpers should check in at their event area approximately 30 minutes prior to their flights start times or immediately after the proceeding flight concludes.

SPORTS MEDICINE CONSIDERATIONS

Your SM staff should be stationed in your designated team area.

APU SM is located at the SE corner of the track. Ice will be available as well as emergency response.

If you will NOT be traveling with an Athletic Trainer and/or you have any specific treatment requests please notify Rachelle Cyrus (rcyrus@apu.edu) at least 48 hours in advance.

All attendees should have body temperatures at or below the established level of safety (100.4 degrees).

