



71st Annual Chino Relays

Fast times and high marks! It's time to set those qualifying marks in the **shuttle hurdle relays, SMR (2-2-4-8), DMR (12-4-8-16)**, and other top relay races. This year we will have an **Open 400m** and **Invite 400m**. We will be running **double pits and rings** for field events.

WHEN: **Saturday, March 21st, 2020**

WHERE: **Chino High School**

ENTRY INFO: Confirmation of entry (contract) should be Faxed or mailed to Chino High School. The fees for the meet will be **\$400** for both boys and girls teams or **\$200** for boys or girls team only. **\$150** for "B" team. ***Please do not hesitate as the entries are based on a first come, first served basis and full team fees paid after February 1st is \$425.***

MEET DIRECTOR: **Jessica Parrell- Chino High School**
Jessica_parrell@chino.k12.ca.us
(Subject: Chino Relays 2020)

Make checks payable to: Chino Relays

Mail checks to: Chino High School
5472 Park Place
Chino, CA 91710
Attn: Jessica Parrell

Time: Stadium opens to teams at 7:00 a.m.
Coaches meeting at 8:00 a.m.
Field events begin at 8:30 a.m.
Running events begin at 9:00 a.m.

Running Events Schedule 9:00 a.m.

Race #	Event	Division	Boys/Girls
1	4x100 Hurdles	2	Girls
2	4x100 Hurdles	1	Girls
3	4x110 Hurdles	2	Boys
4	4x110 Hurdles	1	Boys
5	Open 400m	BOTH	Girls
6	Open 400m	BOTH	Boys
7	Invite 400m	INVITE	Girls
8	Invite 400m	INVITE	Boys
9	4x1600	BOTH	Boys
10	4x200	2	Boys
11	4x200	1	Boys
12	4x200	2	Girls
13	4x200	1	Girls
14	4x1600	BOTH	Girls
15	SMR (2-2-4-8)	2	Boys
16	SMR (2-2-4-8)	1	Boys
17	SMR (2-2-4-8)	2	Girls
18	SMR (2-2-4-8)	1	Girls
19	4x800	2	Girls
20	4x800	1	Girls
21	4x800	2	Boys
22	4x800	1	Boys
23	4x100	2	Girls
24	4x100	1	Girls
25	4x100	2	Boys
26	4x100	1	Boys
27	DMR (12-4-8-16)	BOTH	Girls
28	DMR (12-4-8-16)	BOTH	Boys
29	4x400	2	Girls
30	4x400	1	Girls
31	4x400	2	Boys
32	4x400	1	Boys
33	Throwers Relay	2	Girls
34	Throwers Relay	1	Girls
35	Throwers Relay	2	Boys
36	Throwers Relay	1	Boys

NOTE: We will progress the meet as rapidly as possible.

No gum or food on the infield or on the track (this is imperative).

Field Events Schedule 8:30 a.m.

POLE VAULT

8:30 a.m.	North Pit: Boys	Div 2	South Pit: Boys	Div 1
11:00 a.m.	North Pit: Girls	Div 2	South Pit: Girls	Div 1

HIGH JUMP

8:30 a.m.	Girls Div 2
10:00 a.m.	Girls Div 1
11:30 a.m.	Boys Div 2
1:00 p.m.	Boys Div 1

LONG JUMP

8:30-9:30 a.m.	North Pit: Boys	Div 1	South Pit: Girls	Div 1
10:00-11:00 a.m.	North Pit: Boys	Div 2	South Pit: Girls	Div 2

TRIPLE JUMP

12:00- 1:00 p.m.	North Pit: Boys	Div 1	South Pit: Girls	Div 1
1:30-2:30 p.m.	North Pit: Boys	Div 2	South Pit: Girls	Div 2

SHOT PUT

8:30-10:00 a.m.	North Ring: Boys	Div 1	South Pit: Girls	Div 2
10:30-12 noon	North Ring: Boys	Div 2	South Pit: Girls	Div 1

DISCUS

8:30-10:00 a.m.	North Ring: Boys	Div 2	South Pit: Girls	Div 1
10:30-12 noon	North Ring: Boys	Div 1	South Pit: Girls	Div 2

NOTE: The High Jump and Pole Vault bar will not be lowered once they are at a new height. We will utilize the "FIVE ALIVE" system of competition.

Field events are scored from total distances or height of the entrants **combined** (their single best effort for each of the 3 athletes). A one-minute rule exists and will be enforced on all field event athletes. It is the athletes' responsibility to report to all events at proper times in order to compete. Make officials aware if you are competing in several events at one time.

Chino Relays Awards

MEDALS: Awarded to top 4 divisional teams per race and field event (girls and boys); top 6 individuals in open 400m and invite 400m (girls and boys).

TEAM TROPHYS: Team trophy award to 1st place girls and boys team in each division

BEST FIELD ATHLETE: As a tribute to Ray “Grandpa” Ortiz who began the Chino Relays 71 years ago, we want to honor him and his love for field events by having all coaches nominate the field athlete of your choice to receive the **Best Field Athlete of the Meet for Girl and Boy**. Each Girl and Boy that competes in a field event will have the chance to win this precious award.