

Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Girls 100 Meter Dash VAR**

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Meet Record: * 11.37	1994	Lakeisha Backus, Woodrow Wilson High
Name	Year School	Finals Wind H#

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Finals

1	Chrystal Aluya	11	Valencia (Pl)	12.07	0.8	1
2	Jordyn Grady	10	Upland	12.11	0.8	1
3	Tessa Green	12	Santa Margarita	12.16	0.8	1
4	Kaitlyn Williams	11	Carson	12.32	0.8	1
5	Ryan Lacefield	11	Carson	12.42	-0.5	2
6	Danyiel Appling	12	Etiwanda	12.43	-0.5	2 12.426
7	Adepeju Bamiro	12	Leuzinger	12.43	0.8	1 12.429
8	Jenesis Sanford	12	Muir	12.47	0.8	1
9	Janae O'Neal	11	Quartz Hill	12.48	2.1	3
10	Iman Babineaux	11	Quartz Hill	12.52	2.1	3
11	Ashley Miller	11	Paramount	12.55	0.8	1
12	Amber Autrey	10	Redondo Union	12.57	0.8	1
13	Alyssa Mercado	12	Ontario	12.66	-0.5	2
14	Jillian Hewett	11	Maranatha Christian	12.68	0.6	4
15	Julia Ausland	10	Redondo Union	12.70	-0.5	2
16	Caelyn Harris	9	Upland	12.76	0.8	1 12.755
17	Rayne Anwar	12	Capo Valley	12.76	-0.5	2 12.758
18	Lauren Mc Bride	9	Ayala	12.77	0.6	4
19	Susie Fowler	11	Hamilton -la	12.79	2.1	3
20	Sidney O'Donnell	12	Mission Hills	12.81	2.1	3
21	Hayley Cloward	11	La Mirada	12.82	2.1	3 12.813
22	Cori Hoffer	11	Edison -ss	12.82	-0.5	2 12.818
23	Olivia Guida	11	Santa Margarita	12.86	0.6	4
24	Ella Dartez	10	Laguna Beach	12.88	0.6	4 12.872
25	Julia Smith	12	Yucaipa	12.88	2.1	3 12.879
26	Jordyn Everett	12	Upland	12.89	2.1	3 12.881
27	Aryianna Faircloth	12	Magnolia	12.89	0.6	4 12.885
28	Jordyn Gather	11	Jserra	12.91	-0.5	2 12.906
29	Makena Eddy	11	Santa Margarita	12.91	0.6	4 12.910
30	Phylicia Valdez	11	Ayala	13.04	0.6	4
31	Rukiyyah Johnson	11	Etiwanda	13.06	2.1	3
32	Serenity Moore	11	El Toro	13.07	0.6	4
33	Jordyn Tamani	11	El Toro	13.14	0.8	5
34	Danicca Vidanes	10	Bishop Amat	13.23	0.8	5
35	Alieza Vargas Deason	11	Katella	13.26	0.8	5 13.251
36	Madeline Metzдорff	12	Trabuco Hills	13.26	1.2	6 13.252
37	Desiree Hansford	11	Carson	13.28	0.8	5
38	Jourdan Murphy	11	Carson	13.37	0.8	5
39	Nicole Williams	12	Trabuco Hills	13.49	1.2	6
40	Paetyn Allen	11	Edison -ss	13.50	0.8	5
41	Noel Kratz	10	Capo Valley	13.51	1.2	6
42	Emily Lam	11	Sage Hill	13.59	1.5	8
43	Mykah Bisson	11	Linfield	13.64	1.2	6
44	Harley Edwards	10	Trabuco Hills	13.66	1.2	6
45	Riley Russo	11	Laguna Beach	13.69	0.1	7
46	Anabella Sena	11	Bishop Amat	13.70	0.8	5



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47	Audrey Candia	11	Warren	13.89	0.1	7
48	Payton Belle	12	Linfield	13.91	1.2	6
49	Treneisha Sherman	12	Redondo Union	13.97	0.1	7
50	Daniella Arellano	11	Western	13.99	1.2	6
51	Daniela Vilorio	11	Warren	14.06	0.1	7
52	Camryn Gregory	11	Capo Valley	14.09	0.1	7
53	Amy Fabrizio	12	Capo Valley	14.10	1.5	8
54	Amanda Cadoura	12	Rancho Alamitos	14.13	1.5	8
55	Breze Sloan	12	Hamilton -la	14.32	1.5	8
56	Tyra Bevins	11	Hamilton -la	14.38	0.1	7
57	Evelyn Tapia	11	Rancho Alamitos	14.53	1.5	8
58	Tomatie Johnson	11	Quartz Hill	15.39	1.5	8

Girls 200 Meter Dash VAR

Meet Record: * 23.78 2002		Sholanda Solomon, Long Beach Poly				
Name	Year	School	Finals	Wind	H#	
1	Chrystal Aluya	11	Valencia (Pl)	24.72	1.0	1
2	Tessa Green	12	Santa Margarita	24.89	1.0	1
3	Ryan Lacefield	11	Carson	25.22	1.5	2
4	Kaitlyn Williams	11	Carson	25.45	1.0	1
5	Cienna Norman-Thomas	10	Citrus Valley	25.59	1.0	1
6	Alyssa Mercado	12	Ontario	25.62	1.0	1
7	Eve Divinity	9	Redondo Union	25.64	1.5	2
8	Ashley Miller	11	Paramount	25.83	1.5	2
9	Julia Ausland	10	Redondo Union	25.86	1.0	1
10	Juliana Anuakpado	12	Valencia (V)	25.87	1.5	2
11	Jillian Hewett	11	Maranatha Christian	25.92	1.5	2
12	Amber Autrey	10	Redondo Union	25.94	1.2	3
13	Amari Turner	12	Redondo Union	25.99	1.5	2
14	Citlalli Anguiano	12	La Mirada	26.13	1.2	3
15	Myah Brown	11	Citrus Valley	26.18	1.0	1
16	Cori Hoffer	11	Edison -ss	26.22	1.0	1
17	Hayley Cloward	11	La Mirada	26.36	1.2	3
18	Jordyn Gather	11	Jserra	26.42	1.5	2
19	Isabella Greco	11	Hart	26.47	1.2	3
20	Taylor Quaye	11	Redondo Union	26.58	2.3	4
21	Lauren Mc Bride	9	Ayala	26.61	1.2	3
22	Makena Eddy	11	Santa Margarita	26.70	1.2	3
23	Jordyn Everett	12	Upland	26.72	2.3	4
24	Rayne Anwar	12	Capo Valley	26.76	1.0	1
25	Sidney O'Donnell	12	Mission Hills	26.82	2.3	4
26	Serenity Moore	11	El Toro	27.11	2.3	4
27	Susie Fowler	11	Hamilton -la	27.20	1.2	3
28	Jordyn Tamani	11	El Toro	27.22	2.3	4
29	Jada Love	11	Carson	27.27	1.2	7
30	Nicole Williams	12	Trabuco Hills	27.30	1.8	6
31	Alieza Vargas Deason	11	Katella	27.61	1.2	5
32	Maya Rodriguez	10	Bishop Amat	27.74	1.2	5



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33 Ashley Trout	11 Ayala	27.75	2.3	4
34 Desiree Hansford	11 Carson	27.83	1.8	6
35 Shannel Holt	12 Laguna Hills	27.90	1.8	6
36 Paetyn Allen	11 Edison -ss	28.00	2.3	4
37 Breck Hart	11 Edison -ss	28.18	1.8	6
38 Audrey Candia	11 Warren	28.39	1.8	6
39 Noel Kratz	10 Capo Valley	28.98	1.2	7
40 Amanda Cadoura	12 Rancho Alamitos	29.11	1.8	6
41 Treneisha Sherman	12 Redondo Union	29.39	1.2	5
42 Amy Fabrizio	12 Capo Valley	29.43	1.2	7
43 Annaya Hayes	12 Hamilton -la	29.48	1.2	5
44 Daniela Vilorio	11 Warren	29.50	1.2	7
45 Daisy Rodriguez	12 Warren	30.12	1.2	7
46 Evelyn Tapia	11 Rancho Alamitos	30.77	1.4	8
47 Tomatie Johnson	11 Quartz Hill	32.09	1.4	8

Girls 400 Meter Dash VAR

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Meet Record: * 53.95 2008 Jasmine Joseph, Long Beach Poly				
Name	Year	School	Finals	H#
=====				
1 Lauren Memoly	10	Santa Margarita	55.85	1
2 Cienna Norman-Thomas	10	Citrus Valley	56.62	1
3 Milana Malec	12	Woodbridge	56.69	1
4 Ryan Lacefield	11	Carson	56.93	1
5 Simran Malhotra	12	Woodbridge	58.44	1
6 Sarah Collier	11	Quartz Hill	59.24	3
7 Jillian Hewett	11	Maranatha Christian	59.33	2
8 Emily Waller	10	Woodbridge	59.66	1
9 Kerrington Smith	11	Upland	1:00.07	2
10 Myah Brown	11	Citrus Valley	1:00.09	1
11 Isabella Greco	11	Hart	1:00.24	1
12 Juliana Anuakpado	12	Valencia (V)	1:00.55	2
13 Chana Solomon-Jackson	12	Etiwanda	1:00.68	2
14 Sydney McCord	12	Sage Hill	1:00.83	2
15 Toni John	9	Woodbridge	1:01.64	2
16 Tami John	11	Woodbridge	1:01.79	3
17 Maya Rodriguez	10	Bishop Amat	1:02.04	2
18 Eve Divinity	9	Redondo Union	1:02.61	1
19 Angela Rubio	10	Quartz Hill	1:02.70	3
20 Jada Love	11	Carson	1:03.12	3
21 Ashley Miller	11	Paramount	1:03.66	2
22 Ashley Trout	11	Ayala	1:04.20	3
23 Taylor Quayle	11	Redondo Union	1:05.09	4
24 Breck Hart	11	Edison -ss	1:05.80	3
25 Paola Gamez	12	Katella	1:05.99	4
26 Devyn Cope	12	Linfield	1:06.61	3
27 Janelle Santos	9	Bishop Amat	1:06.70	3
28 Mariam Masud	12	Woodbridge	1:07.01	4
29 Annaya Hayes	12	Hamilton -la	1:07.17	4



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30	Amanda Cadoura	12	Rancho Alamitos	1:07.48	4
31	Daisy Rodriguez	12	Warren	1:07.96	4
32	Evelyn Tapia	11	Rancho Alamitos	1:15.64	4

Girls 100 Meter Hurdles VAR

Meet Record: * 14.18 3/31/2018 Jada Hicks, Upland

Name	Year	School	Finals	Wind	H#
1 Caelyn Harris	9	Upland	15.10	0.1	1
2 Kiana Stradford	11	Trabuco Hills	15.39	0.1	1 15.382
3 Citlalli Anguiano	12	La Mirada	15.39	0.1	1 15.387
4 Maya Occiano	12	Mission Hills	15.93	0.1	1
5 Arianna Gonzalez	10	Ayala	16.01	0.1	1
6 Isabella Ales	11	Troy	16.20	0.1	1
7 Megan Weiss	11	Edison -ss	16.69	0.1	1
8 DeMia January	11	Upland	16.83	0.1	1
9 Brianna Kelpis	11	Quartz Hill	16.86	0.4	3 16.855
10 Sophia Morris	11	Santa Margarita	16.86	0.8	2 16.860
11 Mya Huetter	11	Capo Valley	17.24	0.8	2
12 Ajah Anderson	10	Upland	17.29	0.1	1
13 Lauren Simon	10	Redondo Union	17.54	0.8	2
14 Jessica Elizalde-Rendon	11	Santa Margarita	17.76	0.8	2
15 Summer McNeal	10	Bishop Amat	17.81	0.8	2
16 Mia Fong	11	Redondo Union	18.40	0.8	2
17 Shannon Stolaruk	10	Edison -ss	18.70	0.4	3
18 Sulika Ili	11	Bishop Amat	19.49	0.4	3
19 Jessica Park	12	Bishop Amat	20.08	-0.6	4
20 Daniela Vilorio	11	Warren	20.34	0.4	3
21 Kayli Sergott	12	Katella	22.98	-0.6	4
22 Natalia Pila	12	Rancho Alamitos	24.08	-0.6	4
-- Britnie Ho	12	Rancho Alamitos	DNF	-0.6	4

Girls 300 Meter Hurdles VAR

Meet Record: * 42.55 2014 Ebony Crear, Poly (LB)

Name	Year	School	Finals	H#
1 Jordyn Grady	10	Upland	43.98	1
2 Maya Occiano	12	Mission Hills	44.79	1
3 DeMia January	11	Upland	44.91	1
4 Isabella Ales	11	Troy	45.35	1
5 Ajah Anderson	10	Upland	46.77	1
6 Sophia Morris	11	Santa Margarita	46.78	2
7 Arianna Gonzalez	10	Ayala	47.20	1
8 Sandris Ejede	11	Citrus Valley	47.86	1
9 Mya Huetter	11	Capo Valley	47.91	2
10 Kennedy Porter	10	Etiwanda	48.11	1
11 Mia Fong	11	Redondo Union	48.19	1
12 Jessica Elizalde-Rendon	11	Santa Margarita	48.36	2



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls 300 Meter Hurdles VAR**

13 Kaitlin Handler	12 Trabuco Hills	49.18	2
14 Grace Jordan	11 Pacifica Chr	49.50	2
15 Lauren Simon	10 Redondo Union	49.68	2
16 Shannon Stolaruk	10 Edison -ss	50.49	3
17 Megan Weiss	11 Edison -ss	51.72	3
18 Madeline Metzдорff	12 Trabuco Hills	51.83	2
19 Julia Smith	12 Yucaipa	52.73	2
20 Audriana Carrillo	12 Laguna Hills	53.00	3
21 Jessica Park	12 Bishop Amat	53.49	3
22 Bree Christopher	11 Citrus Valley	53.64	2
23 Brookie Harris	12 Laguna Hills	54.52	3
24 Hannah Isa	12 Trabuco Hills	55.43	3
25 Sulika Ili	11 Bishop Amat	55.96	3
26 Kayli Sergott	12 Katella	56.64	3
27 Dorothy Dade	11 Capo Valley	59.27	4
28 Britnie Ho	12 Rancho Alamitos	1:05.90	4
29 Natalia Pila	12 Rancho Alamitos	1:11.43	4

Girls 4x100 Meter Relay VAR

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Meet Record: * 46.14	2011	Long Beach Poly, Long Beach Poly
School		Finals H#

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1 Leuzinger	47.63	1
2 Redondo Union	47.72	1
3 Upland	48.01	1
4 Santa Margarita	48.02	1
5 Citrus Valley	49.01	1
6 Etiwanda	49.20	1
7 Mission Hills	49.97	1
8 Laguna Beach	50.59	2
9 Bishop Amat	51.63	2
10 Capo Valley	52.73	2
11 Laguna Hills	54.36	1
-- Trabuco Hills	DQ	2

Girls 4x400 Meter Relay VAR

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Meet Record: * 3:45.45	2005	Rancho Cucumonga, Rancho Cu
School		Finals

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1 Quartz Hill	3:53.81
2 Citrus Valley	3:54.57
3 Upland	4:01.24
4 Leuzinger	4:02.15
5 Redondo Union	4:22.81
6 Redondo Union 'B'	4:23.73
7 Mission Hills	4:30.12



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Girls Distance Medley 12-4-8-16 VAR**

School	Finals
1 Trabuco Hills	12:42.29
2 Bishop Amat	12:55.36
3 Pacifica (Gg)	14:01.64

Girls High Jump D.Montgomery VAR

Meet Record: * 6-02 2003 Sharon Day, Costa Mesa High S									
Name	Year	School	Finals						
1 Jolie Robinson	12	Capo Valley	5-05.00						
4-04 4-06 4-08 4-10 5-00 5-02 5-04 5-05 5-06									
P P P O O O XO XXO XXX									
2 Chiamaka Ikejiofor	12	Downey -ss	5-02.00						
4-04 4-06 4-08 4-10 5-00 5-02 5-04									
P O P O XO XXO XXX									
3 Hanna Bevan	12	Trabuco Hills	5-00.00						
4-04 4-06 4-08 4-10 5-00 5-02									
P P P O O XXX									
4 Jenna Walsh	10	Trabuco Hills	5-00.00						
4-04 4-06 4-08 4-10 5-00 5-02									
P P O XO O XXX									
5 Aaliyah Mendoza	11	Etiwanda	5-00.00						
4-04 4-06 4-08 4-10 5-00 5-02									
P P O O XO XXX									
6 Ajah Anderson	10	Upland	5-00.00						
4-04 4-06 4-08 4-10 5-00 5-02									
P P P O XXO XXX									
7 Arianna Gonzalez	10	Ayala	4-10.00						
4-04 4-06 4-08 4-10 5-00									
P P O O XXX									
8 Devyn Cope	12	Linfield	4-10.00						
4-04 4-06 4-08 4-10 5-00									
P O XO O XXX									
9 Taylor Try	10	Edison -ss	4-10.00						
4-04 4-06 4-08 4-10 5-00									
XO O O XO XXX									
10 Breck Hart	11	Edison -ss	4-10.00						
4-04 4-06 4-08 4-10 5-00									
P O O XXO XXX									
11 Katie Bennyworth	12	Edison -ss	4-08.00						
4-04 4-06 4-08 4-10									
P XO O XXX									
12 Lindsey Gray	9	Edison -ss	4-08.00						
4-04 4-06 4-08 4-10									
O O XXO XXX									
13 Erin Biddiscombe	11	Santa Margarita	4-06.00						
4-04 4-06 4-08									
XO O XXX									



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019

Trabuco Hills HS

Results

....Girls High Jump D.Montgomery VAR

14 Sidney Saito	10 Edison -ss	4-04.00
4-04 4-06		
XO XXX		
-- Mia Conti	11 Jserra	NH
4-04		
XXX		
-- Brianna Kelpis	11 Quartz Hill	NH
4-04 4-06 4-08 4-10		
P P P XXX		

Girls Pole Vault VAR

Meet Record: * 13-07 4/2/2016 Kaitlyn Merritt, Santa Margar												
Name		Year School					Finals					
=====												
1	Amari Turner	12 Redondo Union					12-06.00					
	7-03 8-00 8-06 9-00 9-06 10-00 10-06 11-03 12-00 12-06 13-00											
	P P P P P P P P O O XO XXX											
2	Nathalie Barnes	10 Santa Margarita					10-00.00					
	7-03 8-00 8-06 9-00 9-06 10-00 10-06											
	P P O O O O XXX											
3	Dylan Beveridge	10 Aliso Niguel					10-00.00					
	7-03 8-00 8-06 9-00 9-06 10-00 10-06											
	P P P P O XXO XXX											
4	Zoi Meaders	11 Chino Hills					9-06.00					
	7-03 8-00 8-06 9-00 9-06 10-00											
	P P P XO O XXX											
5	Ivie Sanchez	12 Valencia (V)					9-06.00					
	7-03 8-00 8-06 9-00 9-06 10-00											
	P P O O XO XXX											
6	Jessica Deutsch	12 Capo Valley					9-06.00					
	7-03 8-00 8-06 9-00 9-06 10-00											
	P P P O XXO XXX											
7	Madison Anderson	12 Aliso Niguel					9-00.00					
	7-03 8-00 8-06 9-00 9-06											
	P P XXO O XXX											
8	Isabelle Esparza	11 Upland					9-00.00					
	7-03 8-00 8-06 9-00 9-06											
	P P P XO XXX											
9	Morgan Yee	11 Trabuco Hills					9-00.00					
	7-03 8-00 8-06 9-00 9-06											
	P P P XXO XXX											
10	Tayler Northrup	11 Trabuco Hills					9-00.00					
	7-03 8-00 8-06 9-00 9-06											
	P O XO XXO XXX											
11	Ashley Hagihara	11 El Toro					8-06.00					
	7-03 8-00 8-06 9-00											
	P P O XXX											



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Pole Vault VAR**

12 Lauren Asher	12 Quartz Hill	8-06.00
7-03 8-00 8-06 9-00		
XO O O XXX		
12 Marika DiGiacomo	11 Valencia (V)	8-06.00
7-03 8-00 8-06 9-00		
XO O O XXX		
14 Sydney Cheng	12 Capo Valley	8-06.00
7-03 8-00 8-06 9-00		
O XXO O XXX		
-- Jordan Gerovac	12 Valencia (V)	NH
7-03 8-00		
P XXX		
-- Mia Tovar	12 Upland	NH
7-03		
XXX		
-- Daisy Ramirez	12 Upland	NH
7-03		
XXX		
-- Shaelyn Tom	10 Brea Olinda	NH
7-03 8-00 8-06		
P P XXX		

Girls Long Jump VAR

Meet Record: * 19-04 1995 Pam Simpson, Long Beach Poly

Name	Year	School	Finals	Wind	H#
------	------	--------	--------	------	----

1 Caelyn Harris	9 Upland	19-11.00*	+0.0	4
FOUL(+0.0) 19-09(0.4) 18-00.50(+0.0) FOUL(+0.0) 19-11(+0.0) FOUL(+0.0)				
2 Mahkaia Lee	12 Redondo Union	19-09.50*	+0.0	4
FOUL(+0.0) 19-00(+0.0) FOUL(+0.0) 17-06.50(+0.0) 19-01(+0.0) 19-09.50(+0.0)				
3 Lauren Memoly	10 Santa Margarita	18-08.50	+0.0	3
17-11(+0.0) 17-02.50(+0.0) 18-03(1.3) 17-08(0.7) 18-03.25(+0.0) 18-08.50(+0.0)				
4 Indiah Turner	12 Carson	18-03.00	+0.0	4
18-03(+0.0) 18-01(+0.0) FOUL(+0.0) FOUL(+0.0) 17-11.50(+0.0) FOUL(+0.0)				
5 Jolie Robinson	12 Capo Valley	18-02.50	+0.0	4
17-11.50(+0.0) FOUL(+0.0) 17-01.50(1.1) 1-04(0.9) 18-02.50(+0.0) FOUL(+0.0)				
6 Kaitlyn Williams	11 Carson	17-04.00	+0.0	4
16-11(+0.0) FOUL(+0.0) FOUL(+0.0) 15-09.50(+0.0) 17-04(+0.0) 17-02.50(+0.0)				
7 Julia Smith	12 Yucaipa	16-11.75	0.8	4
FOUL(+0.0) FOUL(+0.0) 16-11.75(0.8) 13-11.50(+0.0) FOUL(+0.0) FOUL(+0.0)				
8 Arriyon White	12 Downey -ss	16-10.50	0.1	3
FOUL(+0.0) FOUL(+0.0) 16-10.50(0.1) 16-05.50(+0.0) 16-03.25(+0.0) 16-00(+0.0)				
9 Eve Divinity	9 Redondo Union	16-09.00	+0.0	4
12-09.50(+0.0) 16-06(1.5) 16-09(+0.0)				
10 Jourdan Murphy	11 Carson	16-06.00	+0.0	4
16-06(+0.0) FOUL(+0.0) FOUL(+0.0)				
11 Aryianna Faircloth	12 Magnolia	16-05.50	+0.0	4
16-05.50(+0.0) 15-10.50(+0.0) 15-09(+0.0) 16-05.50(1.5) 16-00.75(+0.0) 16-00(+0.0)				



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Long Jump VAR**

12 Elizabeth Jezek	11 Mission Viejo	16-04.50	+0.0	4
16-04.50(+0.0)	16-00(0.7)	15-11(+0.0)		
13 Tirah Timms	11 Carson	16-01.50	+0.0	3
FOUL(+0.0)	16-01.50(+0.0)	FOUL(+0.0)		
14 Bianca Pedrani	11 El Toro	15-10.00	+0.0	3
14-11(+0.0)	13-09(+0.0)	15-10(+0.0)		
15 Cristina Martinez	10 Bishop Amat	15-07.00	+0.0	3
FOUL(+0.0)	15-05(1.0)	15-07(+0.0)		
16 Hannah Forest	10 Edison -ss	15-07.00	+0.0	3
15-03(+0.0)	14-03(+0.0)	15-07(+0.0)		
17 Holly Meacham	12 Linfield	15-06.00	+0.0	3
15-06(+0.0)	15-01(+0.0)	FOUL(+0.0)		
18 Julia Kupfert	12 El Toro	15-05.00	+0.0	3
15-05(+0.0)	15-04(+0.0)	14-06.50(+0.0)		
19 Eva Valinsky	11 Edison -ss	15-03.50	+0.0	2
15-03.50(+0.0)	FOUL(+0.0)	FOUL(+0.0)		
20 Erin Biddiscombe	11 Santa Margarita	15-02.75	+0.0	2
13-10(+0.0)	15-02.75(+0.0)	14-02(+0.0)		
21 Saturnina Torrellas	10 Edison -ss	15-01.50	0.5	2
FOUL(+0.0)	15-01.50(0.5)	14-05(+0.0)		
22 Emily Lam	11 Sage Hill	14-08.75	+0.0	2
14-04.50(+0.0)	14-03.25(+0.0)	14-08.75(+0.0)		
23 Brooklyn Robinson	11 Western	14-08.50	+0.0	1
12-01.50(+0.0)	14-06(+0.0)	14-08.50(+0.0)		
24 Arely Macedo	11 Downey -ss	14-08.50	+0.0	3
14-08.50(+0.0)	FOUL(+0.0)	12-08(+0.0)		
25 Sarah Keough	11 Edison -ss	13-09.50	+0.0	3
FOUL(+0.0)	FOUL(+0.0)	13-09.50(+0.0)		
26 Britnie Ho	12 Rancho Alamitos	13-05.00	+0.0	2
13-04(+0.0)	12-05.50(+0.0)	13-05(+0.0)		
27 Laura Freeman	12 La Mirada	13-03.50	+0.0	2
FOUL(+0.0)	13-03.50(+0.0)	FOUL(+0.0)		
28 Christy Winegarner	9 Pacifica (Gg)	13-02.50	+0.0	2
12-08(+0.0)	13-01.50(+0.0)	13-02.50(+0.0)		
29 Emma Robertson	11 Capo Valley	13-01.00	+0.0	1
13-01(+0.0)	FOUL(+0.0)	12-03(+0.0)		
30 Merrill Pretorious	12 Capo Valley	13-00.00	+0.0	1
13-00(+0.0)	11-11(+0.0)	FOUL(+0.0)		
31 Marisol Carillo	11 Rancho Alamitos	12-10.50	+0.0	1
12-10.50(+0.0)	11-04(+0.0)	FOUL(+0.0)		
32 Sofia Flores	12 Katella	12-08.75	+0.0	1
FOUL(+0.0)	12-08.75(+0.0)	12-06(+0.0)		
33 Ashley Prillerman	11 Linfield	12-06.50	+0.0	1
FOUL(+0.0)	10-00.25(+0.0)	12-06.50(+0.0)		
34 River Anwar	11 Capo Valley	12-02.75	+0.0	1
12-02.75(+0.0)	11-01.25(+0.0)	11-01(+0.0)		
35 Tyra Bevins	11 Hamilton -la	12-02.00	+0.0	2
11-11(+0.0)	11-08.50(+0.0)	12-02(+0.0)		
36 Kate Guerrero	10 Pacifica (Gg)	12-00.00	+0.0	1
12-00(+0.0)	12-00(+0.0)	FOUL(+0.0)		



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Long Jump VAR**

37	Brooke Mezak	11	Capo Valley	11-09.25	+0.0	2
	11-09.25(+0.0) FOUL(+0.0) 11-01.50(+0.0)					
38	Camryn Gregory	11	Capo Valley	11-09.00	+0.0	2
	FOUL(+0.0) 11-09(+0.0) 11-04(+0.0)					
39	Alejandra Suarez	11	Rancho Alamitos	11-03.00	+0.0	1
	11-03(+0.0) FOUL(+0.0) 10-02.25(+0.0)					
--	Kamryn Hughes	9	Citrus Valley	FOUL		3
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					

Girls Triple Jump VAR

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Meet Record: * 41-02 3/31/2018 Micah Fulton, Muir

Name	Year	School	Finals	Wind	H#
1 Kerrington Smith	11	Upland	40-00.00	+0.0	2
	37-03(+0.0) 38-03(2.3) 37-09(2.1) 39-00(+0.0) 39-07(+0.0) 40-00(+0.0)				
2 Arrieya Harper	11	Carson	37-10.50	0.1	2
	37-10.50(0.1) 37-03(+0.0) FOUL(+0.0) FOUL(+0.0) 36-02(+0.0) FOUL(+0.0)				
3 Indiah Turner	12	Carson	37-04.50	+0.0	2
	FOUL(+0.0) 35-01(+0.0) FOUL(+0.0) 37-04.50(+0.0) FOUL(+0.0) FOUL(+0.0)				
4 Jolie Robinson	12	Capo Valley	36-09.00	+0.0	2
	35-00.50(+0.0) 35-09(+0.0) 36-09(+0.0) FOUL(+0.0) 35-05.50(+0.0) 35-03.50(+0.0)				
5 Justina Graham	11	Carson	36-05.00	+0.0	2
	33-01(+0.0) 33-11(0.4) FOUL(+0.0) FOUL(+0.0) FOUL(+0.0) 36-05(+0.0)				
6 Tirah Timms	11	Carson	35-11.00	+0.0	2
	FOUL(+0.0) 34-11(0.7) 35-11(+0.0) 35-11(+0.0) FOUL(+0.0) FOUL(+0.0)				
7 Jourdan Murphy	11	Carson	35-10.00	+0.0	2
	35-06(1.0) 35-06(+0.0) 32-01(+0.0) 35-10(+0.0) 35-03.50(+0.0) FOUL(+0.0)				
8 Arely Macedo	11	Downey -ss	33-04.00	0.1	1
	33-04(0.1) 30-02(0.1) 28-00(0.4)				
9 Julia Smith	12	Yucaipa	32-07.00	+0.0	2
	28-00.50(0.3) 32-07(+0.0) FOUL(+0.0) 31-06.50(+0.0) FOUL(+0.0) 32-01(+0.0)				
10 Mahkaia Lee	12	Redondo Union	32-07.00	+0.0	2
	FOUL(+0.0) 32-07(+0.0) FOUL(+0.0)				
11 Holly Meacham	12	Linfield	32-04.00	+0.0	2
	FOUL(+0.0) 32-04(+0.0) 32-03(+0.0) 32-04(+0.0) 30-10(+0.0) 31-07(+0.0)				
12 Elizabeth Jezek	11	Mission Viejo	32-01.00	1.5	2
	30-04.50(0.1) FOUL(+0.0) 32-01(1.5)				
13 Bianca Pedrani	11	El Toro	31-10.00	+0.0	2
	FOUL(+0.0) 31-07(0.4) 31-10(+0.0)				
14 Brooklyn Robinson	11	Western	31-04.00	0.4	1
	31-02(0.4) 29-08(0.4) 31-04(0.4)				
15 Kaitlyn Le	12	Katella	31-02.00	0.7	1
	31-02(0.7) 30-00.50(+0.0) 30-05.25(0.3)				
16 Saturnina Torrellas	10	Edison -ss	30-04.50	0.4	1
	27-07.50(0.8) FOUL(+0.0) 30-04.50(0.4)				
17 Laura Freeman	12	La Mirada	30-03.50	0.4	1
	29-06(1.0) 29-04.50(0.8) 30-03.50(0.4)				
18 Ashley Prillerman	11	Linfield	30-00.00	0.1	1
	29-08(+0.0) 30-00(0.1) 28-08(0.4)				



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Triple Jump VAR**

19	Eva Valinsky	11 Edison -ss	29-04.50	0.2	1
	29-04.50(0.2) 28-10(0.1) 29-00(0.4)				
20	Caitlin Sheetz	10 Edison -ss	29-00.50	0.3	1
	28-06(0.2) FOUL(+0.0) 29-00.50(0.3)				
21	Sofia Flores	12 Katella	29-00.00	0.9	1
	29-00(0.9) 28-02(1.2) 27-10(0.3)				
22	Britnie Ho	12 Rancho Alamitos	27-05.50	+0.0	1
	27-05.50(+0.0) 24-11(0.9) 25-00.50(+0.0)				
23	Alejandra Suarez	11 Rancho Alamitos	26-06.00	+0.0	1
	26-06(+0.0) 24-05(+0.0) FOUL(0.4)				
24	Christy Winegarner	9 Pacifica (Gg)	26-05.25	+0.0	1
	25-10.50(0.1) 26-05.25(+0.0) FOUL(+0.0)				
25	Marisol Carillo	11 Rancho Alamitos	26-01.25	+0.0	1
	26-01.25(+0.0) 24-07(0.4) FOUL(+0.0)				
--	Arriyon White	12 Downey -ss	FOUL		2
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)				

Girls Shot Put Suzanne Linn VAR

=====					
Meet Record: * 53-03.50 2014 Stamatia Scarvelis, Dos Pueb					
Name	Year	School	Finals	H#	
=====					
1 Alejandra Rosales	11	Marina -ss	38-10.00	4	
	34-00 33-03.50 35-05.50 37-11.50 38-03.25 38-10				
2 Kyliegh Wilkerson	12	Trabuco Hills	37-00.00	4	
	37-00 FOUL 36-06 33-02.75 33-03.25 36-11.50				
3 Dayanara Cendejas	10	Warren	36-10.00	4	
	36-10 33-09 34-10 35-10.75 FOUL FOUL				
4 Caitlyn Rayburn	12	Marina -ss	36-04.75	4	
	34-02 36-04.50 36-00 35-02.50 36-04.75 FOUL				
5 Kamalani Carrieria	12	Capo Valley	34-08.50	4	
	34-08.50 34-03 33-07 34-03 34-06.50 33-04				
6 Lanaya Stewart	12	El Camino Real	34-04.50	4	
	32-01 32-03 32-04.50 32-08 34-04.50 31-06.50				
7 Maia Robertson	11	El Camino Real	33-07.00	4	
	32-06.50 31-05 31-08 33-01.25 31-02 33-07				
8 Angellna Escobar	12	Bell Gardens	33-00.00	4	
	31-05.50 28-00 33-00 FOUL FOUL 32-08				
9 Megan Melendez	10	Warren	32-09.50	3	
	30-05.75 28-07.50 32-09.50 30-01.75 FOUL 30-02.50				
10 Faitalia Ah-Fook	11	Warren	32-02.50	3	
	25-05 30-02.25 32-02.50				
11 Mary Agnes Reed	12	Hamilton -la	31-06.00	4	
	30-08 30-06.50 31-06				
12 Angelina Messina	11	Katella	31-06.00	3	
	29-03 30-04.75 31-06				
13 Leslie Martinez	11	Warren	31-00.00	2	
	30-06 29-08.50 31-00				
14 Jennifer Herrera	11	Katella	30-08.50	4	
	29-07 30-08.50 29-05				



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Shot Put Suzanne Linn VAR**

15 Denali Applewhite	11 Upland	30-07.50	2
30-07.50 30-07.50 29-04			
16 Alejandra Contreras	12 Ayala	29-11.75	3
27-11.75 29-08.25 29-11.75			
17 Idalis Amezcua	12 Warren	29-10.50	2
29-07 28-09 29-10.50			
18 Madison Schonberg	11 Redondo Union	29-04.50	2
FOUL 28-06 29-04.50			
19 Destiny Tucker	12 Rubidoux	29-03.00	3
29-03 27-06.50 29-00.25			
20 Zulema Ponce	11 Rubidoux	29-00.75	3
29-00.75 27-10.50 28-11.75			
21 Naomi Nwishi	11 Ayala	28-10.50	3
28-10.50 27-08 27-11.75			
22 Erin Waterman	11 El Toro	28-08.50	3
28-02.75 28-08.50 27-02.75			
23 Serenity Lindemans	12 Edison -ss	28-06.25	3
25-05.75 27-04.75 28-06.25			
24 Brianna Landazuri	12 Ayala	27-10.50	3
27-06.25 2-08 27-10.50			
25 Kaylee Krueger	10 Pacifica (Gg)	27-03.50	2
25-02.50 26-06 27-03.50			
26 Lauryn-Marie Leiato	10 Redondo Union	26-10.00	2
26-10 23-00 26-08			
27 Ruby Padilla	12 Warren	26-08.50	1
26-08.50 26-08.25 26-04.25			
28 Makenzie McCarthy	12 Rubidoux	26-01.50	2
25-02.50 26-01.50 25-05.50			
29 Karissa Parga	11 Ayala	26-00.00	2
26-00 FOUL 24-01.50			
30 Ellette Dunn	12 Quartz Hill	25-11.50	3
23-04.25 25-11.50 22-09.75			
31 Jennifer Wong	11 Ayala	25-06.00	2
24-03.50 24-09 25-06			
32 Kayla Hood	12 Paramount	25-05.50	2
24-09.50 FOUL 25-05.50			
33 Lexy Clark	12 La Mirada	25-05.00	2
23-10 25-05 25-02.50			
34 Naima Hernandez	12 Katella	25-02.25	1
24-00 24-09.25 25-02.25			
35 Kianna Turner	11 El Toro	24-11.00	2
24-11 23-01 FOUL			
36 Jaanai Johnston	11 Pacifica (Gg)	24-10.25	1
24-10.25 23-06.25 24-03.50			
37 Monica Magana	11 Katella	24-10.25	1
24-02.50 23-09.25 24-10.25			
38 Katie Nguyen	11 Pacifica (Gg)	24-07.00	2
24-07 24-03 23-09			
39 Grace Beaty	12 Upland	24-02.00	1
22-09 23-03.25 24-02			



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Shot Put Suzanne Linn VAR**

40	Jillian Stewart	11	Redondo Union	23-10.75	1
	23-10.75 23-05 22-11				
41	Ciara Park	11	Capo Valley	23-05.25	1
	23-05.25 22-09.50 22-08.75				
42	Anh Phan	11	Pacifica (Gg)	22-03.25	1
	21-08.50 20-09.25 22-03.25				
43	Breze Sloan	12	Hamilton -la	21-07.50	1
	21-07.50 21-02.50 21-05				
44	Donna Miranda	12	Katella	20-04.50	1
	20-04.50 19-04.25 19-10.25				

Girls Discus Throw VAR

=====					
Meet Record: * 170-09 1993			Katie Hutchinson, San Clemente		
Name	Year	School	Finals	H#	
=====					
1	Kyliegh Wilkerson	12	Trabuco Hills	138-06	4
1	Alejandra Rosales	11	Marina -ss	137-04	4
2	Faitalia Ah-Fook	11	Warren	119-04	4
3	Megan Melendez	10	Warren	119-00	4
4	Kimberly Reidel	12	El Toro	114-10	4
5	Dayanara Cendejas	10	Warren	112-08	4
6	Caitlyn Rayburn	12	Marina -ss	105-11	4
7	Andrea Woods	12	Mission Viejo	105-07	4
8	Leslie Martinez	11	Warren	105-02	4
9	Kelly White	11	Corona Del Mar	101-03	4
10	Summer McNeal	10	Bishop Amat	100-08	2
11	Angelina Escobar	12	Bell Gardens	100-06	4
12	Ashley Trester	11	Corona Del Mar	99-11	4
13	Riley Hoyes	12	Trabuco Hills	99-07	4
14	Kamalani Carrieria	12	Capo Valley	99-00	3
15	Serenity Lindemans	12	Edison -ss	97-09	3
16	Idalis Amezcua	12	Warren	94-04	4
17	Jennifer Wong	11	Ayala	88-08	3
18	Samantha Clark	12	Quartz Hill	87-07	3
19	Denali Applewhite	11	Upland	86-08	3
20	Kianna Turner	11	El Toro	86-07	3
21	Brianna Landazuri	12	Ayala	86-01	3
22	Lexy Clark	12	La Mirada	85-08	2
23	Katie Nguyen	11	Pacifica (Gg)	83-10	2
24	Jennifer Herrera	11	Katella	82-11	4
25	Ianaya Stewart	12	El Camino Real	82-10	2
26	Naima Hernandez	12	Katella	82-07	2
27	Ellette Dunn	12	Quartz Hill	80-06	2
28	Maia Robertson	11	El Camino Real	79-07	3
29	Alejandra Contreras	12	Ayala	79-00	2
30	Kayla Hood	12	Paramount	78-07	3
31	Madison Schonberg	11	Redondo Union	78-06	1
32	Destiny Tucker	12	Rubidoux	78-01	2
33	Hailey Balogh	12	Capo Valley	72-11	2



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls Discus Throw VAR**

34	Jaanai Johnston	11	Pacifica (Gg)	71-11	2
35	Ruby Padilla	12	Warren	71-08	2
36	Grace Beaty	12	Upland	70-10	1
37	Melia Thompson	12	Edison -ss	70-09	1
38	Zulema Ponce	11	Rubidoux	67-10	2
39	Angelina Messina	11	Katella	66-04	1
40	Makenzie McCarthy	12	Rubidoux	64-08	2
41	Lauryn-Marie Leiato	10	Redondo Union	62-09	1
42	Mary Agnes Reed	12	Hamilton -la	62-02	1
43	Monica Magana	11	Katella	60-08	1
44	Anh Phan	11	Pacifica (Gg)	59-01	1
45	Jillian Stewart	11	Redondo Union	47-05	1
46	Donna Miranda	12	Katella	36-09	1

Girls 100 Meter Dash F/S

=====					
Meet Record: * 12.45 2011		Ally Lynn, San Clemente			
Name	Year	School	Finals	Wind	H#
=====					
1 Eryn Burke	10	Yucaipa	12.78	1.3	1
2 Alex Abreau	9	Yucaipa	12.85	1.3	1
3 Asia Waddy	10	El Toro	13.00	1.3	1
4 Jordyn Burke	10	Yucaipa	13.08	1.3	1
5 Brooke Dalgity	10	Yucaipa	13.10	1.3	1
6 Faith Hastey	10	Linfield	13.16	1.3	1
7 Sabrina Cormie	10	Santa Margarita	13.19	1.3	1
8 Lila Braff	9	Redondo Union	13.20	0.2	2
9 Saela Phillips	10	Redondo Union	13.34	0.9	3 13.334
10 Riley Guy	10	Ayala	13.34	0.2	2 13.336
11 Sierra Snow	9	Linfield	13.35	0.2	2
12 Audrie Mahassel	10	Katella	13.36	1.3	1
13 Lauren Gardiner	10	Hart	13.49	0.2	2
14 Sabrina Boloanos	10	El Toro	13.51	0.9	3 13.503
15 Daniella Kodama	10	Warren	13.51	0.2	2 13.506
16 Skye Barkley	10	Carson	13.64	-0.1	4
17 Elise Adler	10	Redondo Union	13.66	0.2	2
18 Michylia Huff	10	Mission Hills	13.80	1.1	5 13.791
19 Elizabeth Barbara	9	Trabuco Hills	13.80	0.2	8 13.793
20 Sarah Portis	10	Katella	13.80	0.2	2 13.794
21 Olivia Enriquez	9	Katella	13.82	1.1	5
22 Mihini Jayasinghe	10	Ayala	13.84	0.2	2
23 Riley Gather	9	Jserra	13.85	0.9	3 13.842
23 Briyana Session-Brown	9	Redondo Union	13.85	0.2	2 13.842
25 Tessa Diosdado	10	Laguna Hills	13.88	-0.1	4
26 Daylon Robinson	9	Citrus Valley	13.89	1.1	5 13.885
27 Halle Sii	9	Warren	13.89	0.9	3 13.890
28 Makayla Richardson	10	Ayala	13.96	0.9	3 13.955
29 Zoe Wight	10	Edison -ss	13.96	-0.1	4 13.960
30 Kylie Preciado	10	Yucaipa	13.97	0.9	3
31 Vankhanh Nguyen	10	Edison -ss	13.98	-0.1	4



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls 100 Meter Dash F/S**

32	Grace Gilles	10	Laguna Beach	14.01	0.5	6	
33	Daniela Lopez	10	Warren	14.06	0.9	3	14.055
34	Jocelyn Shuler	10	Savanna	14.06	1.1	5	14.058
35	Hailey Valdez	10	Ayala	14.07	1.1	5	
36	Ellie Maruna	9	Trabuco Hills	14.08	-0.1	4	
37	Spring Ye	9	Redondo Union	14.10	0.9	3	
38	Brooke Gorman	9	Mission Hills	14.20	1.3	7	
39	Kate Brower	9	Ayala	14.21	1.1	5	
40	Isabella Fernandez	10	Jserra	14.26	0.5	6	
41	Tamaya Johnson	10	Quartz Hill	14.27	1.1	5	
42	Megan Solis	9	Warren	14.30	-0.1	4	
43	Caitlin Sheetz	10	Edison -ss	14.34	1.1	5	
44	Elodie Elkins	10	Santa Margarita	14.38	-0.1	4	
45	Emily Brent	10	Warren	14.40	0.5	6	
46	Jenifer Santiago	9	Katella	14.44	1.3	7	
47	Macy Grilli	10	Laguna Hills	14.45	0.5	6	
48	Zoey Taylor	9	Trabuco Hills	14.46	0.5	6	14.455
49	Faith Newell	9	Warren	14.46	1.3	7	14.456
50	Riley Delgado	9	Laguna Hills	14.54	0.5	6	
51	Erin Blewett	9	Capo Valley	14.58	1.3	7	
52	Reanna Alam	10	Western	14.59	1.3	7	
53	Sabrina Merli	10	Trabuco Hills	14.72	0.2	8	
54	Olivia Martin	9	Trabuco Hills	14.82	0.2	8	
55	Jessica Bergmen	10	Capo Valley	15.01	1.1	5	15.003
56	Heaven Robinson	10	Redondo Union	15.01	-0.1	4	15.010
57	Amara McGregor	10	Katella	15.31	1.3	7	
58	Michelle Le	10	Rancho Alamitos	15.57	1.3	7	
59	Emily Chavez	9	Rancho Alamitos	15.95	0.2	8	
60	Ruby Garcia	9	Rancho Alamitos	16.68	0.2	8	
61	Ellieann Greenfield	10	Edison -ss	16.83	0.2	8	

Girls 200 Meter Dash F/S

=====						
Meet Record: * 25.46 2011 Kelley Peterson, El Toro						
Name	Year	School	Finals	Wind	H#	
=====						
1	Eryn Burke	10	Yucaipa	26.01	2.8	1
2	Alex Abreau	9	Yucaipa	26.46	2.8	1
3	Brooke Dalgity	10	Yucaipa	26.63	2.8	1
4	Sabrina Cormie	10	Santa Margarita	27.00	2.8	1
5	Samantha Morreale	10	Mission Hills	27.05	1.6	2
6	Riley Guy	10	Ayala	27.07	1.6	2
7	Lauren Gardiner	10	Hart	27.10	2.8	1
8	Jenna Parsio	9	El Toro	27.30	1.6	2
9	Abby Schilling	10	Edison -ss	27.32	2.8	1
10	Daniella Kodama	10	Warren	27.43	NWI	3
11	Sierra Snow	9	Linfield	27.45	1.6	2
12	Faith Hastey	10	Linfield	27.56	1.6	2
13	Presley King	9	El Toro	27.62	NWI	3
14	Aryn Taylor	9	Citrus Valley	27.64	2.7	5



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls 200 Meter Dash F/S**

15	Zoe Chung	10	Pacifica (Gg)	27.65	1.6	2
16	Skye Barkley	10	Carson	27.82	NWI	3
17	Saela Phillips	10	Redondo Union	27.85	NWI	3
18	Audrie Mahassel	10	Katella	27.91	NWI	3
19	Melana Goodloe	9	Warren	27.95	NWI	3
20	Lydia Holguin	10	Hart	27.98	2.8	1
21	Erin Goode	9	Mission Hills	27.99	NWI	3
22	Kylie Preciado	10	Yucaipa	28.02	2.6	4
23	Daniela Lopez	10	Warren	28.06	2.6	4
24	Sofia Lowe	10	Sage Hill	28.17	NWI	3
25	Katherine Hass	9	Edison -ss	28.28	2.7	5
26	Sabrina Boloanos	10	El Toro	28.32	NWI	3
27	Lindsey Gray	9	Edison -ss	28.33	2.7	5
27	Makayla Richardson	10	Ayala	28.33	2.6	4
29	Elise Adler	10	Redondo Union	28.35	1.6	2
30	Daylon Robinson	9	Citrus Valley	28.44	2.7	5
31	Michylia Huff	10	Mission Hills	28.52	1.4	7
32	Ellie Maruna	9	Trabuco Hills	28.63	2.6	4
33	Briyana Session-Brown	9	Redondo Union	28.68	1.6	2
34	Sophia Byers	10	Ayala	28.86	2.6	4
35	Halle Sii	9	Warren	28.88	1.6	6
36	Riley Gather	9	Jserra	28.92	2.6	4
37	Vankhanh Nguyen	10	Edison -ss	29.05	1.6	6
38	Natalie Thielman	10	Jserra	29.41	2.7	5
39	Brooke Gorman	9	Mission Hills	29.60	1.6	6
40	Tamaya Johnson	10	Quartz Hill	29.73	1.6	6
41	Faith Newell	9	Warren	29.85	2.7	5
42	Megan Solis	9	Warren	29.92	1.4	7
43	Spring Ye	9	Redondo Union	30.03	2.6	4
44	Elodie Elkins	10	Santa Margarita	30.15	1.6	6
45	Amara McGregor	10	Katella	30.48	1.6	6
46	Sarah Saneto	9	Trabuco Hills	30.59	0.9	8
47	Heaven Robinson	10	Redondo Union	30.61	2.7	5
48	Reanna Alam	10	Western	30.67	1.4	7
49	Paige Van Pelt	10	Jserra	30.77	1.4	7
50	Sabrina Merli	10	Trabuco Hills	30.89	0.9	8
51	Jenifer Santiago	9	Katella	31.04	1.6	6
52	Camilla Leyva	9	Capo Valley	31.23	1.4	7
53	Jessica Bergmen	10	Capo Valley	31.28	1.4	7
54	Citlaly Hernandez	9	Katella	31.29	0.9	8
55	Celeste Suarez	9	Rancho Alamitos	31.68	1.6	6
56	Avalon Neal	9	Trabuco Hills	31.75	1.4	7
57	Hannah Holmes	9	Trabuco Hills	31.80	1.4	7
58	Samantha Cook	10	Capo Valley	32.24	1.4	7
59	Julissa Arizmendi	9	Katella	32.27	1.6	6
60	Amber Sekander	9	Trabuco Hills	33.18	0.9	8
61	Emily Chavez	9	Rancho Alamitos	34.17	0.9	8
62	Michelle Le	10	Rancho Alamitos	34.21	0.9	8
63	Ruby Garcia	9	Rancho Alamitos	34.70	0.9	8



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Girls 400 Meter Dash F/S**

=====

Meet Record: * 58.62 2011 Cydney Powell, Corona

Name	Year	School	Finals	H#
=====				
1 Olivia Reichle	10	El Toro	1:00.85	1
2 Lydia Holguin	10	Hart	1:01.52	1
3 Abby Schilling	10	Edison -ss	1:01.63	1
4 Erin Goode	9	Mission Hills	1:01.66	1
5 Samantha Morreale	10	Mission Hills	1:02.19	1
6 Presley King	9	El Toro	1:02.74	2
7 Lulu Utterback	10	Trabuco Hills	1:03.81	3
8 Kylie Beu	10	Pacifica (Gg)	1:04.03	1
9 Maddie Zavala	10	Woodbridge	1:04.29	1
10 Sophia Byers	10	Ayala	1:04.61	2
11 Mia Washida	9	Woodbridge	1:04.84	3
12 Hannah Forest	10	Edison -ss	1:05.20	2
13 Skye Barkley	10	Carson	1:05.95	2
14 Savannah Maes	10	Linfield	1:06.25	3
15 Taylor Chupp	10	Pacifica (Gg)	1:06.40	3
16 Deanne Stapleton	10	Upland	1:06.42	2
17 Nia Dinkins	10	Ayala	1:06.49	2
18 Saturnina Torrellas	10	Edison -ss	1:07.18	3
19 Amy Shimizu	10	Woodbridge	1:07.67	3
20 Emily Brent	10	Warren	1:08.96	4
21 Celeste Suarez	9	Rancho Alamitos	1:08.98	4
22 Sarah Saneto	9	Trabuco Hills	1:09.35	4
23 Paige Van Pelt	10	Jsera	1:10.32	5
24 Hannah Holmes	9	Trabuco Hills	1:11.39	5
25 Camilla Leyva	9	Capo Valley	1:11.57	5
26 Jada Dean	9	Redondo Union	1:11.68	4
27 Shaila Ramos	9	Upland	1:11.82	2
28 Amelia Ho	10	Capo Valley	1:12.76	5
29 Lainey Hassoldt	10	Redondo Union	1:13.56	4
30 Samantha Cook	10	Capo Valley	1:13.70	4
31 Vankhanh Nguyen	10	Edison -ss	1:17.27	4

Girls 100 Meter Hurdles F/S

=====

Meet Record: * 15.19 2014 Katelyn Slessor, Central Memorial

Name	Year	School	Finals	Wind	H#
=====					
1 Shayla Dumas	10	Kennedy -ss	15.98	+0.0	1
2 Taya Christian	10	Capo Valley	17.79	+0.0	1
3 Regan Heredia	10	Pacifica (Gg)	17.82	-0.2	3
4 Elizabeth Eichenger	9	Yucaipa	18.00	+0.0	1
5 Megan Swartz	10	Edison -ss	18.48	-0.1	2
6 Amanda Metalsky	9	Redondo Union	18.49	-0.1	2
7 Amaya Nolan-Gieskes	10	Western	18.68	-0.1	2
8 Isabella Vergara	10	Katella	18.72	+0.0	1
9 Kaley Weis	9	Trabuco Hills	18.81	-0.1	2
10 Kaitlyn Cimmarusti	9	Quartz Hill	18.89	-0.1	2



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Girls 100 Meter Hurdles F/S**

11	Kyla Citizen	10	Trabuco Hills	19.01	+0.0	1
12	Jacqueline Vu	10	Trabuco Hills	19.21	-0.1	2
13	Ruby Marquez	10	Warren	19.30	+0.0	1
14	Kaitlyn Welsh	9	Trabuco Hills	19.49	-0.1	2
15	Jocelyn Shuler	10	Savanna	19.67	0.3	4
16	Tatiana Schumann	10	Trabuco Hills	19.73	-0.2	3
17	Riley Martin	10	Ayala	19.75	-0.2	3
18	Jasmine Perez	9	Warren	19.79	-0.2	3
19	Kate Armbrust	9	Capo Valley	19.82	-0.2	3
20	Sarah Portis	10	Katella	20.25	+0.0	1
21	Sydney Peters	10	Ontario Christian	20.37	0.3	4
22	Jenifer Santiago	9	Katella	20.54	0.3	4
23	Samantha Ordonez	10	Warren	20.82	-0.2	3
24	Grace Norton	10	Edison -ss	21.89	-0.1	2
25	Jada Dean	9	Redondo Union	26.07	-0.2	3
--	Haley Jones	10	Trabuco Hills	DQ	-0.1	2

Girls 300 Meter Hurdles F/S

=====

Meet Record: * 45.70 2010 Joniece Irvin, Oceanside High Sc

Name	Year	School	Finals	H#
=====				
1	Lulu Utterback	10	Trabuco Hills	48.63 1
2	Audrie Mahassel	10	Katella	48.91 1
3	Jacqueline Vu	10	Trabuco Hills	51.94 2
4	Elizabeth Eichenger	9	Yucaipa	52.13 1
5	Ava Norquist	10	Edison -ss	52.24 3
6	Amanda Metalsky	9	Redondo Union	52.82 2
7	Sarah Portis	10	Katella	52.86 1
8	Ruby Marquez	10	Warren	52.98 1
9	Haley Jones	10	Trabuco Hills	53.09 2
10	Katherine Finn	9	Trabuco Hills	53.57 1
11	Kaley Weis	9	Trabuco Hills	53.72 2
12	Kaitlyn Cimmarusti	9	Quartz Hill	53.90 2
13	Taya Christian	10	Capo Valley	54.68 2
14	Isabella Vergara	10	Katella	54.74 1
15	Samantha Ordonez	10	Warren	55.03 3
16	Amaya Nolan-Gieskes	10	Western	55.21 1
17	Kyla Citizen	10	Trabuco Hills	55.45 3
18	Regan Heredia	10	Pacifica (Gg)	55.96 3
19	Riley Martin	10	Ayala	56.02 2
20	Erin Blewett	9	Capo Valley	57.06 4
21	Kate Armbrust	9	Capo Valley	57.13 3
22	Jenifer Santiago	9	Katella	57.27 3
23	Sydney Peters	10	Ontario Christian	58.77 4
24	Grace Norton	10	Edison -ss	1:01.19 4
25	Jada Dean	9	Redondo Union	1:01.22 3
26	Lainey Hassoldt	10	Redondo Union	1:07.21 2
27	Brilee Vong	9	Capo Valley	1:09.46 4



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Girls 4x100 Meter Relay F/S**

Meet Record: * 49.93 2006		Long Beach Poly, Long Beach Poly	
School		Finals	H#
1 Yucaipa	49.85*	1	
2 El Toro	51.47	1	
3 Redondo Union	52.12	1	
4 Edison -ss	52.48	1	
5 Warren	53.20	1	
6 Mission Hills	53.44	1	
7 Trabuco Hills	53.58	2	
8 Warren 'B'	56.31	2	
9 Katella	58.88	1	
10 Citrus Valley	1:03.61	2	

Girls 4x400 Meter Relay F/S

Meet Record: * 4:03.32 2012		Woodbridge, Woodbridge	
School		Finals	
1 El Toro	4:17.52		
2 Citrus Valley	4:27.37		
3 Redondo Union	4:36.51		

Girls Distance Medley 12-4-8-16 F/S

School	Finals
1 Trabuco Hills	13:51.83

Boys 100 Meter Dash VAR

Meet Record: * 10.52 1994		Brian Howard, Canyon Springs High	
Name	Year School	Finals	Wind H#
1 Cristian Moore	12 Oaks Christian	10.61	1.2 1
2 Caleb Lutalo Roberson	12 Upland	10.83	1.2 1
3 Nolan Crespo	12 Ontario Christian	10.85	1.2 1
4 Matt Hoskins	12 Bishop Amat	10.91	1.2 1
5 Cassidy Welles	12 Mission Viejo	11.10	1.2 1
6 Peter Costelli	10 Mission Viejo	11.12	2.2 2
7 Delaney Crawford	9 Upland	11.13	2.2 2 11.126
8 Matt Der Torossian	12 Laguna Hills	11.13	1.1 3 11.129
9 Devin Prince	10 Etiwanda	11.15	1.7 4
10 Drew Pickett	12 Paramount	11.22	1.0 8 11.212
11 Blake Morgan	12 Capo Valley	11.22	1.2 1 11.219
12 Jailen Burrell	10 Upland	11.24	1.1 3
13 Angelo Godoy	9 Bishop Amat	11.27	2.2 2 11.265
14 Shamar Anderson	12 Etiwanda	11.27	1.2 1 11.269
14 Cassius Savage	11 Western	11.27	0.6 5 11.269
16 Preston Hong	12 Laguna Hills	11.34	2.2 6



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 100 Meter Dash VAR**

17 Chase Shiner	11 Trabuco Hills	11.35	1.1	3
18 Seth Rodriguez	12 Yucaipa	11.43	1.7	4
19 Collin Rodriguez	11 Bishop Amat	11.46	2.2	6
20 Brody Barton	12 Yucaipa	11.47	2.2	6 11.464
21 Isaiah Dodson	11 Bishop Amat	11.47	2.2	6 11.468
22 George Baker	12 Quartz Hill	11.49	1.7	4
23 Cameron Williams	12 Edison -ss	11.55	1.1	3 11.545
24 Skyler Santini	12 Santa Margarita	11.55	0.6	5 11.548
25 Elijah Battle	12 Redondo Union	11.55	1.1	3 11.549
26 Wolley Tvala	12 Cathedral	11.56	2.2	6
27 Andrew Nowak	11 Linfield	11.62	2.3	7
28 Jacob Azevedo	12 Edison -ss	11.65	2.3	7
29 Hunter Morgan	10 Upland	11.66	0.6	5 11.652
30 Tyler Burke	12 Yucaipa	11.66	2.3	7 11.653
31 Mathew Hsu	10 Redondo Union	11.66	1.0	8 11.659
32 Corey Hernandez	12 Santa Margarita	11.67	2.2	6
33 Michael Vargas	11 Leuzinger	11.71	0.6	5 11.705
34 Hayden Cook	10 Capo Valley	11.71	1.7	4 11.706
35 Samadhi Soph	12 Cathedral	11.72	1.1	3
36 Spencer Chapman	12 Leuzinger	11.74	1.7	4
37 Austin Bolinger	11 Yucaipa	11.76	2.3	7
38 Johnathon Peels	11 Leuzinger	11.81	0.6	5 11.804
39 Jerwin Paulino	11 Western	11.81	2.2	6 11.810
40 Mark Diga	12 Rancho Alamitos	11.85	1.1	3
41 Hagen Foreman	12 Jserra	11.86	1.0	8
42 Kyle Urban	11 Yucaipa	11.98	2.3	7
43 Samuel Makaafi	12 Rancho Alamitos	12.01	1.0	8
44 Elijah Smith	12 Quartz Hill	12.02	1.0	8
45 Calvin Black	11 Hamilton -la	12.08	1.0	8
46 Jaylen Durham	9 Hamilton -la	12.18	1.0	9
47 Johnny Gill	11 Trabuco Hills	12.20	2.3	7
48 Lovet Okelue	11 Quartz Hill	12.34	1.0	9
49 Nolin Togashi	11 Trabuco Hills	12.55	1.0	9
50 Erick Villegas	12 Katella	12.90	0.6	5
51 Richard Le	12 Rancho Alamitos	12.95	1.0	9
52 Jacob Cedillo	12 Katella	13.20	1.7	4
53 Joseph Lehmenkuler	11 Mission Viejo	16.14	1.0	9
-- Noah Skobis	12 Downey -ss	DNF	2.2	2

Boys 200 Meter Dash VAR

Meet Record: * 21.28 2002		Deun White, Rancho Bernardo High		
Name	Year School	Finals	Wind	H#
1 Caleb Lutalo Roberson	12 Upland	21.28	3.4	1
2 Nolan Crespo	12 Ontario Christian	21.87	3.4	1
3 Lennard Marshall	12 Cathedral	21.98	3.4	1
4 Chase Berryman	12 Mission Viejo	22.14	3.4	1
5 Justin Caragao	11 Santa Margarita	22.30	3.4	1
6 Drew Pickett	12 Paramount	22.44	2.7	3



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 200 Meter Dash VAR**

7 Matt Der Torossian	12 Laguna Hills	22.48	2.7	3
8 Jovan Ellington	11 Quartz Hill	22.61	1.8	4
9 Anthony Williams	11 Paramount	22.80	3.0	2
10 Darius McLaurin	11 Upland	22.87	3.4	6
11 Blake Morgan	12 Capo Valley	22.95	3.4	6
12 Zahran Manley	12 Upland	23.02	3.2	5
13 Isaac Korn	11 Trabuco Hills	23.05	3.0	2
14 Mikal Gammage	12 Cathedral	23.06	2.7	7
15 Cameron Williams	12 Edison -ss	23.09	1.8	4
16 Isaiah Dodson	11 Bishop Amat	23.19	3.2	5
17 Brody Barton	12 Yucaipa	23.26	3.2	5
18 Wolley Saga-Tuala	12 Cathedral	23.27	1.8	4
19 Seth Rodriguez	12 Yucaipa	23.31	2.7	3
20 Preston Hong	12 Laguna Hills	23.32	2.7	7
21 Skyler Santini	12 Santa Margarita	23.35	2.7	3
22 Andrew Nowak	11 Linfield	23.38	3.2	5
23 Nick Leon	12 Ayala	23.43	1.8	4
24 Beck Merli	12 Trabuco Hills	23.63	1.8	4
25 Daryl Summage	12 Cathedral	23.67	3.0	2
26 Hunter Morgan	10 Upland	23.74	3.2	5
27 Samadhi Soph	12 Cathedral	23.75	3.0	2
28 Corey Hernandez	12 Santa Margarita	23.81	2.7	7
29 Cristopher Burns	10 Redondo Union	23.86	1.5	8
30 Jackson Golden	10 Laguna Beach	23.88	1.7	9
31 Caleb Reny	10 Bishop Amat	23.89	1.8	4
32 Austin Bolinger	11 Yucaipa	23.97	3.4	6
33 Mathew Hsu	10 Redondo Union	24.12	3.2	5
34 Drew Cooper	11 Trabuco Hills	24.13	1.8	4
35 Daniel Perez	11 Bishop Amat	24.25	3.4	6
36 Mark Diga	12 Rancho Alamitos	24.40	2.7	7
37 Kyle Urban	11 Yucaipa	24.42	1.5	8
38 Johnny Gill	11 Trabuco Hills	24.58	2.7	7
39 Bashar Al Frieat	11 Western	24.64	2.7	7
40 Elijah Smith	12 Quartz Hill	24.67	1.7	9
41 Nick Cruz	12 Ayala	24.70	2.7	7
42 Chris Hynson	12 Laguna Beach	24.80	1.7	9
43 Casey Sorenson	11 Laguna Beach	25.13	2.6	10
44 Brody Willie	12 Trabuco Hills	25.34	2.7	7
45 Lovet Okelue	11 Quartz Hill	25.35	2.6	10
46 Mohmad Alhakeem	11 Western	25.91	2.6	10
47 Richard Le	12 Rancho Alamitos	26.28	2.6	10
48 Slater Schaaf	11 Capo Valley	28.15	2.6	10

Boys 400 Meter Dash VAR

=====				
Meet Record: *	47.56	2006	Bryshon Nellum, Long Beach Poly	
Name	Year	School	Finals	H#
=====				
1 Christopher Cooper	12	Woodbridge	48.89	1
2 Kai Wingo	12	Valencia (V)	49.02	1



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 400 Meter Dash VAR**

3	Justin Caragao	11	Santa Margarita	49.87	1
4	Chase Berryman	12	Mission Viejo	50.51	2
5	Nick Leon	12	Ayala	50.75	1
6	Jovan Ellington	11	Quartz Hill	51.39	1
7	Jacob Guerrero	12	Downey -ss	51.43	2
8	Anthony Williams	11	Paramount	51.47	2
9	Drake Nguyen	12	Woodbridge	51.59	1
10	Evan Fisette	12	Quartz Hill	51.80	5
11	Kyle Hastings	12	Santa Margarita	52.19	2
12	Jair Mejia	11	Bishop Amat	52.36	2
13	Zahran Manley	12	Upland	52.66	2
14	Travion Brown	12	Linfield	52.67	1
15	Charles Redman	11	Mission Viejo	52.72	5
16	Chris Lopez	12	Bishop Amat	53.03	3
17	Daryl Summage	12	Cathedral	53.48	3
18	Massimo Fry	12	Trabuco Hills	53.63	4
19	Cristopher Burns	10	Redondo Union	53.76	3
20	Owen Yagle	12	Redondo Union	54.38	2
21	Beck Merli	12	Trabuco Hills	54.39	4
22	Daniel Perez	11	Bishop Amat	54.62	5
23	Owen Callis	11	El Toro	54.93	4
24	Caleb Reny	10	Bishop Amat	55.19	3
25	Dylan McIntosh	11	Woodbridge	55.26	3
26	Kahlil Nance	11	Linfield	55.30	5
27	Jordan Veazey	12	Leuzinger	55.40	3
28	Bryan Cortes	12	Katella	55.61	4
29	Jared Smith	12	Mission Viejo	55.64	5
30	Nick Cruz	12	Ayala	55.70	4
31	Bashar Al Frieat	11	Western	55.72	5
32	Calvin Noah Henderson	12	Quartz Hill	55.85	6
33	Jack Parnell	11	Mission Hills	55.86	4
34	Preston Sigala	11	Trabuco Hills	56.56	6 56.554
34	Chasen Hemphill	10	Leuzinger	56.56	3 56.554
36	Brody Willie	12	Trabuco Hills	57.41	6
37	Kyle Cadavona	11	Woodbridge	57.86	7
38	Ryan Nobuyoki	12	Pacifica (Gg)	58.89	7
39	Giovanny Cuevas	12	Katella	58.91	4
40	Mohmad Alhakeem	11	Western	59.65	7
41	Daniel Arbelaez	10	Quartz Hill	1:00.03	5
42	Santiago Cruz	12	Capo Valley	1:02.74	7
43	Slater Schaaf	11	Capo Valley	1:05.39	7
44	Joseph Lehmenkuler	11	Mission Viejo	1:14.88	7

Boys 110 Meter Hurdles VAR

=====					
Meet Record: * 13.92 1997 Dominique DaGrammont, Tustin High Sch					
Name	Year	School	Finals	Wind	H#
=====					
1	Drew Pickett	12	Paramount	14.53	-0.6 1
2	Anthony Taylor	10	Cathedral	14.60	-0.6 1



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 110 Meter Hurdles VAR**

3 Cole Shirakata	12 Hart	15.22	-0.6	1
4 Patrick Cundieff	12 Yucaipa	15.33	-0.6	1
5 Jaden Edwards	11 Capo Valley	15.57	-0.6	1
6 Ethan Rupp	12 Santa Margarita	15.98	-0.6	1
7 Kieren Spradlin	12 Edison -ss	16.00	-0.5	2
8 Michael Ventura	11 Santa Margarita	16.12	-0.5	2
9 David Meyer	11 Mission Viejo	16.43	-0.6	1
10 Giovanni Cuevas	12 Katella	16.45	-0.5	2
11 Robel Askale	11 Rancho Alamitos	16.48	-0.5	2
12 Jaylen Durham	9 Hamilton -la	16.69	-0.5	2
13 Cole Koffler	11 Edison -ss	16.73	-0.5	2
14 Isa Kitagawa	9 Redondo Union	17.08	0.1	3
15 Jalen Jefferson	12 Linfield	17.09	0.1	3
16 Jakob Fermanian	12 Yucaipa	17.21	0.1	3
17 Aaron Read	12 Quartz Hill	18.70	0.1	3
18 Alex Partida	12 Maranatha Christian	18.76	-1.3	4
19 Timothy Nguyen	11 Pacifica (Gg)	18.79	-1.3	4
20 Jesus Salas	11 Rancho Alamitos	19.10	0.1	3
21 Manny Rodriguez	11 Downey -ss	19.99	0.1	3
22 Hunter Huetter	11 Capo Valley	20.25	-1.3	4

Boys 300 Meter Hurdles VAR

Meet Record: * 37.50 1997 Dominique DaGrammont, Tustin Hig

Name	Year	School	Finals	H#
1 Anthony Taylor	10	Cathedral	38.62	1
2 Namir Hemphill	11	Upland	38.68	1
3 John Burns	11	Mission Viejo	39.18	1
4 Griffin Buchan	12	San Clemente	39.86	2
5 Isaac Korn	11	Trabuco Hills	40.15	2
6 Romy Abboud	12	Mission Viejo	40.16	2
7 Michael Ventura	11	Santa Margarita	40.17	1
8 Patrick Cundieff	12	Yucaipa	40.44	1
9 Cole Shirakata	12	Hart	40.98	1
10 Justin Scalf	12	Bishop Amat	41.52	1
11 Robel Askale	11	Rancho Alamitos	41.67	3
12 Giovanni Cuevas	12	Katella	41.90	2
13 Jaylen Durham	9	Hamilton -la	42.09	3
14 Jaden Edwards	11	Capo Valley	42.16	1
15 Jakob Fermanian	12	Yucaipa	42.43	2
16 Kai Vargas	11	Trabuco Hills	42.56	3
17 Jalen Jefferson	12	Linfield	42.70	2
18 Adrian Cruz	12	Katella	42.80	2
19 Kaiden Sahagun	11	Trabuco Hills	43.01	2
20 Kieren Spradlin	12	Edison -ss	43.03	3
21 Jesus Salas	11	Rancho Alamitos	44.88	4
22 Cole Koffler	11	Edison -ss	45.22	3
23 Hunter Huetter	11	Capo Valley	46.57	4
24 Timothy Nguyen	11	Pacifica (Gg)	46.66	5



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 300 Meter Hurdles VAR**

25 Manny Rodriguez	11 Downey -ss	47.39	4
26 Aaron Read	12 Quartz Hill	47.51	4
27 Isa Kitagawa	9 Redondo Union	48.03	3
28 Alex Partida	12 Maranatha Christian	48.13	5
29 Justin Torres	12 Bishop Amat	48.98	3
30 Owen Yagle	12 Redondo Union	51.39	4

Boys 4x100 Meter Relay VAR

=====			
Meet Record: *	41.70	4/2/2016	Woodbridge, Woodbridge
School		Finals	H#
=====			
1 Upland		42.19	1
2 Mission Viejo		42.56	1
3 Cathedral		42.99	1
4 Leuzinger		43.03	1
5 Etiwanda		43.51	1
6 Bishop Amat		43.57	1
7 Yucaipa		43.98	1
8 Quartz Hill 'B'		44.21	2
9 Capo Valley		45.27	2
10 Redondo Union		45.31	1
11 Upland 'B'		45.59	2
12 Katella		46.47	2

Boys 4x400 Meter Relay VAR

=====			
Meet Record: *	3:15.95	2014	Poly (LB), Poly (LB)
School		Finals	
=====			
1 Upland		3:24.59	
2 Leuzinger		3:26.97	
3 Upland 'B'		3:35.22	
4 Leuzinger 'B'		3:44.59	
5 Laguna Hills		3:56.50	

Boys Distance Medley 12-4-8-16 VAR

=====		=====	
School		Finals	
=====			
1 Capo Valley		10:50.52	
2 Capo Valley 'B'		11:21.60	
3 Bishop Amat		11:33.90	

Boys High Jump DwightStones VAR

=====			
Meet Record: *	7-02	3/31/2018	Sean Lee, Trabuco Hill
Name	Year	School	Finals
=====			



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys High Jump DwightStones VAR**

1 Aiden Garnett	12 Edison -ss	6-04.00
5-04 5-06 5-08 5-10 6-00 6-02 6-04 6-06		
P P P O O O O XXX		
2 Dayten Zepeda	12 Rancho Alamitos	6-04.00
5-04 5-06 5-08 5-10 6-00 6-02 6-04 6-06		
P P O XXO O O XO XXX		
3 Max Agbonkpolo	12 Santa Margarita	6-00.00
5-04 5-06 5-08 5-10 6-00 6-02		
P P P XO O XXX		
4 Kevin Neathery	12 Edison -ss	6-00.00
5-04 5-06 5-08 5-10 6-00 6-02		
P O XO O XXO XXX		
5 Justin Cuervo	12 Santa Margarita	5-10.00
5-04 5-06 5-08 5-10 6-00		
P P XO XXO XXX		
6 John Guevara	11 Downey -ss	5-08.00
5-04 5-06 5-08 5-10		
O O XO XXX		
6 Christopher Musetich	12 Santa Margarita	5-08.00
5-04 5-06 5-08 5-10		
P P XO XXX		
8 Ryan Young	12 La Mirada	5-08.00
5-04 5-06 5-08 5-10		
O XO XO XXX		
9 Mycah Brown	11 Quartz Hill	5-06.00
5-04 5-06 5-08		
XO O XXX		
10 Derrick Porter	12 Trabuco Hills	5-04.00
5-04 5-06		
XXO XXX		
-- Jacob Lazo	11 Quartz Hill	NH
5-04		
XXX		
-- Jordan M Graves	11 Quartz Hill	NH
5-04		
XXX		
-- Carlos Vallejo	11 Downey -ss	NH
5-04		
XXX		

Boys Pole Vault VAR

Meet Record: * 16-06 4/2/2016 Gordon Jett, Marina -SS											
Name		Year		School		Finals					
=====											
1	Daniel Palacio			12	Quartz Hill			14-09.00			
	9-03	10-00	10-09	11-03	11-09	12-03	12-09	13-03	13-09	14-03	14-09
	P	P	P	P	P	P	P	XO	XO	XO	O
2	Skyler Magula			12	Marina -ss			14-03.00			
	9-03	10-00	10-09	11-03	11-09	12-03	12-09	13-03	13-09	14-03	14-09
	P	P	P	P	P	P	P	P	P	XO	XXX



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Pole Vault VAR**

3	Danny Affleck	11	Aliso Niguel	13-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03 13-09 14-03			
	P P P P P P P O XO O XXX			
4	Nikolai Perelman	12	Aliso Niguel	13-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03 13-09 14-03			
	P P P P P P P P O XO XXX			
5	Adam West	12	Valencia (V)	13-03.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03 13-09			
	P P P P O O O O XXX			
6	Justin Beltran	12	Don Lugo	13-03.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03 13-09			
	P P P P P O O XXO XXX			
7	Nathan Boymoushakian	11	Upland	12-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03			
	P P P P P O O XXX			
8	Jacob Nguyen	12	Aliso Niguel	12-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03			
	P P P P O XO O XXX			
8	Daniel Hatakeyama	11	Redondo Union	12-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03			
	P P P P P XO O XXX			
10	Harrison Rios	11	Upland	12-09.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09 13-03			
	P P P P P XO XO XXX			
11	Drew Cooper	11	Trabuco Hills	12-03.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09			
	P P P O O O XXX			
12	Ryan Young	12	La Mirada	12-03.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09			
	P P P O O XO XXX			
13	Nolan Schreiber	11	Trabuco Hills	12-03.00
	9-03 10-00 10-09 11-03 11-09 12-03 12-09			
	P O XO O O XXO XXX			
14	Bryson Butler	12	El Toro	11-09.00
	9-03 10-00 10-09 11-03 11-09 12-03			
	P P P O O XXX			
15	Spencer Han	11	Capo Valley	11-09.00
	9-03 10-00 10-09 11-03 11-09 12-03			
	P O O XO O XXX			
16	Tyler Johnson	12	Trabuco Hills	11-03.00
	9-03 10-00 10-09 11-03 11-09			
	P O O O XXX			
17	Chuy Lopez	12	Bishop Amat	11-03.00
	9-03 10-00 10-09 11-03 11-09			
	P P P XO XXX			
18	Alvin Lo	12	Don Lugo	11-03.00
	9-03 10-00 10-09 11-03 11-09			
	P P XXO XO XXX			



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19	Michael DeBerry	11 Upland	11-03.00
	9-03 10-00 10-09 11-03 11-09		
	P P P XXO XXX		
20	Trenton Griswold	11 Valencia (V)	10-09.00
	9-03 10-00 10-09 11-03		
	P XO O XXX		
21	Hunter Stomberg	11 Newport Harbor	10-00.00
	9-03 10-00 10-09		
	P XO XXX		
22	Abdullah Ellahib	11 Upland	10-00.00
	9-03 10-00 10-09		
	P XXO XXX		
23	Ethan Taylor	12 Bishop Amat	9-03.00
	9-03 10-00		
	O XXX		
23	Trevor Speetzen	11 Capo Valley	9-03.00
	9-03 10-00		
	O XXX		
25	Lucas Nieto	10 Bishop Amat	9-03.00
	9-03 10-00		
	XO XXX		
--	Ryan Dialameh	11 Capo Valley	NH
	9-03		
	XXX		

Boys Long Jump VAR

=====						
Meet Record:	* 23-05.25	1993	Tyee Washington,	La Sierra High Sc		
Name		Year School		Finals	Wind	H#
=====						
1	Jailen Burrell	10 Upland	22-01.00	+0.0	4	
	21-00.50(+0.0)	21-09.75(+0.0)	FOUL(+0.0)	22-01(+0.0)	20-05.50(+0.0)	FOUL(+0.0)
2	David Ko	12 Pacifica (Gg)	21-10.50	+0.0	4	
	FOUL(+0.0)	20-05.50(+0.0)	19-10.50(+0.0)	21-10.50(+0.0)	21-06(+0.0)	FOUL(+0.0)
3	Sebastian Villafuerte	11 Trabuco Hills	21-03.50	+0.0	3	
	20-08(+0.0)	19-10.50(+0.0)	21-01.50(+0.0)	20-03.50(+0.0)	20-04.25(+0.0)	21-03.50(+0.0)
4	Max Agbonkpolo	12 Santa Margarita	20-10.75	+0.0	4	
	20-10.75(+0.0)	FOUL(+0.0)	19-08(+0.0)	FOUL(+0.0)	FOUL(+0.0)	FOUL(+0.0)
5	Jordan Galindo	10 Downey -ss	20-09.00	NWI	2	
	19-09(+0.0)	19-00.50(+0.0)	19-01(+0.0)	20-04.50(NWI)	20-02(NWI)	20-09(NWI)
6	Justin Scalf	12 Bishop Amat	20-07.50	+0.0	4	
	19-10.50(+0.0)	18-07(+0.0)	19-03.50(+0.0)	19-02(+0.0)	20-05.50(+0.0)	20-07.50(+0.0)
7	Dayten Zepeda	12 Rancho Alamitos	20-05.00	+0.0	4	
	20-05(+0.0)	FOUL(+0.0)	19-11(+0.0)	20-04.50(+0.0)	19-03(+0.0)	19-10.50(+0.0)
8	Elijah Ponder	11 Bishop Amat	20-04.50	+0.0	2	
	FOUL(+0.0)	20-04.50(+0.0)	19-09.75(+0.0)	20-04(NWI)	FOUL	20-03(NWI)
9	Charles Iyare	11 Mission Hills	20-02.00	+0.0	3	
	20-02(+0.0)	19-02.50(+0.0)	18-08(+0.0)	FOUL(+0.0)	17-09.75(+0.0)	18-06(+0.0)
10	Darius McLaurin	11 Upland	20-00.25	+0.0	4	
	19-08(+0.0)	8-09(+0.0)	20-00.25(+0.0)	19-08.50(+0.0)	19-02(+0.0)	FOUL(+0.0)



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11 Justin Cuervo	12 Santa Margarita	19-09.00	+0.0	3
FOUL(+0.0) FOUL(+0.0) 19-09(+0.0)				
12 Nicholas Stroh	12 Laguna Hills	19-08.00	+0.0	3
19-08(+0.0) 19-00.50(+0.0) 18-05(+0.0)				
13 LaSalle Jackson	12 Paramount	19-07.00	+0.0	4
FOUL(+0.0) 19-07(+0.0) 18-09(+0.0)				
14 Will Fice	12 El Toro	19-04.00	+0.0	4
19-03.25(+0.0) FOUL(+0.0) 19-04(+0.0)				
15 Angelo Godoy	9 Bishop Amat	19-04.00	+0.0	3
17-07.25(+0.0) 19-04(+0.0) 19-01.50(+0.0)				
16 Brandon Mehegan	11 Linfield	19-03.75	+0.0	4
19-03.75(+0.0) 19-02.50(+0.0) 18-07.50(+0.0)				
17 Corbin Zucco	12 Yucaipa	19-03.50	+0.0	4
FOUL(+0.0) FOUL(+0.0) 19-03.50(+0.0)				
18 Hunter Bode	12 Redondo Union	19-03.00	+0.0	3
19-00(+0.0) 19-03(+0.0) FOUL(+0.0)				
19 AJ Campbell	12 Edison -ss	19-02.00	+0.0	4
19-02(+0.0) 18-08.50(+0.0) 18-05(+0.0)				
20 Andy Keehn	11 Edison -ss	19-02.00	+0.0	4
FOUL(+0.0) FOUL(+0.0) 19-02(+0.0)				
21 Christopher Musetich	12 Santa Margarita	19-01.00	+0.0	2
18-11(+0.0) 19-01(+0.0) 17-10.50(+0.0)				
22 Aaron Trinh	11 Edison -ss	19-00.25	+0.0	2
FOUL(+0.0) FOUL(+0.0) 19-00.25(+0.0)				
23 Griffin Mason	12 Quartz Hill	18-10.00	+0.0	2
18-10(+0.0) 18-10(+0.0) FOUL(+0.0)				
24 Zachary Wagner	11 Yucaipa	18-09.00	+0.0	2
18-09(+0.0) FOUL(+0.0) 18-06.75(+0.0)				
25 Eric Cortellessa	12 Laguna Beach	18-07.50	+0.0	1
18-02(+0.0) 18-07.50(+0.0) FOUL(+0.0)				
26 Michael Stemage	12 Paramount	18-06.50	+0.0	3
18-06.50(+0.0) 17-09(+0.0) 17-05.50(+0.0)				
27 Miguel Galvan	12 Hart	18-06.50	+0.0	4
17-04.50(+0.0) 18-06.50(+0.0) 17-02.50(+0.0)				
28 Bryan Tran	11 El Toro	18-05.75	+0.0	2
18-05.75(+0.0) FOUL(+0.0) FOUL(+0.0)				
29 Isa Kitagawa	9 Redondo Union	18-04.50	+0.0	1
FOUL(+0.0) 18-03(+0.0) 18-04.50(+0.0)				
30 Calvin Black	11 Hamilton -la	18-02.50	+0.0	2
18-02.50(+0.0) 17-09(+0.0) 18-02.50(+0.0)				
31 Brandon Pederson	11 Pacifica (Gg)	18-02.50	+0.0	2
18-02.50(+0.0) 17-09(+0.0) 17-10(+0.0)				
32 Hagen Foreman	12 Jserra	17-11.50	+0.0	2
17-03.50(+0.0) 16-09.50(+0.0) 17-11.50(+0.0)				
33 Robel Askale	11 Rancho Alamitos	17-10.00	+0.0	1
17-10(+0.0) FOUL(+0.0) FOUL(+0.0)				
34 Ryan Murphy	10 Mission Viejo	17-08.00	+0.0	2
17-08(+0.0) 17-01(+0.0) 17-03.50(+0.0)				
35 Eric Shepard	11 Santa Margarita	17-07.75	+0.0	1
17-04(+0.0) 17-07.75(+0.0) 15-11.50(+0.0)				



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Long Jump VAR**

36	Dylan Kargari	11	Capo Valley	17-06.00	+0.0	2
	FOUL(+0.0) 17-05(+0.0) 17-06(+0.0)					
37	Brandon Le	10	Bishop Amat	17-05.00	+0.0	1
	FOUL(+0.0) 17-05(+0.0) 17-00(+0.0)					
38	Diego Correa	11	Capo Valley	17-00.00	+0.0	1
	16-11(+0.0) 6-09.75(+0.0) 17-00(+0.0)					
39	Max Whitney	12	El Toro	16-09.75	+0.0	1
	FOUL(+0.0) 16-09.75(+0.0) 16-09(+0.0)					
40	Ethan Teofilo	11	Linfield	16-09.50	+0.0	1
	15-11(+0.0) 16-05(+0.0) 16-09.50(+0.0)					
41	Garrett Robben	11	Laguna Beach	16-09.25	+0.0	2
	16-09.25(+0.0) 15-06(+0.0) 15-04.50(+0.0)					
42	Sean Mairs	11	Capo Valley	16-05.00	+0.0	1
	16-00(+0.0) FOUL(+0.0) 16-05(+0.0)					
43	Mathew Hsu	10	Redondo Union	16-02.00	+0.0	1
	15-03.50(+0.0) 16-02(+0.0) FOUL(+0.0)					
44	Jesus Salas	11	Rancho Alamitos	16-00.00	+0.0	1
	15-07.50(+0.0) FOUL(+0.0) 16-00(+0.0)					
45	Jordan M Graves	11	Quartz Hill	15-06.00	+0.0	1
	12-08.50(+0.0) 15-06(+0.0) 12-10.50(+0.0)					
--	Gabriel Esparza	10	Downey -ss	FOUL		1
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
--	Ethan Rupp	12	Santa Margarita	FOUL		1
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
--	Sean Miller	11	Quartz Hill	FOUL		1
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
--	Erick Villegas	12	Katella	FOUL		3
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					
--	Brandon Chaing	12	Pacific (Gg)	FOUL		2
	FOUL(+0.0) FOUL(+0.0) FOUL(+0.0)					

Boys Triple Jump VAR

Meet Record: * 49-00 2008 Chris Bernard, Rancho Bernardo						
Name	Year	School	Finals	Wind	H#	
1	Namir Hemphill	11	Upland	48-01.50	+0.0	2
	FOUL(+0.0) 45-08(+0.0) 47-00.50(+0.0) FOUL			48-01.50(+0.0) FOUL		
2	Trevor Harris	12	Etiwanda	46-00.25	+0.0	2
	FOUL(+0.0) 44-03(+0.0) FOUL(+0.0) 43-07.25(+0.0)			44-08.50(+0.0) 46-00.25(+0.0)		
3	LaSalle Jackson	12	Paramount	45-07.00	+0.0	2
	FOUL(+0.0) 44-03.50(+0.0) 45-06.50(+0.0) 45-00(+0.0)			43-04(+0.0) 45-07(+0.0)		
4	Corbin Zucco	12	Yucaipa	43-01.00	+0.0	2
	41-08.50(+0.0) 41-05.50(+0.0) FOUL(+0.0) 42-00(+0.0)			43-01(+0.0) 42-00(+0.0)		
5	Justin Williams	12	Trabuco Hills	42-09.00	+0.0	1
	40-07.50(+0.0) 41-04(+0.0) FOUL(+0.0) 41-05.50(+0.0)			42-01.50(+0.0) 42-09(+0.0)		
6	Brandon Meghan	11	Linfield	41-01.50	+0.0	2
	41-01.50(+0.0) 40-06(+0.0) 40-11.50(+0.0) 40-01(+0.0)			39-11(+0.0) 40-11.50(+0.0)		
7	Victor Trejo	11	Citrus Valley	41-01.00	+0.0	2
	41-01(+0.0) 40-07.50(+0.0) 40-11(+0.0) 40-07(+0.0)			40-07.50(+0.0) 40-10(+0.0)		



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Triple Jump VAR**

8	Ryan Ryu	12 Brea Olinda	40-05.00	+0.0	2	
	39-10.50(+0.0)	40-05(+0.0)	39-00(+0.0)	40-02(+0.0)	38-06.50(+0.0)	40-01.50(+0.0)
9	Edward Seo	11 Brea Olinda	40-04.50	+0.0	2	
	37-08(+0.0)	40-04.50(+0.0)	39-06(+0.0)	39-06.25(+0.0)	39-01(+0.0)	39-02.50(+0.0)
10	Hassani Hawkins	11 Upland	40-01.00	+0.0	2	
	37-05.50(+0.0)	40-01(+0.0)	37-04(+0.0)			
11	Will Fice	12 El Toro	39-06.50	+0.0	2	
	38-10(+0.0)	37-05(+0.0)	39-06.50(+0.0)			
12	David Ko	12 Pacifica (Gg)	39-02.00	+0.0	2	
	39-02(+0.0)	FOUL(+0.0)	FOUL(+0.0)			
13	Sean Mairs	11 Capo Valley	37-08.00	+0.0	1	
	37-01(+0.0)	37-08(+0.0)	FOUL(+0.0)			
14	Ethan Teofilo	11 Linfield	37-04.00	+0.0	1	
	36-06(+0.0)	FOUL(+0.0)	37-04(+0.0)			
15	Michael Stemage	12 Paramount	37-03.50	+0.0	2	
	36-01(+0.0)	37-02.50(+0.0)	37-03.50(+0.0)			
16	Terrell Placide	11 Downey -ss	37-00.00	+0.0	2	
	FOUL(+0.0)	37-00(+0.0)	FOUL(+0.0)			
17	Griffin Mason	12 Quartz Hill	36-09.50	+0.0	1	
	32-09.50(+0.0)	36-03.50(+0.0)	36-09.50(+0.0)			
18	Jesus Salas	11 Rancho Alamitos	36-09.00	+0.0	1	
	36-08.50(+0.0)	36-09(+0.0)	FOUL(+0.0)			
19	Brandon Pederson	11 Pacifica (Gg)	36-08.25	+0.0	1	
	35-10(+0.0)	36-08.25(+0.0)	35-03.50(+0.0)			
20	Aiden Keating	11 El Toro	36-07.50	+0.0	1	
	34-10.50(+0.0)	FOUL(+0.0)	36-07.50(+0.0)			
21	Zachary Wagner	11 Yucaipa	36-00.00	+0.0	2	
	35-09(+0.0)	35-09.50(+0.0)	36-00(+0.0)			
22	Dylan Kargari	11 Capo Valley	35-06.00	+0.0	1	
	34-08.25(+0.0)	35-06(+0.0)	34-05.50(+0.0)			
23	Brandon Chaing	12 Pacifica (Gg)	35-04.50	+0.0	1	
	35-02.50(+0.0)	34-07.50(+0.0)	35-04.50(+0.0)			
24	Max Whitney	12 El Toro	35-04.00	+0.0	1	
	34-05.50(+0.0)	35-04(+0.0)	35-01(+0.0)			
25	Miguel Galvan	12 Hart	34-10.50	+0.0	2	
	34-10.50(+0.0)	FOUL(+0.0)	FOUL(+0.0)			
26	Ryan Murphy	10 Mission Viejo	34-02.00	+0.0	2	
	FOUL(+0.0)	34-02(+0.0)	FOUL(+0.0)			

Boys Shot Put Hugo DeGroot VAR

Meet Record: * 66-00 4/2/2016 Matt Katnik, St. John Bosco						
Name	Year	School	Finals	H#		
1 Jose Cisneros	12	Downey -ss	50-07.50	5		
	49-01.50	49-07.50	50-07.50	48-08	48-07.50	47-02.50
2 Casanova AhFook	12	Warren	49-03.00	5		
	45-02.50	42-10	49-03	41-04	46-10.50	FOUL
3 Dorian Raymore	11	Leuzinger	48-00.50	5		
	45-10.50	45-09	46-10	48-00	46-02	48-00.50



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Shot Put Hugo DeGroot VAR**

4	Eric Hiller	11 Trabuco Hills	48-00.00	5
	FOUL 48-00 FOUL FOUL 46-02 FOUL			
5	Sam Henderson	12 Pacifica (Gg)	46-07.50	5
	41-09.50 46-07.50 45-02.50 42-10.50 45-06	43-11.50		
6	Tyler Davies	11 El Toro	46-05.50	5
	FOUL 46-05.50 44-01 45-11.50 FOUL 42-07			
7	Adam Camargo	12 Bishop Amat	46-04.50	4
	43-09.50 44-09.50 46-04.50 42-11.50 45-00	46-03.50		
8	Jonah Lewis	12 Edison -ss	45-09.50	5
	45-09.50 FOUL FOUL FOUL FOUL FOUL			
9	Bryan Zepeda	12 Trabuco Hills	44-11.00	5
	40-00 FOUL 43-10 44-11 FOUL 44-11			
10	Ugonna Ikejiofor	10 Downey -ss	43-08.00	5
	43-08 FOUL 41-10.50			
11	Grant Conaway	12 Edison -ss	43-00.00	4
	42-00 43-00 38-00			
12	Andres Gaspar	11 Katella	41-10.50	5
	39-03 40-11 41-10.50			
13	Anthony Velasco	12 Downey -ss	41-08.50	3
	36-05.50 39-06.50 41-08.50			
14	Slater Thompson	11 Trabuco Hills	41-04.50	2
	39-07.50 41-04.50 40-11.50			
15	Grayson Sowers	12 Ayala	40-06.50	4
	FOUL 40-03.50 40-06.50			
16	Trent Jordahl	11 Edison -ss	40-06.00	4
	40-06 39-05.50 FOUL			
17	Daniel Estrada	11 El Toro	40-04.50	4
	40-04.50 40-04.50 FOUL			
18	Robert Robbins	11 Rubidoux	40-04.00	3
	38-07 36-00 40-04			
19	Tylor Connely	11 Ayala	40-04.00	4
	FOUL 40-04 FOUL			
20	Logan Lopez	11 Trabuco Hills	40-02.50	2
	36-04.50 38-05.50 40-02.50			
21	Atir Estrada	12 Warren	40-01.00	4
	39-06.50 40-01 39-10			
22	Ryan Sanchez	11 Ayala	39-07.00	3
	37-11 37-07.50 39-07			
23	Michael Stine	11 Ayala	39-05.50	4
	36-09 39-05 39-05.50			
24	Michael Burdick	12 El Toro	39-05.50	3
	35-02.50 39-05.50 38-04.50			
25	Gabriel Marin	12 Edison -ss	39-04.00	3
	38-07.50 39-04 FOUL			
26	Noah Palacios	12 Downey -ss	39-03.50	4
	39-01 39-03.50 38-11			
27	Tyson Giles	12 Rubidoux	39-02.00	3
	FOUL 36-08 39-02			
28	Jake Garcia	10 Ayala	39-00.00	4
	38-11 39-00 38-09.50			



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Shot Put Hugo DeGroot VAR**

29 Anthony Lira	11 Pacifica (Gg)	39-00.00	4
38-01.50 37-08 39-00			
30 Justin Nguyen	11 Rancho Alamitos	38-07.50	2
FOUL FOUL 38-07.50			
31 Christian Harrison	11 Upland	38-06.00	1
35-10 36-05 38-06			
32 Cade Jones	11 Edison -ss	38-04.50	3
37-07 38-04.50 FOUL			
33 Kenneth-William Smith	11 Quartz Hill	37-11.50	3
37-11.50 37-01.50 35-08			
34 Bryan Bogarin	11 Katella	37-07.00	4
36-03 37-07 36-08.50			
35 Jerry Zeman	11 Edison -ss	37-00.00	4
34-08 37-00 36-04			
36 Zevastian Rosales	11 Downey -ss	36-05.00	2
35-04 36-05 35-11.50			
37 Michael McCarthy	12 Woodbridge	35-04.50	3
35-04.50 35-00 FOUL			
38 Kevin Hill	12 Capo Valley	35-04.00	1
35-04 35-01 34-08			
39 Andrew Vargas	11 Ayala	35-02.00	3
34-06.50 33-02.50 35-02			
40 Quentin Patch	12 Yucaipa	35-01.00	2
34-05 35-01 35-00			
41 Justin Yaskowitz	11 Redondo Union	33-10.50	2
31-04.50 32-08 33-10.50			
42 Corey Bannerman	12 Capo Valley	33-08.50	1
29-00 31-02 33-08.50			
43 Logan Leeds	11 Laguna Beach	31-07.00	1
28-04 31-07 27-06			
44 Sam Mwamba	11 Trabuco Hills	29-00.00	1
29-00 26-11 27-00			
45 Daniel Murray	11 Trabuco Hills	27-06.00	1
26-08 27-06 26-04			
46 Kenneth Lee	12 Arcadia	26-11.50	1
26-02 26-04 26-11.50			
47 Nicholas White	11 Redondo Union	26-06.00	1
25-11.50 26-06 26-00			
-- Brandon Dieguez	11 Hart	FOUL	1
FOUL FOUL FOUL			
-- Jacob Teague	12 Upland	FOUL	5
FOUL FOUL FOUL			
-- Daniel Bravo	12 Downey -ss	FOUL	2
FOUL FOUL FOUL			
-- Luke Jenkins	11 Hart	FOUL	3
FOUL FOUL FOUL			



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Boys Discus Throw VAR**

=====				
Meet Record: * 198-09.50 1997 Scott Moser, Huntington Beach				
Name	Year	School	Finals	H#
=====				
1 Jose Cisneros	12	Downey -ss	169-07	5
2 Ugonna Ikejiofor	10	Downey -ss	144-05	5
3 Grayson Sowers	12	Ayala	144-03	5
4 Cole White	12	Corona Del Mar	143-02	5
5 Alexis Ibarra	12	Mission Viejo	142-07	5
6 Jacob Teague	12	Upland	137-10	5
7 Sam Henderson	12	Pacifica (Gg)	136-10	5
8 Casanova AhFook	12	Warren	132-03	5
9 Cole Jensen	12	Woodbridge	129-11	5
10 Joseph Medina	12	Bell Gardens	128-01	5
11 Jonah Lewis	12	Edison -ss	127-05	5
12 Aiden Verdugo	12	Ayala	126-07	4
13 Michael Stine	11	Ayala	122-09	5
14 Bryan Bogarin	11	Katella	121-07	4
15 Jerry Zeman	11	Edison -ss	121-02	4
16 Gabriel Marin	12	Edison -ss	120-11	3
17 Coby Nile	11	Linfield	120-05	3
18 Anthony Velasco	12	Downey -ss	118-05	4
19 Andres Gaspar	11	Katella	117-10	4
20 Bryan Zepeda	12	Trabuco Hills	117-07	4
20 Daniel Bravo	12	Downey -ss	117-07	4
22 Justin Nguyen	11	Rancho Alamitos	116-11	2
22 Ryan Sanchez	11	Ayala	116-11	3
24 Michael Burdick	12	El Toro	116-10	3
25 Michael McCarthy	12	Woodbridge	116-03	4
26 Gavin Cormier	12	Santa Margarita	113-03	4
27 Tyler Davies	11	El Toro	110-08	3
28 Michael Rodriguez	11	Ayala	110-05	2
29 Anthony Lira	11	Pacifica (Gg)	106-01	2
30 Josh Elmer	12	Trabuco Hills	104-01	3
31 River James	12	Edison -ss	103-07	3
32 Eric Hiller	11	Trabuco Hills	102-11	4
33 Tylor Connely	11	Ayala	101-11	3
34 Luke Jenkins	11	Hart	101-10	2
35 Brandon Dieguez	11	Hart	101-03	2
36 Justin Yaskowitz	11	Redondo Union	100-11	1
37 Slater Thompson	11	Trabuco Hills	100-03	3
38 Kevin Hill	12	Capo Valley	100-01	2
39 Robert Robbins	11	Rubidoux	97-11	2
40 Grant Conaway	12	Edison -ss	95-06	2
41 Zevastian Rosales	11	Downey -ss	93-06	4
42 Atir Estrada	12	Warren	92-09	3
43 Logan Leeds	11	Laguna Beach	91-09	1
44 Noah Palacios	12	Downey -ss	89-09	3
45 Kenneth-William Smith	11	Quartz Hill	86-01	1
46 Caden Mink	12	Yucaipa	83-05	4
47 Jonathan Guzman	11	Rancho Alamitos	78-01	2



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys Discus Throw VAR**

48 Daniel Estrada	11 El Toro	74-01	2
49 Nicholas White	11 Redondo Union	71-11	1
50 Corey Bannerman	12 Capo Valley	67-09	1
-- Delbert Salazar	12 Bishop Amat	ND	1
-- Levi Currier	11 Bishop Amat	ND	3
-- Luke Osthus	11 Pacifica (Gg)	ND	2
-- Jared Ayvazian	12 Woodbridge	ND	5
-- Andrew Rowe	12 Bishop Amat	ND	1
-- Elemewafy Kareem	9 Laguna Beach	ND	1
-- Sammer Tarazi	11 Laguna Beach	ND	1
-- Eric Cortellessa	12 Laguna Beach	ND	1
-- Jordan Sioussat	11 Hart	ND	2
-- Khaled Korfali	12 Upland	ND	1
-- Jon Paul Alcala	12 Bishop Amat	ND	2
-- Juan Cervantes	12 Upland	ND	1
-- Zach Porter	11 Trabuco Hills	ND	4
-- Trent Jordahl	11 Edison -ss	ND	3
-- Adam Camargo	12 Bishop Amat	ND	1
-- Matt Brashears	12 Maranatha Christian	ND	1
-- Sebastian Gomez	11 Upland	ND	3
-- Zayne Kratz	11 Laguna Hills	ND	2

Boys 100 Meter Dash F/S

Meet Record: * 11.14 2013 JT Hill, Chaminade

Name	Year School	Finals	Wind	H#
1 Jacob Skobis	10 Downey -ss	11.33	1.6	2
2 Kyle Smith	10 Mission Hills	11.42	1.6	2
3 Xavier Rojas	10 Ayala	11.44	0.9	1
4 Chase Mars	10 Ayala	11.57	0.9	1
5 Jalen Jones	9 Santa Margarita	11.58	1.6	2
6 David Garcia	9 Downey -ss	11.60	0.9	1
7 Crispin Wong	10 Linfield	11.64	2.3	3
8 Noah Cantrell	9 Santa Margarita	11.66	1.6	2
9 Josh Terry	9 Western	11.67	1.1	4 11.665
10 Drew Sulick	10 Santa Margarita	11.67	2.3	3 11.667
11 Jordan Galindo	10 Downey -ss	11.74	2.3	3
12 Bryan Nichols	10 Bishop Amat	11.75	1.6	2
13 Frank Surrell	10 Katella	11.78	2.3	3
14 Juan Wilson	9 Cathedral	11.86	2.3	3 11.856
15 Luke Monzon	10 Katella	11.86	0.9	1 11.859
16 Justin Harris	9 Katella	11.88	1.8	5
17 Ethan Pineda	10 Trabuco Hills	11.90	1.6	2
18 Colin West	10 Trabuco Hills	11.92	1.6	2 11.916
18 Calvin Carter	9 Katella	11.92	1.1	4 11.916
20 Shayan Alipourjeddi	10 Trabuco Hills	12.05	2.3	3
21 Matt Martin	9 Mission Hills	12.07	2.1	6
22 Jack Irving	10 Mission Viejo	12.11	2.3	3
23 Nicholas Aviles	9 Downey -ss	12.14	1.1	4



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 100 Meter Dash F/S**

24	Jacob Meza	9	Pacifica (Gg)	12.17	1.1	4
25	Ketan Yadav	9	Mission Hills	12.22	1.8	5
26	Daniel Dominguez	10	Mission Viejo	12.23	1.1	4 12.228
26	Owen Barisic	9	Jserra	12.23	2.1	6 12.228
28	Blake Allen	10	Linfield	12.25	1.8	5
29	Johnny Martinez	9	Pacifica (Gg)	12.26	1.8	5
30	Benjamin Weese	10	Quartz Hill	12.29	1.8	5
31	Gavin Heiser	10	Ayala	12.34	2.1	6
32	Matthew Bulalacao	10	El Toro	12.35	1.1	4
33	Marcus Johnson	9	Western	12.36	1.8	5
34	Nicholas Saman	9	Jserra	12.37	2.1	6
35	Ricky Williams	9	Mission Hills	12.40	1.2	7
36	Dylan Hagen	9	Trabuco Hills	12.41	1.1	4
37	Michael Reyes	9	Capo Valley	12.48	2.1	6
38	Jared Redoblado	10	Downey -ss	12.50	1.1	4
39	Brock Morishige	9	Redondo Union	12.55	2.1	6
40	Kayden Lawrence	9	Capo Valley	12.64	1.2	7
41	Marcus Jackson	10	Leuzinger	12.66	2.3	3
42	Landin Dujardin	10	Rancho Alamitos	12.74	1.2	7
43	Malik Morris	9	Quartz Hill	12.84	1.0	8
44	Steven Pham	10	Rancho Alamitos	12.85	1.0	8
45	Ashton Walters	9	Quartz Hill	12.86	1.0	8
46	Ahmari Amin	10	Capo Valley	12.96	1.2	7
47	Will Terrell	10	Trabuco Hills	13.02	2.1	6
48	Colin Nguygn	10	Bishop Amat	13.04	1.8	5
49	Maximilian Smith	9	Quartz Hill	13.14	1.2	7
50	Ronald Nguyen	9	Rancho Alamitos	13.37	1.2	7
51	Alexis Ordaz	10	Rancho Alamitos	13.47	1.0	8
52	Alex Buckholz	9	Quartz Hill	13.94	1.0	8
53	Angel Jones	10	Quartz Hill	15.68	1.0	8
--	Kenny Manaserro	9	Mission Viejo	DNF	0.9	1

Boys 200 Meter Dash F/S

=====						
Meet Record: * 22.69 2013 JT Hill, Chaminade						
Name	Year	School	Finals	Wind	H#	
=====						
1	Ryan Rivituso	10	Edison -ss	22.61	2.5	1
2	Xavier Rojas	10	Ayala	23.00	2.5	1
3	Chase Mars	10	Ayala	23.04	2.6	2
4	Jacob Skobis	10	Downey -ss	23.11	2.5	1
5	Tyler Whitman	10	Santa Margarita	23.41	2.5	1
6	Jack de Bos	10	Edison -ss	23.43	2.5	1
7	Jalen Jones	9	Santa Margarita	23.59	2.6	2
8	Juan Wilson	9	Cathedral	23.72	2.6	2
9	Bryce Bushnell	11	Mission Viejo	23.78	2.6	2
10	Ian Castro	9	Mission Hills	23.85	2.4	3
11	Jordan Galindo	10	Downey -ss	23.87	2.6	2
12	Theodore Woodbury	10	Ayala	23.90	2.4	3
13	Noah Cantrell	9	Santa Margarita	24.13	2.6	2



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 200 Meter Dash F/S**

14	Drew Sulick	10	Santa Margarita	24.34	2.4	3	
15	Bryan Nichols	10	Bishop Amat	24.38	2.8	5	
16	Noah Stemen	10	Capo Valley	24.59	2.8	5	
17	Neil Dibos	10	Mission Hills	24.65	2.0	4	
18	Jacob Meza	9	Pacifica (Gg)	24.68	2.8	6	
19	Jack Zheng	10	Ayala	24.73	2.0	4	
20	Cooper Buckhorn	9	Laguna Beach	24.84	2.8	6	
21	Eli Bloom	10	Trabuco Hills	24.91	2.0	4	24.903
22	Dylan Hagen	9	Trabuco Hills	24.91	2.0	4	24.905
23	Benjamin Weese	10	Quartz Hill	25.04	2.8	6	
24	Gavin Heiser	10	Ayala	25.08	2.8	5	
25	Mason Koch	9	Santa Margarita	25.11	2.4	3	
26	Kyle Yoon	9	Ayala	25.22	2.8	5	
27	Raiden Windholz	9	Trabuco Hills	25.39	2.8	5	
28	Heath Magiera	10	Laguna Beach	25.48	2.9	7	
29	Cade Soriano	10	Upland	25.63	2.9	7	
30	Owen Barisic	9	Jserra	25.64	2.8	5	
31	Jagger Cardwell	10	Redondo Union	25.68	2.8	6	
32	Kayden Lawrence	9	Capo Valley	25.90	2.9	7	25.892
33	Daniel Anderson	9	Rancho Alamitos	25.90	2.9	7	25.897
34	Devon Flynn	9	Upland	25.94	2.8	6	
35	Brock Morishige	9	Redondo Union	25.95	2.4	3	
36	Brennan Hoiland	9	Laguna Beach	26.00	2.9	7	
37	Francisco Ortiz Santos	9	Western	26.36	2.8	5	
38	Ahmari Amin	10	Capo Valley	26.38	2.9	7	
39	Ashton Walters	9	Quartz Hill	26.42	2.8	6	
40	Maximilian Smith	9	Quartz Hill	26.47	3.8	8	26.463
41	Malik Morris	9	Quartz Hill	26.47	3.8	8	26.467
42	Landin Dujardin	10	Rancho Alamitos	26.49	2.9	7	
43	Michael Reyes	9	Capo Valley	26.81	2.8	6	
44	Steven Pham	10	Rancho Alamitos	27.20	2.9	7	
45	Ronald Nguyen	9	Rancho Alamitos	27.31	3.8	8	
46	Jack Arntz	9	Laguna Beach	27.76	3.8	8	
47	Alexis Ordaz	10	Rancho Alamitos	28.21	3.8	8	
48	Alex Buckholz	9	Quartz Hill	29.31	3.8	8	
49	Angel Jones	10	Quartz Hill	33.30	3.8	8	

Boys 400 Meter Dash F/S

=====						
Meet Record: * 50.15 2013 Evan Tyler, Roosevelt -SS						
Name		Year	School	Finals	H#	
=====						
1	Ryan Rivituso	10	Edison -ss	50.66	1	
2	Alessandro Ferreira	10	Downey -ss	51.83	1	
3	Tyler Whitman	10	Santa Margarita	52.36	1	
4	Theodore Woodbury	10	Ayala	52.76	2	
5	Shing Kam	10	Woodbridge	53.00	1	
6	Bryce Bushnell	11	Mission Viejo	53.29	2	
7	Ian Castro	9	Mission Hills	53.44	1	
8	Camden Patterson	10	El Toro	53.75	2	53.741



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 400 Meter Dash F/S**

9 Owen Lucas	10 Woodbridge	53.75	1 53.742
10 Jack Zheng	10 Ayala	53.82	2
11 Eli Bloom	10 Trabuco Hills	55.28	3
12 Logan Gibson	10 El Toro	56.00	3
13 Noah Stemen	10 Capo Valley	56.09	3
14 Erwan Caron	10 El Toro	56.22	5
15 Matt Moeller	9 Trabuco Hills	56.24	4
16 Jalen Leonard	10 Linfield	56.25	3
17 Devon Flynn	9 Upland	56.43	7
18 Jahan Hosseinian	9 Capo Valley	56.54	6 56.534
19 Alexander Durham	9 Santa Margarita	56.54	4 56.536
20 Sebastian Pla	9 Santa Margarita	56.59	5
21 Blake DeCourcy	9 Jserra	56.88	4
22 Gregory Gegenfurtner	9 Santa Margarita	57.14	4
23 Stevan Jensenski	9 Trabuco Hills	57.45	4
24 Kyle Yoon	9 Ayala	57.47	4
25 Donovan Livingston	9 Leuzinger	57.49	3
26 Vincent Silva	10 Sunny Hills	57.90	1
27 Cade Soriano	10 Upland	57.91	5
28 Raiden Windholz	9 Trabuco Hills	57.97	3
29 Francisco Ortiz Santos	9 Western	58.10	6
30 Emmett Roberts	10 El Toro	58.27	6
31 Jagger Cardwell	10 Redondo Union	58.89	3
32 Ngige Emmanuel	10 Katella	59.16	5
33 Houssin Saadeh	10 Capo Valley	59.74	5
34 Alexandre Brandom	9 Mission Viejo	59.82	6
35 Banjamn Honeycutt	10 Mission Viejo	59.86	6
36 Daniel Anderson	9 Rancho Alamitos	1:01.05	7
37 Hassan Warsi	10 Capo Valley	1:01.68	7
38 Diego Julio	9 Katella	1:02.86	5
39 Jaydin Knigjht	9 Katella	1:03.69	5
40 Ty Hundley	10 Capo Valley	1:13.42	7

Boys 110 Meter Hurdles F/S

Meet Record: * 15.46 4/2/2016 Collin Hurd, Trabuco Hill

Name	Year School	Finals	Wind	H#
1 Karl Anderson	10 Trabuco Hills	16.09	0.5	1
2 Brandon Chau	10 Trabuco Hills	16.78	0.5	1
3 Micah Nowlin	10 Edison -ss	16.97	0.5	1
4 Gabriel Esparza	10 Downey -ss	17.14	0.5	1
5 Keyshawn Tresvant	10 Katella	17.50	0.5	1
6 Micah Belden	10 Ontario Christian	17.69	0.5	1
7 Jakob Johns	10 Capo Valley	17.87	0.5	1
8 Daniel Granado	10 Edison -ss	17.97	0.5	1
9 Amarion Woods	9 Quartz Hill	19.21	0.5	1
10 Jason Nguyen	10 Rancho Alamitos	20.40	-0.8	2
11 Isaac Thomas	9 Mission Hills	20.84	-0.8	2
12 Erick Valenzuela	10 Rancho Alamitos	22.20	-0.9	3



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****....Boys 110 Meter Hurdles F/S**

13 Salvador Correa	9 Rancho Alamitos	24.70	-0.9	3
14 isaac Platas	9 Rancho Alamitos	24.94	-0.9	3

Boys 300 Meter Hurdles F/S

Meet Record: * 41.02 4/2/2016 Collin Hurd, Trabuco Hill

Name	Year	School	Finals	H#
1 Karl Anderson	10	Trabuco Hills	42.65	1
2 Colin West	10	Trabuco Hills	43.01	1
3 Gabriel Esparza	10	Downey -ss	43.30	1
4 Keyshawn Tresvant	10	Katella	44.88	1
5 Micah Nowlin	10	Edison -ss	45.36	1
6 Daniel Granado	10	Edison -ss	45.87	1
7 Vincent Silva	10	Sunny Hills	46.07	1
8 Sam Seward	10	Pacifica Chr	47.34	2
9 Micah Belden	10	Ontario Christian	48.59	2
10 Amarion Woods	9	Quartz Hill	51.33	2
11 Erick Valenzuela	10	Rancho Alamitos	51.38	3
12 Isaac Thomas	9	Mission Hills	52.09	2
13 Jason Nguyen	10	Rancho Alamitos	52.20	3
14 Salvador Correa	9	Rancho Alamitos	53.06	2

Boys 4x100 Meter Relay F/S

Meet Record: * 44.05 2013 Roosevelt -SS, Roosevelt -SS

School	Finals	H#
1 Edison -ss	44.41	1
2 Santa Margarita	44.45	1
3 Downey -ss	45.33	1
4 Leuzinger	45.61	1
5 Trabuco Hills	45.80	1
6 Katella	45.86	1
7 Mission Hills	45.99	1
8 Mission Hills 'B'	46.65	2
9 Capo Valley	48.24	2
10 Citrus Valley	48.59	2
11 Quartz Hill	50.84	2

Boys 4x400 Meter Relay F/S

Meet Record: * 3:27.17 1996 Dominguez, Dominguez High S

School	Finals
1 Leuzinger	3:46.21
2 El Toro	3:46.85
3 Citrus Valley	3:49.02
4 Laguna Beach	4:07.11



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Trabuco Hills Invitational & Distance Carnival - 3/29/2019 to 3/30/2019**Trabuco Hills HS****Results****Boys Distance Medley 12-4-8-16 F/S**

School	Finals
1 Mission Viejo	11:15.68
2 Mission Viejo 'B'	11:51.69
3 Santa Margarita	11:56.11
4 Capo Valley	11:58.39
5 Katella	12:07.03
6 Mission Hills	12:15.69
7 Capo Valley 'B'	12:34.57



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