

Meet Information

Track Championship Event details:

The following list shows:

1. The event that will be run in black
 2. The number of participants a school can enter per event in **red** (right after the event)
 3. The number of heats that we will run per event.
 4. The event also shows the number of medals that will be awarded for each event.
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- **4 x 100 - Relay 1 team of Boys and 1 team of Girls.**
**Top 3 times time will medal*
 - **1600m Boys - 5 entries**
**Top 3 times will medal*
 - **400m - 4 boys and 4 girls entries (3 heats)**
**Top 3 times from the heats will medal*
 - **100m - 4 boys and 4 girls entries (3 heats)**
**Top 3 times from the heats will medal*
 - **4x200 - Relay 1 team of Boys and 1 team of Girls.**
** Top 3 times will medal*
 - **800m - 5 boys and 5 girls entries (2 heats)**
** Top 3 times will medal*
 - **200m - 4 boys and 4 girls entries (3 heats)**
** Top 3 times will medal*
 - **1600m Girls - 5 entries**
** Top 3 times will medal*
 - **4 x 400 - Relay 1 team of Boys and 1 team of Girls.**
** Top 3 times will medal*
 - **Long Jump: 4 boys and 4 girls**
Qualifying distance: 12' for girls and 14' for boys
Top 3 jumps medal

Order of Events - Championship:

- Girls will go first in events, except for the 1600m which will book end the start and end of meet.
 - Meet start time is 4:30 pm and there is no specific time schedule, athletes and coaches must pay attention to first and second calls for events.
 - Long jump pits open at 4:00 pm for practice runs.
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- **4 x 100 Relay Girls**
 - **4 x 100 Relay Boys**
 - **1600m Boys**
 - **400m Girls**
 - **400m Boys**
 - **100m Girls**
 - **100m Boys**
 - **4x200 Relay Girls**
 - **4x200 Relay Boys**
 - **800m Girls**
 - **800m Boys**
 - **200m Girls**
 - **200m Boys**
 - **1600m Girls**
 - **4 x 400 Relay Girls**
 - **4 x 400 Relay Boys**
 - **4 x 400 Relay Girls**
 - **4 x 400 Relay Boys**