

Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 1 Girls 4x100 Meter Relay Junior Varsity

School	Seed	Finals
Finals		
1 Valhalla 'A'	52.19	59.17
1) Alvarez, Valeria 9	2) Lindquist, Athena 9	
3) Shoka, Maria 12	4) Duke, Kelly 9	

Event 2 Boys 4x100 Meter Relay Junior Varsity

School	Seed	Finals
1 Helix 'A'	45.90	46.44
1) Boone, Michael 10	2) Washington, Christian 9	
3) Jones, Jared 9	4) Van, Xavier 9	
2 Valhalla 'A'	44.17	48.75
1) Tomlinson, Miles 10	2) Abdulnoor, Saib 11	
3) Young, Zachary 10	4) Stephan, Brandon 11	

Event 3 Girls 4x100 Meter Relay Varsity

School	Seed	Finals
1 Helix 'A'	51.50	52.21
1) Small, Alysa 12	2) Matthewson, Amya 9	
3) Marquez, Mia 11	4) Kull, Audrey 10	
-- Valhalla 'A'	52.19	DQ out of zone 1
1) Moltke, Brooklyn 10	2) Ibrahim, Rachelle 10	
3) McKnight, Ashlyn 9	4) Effner, Samantha 10	

Event 4 Boys 4x100 Meter Relay Varsity

School	Seed	Finals
1 Helix 'A'	43.50	43.57
1) Mulligin, Denzel 11	2) Parker, Eric 11	
3) Sheridan, Ty 12	4) Janson, Ty 10	
2 Valhalla 'A'	44.17	44.72
1) Worthy, Kiare 12	2) Heers, Gonzalo 10	
3) Lipsey, Ian 10	4) Cesena, Isaac 9	
3 Helix 'B'	45.00	x45.77
1) Shields, Josh 12	2) Rolison, Kali 10	
3) Kelly, Cameron 11	4) Brown, Marlon 10	

Event 5 Girls 1600 Meter Run Junior Varsity

Name	Year School	Seed	Finals
1 Garcia, Vyannei	10 Valhalla	6:35.88	6:28.12
2 Molina, Ariana	9 Valhalla	6:36.20	7:01.96



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 5 Girls 1600 Meter Run Junior Varsity

3	Goldberg, Simone	10	Valhalla	6:41.45	7:03.21
4	Torres, Melody	10	Helix		7:04.49

Event 6 Boys 1600 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1	Justeson, Darren	10 Helix	5:07.41	5:13.22
2	Topete, Jorge	11 Helix	5:12.95	5:15.30
3	Gomez, Miguel	11 Helix		5:21.76
4	Wong, King	11 Helix	5:19.64	5:23.58
5	Cono, Vincent	10 Valhalla	5:22.75	5:27.12
6	Mauricio, Scott	10 Helix		5:28.07
7	Talamantez, Miguel	10 Helix		5:34.28
8	Polite, Nate	10 Valhalla	5:32.20	5:42.77
9	Nguyen, Phillips	11 Helix	5:50.80	5:44.80
10	Nance, Nico	9 Valhalla	5:37.86	5:57.22
11	Jacobo, Sisto	11 Valhalla	5:50.63	6:12.12

Event 7 Girls 1600 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Baranski, Kate	10 Valhalla	5:49.32	5:48.79
2	Rincon, Jessie	10 Valhalla	6:00.71	5:48.90
3	Winspear, Jordan	10 Helix	5:57.00	6:02.06

Event 8 Boys 1600 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Forester, Jaden	11 Helix	4:49.03	4:50.24
2	Martinez, Eduardo	12 Helix	4:42.90	4:52.33
3	Mastronardi, Kaeli	12 Helix	5:04.69	4:59.07
4	Waymire, Jake	12 Valhalla	4:57.40	5:00.92
5	Zhang, James	3 Helix	5:05.98	5:01.20
6	Olander, Cooper	12 Valhalla	5:04.86	5:04.53
7	Campos, Oscar	11 Valhalla	5:05.09	5:09.97
8	Nance, Adam	11 Valhalla	5:13.60	5:19.21

Event 9 Girls 100 Meter Hurdles Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Duke, Kelly	9 Valhalla	20.27	20.06	1
2	Gonzalez, Angeline	10 Valhalla	21.10	21.07	1
3	Chammas, Audrey	9 Valhalla	20.87	21.51	1
4	Crimi, Gabriella	9 Valhalla	21.90	21.84	1
5	Sperry, Judith	10 Valhalla	22.24	22.83	2



For Live Results
Download the App



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 9 Girls 100 Meter Hurdles Junior Varsity

6	Lindquist, Athena	9 Valhalla	22.72	23.39	2
7	Rodriguez, Viviana	10 Valhalla	23.04	23.51	2
8	Powell, Abigail	9 Valhalla	21.40	31.35	1

Event 10 Girls 100 Meter Hurdles Varsity

Name	Year	School	Seed	Finals
1	Kull, Audrey	10 Helix	17.11	16.43
2	Nelipovich, Sierra	11 Valhalla	17.84	18.32
3	Olander, Emilee	10 Valhalla	18.44	18.50
4	Mauricio, Sarah	12 Helix	19.11	19.20
5	Wilmore, Jocelyn	12 Helix		20.93

Event 11 Boys 110 Meter Hurdles Junior Varsity

Name	Year	School	Seed	Finals
1	Ramos, Thomas	10 Valhalla	18.64	18.41
2	Salicido, Andre	10 Helix	21.04	19.60
3	Angleton, Calvin	10 Valhalla	21.71	20.89
4	Tadd-Coburn, Noah	10 Helix		21.36
5	Garcia-Sanchez, Di	11 Helix		21.37
6	Campbell, Caleb	9 Valhalla	22.47	21.42
7	Jones, Kyree	10 Helix		21.79

Event 12 Boys 110 Meter Hurdles Varsity

Name	Year	School	Seed	Finals
1	Janson, Ty	10 Helix	17.26	16.88
2	Childs, Marsalis	10 Valhalla	16.46	17.09
3	Kneeshaw, Micah	12 Valhalla	18.40	17.82

Event 13 Girls 400 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1	Whitley, Jazzlyn	10 Helix	1:10.25	1:09.59
2	Baird, Sienna	9 Helix	1:09.78	1:10.77
3	Martinez, Giovanna	10 Valhalla	1:17.57	1:16.77
4	Navarrete, Giselle	10 Valhalla	1:21.89	1:17.31
5	Boyd, Araya	10 Helix		1:22.05
6	Makou, Fiona	9 Valhalla	1:23.05	1:22.28



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 14 Boys 400 Meter Run Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Moots, Moises	10 Helix	55.50	56.48	1
2	Harrigan, Alan	9 Valhalla	1:05.24	59.41	2
3	Logan, Thomas	9 Valhalla	59.76	1:00.24	1
4	Poutoa, Salua	10 Valhalla	1:03.20	1:02.38	1
5	Breau, Zacke	10 Helix		1:03.08	2
6	Stephan, Brandon	11 Valhalla	1:01.40	1:03.31	1
7	Denison, Ethan	9 Helix	1:03.64	1:04.17	2
8	Bajoua, Branson	9 Valhalla		1:06.27	2

Event 15 Girls 400 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Effner, Samantha	10 Valhalla	59.98	1:03.22
2	Matthewson, Amya	9 Helix	1:02.35	1:03.42
3	Garcia, Alana	10 Helix	1:03.95	1:05.79
4	Kraft, Peri	10 Valhalla		1:05.95

Event 16 Boys 400 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Sheridan, Ty	12 Helix		52.70
2	Cesena, Isaac	9 Valhalla	52.69	54.09
3	Brown, Marlon	10 Helix	55.38	54.16
4	Heers, Gonzalo	10 Valhalla	53.18	55.10
5	Hill, Jeffrey	12 Helix	53.50	58.75

Event 17 Girls 100 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Nye, Alaysia	9 Helix	13.80	13.95	1
2	Dawood, Natalia	9 Valhalla	14.32	14.23	1
3	Vargus, Jayden	10 Helix		14.24	3
4	Duke, Kelly	9 Valhalla	14.32	14.33	1
5	Martin, Ebony	11 Helix	14.39	14.35	1
6	Marshall, Kiala	9 Helix	14.40	14.48	1
7	Jack, Sheniya	10 Helix		14.89	3
8	Gregory, Jlynn	10 Helix	15.10	15.06	2
9	Sablan, Benisha	10 Helix	15.06	15.24	1
10	Milian, Athena	9 Helix	15.70	15.59	2
11	Powell, Abigail	9 Valhalla	15.58	15.85	1
12	Rabban, Christine	11 Valhalla	16.01	15.86	2
13	Osterbuhr, Tylar	9 Helix	15.74	15.86	2
14	Makou, Fiona	9 Valhalla	15.88	15.86	2
15	Alvarez, Valeria	9 Valhalla	15.59	16.08	1



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 17 Girls 100 Meter Dash Junior Varsity

16	Goria, Amber	11	Valhalla	16.57	16.58	2
17	Petrone, Corin	11	Valhalla	16.46	16.60	2
18	Toews, Alanis-lee	9	Helix	15.80	17.35	2
19	Aziz, Aimee	11	Valhalla	18.19	18.13	3
20	Shaba, Jessica	10	Valhalla	18.38	18.40	3

Event 18 Boys 100 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Washington, Christ	9 Helix	11.50	11.89	1
2	Boone, Michael	10 Helix	11.73	11.90	1
3	Koolen, Caydon	11 Helix	12.12	12.18	1
4	Jones, Jared	9 Helix	12.43	12.33	2
5	Schoop, Domonick	10 Helix	12.41	12.38	2
6	Van Holten, Aleand	10 Helix	12.40	12.43	1
7	Young, Zachary	10 Valhalla	12.55	12.59	1
8	Bakir, Hussain	10 Valhalla	13.09	12.64	2
9	Tomlinson, Miles	10 Valhalla	12.27	12.67	1
10	Salicido, Andre	10 Helix	12.83	12.84	2
11	Ollison, Sage	9 Valhalla	12.95	13.01	2
12	Campbell, Caleb	9 Valhalla	12.94	13.46	1
13	Jones, Kyree	10 Helix		13.95	2
14	Mohamed, Hamza	10 Helix		14.32	2

Event 19 Girls 100 Meter Dash Varsity

Name	Year	School	Seed	Finals
1	McKnight, Ashlyn	9 Valhalla	13.27	13.36
2	Moltke, Brooklyn	10 Valhalla	13.27	13.40
3	Marquez, Mia	11 Helix	13.43	13.44
4	Billingsley, Alexi	10 Helix	13.51	13.87

Event 20 Boys 100 Meter Dash Varsity

Name	Year	School	Seed	Finals
1	Parker, Eric	11 Helix	11.36	11.13
2	Janson, Ty	10 Helix	11.51	11.38
3	Lipsey, Ian	10 Valhalla	11.22	11.39
4	Mulligin, Denzel	11 Helix	11.71	11.70
5	Rolison, Kali	10 Helix	11.49	11.91
6	Worthy, Kiare	12 Valhalla	11.22	11.97



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 21 Girls 800 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1	McBride, Emily	10 Valhalla	2:55.83	2:59.80
2	Goldberg, Simone	10 Valhalla	3:06.52	3:18.90
3	Rojas, Brenda	9 Helix	3:05.74	3:32.34

Event 22 Boys 800 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1	Topete, Jorge	11 Helix	2:19.05	2:14.70
2	Justeson, Darren	10 Helix	2:15.60	2:16.42
3	Gomez, Miguel	11 Helix	2:19.41	2:20.10
4	Wong, King	11 Helix	2:25.31	2:22.25
5	Dunnam, Jake	9 Valhalla		2:22.52
6	Cono, Vincent	10 Valhalla	2:32.13	2:35.05
7	Polite, Nate	10 Valhalla	2:39.06	2:42.86
8	Jacobo, Sisto	11 Valhalla	2:38.26	2:51.83

Event 23 Girls 800 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Kraft, Peri	10 Valhalla	2:33.36	2:31.09
2	Small, Alysa	12 Helix	2:31.67	2:34.64
3	Rincon, Jessie	10 Valhalla	2:37.96	2:39.54
4	Kasyouhannon, Alys	9 Valhalla	2:45.23	2:39.95
5	Febus, Genesis	11 Helix	2:42.19	2:40.94
6	Winspear, Jordan	10 Helix	2:45.99	2:45.83

Event 24 Boys 800 Meter Run Varsity

Name	Year	School	Seed	Finals
1	Owens, Ramon	12 Valhalla	2:11.40	2:07.38
2	Martinez, Eduardo	12 Helix	2:07.22	2:08.98
3	Polite, Zachary	12 Valhalla		2:09.74
4	Olander, Cooper	12 Valhalla	2:14.67	2:17.10

Event 25 Girls 300 Meter Hurdles Junior Varsity

Name	Year	School	Seed	Finals
1	Duke, Kelly	9 Valhalla	54.80	55.23
2	Gonzalez, Angeline	10 Valhalla	56.93	57.59
3	Lindquist, Athena	9 Valhalla	59.41	58.53
4	Crimi, Gabriella	9 Valhalla	59.55	58.60
5	Chammas, Audrey	9 Valhalla	59.69	1:01.10
6	Bartlett, Rachel	9 Valhalla	1:03.05	1:03.39



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 25 Girls 300 Meter Hurdles Junior Varsity

7	Powell, Abigail	9 Valhalla	1:01.61	1:03.68	
--	Rodriguez, Viviana	10 Valhalla	1:01.61	DQ	touch hurdle w/hand

Event 26 Girls 300 Meter Hurdles Varsity

Name	Year	School	Seed	Finals
1	Olander, Emilee	10 Valhalla	53.78	53.21
2	Ibrahim, Rachelle	10 Valhalla	51.87	53.63

Event 27 Boys 300 Meter Hurdles Junior Varsity

Name	Year	School	Seed	Finals
1	Salicido, Andre	10 Helix	49.54	47.69
2	Ramos, Thomas	10 Valhalla		48.17
3	Garcia-Sanchez, Di	11 Helix	51.68	50.08
4	Angleton, Calvin	10 Valhalla		51.30
5	Jones, Kyree	10 Helix		52.20
6	Campbell, Caleb	9 Valhalla		55.60

Event 28 Boys 300 Meter Hurdles Varsity

Name	Year	School	Seed	Finals
1	Janson, Ty	10 Helix	44.70	44.39
2	Kneeshaw, Micah	12 Valhalla	42.72	45.74

Event 29 Girls 200 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Nye, Alaysia	9 Helix	29.31	29.42	1
2	Vargus, Jayden	10 Helix		30.06	3
3	Gregory, Jlynn	10 Helix	31.08	30.48	1
4	Shoka, Maria	12 Valhalla	30.56	30.53	1
5	Whitley, Jazzlyn	10 Helix	31.00	30.96	1
6	Jack, Sheniya	10 Helix		31.35	3
7	Marshall, Kiala	9 Helix		31.52	3
8	Baird, Sienna	9 Helix	31.40	32.19	1
9	Milian, Athena	9 Helix	32.95	32.23	2
10	Sablan, Benisha	10 Helix		32.49	3
11	Martinez, Giovanna	10 Valhalla	32.85	32.95	1
12	Navarrete, Giselle	10 Valhalla	31.81	33.01	1
13	Bermudez, Asia	9 Helix	32.16	33.01	2
14	Webster, Courtney	9 Helix	34.65	33.59	2
15	Gorgees, Maryam	10 Valhalla	35.16	35.03	2
16	Petrone, Corin	11 Valhalla	36.20	35.88	2



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 30 Boys 200 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1	Moots, Moises	10 Helix	24.50	24.19	1
2	Boone, Michael	10 Helix	23.90	24.21	1
3	Washington, Christ	9 Helix	24.30	24.37	1
4	Locke, Marvin	10 Helix		25.05	2
5	Van Holten, Aleand	10 Helix	25.28	25.37	2
6	Koolen, Caydon	11 Helix	24.96	25.62	1
7	Stephan, Brandon	11 Valhalla	25.11	25.76	1
8	Young, Zachary	10 Valhalla	25.46	26.07	1
9	Tomlinson, Miles	10 Valhalla	25.48	26.22	1
10	Logan, Thomas	9 Valhalla	26.97	26.31	2
11	Bakir, Hussain	10 Valhalla	26.68	26.35	1
12	Griffiths, William	9 Valhalla	27.03	27.17	2
13	Ollison, Sage	9 Valhalla	27.43	27.45	2
14	Bajoua, Branson	9 Valhalla		29.23	3
15	Kiya, Merroun	9 Valhalla	32.93	31.92	3
16	Jumaah, Salam	9 Valhalla	31.74	32.62	3
17	Oraha, Laith	9 Valhalla	34.42	32.95	3

Event 31 Girls 200 Meter Dash Varsity

Name	Year	School	Seed	Finals
1	Effner, Samantha	10 Valhalla		27.19
2	Marquez, Mia	11 Helix	27.09	27.59
3	McKnight, Ashlyn	9 Valhalla	28.23	28.06
4	Matthewson, Amya	9 Helix	27.80	28.19
5	Billingsley, Alexi	10 Helix	28.09	28.84

Event 32 Boys 200 Meter Dash Varsity

Name	Year	School	Seed	Finals
1	Parker, Eric	11 Helix	22.30	22.58
2	Sheridan, Ty	12 Helix	23.05	22.74
3	Worthy, Kiare	12 Valhalla	22.44	23.56
4	Lipsey, Ian	10 Valhalla	23.27	23.80
5	Mulligin, Denzel	11 Helix	23.87	24.28
6	Cesena, Isaac	9 Valhalla	24.40	24.32
7	Shields, Josh	12 Helix		25.93

Event 33 Girls 3200 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1	McBride, Emily	10 Valhalla		14:12.52
2	White, Arielle	12 Valhalla	14:35.36	14:52.29



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 34 Girls 3200 Meter Run Varsity

Name	Year	School	Seed	Finals
1 Kraft, Peri	10	Valhalla	12:18.83	12:29.66
2 Martinez, Ariana	12	Valhalla		13:16.52
3 Shannon, Mikaila	11	Valhalla		14:31.41

Event 35 Boys 3200 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1 Talamantez, Miguel	10	Helix	12:17.83	12:10.25
2 Mauricio, Scott	10	Helix		12:11.00
3 Nance, Nico	9	Valhalla		12:28.42
4 Nguyen, Phillips	11	Helix	13:34.87	12:42.39

Event 36 Boys 3200 Meter Run Varsity

Name	Year	School	Seed	Finals
1 Forester, Jaden	11	Helix	10:18.05	10:04.16
2 Mastronardi, Kaeli	12	Helix	10:59.65	10:33.54
3 Campos, Manuel	9	Valhalla	10:41.76	10:40.90
4 Musa, Matthew	12	Valhalla	10:36.98	10:55.32
5 Polite, Zachary	12	Valhalla	11:06.35	11:03.60
6 Zhang, James	3	Helix	11:26.66	11:22.20
7 Nance, Adam	11	Valhalla	11:34.36	11:53.11

Event 37 Girls 4x400 Meter Relay Junior Varsity

School	Seed	Finals
1 Helix 'A'	4:06.54	4:42.22
1) Whitley, Jazzlyn 10		
2) Nye, Alaysia 9		
3) Martin, Ebony 11		
4) Baird, Sienna 9		
2 Valhalla 'A'	4:24.36	4:58.29
1) Martinez, Giovanna 10		
2) Shoka, Maria 12		
3) Crimi, Gabriella 9		
4) Lindquist, Athena 9		

Event 38 Boys 4x400 Meter Relay Junior Varsity

School	Seed	Finals
1 Helix 'A'	3:26.69	3:55.94
1) Locke, Marvin 10		
2) Washington, Christian 9		
3) Williams, Marquise 9		
4) Moots, Moises 10		
2 Valhalla 'A'	3:31.99	4:04.53
1) Tomlinson, Miles 10		
2) Stephan, Brandon 11		
3) Young, Zachary 10		
4) Logan, Thomas 9		
3 Valhalla 'B'		x4:14.57



For Live Results
Download the App



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 38 Boys 4x400 Meter Relay Junior Varsity

- | | |
|-------------------------|--------------------|
| 1) Bakir, Hussain 10 | 2) Ollison, Sage 9 |
| 3) Griffiths, William 9 | 4) Dunnam, Jake 9 |

Event 39 Girls 4x400 Meter Relay Varsity

School	Seed	Finals
1 Valhalla 'A'	4:24.36	4:34.05
1) Kasyouhannon, Alyssa 9	2) Ibrahim, Rachelle 10	
3) Effner, Samantha 10	4) McKnight, Ashlyn 9	

Event 40 Boys 4x400 Meter Relay Varsity

School	Seed	Finals
1 Valhalla 'A'	3:31.99	3:40.18
1) Heers, Gonzalo 10	2) Worthy, Kiare 12	
3) Cesena, Isaac 9	4) Owens, Ramon 12	
2 Helix 'A'	3:26.69	3:44.82
1) Brown, Marlon 10	2) Mulligin, Denzel 11	
3) Martinez, Eduardo 12	4) Hill, Jeffrey 12	

Event 41 Girls Long Jump Junior Varsity

Name	Year School	Seed	Finals
1 Martin, Ebony	11 Helix		14-09.00
2 Navarrete, Giselle	10 Valhalla	12-05.00	12-06.00
3 Sperry, Judith	10 Valhalla	13-03.50	12-05.00
4 Bermudez, Asia	9 Helix	13-02.50	12-00.50
5 Osterbuhr, Tylar	9 Helix	10-09.00	11-08.00
6 Alvarez, Selena	10 Valhalla	11-03.50	11-03.00
7 Webster, Courtney	9 Helix	11-09.00	11-01.00
8 Nguyen, Anna	9 Helix		9-10.00
-- Toews, Alanis-lee	9 Helix		FOUL
-- Said, Dalila	9 Helix		FOUL

Event 42 Boys Long Jump Junior Varsity

Name	Year School	Seed	Finals
1 Locke, Marvin	10 Helix	17-02.00	17-00.00
2 Murphy, Kaleti	10 Helix	16-04.00	16-08.00
3 Williams, Marquise	9 Helix	17-07.50	16-05.00
4 Winstead, Jayson	10 Helix	17-02.00	16-03.00
5 Bain, Spencer	11 Valhalla	17-06.00	16-00.00
6 Al-Nakib, Yazen	11 Valhalla	16-04.00	15-10.00
7 Godoy, Jevan	10 Valhalla	16-06.00	15-09.00
8 Abuyen, A.J.	11 Valhalla	15-09.50	15-03.00



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 42 Boys Long Jump Junior Varsity

8	Dunnam, Jake	9 Valhalla	16-04.00	15-03.00
10	Mohamed, Hamza	10 Helix		15-00.00
11	Everett, John	9 Helix	13-09.00	14-09.00
12	Wright, Nathan	9 Valhalla	13-10.50	13-06.00
12	Bautista, Cesar	9 Valhalla	15-00.00	13-06.00
14	Tadd-Coburn, Noah	10 Helix	13-09.00	13-00.50

Event 43 Girls Long Jump Varsity

Name	Year	School	Seed	Finals
1	Nelipovich, Sierra	11 Valhalla	15-10.00	15-05.50
2	Slater, Allison	9 Valhalla	16-04.50	14-10.00
3	Moltke, Brooklyn	10 Valhalla	15-10.00	14-06.00
4	Olander, Emilee	10 Valhalla	15-02.00	13-09.50
5	Small, Alysa	12 Helix		13-04.00
6	Jackson, Symphony	9 Helix	13-02.50	13-02.00

Event 44 Boys Long Jump Varsity

Name	Year	School	Seed	Finals
1	Kneeshaw, Micah	12 Valhalla	20-05.00	20-03.00
2	Hill, Jeffrey	12 Helix		18-05.00
3	Childs, Marsalis	10 Valhalla	18-08.00	17-05.00
4	Shields, Josh	12 Helix		17-03.00
5	Atchison, Curran	12 Valhalla	18-04.00	15-09.50

Event 45 Girls Triple Jump Junior Varsity

Name	Year	School	Seed	Finals
1	Sperry, Judith	10 Valhalla	28-08.75	25-05.00

Event 46 Boys Triple Jump Junior Varsity

Name	Year	School	Seed	Finals
1	Locke, Marvin	10 Helix	36-02.00	36-04.00
2	Winstead, Jayson	10 Helix	34-03.00	33-01.00
3	Murphy, Kaleti	10 Helix	34-00.50	31-09.00
4	West, Xavier	Helix	33-00.00	30-09.00
5	Ramos, Thomas	10 Valhalla	33-01.50	29-11.00
6	Everett, John	9 Helix	29-08.00	29-05.00
7	Mohamed, Hamza	10 Helix	29-02.00	29-02.00
8	Tadd-Coburn, Noah	10 Helix	27-03.00	27-07.00
--	Abuyen, A.J.	11 Valhalla	33-01.50	FOUL
--	Bain, Spencer	11 Valhalla	33-01.50	FOUL
--	Al-Nakib, Yazan	11 Valhalla	32-03.50	FOUL



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 47 Girls Triple Jump Varsity

Name	Year	School	Seed	Finals
1 Slater, Allison	9	Valhalla	33-03.00	32-01.00
2 Nelipovich, Sierra	11	Valhalla	29-05.50	29-06.50
3 Guarnotta, Sophia	11	Helix		29-01.00
4 Olander, Emilee	10	Valhalla	27-06.25	28-05.00
5 Jackson, Symphony	9	Helix	27-05.00	25-04.50
-- Taylor, Ayiana	9	Helix	26-09.00	FOUL

Event 48 Boys Triple Jump Varsity

Name	Year	School	Seed	Finals
1 Kneeshaw, Micah	12	Valhalla	39-06.50	37-11.50
2 Childs, Marsalis	10	Valhalla	36-01.00	35-05.00

Event 49 Girls High Jump Junior Varsity

Name	Year	School	Seed	Finals
1 Sperry, Judith	10	Valhalla	4-02.00	3-10.00

Event 50 Boys High Jump Junior Varsity

Name	Year	School	Seed	Finals
1 Winstead, Jayson	10	Helix	5-00.00	5-00.00
4-06 4-08 4-10 5-00 5-02				
O XXO O O XXX				
2 Kelly, Sean	10	Helix	5-00.00	J5-00.00
4-06 4-08 4-10 5-00 5-02				
O O XO XO XXX				
3 Abuyen, A.J.	11	Valhalla	4-08.00	4-08.00
4-06 4-08 4-10				
O O XXX				
3 Godoy, Jevan	10	Valhalla	4-06.00	4-08.00
4-06 4-08 4-10				
O O XXX				
5 Van Holten, Aleand	10	Helix	5-00.00	J4-08.00
4-06 4-08 4-10				
XO O XXX				
6 Everett, John	9	Helix	4-04.00	J4-08.00
4-04 4-06 4-08 4-10				
O XXO O XXX				
7 Williams, Marquise	9	Helix	5-04.00	J4-08.00
4-06 4-08 4-10				
O XO XXX				



For Live Results
Download the App



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 50 Boys High Jump Junior Varsity

8	Murphy, Kaleti	10 Helix	5-02.00	J4-08.00
	4-06 4-08 4-10			
	XO XXO XXX			
9	Bautista, Cesar	9 Valhalla	3-10.00	3-10.00
	3-10 4-00			
	O XXX			
--	Wright, Nathan	9 Valhalla	4-08.00	NH
	4-04			
	XXX			

Event 51 Girls High Jump Varsity

Name	Year	School	Seed	Finals
1	Slater, Allison	9 Valhalla	4-08.00	4-06.00
2	Guarnotta, Sophia	11 Helix	4-08.00	4-04.00

Event 52 Boys High Jump Varsity

Name	Year	School	Seed	Finals
1	Sheridan, Ty	12 Helix	5-08.00	5-06.00
2	Childs, Marsalis	10 Valhalla	5-06.00	5-02.00
3	Atchison, Curran	12 Valhalla	5-00.00	4-10.00

Event 57 Girls Shot Put Junior Varsity

Name	Year	School	Seed	Finals
1	Mack, Da'Kendra	12 Helix	26-09.50	26-00.00
2	Renteria, Daisy	12 Helix		24-10.00
3	Francis, Emmy	12 Valhalla	22-11.00	21-07.00
4	Hoffman, Sierra	11 Valhalla	21-11.00	21-04.00
5	Brooks, Morgan	12 Helix		21-00.00
6	Veal, Lauren	12 Helix	17-06.00	18-07.00

Event 58 Boys Shot Put Junior Varsity

Name	Year	School	Seed	Finals
1	Sagiao, Sai	9 Helix	34-07.00	36-06.00
2	Giberson, Matthew	10 Valhalla		33-10.00
3	Hanna, Vince	10 Valhalla		33-00.00
4	Shneyder, Maximill	11 Helix	28-04.00	32-09.00
5	Estrada, Elijah	10 Valhalla		30-04.00
6	Recasner, Nicolas	10 Valhalla		30-01.00
7	Armstrong, Jameel	10 Valhalla		29-04.00
8	Hernandez, Jorge	9 Helix	25-11.00	24-11.00
9	Faiai, Cameron	9 Helix	21-00.50	23-01.00



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

....Event 58 Boys Shot Put Junior Varsity

10	Razooky, Nathan	10 Valhalla	2-04.00
----	-----------------	-------------	---------

Event 59 Girls Shot Put Varsity

	Name	Year School	Seed	Finals
1	Range, Elise	12 Valhalla	32-03.00	31-11.00
2	Montler, Christine	12 Valhalla	32-10.00	31-03.00
3	Toler, Akeylah	12 Valhalla	26-04.00	25-11.00
4	Riggins, Fabeina	12 Helix	25-07.50	23-09.00
5	Wright, Jeniyah	10 Helix	23-07.50	21-11.00

Event 60 Boys Shot Put Varsity

	Name	Year School	Seed	Finals
1	Quinones, Cain	12 Helix	44-01.00	42-05.00
2	Gonzalez, Isaac	12 Helix	38-04.50	39-07.00
3	Kalasho, Allen	10 Valhalla	38-08.00	39-03.00
4	Tucker, Tyler	11 Helix	37-02.00	38-08.00
5	Thomas, Taydon	11 Helix	37-00.50	35-05.00
6	Keiser, Carson	12 Valhalla	34-02.50	34-08.00
7	Ibrahim, Ibrahim	10 Valhalla	35-08.75	0.25

Event 61 Girls Discus Throw Junior Varsity

	Name	Year School	Seed	Finals
1	Francis, Emmy	12 Valhalla	68-11	68-01
2	Hoffman, Sierra	11 Valhalla	68-05	61-02
3	Renteria, Daisy	12 Helix		56-02
4	Brooks, Morgan	12 Helix		49-09
5	Mack, Da'Kendra	12 Helix	56-07	43-05
6	Veal, Lauren	12 Helix	32-06	32-08

Event 62 Boys Discus Throw Junior Varsity

	Name	Year School	Seed	Finals
1	Blount-Sanchez, Ja	12 Helix	97-05	85-08
2	Giberson, Matthew	10 Valhalla	85-00	84-06
3	Hanna, Vince	10 Valhalla	81-09	75-02
4	Sagiao, Sai	9 Helix	81-05	74-02
5	Estrada, Elijah	10 Valhalla	69-07	66-04
6	Armstrong, Jameel	10 Valhalla	53-07	52-09
7	Hernandez, Jorge	9 Helix	56-04	51-02
8	Razooky, Nathan	10 Valhalla	53-02	49-00
9	Faiai, Cameron	9 Helix	55-05.50	47-08
10	Recasner, Nicolas	10 Valhalla	72-02	0.50



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



Helix v Valhalla - 3/21/2019
Finished Results Professional Timing
Helix HS
Results

Event 63 Girls Discus Throw Varsity

Name	Year	School	Seed	Finals
1	Montler, Christine	12 Valhalla	112-03	91-05
2	Range, Elise	12 Valhalla	87-01	82-07
3	Toler, Akeylah	12 Valhalla	81-04	76-03
4	Riggins, Fabeina	12 Helix	65-03	59-03
5	Wright, Jeniyah	10 Helix	54-02.50	42-08

Event 64 Boys Discus Throw Varsity

Name	Year	School	Seed	Finals
1	Kalasho, Allen	10 Valhalla	112-09	106-04
2	Gonzalez, Isaac	12 Helix	106-01	96-01
3	Keiser, Carson	12 Valhalla	100-01	93-02
4	Quinones, Cain	12 Helix	106-10	85-11
5	Ibrahim, Ibrahim	10 Valhalla	105-02	84-07
6	Tucker, Tyler	11 Helix	97-04.50	79-09
7	Thomas, Taydon	11 Helix	93-03	75-02

Women - Varsity - Team Rankings - 15 Events Scored

1) Valhalla	99	2) Helix	26
-------------	----	----------	----

Women - Junior Varsity - Team Rankings - 15 Events Scored

1) Valhalla	75	2) Helix	43
-------------	----	----------	----

Men - Varsity - Team Rankings - 15 Events Scored

1) Helix	76	2) Valhalla	49
----------	----	-------------	----

Men - Junior Varsity - Team Rankings - 15 Events Scored

1) Helix	104	2) Valhalla	23.50
----------	-----	-------------	-------



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com

