

# ASU INVITATIONAL

Hosted by Arizona State University  
March 22-23, 2019

## ***Friday, March 22, 2019***

FIELD EVENTS (Women first, Men to follow unless noted)

1:00pm - Hammer Women

~2:30pm start time Men

4:30pm - Discus Women

~5:45pm start time Men

### RUNNING EVENTS

7:00pm Men's 3k Steeplechase

7:15pm Women's 3k Steeplechase

## ***Saturday, March 23, 2019***

FIELD EVENTS (Men first, Women to follow)

4:30pm Javelin – Women, Men to follow

3:30pm Pole Vault – Women, Men to follow

5:30pm High Jump – Women, Men to follow

5:30pm Long Jump – Women East Pit  
Men West Pit

5:30pm Shot Put – Women, Men to follow

7:30pm Triple Jump – Women East Pit  
Men West Pit

### RUNNING EVENTS (Women first, Men to follow)

5:10pm National Anthem

5:20pm Women's 4x100m Relay

5:33pm Men's 4x100m Relay

5:48pm 100m Wheelchair (exhibition)

5:53pm Women's 100m Hurdles

5:59pm Men's 110m High Hurdles

6:04pm Women's 1500m Run

6:17pm Men's 1500m Run

6:31pm Women's 400m Dash

6:40pm Men's 400m Dash

6:50pm Women's 100m Dash

6:58pm Men's 100m Dash

7:06pm Women's 800m Run

7:17pm Men's 800m Run

7:29pm Women's 400m Hurdles

7:38pm Men's 400m Hurdles

7:43pm Women's 200m Dash

7:55pm Men's 200m Dash

8:04pm Women's 3,000m Run

8:15pm Men's 3,000m Run

8:27pm Women's 4x400m Relay

8:35pm Men's 4x400m Relay

