



SCIAC Track & Field Championships - May 7th, 2021

Track Schedule		Field Schedule	
9:00 AM	10,000m W	10:00 AM	Hammer M
10:00 AM	10,000m M		Discus W
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2:00 PM	3000m Steeplechase W		High Jump M
2:20 PM	3000m Steeplechase M		
2:40 PM	4x100m Relay W	12:00 PM	Hammer W
2:45 PM	4x100m Relay M		Discus M
2:50 PM	1500m W		Long Jump M
3:00 PM	1500m M		High Jump W
3:10 PM	100m Hurdles W		
3:20 PM	110m Hurdles M	2:00 PM	Javelin M
3:30 PM	400m W		Shot Put W
3:35 PM	400m M		Triple Jump W
3:45 PM	100m W		Pole Vault M
3:50 PM	100m M		
4:05 PM	800m W	4:00 PM	Javelin W
4:15 PM	800m M		Shot Put M
4:25 PM	400m Hurdles W		Triple Jump M
4:35 PM	400m Hurdles M		Pole Vault W
4:40 PM	200m W		
4:50 PM	200m M		
5:00 PM	5000m W		
5:30 PM	5000m M		
5:50 PM	4x400m Relay W		
5:55 PM	4x400m Relay M		