

Capistrano Valley vs Aliso Niguel - 2/28/2019**Finished Results
Capistrano Valley HS
Results****Event 1 Girls 1600 Meter Run Frosh Soph**

Name	Year	School	Finals
Section 1			
1 Trueman, Shannon	10	CAPO	5:39.89
2 Schuerger, Lauren	9	ALNI	5:43.28
3 Wilson, Taylor	10	ALNI	5:51.58
4 Kato, Kei	9	ALNI	5:53.58
5 McConathy, Midori	9	CAPO	5:54.67
6 Beck, Kendra	9	CAPO	5:55.84
7 Giovanniello, Adele	10	ALNI	6:00.97
8 Lemans, Natalie	9	ALNI	6:01.95
9 Surovy, Caroline	10	ALNI	6:06.62
10 Sandoval, Peyton	10	ALNI	6:06.85
11 Jones, Casey	9	ALNI	6:07.28
12 Murvay, Milan	10	ALNI	6:11.73

Event 2 Boys 1600 Meter Run Frosh Soph

Name	Year	School	Finals
1 Cowdrey, Gavin	10	ALNI	4:47.17
2 Fitzgerald, Michael	10	ALNI	4:56.44
3 Shastri, Sankalp	9	ALNI	4:59.67
4 Gonzalez, Matthew	10	ALNI	5:07.49
5 Cotter, Kaito	9	ALNI	5:11.57
6 Nin, Sebastien	10	ALNI	5:13.25
7 Cooper, Evan	9	ALNI	5:14.62
8 Walls, Ethan	10	ALNI	5:15.23
9 Gattuso, Nathan	10	ALNI	5:15.61
10 Hughes, Griffin	10	ALNI	5:20.52
11 Arpawong, Ethan	10	ALNI	5:21.77

Event 3 Girls 4x100 Meter Relay Frosh Soph

School	Finals
1 Aliso Niguel 'A'	53.29
1) Rangel, Olivia 9	
3) Lassiter, Julianna 9	
2) Ozerets, Sasha 9	
4) Carroll, Brooke 10	
-- Capo Valley 'A'	DQ
1) Sanger, Ally 9	
3) Cannon, Faith 10	
2) Polak, Karina 9	
4) Haley, Gracie 9	



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Capistrano Valley vs Aliso Niguel - 2/28/2019**Finished Results
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Results****Event 4 Girls 4x100 Meter Relay Varsity**

School	Finals
1 Capo Valley 'A'	52.08
1) Anwar, Rayne 12	2) Huetter, Mya 11
3) Fabrizio, Amy 12	4) Gregory, Camryn 11
-- Aliso Niguel 'A'	DNF
1) Marolia, Radhika 11	2) Dunakin, Megan 9
3) Novida, Jade 12	4) Solomua, Chloe 12

Event 5 Boys 4x100 Meter Relay Frosh Soph

School	Finals
1 Aliso Niguel 'A'	45.17
1) Pascual, Austin 10	2) Mayen, Fernando 10
3) Lunt, Evan 10	4) Carvalho, Max 10
-- Capo Valley 'A'	DNF
1) Edwards, Kellen 9	2) Lawrence, Kayden 9
3) Kazemi, Armin 10	4) Begando, James 10

Event 6 Boys 4x100 Meter Relay Varsity

School	Finals
-- Capo Valley 'A'	DNF
1) Burks, Will 12	2) Cook, Hayden 10
3) Dorta, Ryan 12	4) Morgan, Blake 12
-- Aliso Niguel 'A'	DNF
1) Kaufman, Jedidiah 12	2) Mayen, Eduardo 11
3) Williams, Trevor 12	4) Koesel, Drew 12

Event 7 Girls 1600 Meter Run Varsity

Name	Year School	Finals
1 Corsinita, Carly	11 CAPO	5:15.42
2 Schuerger, Carly	11 ALNI	5:17.02
3 Kroger, Hailey	11 CAPO	5:25.93
4 Richards, Emily	10 ALNI	5:26.37
5 Jin, Isabella	12 CAPO	5:59.80
6 Garabedian, Elizabeth	11 CAPO	6:05.45
7 Heine, Christina	12 ALNI	6:17.32
8 Pineda, Giovanna	11 ALNI	6:18.90
9 Smith, Hannah	11 ALNI	6:23.74
10 Burton, Emma	12 CAPO	6:31.38
11 Saalberg, Olivia	11 CAPO	6:40.21



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Results****Event 8 Boys 1600 Meter Run Varsity**

Name	Year	School	Finals
1 McKenna, Ben	11	ALNI	4:24.03
2 Neuhaus, Sam	12	ALNI	4:43.62
3 Fredriksen, Keegan	11	ALNI	4:47.82
4 McCormick, Brady	11	ALNI	4:48.88
5 Abdali, Han	11	ALNI	4:50.30
6 Sumimoto, Michi	11	ALNI	4:50.49
7 Dukes, Jaryd	12	ALNI	4:58.07
8 Denk, Joshua	11	ALNI	4:59.36
9 Robie, Cooper	11	ALNI	5:01.63
10 Sandoval, Zeth	11	ALNI	5:01.79
11 Garcia-Castillo, Gonzalo	11	ALNI	5:09.36
12 Okura, Colin	11	ALNI	5:16.62
13 Jessen, Jordan	12	ALNI	5:24.59
14 Ramos, Israel (Daniel)	11	ALNI	5:27.17

Event 9 Girls 100 Meter Hurdles Frosh Soph

Name	Year	School	Finals
1 Armbrust, Kate	9	CAPO	20.19
2 Sanger, Ally	9	CAPO	20.27

Event 10 Girls 100 Meter Hurdles Varsity

Name	Year	School	Finals
1 Kader, Samira	12	ALNI	17.41
2 McCann, Lily	11	ALNI	17.54
3 Wagner, Ina	11	CAPO	17.68
4 Christian, Taya	10	CAPO	18.44
5 Kaufman, Joey	10	ALNI	19.35
6 Garcia, Samantha	11	CAPO	19.38
7 Armbrust, Megan	10	CAPO	19.46

Event 11 Boys 110 Meter Hurdles Frosh Soph

Name	Year	School	Finals
1 Johns, Jakob	10	CAPO	18.12
2 Nelson, Gavin	10	ALNI	19.73
3 Almashat, Haddi	10	ALNI	20.10



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Results****Event 12 Boys 110 Meter Hurdles Varsity**

Name	Year	School	Finals
1 Kaufman, Jedidiah	12	ALNI	14.87
2 Edwards, Jaden	11	CAPO	15.69
3 Amesse, Aidan	11	ALNI	18.68
4 Huetter, Hunter	11	CAPO	20.57
5 Hall, Michael	11	CAPO	20.72
6 Enriquez, Brandon	11	CAPO	20.87
7 Bullockus, Teddy	12	CAPO	23.65

Event 13 Girls 400 Meter Run Frosh Soph

Name	Year	School	Finals
1 Ozerets, Sasha	9	ALNI	1:04.36
2 Haley, Gracie	9	CAPO	1:07.46
3 Hussein, Samira	10	ALNI	1:08.35
4 Anderson, Taylor	9	ALNI	1:09.79
5 Ho, Amelia	10	CAPO	1:11.59
6 Leyva, Camilla	9	CAPO	1:13.33
7 Cook, Samantha	9	CAPO	1:18.21

Event 14 Girls 400 Meter Run Varsity

Name	Year	School	Finals
1 Murphy, McKenna	9	ALNI	1:00.41
2 Bond-Flasza, Noelle	10	ALNI	1:06.59

Event 15 Boys 400 Meter Run Frosh Soph

Name	Year	School	Finals
1 Carvalho, Max	10	ALNI	54.25
2 Liu, Jevin	10	ALNI	55.99
3 Stemen, Noah	10	CAPO	56.24
4 Postolu, Nikolas	9	ALNI	56.91
5 Saadeh, Houssin	9	CAPO	58.49
6 Holley, Ethan	9	CAPO	59.26
7 Vazquez, Christian	10	CAPO	59.83
8 Futami, Kai	9	ALNI	1:00.62

Section 2

1 Salceda, Steven	10	CAPO	57.74
2 Arvizu, Angel	10	ALNI	58.77
3 Diaz, Anthony	10	ALNI	1:01.55
4 Miran, Nicholas	9	CAPO	1:02.30
5 Ramos-Lawson, Jared	9	CAPO	1:02.52



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Results****....Event 15 Boys 400 Meter Run Frosh Soph**

Section 3

1 Warsi, Hassan	10 CAPO	1:03.71
2 Mohazab-Hosseinian, Jaha	9 CAPO	1:05.62
3 Hundley, Ty	10 CAPO	1:13.30

Event 16 Boys 400 Meter Run Varsity

Name	Year School	Finals
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Section 1

1 Koesel, Drew	12 ALNI	49.99
2 Baker, Sean	12 ALNI	52.11

Event 17 Girls 100 Meter Dash Frosh Soph

Name	Year School	Finals
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1 Rangel, Olivia	9 ALNI	13.58
2 Carroll, Brooke	10 ALNI	13.90
3 Vu, Daisy	9 ALNI	14.06
4 Polak, Karina	9 CAPO	14.18
5 Fadda, Salma	9 CAPO	14.51 14.507
6 Cannon, Faith	10 CAPO	14.59
7 Blewett, Erin	9 CAPO	14.63
8 Guzei, Polina	10 ALNI	14.67

Section 2

1 Brown, Ryann	10 ALNI	13.31
2 Ishida, Miyu	10 ALNI	13.66
3 Bailey, Lindsey	10 ALNI	13.95
4 Turnbull, Lindsey	10 ALNI	14.05
5 Yoshida, Mikayla	9 ALNI	14.47
6 Folino, Andi	10 ALNI	14.51 14.506
7 Rayl, Sydney	9 ALNI	14.99

Event 18 Girls 100 Meter Dash Varsity

Name	Year School	Finals
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Section 1

1 Livadas, Melina	9 CAPO	12.76
2 Anwar, Rayne	12 CAPO	12.86
3 Robinson, Jolie	12 CAPO	13.28
4 Solomua, Chloe	12 ALNI	13.35
5 Novida, Jade	12 ALNI	13.51
6 Gregory, Camryn	11 CAPO	14.42

Section 2

1 Dunakin, Megan	9 ALNI	12.99
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....Event 18 Girls 100 Meter Dash Varsity

2 Fabrizio, Amy	12	CAPO	14.31
3 Beveridge, Dylan	10	ALNI	14.65

Event 19 Boys 100 Meter Dash Frosh Soph

Name	Year	School	Finals
Section 1			
1 Pascual, Austin	10	ALNI	11.20
2 Jarvis, Charlie	9	ALNI	11.59
3 Mayen, Fernando	10	ALNI	11.72
4 Antrasian, Nick	10	ALNI	11.77
5 Begando, James	10	CAPO	11.79
6 Kazemi, Armin	10	CAPO	12.53
7 Momen, Vandad	10	CAPO	12.82
8 Felter, Kyle	9	CAPO	13.17
Section 2			
1 Aslanian, Jacob	10	ALNI	12.16
2 Lorenzen, Kojo	10	ALNI	12.25
3 Jung, Eric	10	ALNI	12.37
4 Reyes, Michael	9	CAPO	12.69
5 Lawrence, Kayden	9	CAPO	12.74
6 Taft, Tim	9	ALNI	12.83
7 Edwards, Kellen	9	CAPO	12.88
8 Ferrell, Michael	9	CAPO	13.24
Section 3			
1 Mendez, Jaiden	9	ALNI	12.59
2 Noble, Joseph	11	ALNI	12.60
3 Trumbull, Aiden	9	ALNI	12.68
4 Ahmari, Amin	10	CAPO	12.79
5 Skenderian, Nathan	9	ALNI	13.13
6 Perrone, Julian	9	ALNI	13.55
7 Najm, Mason	9	CAPO	13.58
8 Benning, Caden	9	ALNI	14.01
Section 4			
1 Ewert, Logan	10	ALNI	12.22
2 Eldridge, Andy	9	ALNI	12.40
3 Futami, Carter	9	ALNI	12.43
4 Stobart, Max	10	ALNI	13.22
5 Maleky, Amir	10	ALNI	13.70

Event 20 Boys 100 Meter Dash Varsity

Name	Year	School	Finals
Section 1			
1 Reynolds, Kaden	11	ALNI	11.05



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Results****....Event 20 Boys 100 Meter Dash Varsity**

2 Morgan, Blake	12 CAPO	11.33
3 Shultz, Jake	12 ALNI	11.45
4 Cook, Hayden	10 CAPO	11.55
5 Mayen, Eduardo	11 ALNI	11.69
6 Jung, Daniel	12 ALNI	11.92
7 Faridi, Gavin	12 ALNI	12.38

Event 21 Girls 800 Meter Run Frosh Soph

Name	Year School	Finals
1 Berryman, Baylee	9 CAPO	2:37.89
2 Raygoza, Reese	9 ALNI	2:40.26
3 Husson, Samantha	10 ALNI	2:41.03
4 Barbieri, Shaelynn	10 ALNI	2:45.32
5 Schuerger, Lauren	9 ALNI	2:46.80
6 Saalberg, Lauren	9 CAPO	2:51.62
7 Lemans, Natalie	9 ALNI	2:52.60
8 Sandoval, Peyton	10 ALNI	2:52.61
9 Murvay, Milan	10 ALNI	2:55.79

Event 22 Girls 800 Meter Run Varsity

Name	Year School	Finals
1 Schuerger, Carly	11 ALNI	2:26.30
2 Ayers, Allee	11 ALNI	2:26.37
3 Jacobs, Sydney	12 ALNI	2:28.41
4 Richards, Emily	10 ALNI	2:30.79
5 Jin, Isabella	12 CAPO	2:41.30
6 Garabedian, Elizabeth	11 CAPO	2:47.77
7 Macabitas, Kayla	12 ALNI	2:49.22
8 Heine, Christina	12 ALNI	2:53.01
9 Libby, Skyler	11 ALNI	2:53.33
10 Burton, Emma	12 CAPO	3:09.23

Event 23 Boys 800 Meter Run Frosh Soph

Name	Year School	Finals
1 Cowdrey, Gavin	10 ALNI	2:11.90
2 Fitzgerald, Michael	10 ALNI	2:14.47
3 Harding, Chase	10 ALNI	2:15.68
4 Cotter, Kaito	9 ALNI	2:16.81
5 Harding, Ian	10 ALNI	2:17.17
6 Shastri, Sankalp	9 ALNI	2:17.86
7 Gonzalez, Matthew	10 ALNI	2:21.30



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Results****....Event 23 Boys 800 Meter Run Frosh Soph**

8 Gattuso, Nathan	10 ALNI	2:25.96
9 Stemen, Noah	10 CAPO	2:34.97
10 Hundley, Ty	10 CAPO	2:49.57

Event 24 Boys 800 Meter Run Varsity

Name	Year School	Finals
1 McKenna, Ben	11 ALNI	2:02.52
2 Neuhaus, Sam	12 ALNI	2:08.95
3 Sandoval, Zeth	11 ALNI	2:09.71
4 Mawlawi, Ryan	11 ALNI	2:10.78
5 Chavez, Oliver	11 ALNI	2:11.22
6 Basurto, Nick	11 ALNI	2:12.44
7 Williams, Trevor	12 ALNI	2:13.40
8 Schaaf, Slater	11 CAPO	2:39.36

Event 25 Girls 300 Meter Hurdles Frosh Soph

Name	Year School	Finals
1 Marshall, Lydia	10 ALNI	53.20
2 Armbrust, Kate	9 CAPO	56.18
3 Sanger, Ally	9 CAPO	56.36
4 Bennett, Bailey	9 ALNI	59.23
5 Blewett, Erin	9 CAPO	59.58
6 Vong, Brilee	9 CAPO	1:11.59

Event 26 Girls 300 Meter Hurdles Varsity

Name	Year School	Finals
1 Huetter, Mya	11 CAPO	48.58
2 McCann, Lily	11 ALNI	49.30
3 Kaufman, Joey	10 ALNI	55.29
4 Christian, Taya	10 CAPO	55.61

Event 27 Boys 300 Meter Hurdles Frosh Soph

Name	Year School	Finals
1 Johns, Jakob	10 CAPO	46.77
2 Almashat, Haddi	10 ALNI	46.80
3 Shen, Ewan	10 ALNI	46.83
4 Nelson, Gavin	10 ALNI	47.53
5 Darsow, Shane	9 CAPO	59.94



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Capistrano Valley vs Aliso Niguel - 2/28/2019**Finished Results
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Results****Event 28 Boys 300 Meter Hurdles Varsity**

Name	Year	School	Finals
1 Kim, Jonah	12	ALNI	39.42
2 Edwards, Jaden	11	CAPO	39.86
3 Jung, Daniel	12	ALNI	44.42
4 Tang, Dillon	12	ALNI	46.08
5 Huetter, Hunter	11	CAPO	48.05
6 Enriquez, Brandon	11	CAPO	51.90
7 Bullockus, Teddy	12	CAPO	57.38

Event 29 Girls 200 Meter Dash Frosh Soph

Name	Year	School	Finals
1 Ishida, Miyu	10	ALNI	29.27
2 Haley, Gracie	9	CAPO	29.73
3 Yoshida, Mikayla	9	ALNI	29.75
4 Guzei, Polina	10	ALNI	31.02
5 Leyva, Camilla	9	CAPO	31.36
6 Cannon, Faith	10	CAPO	31.83
7 Cook, Samantha	9	CAPO	32.90

Section 2

1 Brown, Ryann	10	ALNI	28.02
2 Rae, Haley	10	ALNI	28.67
3 Lassiter, Julianna	9	ALNI	29.86
4 Perez, Maliah	10	CAPO	29.89
5 Polak, Karina	9	CAPO	30.45
6 Fadda, Salma	9	CAPO	30.83
7 Snider, Ava	9	ALNI	31.05

Section 3

1 McGaughan, Eden	9	ALNI	29.47
2 Folino, Andi	10	ALNI	29.76
3 Vu, Daisy	9	ALNI	30.44

Event 30 Girls 200 Meter Dash Varsity

Name	Year	School	Finals
1 Flynn, Morgan	11	ALNI	27.86
2 Montoya, Rosemarie	11	ALNI	28.92
3 Fabrizio, Amy	12	CAPO	30.13
4 Gregory, Camryn	11	CAPO	31.16



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Capistrano Valley vs Aliso Niguel - 2/28/2019**Finished Results
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Results****Event 31 Boys 200 Meter Dash Frosh Soph**

Name	Year	School	Finals
1 Pascual, Austin	10	ALNI	23.47
2 Antrasian, Nick	10	ALNI	24.04
3 Begando, James	10	CAPO	24.33
4 Sachen, Sawyer	9	ALNI	25.27
5 Lorenzen, Kojo	10	ALNI	25.48
6 Kazemi, Armin	10	CAPO	26.37
7 Vazquez, Christian	10	CAPO	26.61
Section 2			
1 Ewert, Logan	10	ALNI	24.94
2 Arvizu, Angel	10	ALNI	25.68
3 Trumbull, Aiden	9	ALNI	26.06
4 Lawrence, Kayden	9	CAPO	26.51
5 Saadeh, Houssin	9	CAPO	26.68
6 Momen, Vandad	10	CAPO	27.27
7 Najm, Mason	9	CAPO	28.82
8 Ramos-Lawson, Jared	9	CAPO	29.13
Section 3			
1 Mayen, Fernando	10	ALNI	24.14
2 Reyes, Michael	9	CAPO	26.11
3 Edwards, Kellen	9	CAPO	26.33
4 Mohazab-Hosseinian, Jaha	9	CAPO	26.57
5 Ahmari, Amin	10	CAPO	26.67
6 Holley, Ethan	9	CAPO	27.46
7 Ferrell, Michael	9	CAPO	27.61
8 Felter, Kyle	9	CAPO	27.73

Event 32 Boys 200 Meter Dash Varsity

Name	Year	School	Finals
Section 1			
1 Koesel, Drew	12	ALNI	22.22
2 Morgan, Blake	12	CAPO	24.04
3 Cook, Hayden	10	CAPO	24.05
4 Mayen, Eduardo	11	ALNI	24.07
5 Burks, Will	12	CAPO	24.28
6 Rangel, Jake	11	ALNI	24.44
7 Faridi, Gavin	12	ALNI	25.79
Section 2			
1 Reynolds, Kaden	11	ALNI	23.07
2 Kelly, Brian	12	ALNI	25.02
3 Cruz, Santiago	12	CAPO	27.84



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Capistrano Valley vs Aliso Niguel - 2/28/2019**Finished Results
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Results****Event 33 Girls 3200 Meter Run Frosh Soph**

Name	Year School	Finals
Section 1		
1 Trueman, Shannon	10 CAPO	12:38.63
2 McConathy, Midori	9 CAPO	12:41.04
3 Beck, Kendra	9 CAPO	12:59.63

Event 34 Girls 3200 Meter Run Varsity

Name	Year School	Finals
1 Corsinita, Carly	11 CAPO	11:37.47
2 Kroger, Hailey	11 CAPO	12:15.20

Event 35 Boys 3200 Meter Run Frosh Soph

Name	Year School	Finals
1 Mordy, Thomas	10 CAPO	9:53.99
2 Trueman, Nathan	10 CAPO	10:24.84
3 Grimes, Alex	10 CAPO	11:21.28
4 Xia, Brandon	10 CAPO	11:23.55
5 Vergara, Diego	9 CAPO	11:25.00
6 Warsi, Umer	9 CAPO	11:25.73
7 Walls, Ethan	10 ALNI	11:30.93
8 Liu, Jason	9 CAPO	11:31.59
9 Cooper, Evan	9 ALNI	11:31.66
10 Morataya, Ivan	9 CAPO	11:37.91
11 Hughes, Griffin	10 ALNI	11:58.12
12 Burkhardt, Trent	9 CAPO	12:07.81
13 Rosario Atanacio, Jahir	9 CAPO	12:18.37
14 Fink, Nicholas	9 CAPO	12:26.27
15 Arpawong, Ethan	10 ALNI	12:29.25
16 Spear, Andrew	9 CAPO	12:37.68
17 Narang, Akhil	10 CAPO	12:50.41

Event 36 Boys 3200 Meter Run Varsity

Name	Year School	Finals
1 Savely, Ty	12 CAPO	9:41.60
2 Christus, Ethan	12 CAPO	10:34.30
3 Sumimoto, Michi	11 ALNI	10:37.83
4 Dukes, Jaryd	12 ALNI	10:41.66
5 Denk, Joshua	11 ALNI	10:56.94
6 Glessner, Michael	12 CAPO	11:06.10
7 Robie, Cooper	11 ALNI	11:19.57



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Results****....Event 36 Boys 3200 Meter Run Varsity**

8 Quinn, Parker	12 CAPO	11:33.83
9 Jessen, Jordan	12 ALNI	11:48.69
10 Okura, Colin	11 ALNI	11:57.72
11 Ramos, Israel (Daniel)	11 ALNI	12:06.05
12 Kane, Gabriel	11 CAPO	13:31.40

Event 37 Girls 4x400 Meter Relay Frosh Soph

School	Finals
1 Aliso Niguel 'A'	4:31.20
1) Marshall, Lydia 10	2) Husson, Samantha 10
3) McGaughan, Eden 9	4) Snider, Ava 9
2 Capo Valley 'A'	4:49.68
1) Cook, Samantha 9	2) Berryman, Baylee 9
3) Fadda, Salma 9	4) Leyva, Camilla 9

Event 38 Girls 4x400 Meter Relay Varsity

School	Finals
1 Aliso Niguel 'A'	4:29.45
1) Marolia, Radhika 11	2) McCann, Lily 11
3) Solomua, Chloe 12	4) Flynn, Morgan 11
2 Capo Valley 'A'	5:00.37
1) Gregory, Camryn 11	2) Boon, Annie 11
3) Fabrizio, Amy 12	4) Christian, Taya 10

Event 39 Boys 4x400 Meter Relay Frosh Soph

School	Finals
1 Aliso Niguel 'A'	3:50.83
1) Liu, Jevin 10	2) Shen, Ewan 10
3) Lorenzen, Kojo 10	4) Jung, Eric 10
3 Capo Valley 'A'	3:55.52
1) Trueman, Nathan 10	2) Mordy, Thomas 10
3) Grimes, Alex 10	4) Johns, Jakob 10
-- Aliso Niguel 'B'	x3:55.39
1) Futami, Carter 9	2) Futami, Kai 9
3) Harding, Chase 10	4) Harding, Ian 10
-- Capo Valley 'E'	x3:57.64
1) Stemen, Noah 10	2) Saadeh, Houssin 9
3) Ahmari, Amin 10	4) Edwards, Kellen 9
-- Aliso Niguel 'C'	x3:59.61
1) Aslanian, Jacob 10	2) Diaz, Anthony 10
3) Postolu, Nikolas 9	4) Taft, Tim 9



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Results****....Event 39 Boys 4x400 Meter Relay Frosh Soph**

-- Capo Valley 'B'	x4:17.28
1) Bird, James 9	2) Vergara, Diego 9
3) Gerber, Ethan 9	4) Warsi, Umer 9
-- Capo Valley 'C'	x4:22.53
1) Xia, Brandon 10	2) Morataya, Ivan 9
3) Narang, Akhil 10	4) Rosario Atanacio, Jahir 9
-- Capo Valley 'D'	x4:30.11
1) Burkhardt, Trent 9	2) Fink, Nicholas 9
3) Liu, Jason 9	4) Spear, Andrew 9

Event 40 Boys 4x400 Meter Relay Varsity

School	Finals
1 Aliso Niguel 'A'	3:35.75
1) Kaufman, Jedidiah 12	2) Kim, Jonah 12
3) Rangel, Jake 11	4) Baker, Sean 12
2 Capo Valley 'A'	3:54.71
1) Savely, Ty 12	2) Glessner, Michael 12
3) Christus, Ethan 12	4) Quinn, Parker 12
-- Capo Valley 'B'	x3:57.79
1) Vazquez, Donathiu 11	2) Schaaf, Slater 11
3) Cook, Hayden 10	4) Burks, Will 12

Event 41 Girls Long Jump Frosh Soph

Name	Year School	Finals
Flight 1		
1 Thomson, Alexa	9 CAPO	14-08.50
2 Oveissi, Cerat	9 CAPO	14-04.50
3 Grimes, Hailey	10 CAPO	13-10.00
4 Loreto, Dulce	9 CAPO	13-09.00
5 Pretorious, Cara	10 CAPO	13-05.00
6 Krellner, Linda	10 CAPO	13-03.00
7 Ahmari, Parisa	10 CAPO	13-00.50
8 Havranek, Ella	10 ALNI	13-00.00
9 Banis, Natalie	9 CAPO	12-10.00
10 Barbella, Alison	9 CAPO	12-05.50
11 Roozen, Kiele	10 CAPO	12-03.00
12 Michinock, Sophia	10 CAPO	11-06.50
13 Pohl, Sierra	10 ALNI	11-04.50
14 Rayl, Sydney	9 ALNI	11-02.00
15 Loya, Giselle	9 CAPO	10-10.00
-- Parekh, Shree	9 CAPO	ND
-- Pina, Layla	9 CAPO	ND
-- Havranek, Ava	9 ALNI	ND



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-- Lang, Ava	9 CAPO	ND
-- Isenhardt, Katherine	9 CAPO	ND

Event 42 Boys Long Jump Frosh Soph

Name	Year	School	Finals
1 Dewing, James	10	CAPO	18-07.00
2 Begando, James	10	CAPO	18-03.00
3 Oke, Dabo	9	ALNI	17-10.00
4 Stobart, Max	10	ALNI	17-02.00
5 Doalson, Luke	9	CAPO	16-11.00
6 Eldridge, Andy	9	ALNI	16-06.00
7 Tayler, Owen	9	CAPO	16-04.50
8 Cheong, Anderson	9	ALNI	16-01.00
9 Dutton, Liam	9	CAPO	15-08.00
10 Perrone, Julian	9	ALNI	15-05.00
11 Berkman, Marc	9	ALNI	15-02.50
12 Hauser, Colby	9	CAPO	15-00.00
13 Bird, Sebastian	9	CAPO	14-07.00
14 Benning, Caden	9	ALNI	14-06.50
15 Jang, Jei-Kyen	9	CAPO	14-00.00 nd
-- Jimenez, Axel	9	CAPO	ND
-- Goldberg, Sawyer	9	CAPO	ND
-- Mendez, Jaiden	9	ALNI	ND
-- Skenderian, Nathan	9	ALNI	ND
-- Chesney, Kurt	9	ALNI	ND
-- Aval, Aiden	10	ALNI	ND
-- LeDrew, Conrad	10	ALNI	ND
-- Vernaza, Vincent	9	ALNI	ND

Event 43 Girls Long Jump Varsity

Name	Year	School	Finals
1 Robinson, Jolie	12	CAPO	18-01.00
2 Flynn, Morgan	11	ALNI	16-08.00
3 Kader, Samira	12	ALNI	15-06.50
4 Garcia, Samantha	11	CAPO	15-06.00
5 Hill, Reagan	11	ALNI	14-07.00
6 Beveridge, Dylan	10	ALNI	14-04.00
7 Mezak, Brooke	10	CAPO	14-03.00
8 Woodford, Ashley	12	ALNI	13-10.00
9 Robertson, Emma	11	CAPO	13-06.50
10 Anwar, River	10	CAPO	12-00.00
11 Pottinger, Emily	11	CAPO	11-11.00
12 Rydel, Chanel	11	CAPO	11-04.00



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Results****....Event 43 Girls Long Jump Varsity**

13 Pretorius, Merrill	12 CAPO	11-03.50
14 Agnew, Sophia	12 ALNI	11-01.00
15 Conner, Sienna	11 CAPO	9-04.00
-- Boon, Annie	11 CAPO	ND

Event 44 Boys Long Jump Varsity

Name	Year School	Finals
1 Burks, Will	12 CAPO	19-07.00
2 Asencio, Ian	11 ALNI	19-04.00
3 Kargari, Dylan	11 CAPO	19-02.00
4 Alkhairi, Omar	11 CAPO	18-07.50
5 Correa, Diego	11 CAPO	17-08.00
6 Kim, Matthew	11 ALNI	17-07.00
7 Jung, Bright	11 ALNI	17-06.00
8 Kelly, Brian	12 ALNI	17-02.50
-- Mairs, Sean	11 CAPO	ND

Event 45 Girls Triple Jump Frosh Soph

Name	Year School	Finals
1 Thomson, Alexa	9 CAPO	31-08.50
2 Barbella, Alison	9 CAPO	27-07.00
3 Banis, Natalie	9 CAPO	27-04.00
-- Roozen, Kiele	10 CAPO	ND
-- Lang, Ava	9 CAPO	ND

Event 46 Boys Triple Jump Frosh Soph

Name	Year School	Finals
1 Dewing, James	10 CAPO	38-07.00
2 Dutton, Liam	9 CAPO	33-04.00
3 Tayler, Owen	9 CAPO	31-11.00
4 Doalson, Luke	9 CAPO	31-04.50
5 Bird, Sebastian	9 CAPO	29-09.50

Event 47 Girls Triple Jump Varsity

Name	Year School	Finals
1 Robinson, Jolie	12 CAPO	36-04.50
2 Woodford, Ashley	12 ALNI	29-10.50



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Event 48 Boys Triple Jump Varsity

Name	Year	School	Finals
1 Alkhairi, Omar	11	CAPO	39-04.00
2 Bradley, Zander	12	ALNI	38-01.00
3 Agojo, Neo	11	ALNI	38-00.50
4 Mairs, Sean	11	CAPO	37-10.50
5 Kargari, Dylan	11	CAPO	37-06.50
6 Asencio, Ian	11	ALNI	37-03.50
7 Jung, Bright	11	ALNI	36-07.00
-- Kim, Matthew	11	ALNI	FOUL
-- Correa, Diego	11	CAPO	FOUL

Event 49 Girls High Jump Frosh Soph

Name	Year	School	Finals
1 Smith, Jessica	10	ALNI	4-08.00
2 Darm, Payton	9	ALNI	4-06.00
3 Dodge, Blair	9	ALNI	4-04.00
4 Thomson, Alexa	9	CAPO	J4-04.00
5 Rabold, Alexis	9	ALNI	J4-04.00
6 Krellner, Linda	10	CAPO	4-00.00
7 Havranek, Ella	10	ALNI	J4-00.00
-- Turnbull, Lindsey	10	ALNI	NH
-- Havranek, Ava	9	ALNI	NH

Event 50 Boys High Jump Frosh Soph

Name	Year	School	Finals
1 Aval, Aiden	10	ALNI	5-06.00
2 Doalson, Luke	9	CAPO	J5-06.00
3 LeDrew, Conrad	10	ALNI	5-02.00
4 Tayler, Owen	9	CAPO	4-10.00
5 Bird, Sebastian	9	CAPO	4-08.00
-- Cheong, Anderson	9	ALNI	NH

Event 51 Girls High Jump Varsity

Name	Year	School	Finals
1 Duffey, Kendra	9	ALNI	5-02.00
2 Wagner, Ina	11	CAPO	5-00.00
3 Robinson, Jolie	12	CAPO	J5-00.00
4 Stensby, Mariah	10	ALNI	4-10.00
5 Pattschull, Brooke	9	ALNI	4-06.00
-- Smith, Hannah	11	ALNI	NH



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Results****....Event 51 Girls High Jump Varsity**

-- Agnew, Sophia	12 ALNI	NH
-- Hill, Reagan	11 ALNI	NH

Event 52 Boys High Jump Varsity

Name	Year	School	Finals
1 Muirbrook, Austin	12	ALNI	6-02.00
2 Bradley, Zander	12	ALNI	J6-02.00
3 Ellis, Sky	10	ALNI	5-08.00
4 Tolmachev, Alex	12	ALNI	J5-08.00
5 Shultz, Jake	12	ALNI	J5-08.00
6 Jung, Bright	11	ALNI	5-04.00
7 Agojo, Neo	11	ALNI	5-02.00
8 Correa, Diego	11	CAPO	J5-02.00

Event 53 Girls Pole Vault Frosh Soph

Name	Year	School	Finals
1 Romero, Mari	9	ALNI	9-00.00
2 Barbieri, Shaelynn	10	ALNI	8-00.00
3 Jordan, Angelica	9	ALNI	J8-00.00
4 Jameson, Ellie	9	CAPO	7-06.00
5 Telford, Alexis	10	CAPO	6-06.00
6 Zheng, Caroline	9	CAPO	6-00.00
7 Sanger, Bella	10	CAPO	J6-00.00
-- Bathaee, Erika	9	CAPO	NH
-- Power, Jill	9	CAPO	NH

Event 54 Boys Pole Vault Frosh Soph

Name	Year	School	Finals
1 Langan, Jonathon	10	CAPO	10-03.00
2 Turnbull, Luke	10	ALNI	9-06.00
3 Vestermarck, Kaden	9	ALNI	J9-06.00
4 Thompson, Broder	9	ALNI	7-06.00
5 Nguyen, Joshua	9	ALNI	J7-06.00
6 Michinock, Ambrose	9	CAPO	7-00.00

Event 55 Girls Pole Vault Varsity

Name	Year	School	Finals
1 Deutsch, Jessica	12	CAPO	9-06.00
2 Meyers, Paige	12	ALNI	8-06.00



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....Event 55 Girls Pole Vault Varsity

3 Cheng, Sydney	12 CAPO	8-00.00
4 Jameson, Samantha	11 CAPO	6-00.00
-- Garcia, Samantha	11 CAPO	NH
-- Anderson, Madison	12 ALNI	NH

Event 56 Boys Pole Vault Varsity

Name	Year School	Finals
1 Affleck, Danny	11 ALNI	12-00.00
2 Nguyen, Jacob Hyun-suh	12 ALNI	J12-00.00
3 Han, Spencer	11 CAPO	11-00.00
3 Ilano, David	11 CAPO	11-00.00
5 Minor, Truman	12 ALNI	10-06.00
6 Thompson, Tor	12 ALNI	9-00.00
7 Speetzen, Trevor	11 CAPO	8-00.00

Event 57 Girls Shot Put Frosh Soph

Name	Year School	Finals
1 Anderson, Taylor	9 ALNI	25-09.00
2 Kakuk, Avery	10 ALNI	25-07.50
3 Russell, Savanna	10 ALNI	24-04.00
4 Hindley, Aiden	9 CAPO	22-10.00
5 Peterseil, Nora	10 CAPO	21-08.50
6 Apodaca, Samantha	10 CAPO	21-06.00
7 Dorr, Jordan	9 ALNI	20-03.50
8 Armstrong, McKenna	9 CAPO	18-08.50
-- Anocibar, Kayla	9 ALNI	ND
-- Klaes, Alaina	10 CAPO	ND

Event 58 Boys Shot Put Frosh Soph

Name	Year School	Finals
1 Probolsky, Alex	10 ALNI	40-06.00
2 Bruni, Samuel	10 ALNI	38-00.00
3 Chesney, Kurt	9 ALNI	36-08.00
4 Chun, Bryan	10 ALNI	34-01.00
5 Martell, Alexei	10 ALNI	32-10.00
6 Fluhr, Eric	10 ALNI	32-09.00
7 Vernaza, Vincent	9 ALNI	30-08.00
8 Beisel, Jaden	9 ALNI	30-04.50
9 Penn, Aiden	9 ALNI	30-03.00
10 Berkman, Marc	9 ALNI	30-00.00
11 Alonso, Diego	9 ALNI	29-07.50



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Results****....Event 58 Boys Shot Put Frosh Soph**

12 Nganga, Collin	9 ALNI	28-09.50
13 Shimizu, Jackson	10 CAPO	25-10.00
14 Roberts, Cade	10 CAPO	25-02.50
15 Barbella, Joey	9 CAPO	22-03.00

Event 59 Girls Shot Put Varsity

Name	Year School	Finals
1 Carrier, Kamalani	12 CAPO	37-06.50
2 Duhn, Lindsay	10 ALNI	32-07.00
3 McKeon, Audrey	12 ALNI	31-10.00
4 Brooks, Katie	12 ALNI	30-09.50
5 Landrum, Natasha	10 CAPO	28-07.50
6 Margarit, Brooklyn	11 ALNI	28-05.00
7 Daffron, Kirra	11 ALNI	27-01.00
8 Balogh, Haily	12 CAPO	25-11.50
8 Russell, Trinity	12 ALNI	25-11.50
10 Bienemann, Jillian	11 ALNI	22-02.00
11 Park, Ciara	11 CAPO	20-07.50
-- Hernandez, Natalia	11 ALNI	ND

Event 60 Boys Shot Put Varsity

Name	Year School	Finals
1 Ley, Adrian	11 ALNI	43-11.50
2 Clarke, Nathan	11 ALNI	37-10.50
3 Young, Ryan	11 ALNI	36-07.00
4 Kjell, Richard	12 CAPO	34-08.00
5 Hill, Kevin	12 CAPO	34-06.00
6 Meyer, Luke	9 CAPO	33-11.50
7 Bannerman, Corey	12 CAPO	31-09.50
8 Thurston, Alexander	11 ALNI	29-08.00
9 Esmaeili, Kevin	12 CAPO	0.25
-- Shean, John	10 CAPO	ND
-- Westfall, Henry	12 ALNI	FOUL
-- Erdodi, Joesph	12 ALNI	FOUL

Event 61 Girls Discus Throw Frosh Soph

Name	Year School	Finals
1 Dorr, Jordan	9 ALNI	69-03
2 Kakuk, Avery	10 ALNI	65-02
3 Russell, Savanna	10 ALNI	63-08
4 Guimaraes, Julia	9 CAPO	58-07



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Results****....Event 61 Girls Discus Throw Frosh Soph**

5 Armstrong, McKenna	9 CAPO	56-09
6 Apodaca, Samantha	10 CAPO	53-11
7 Han, Sidney	10 CAPO	48-04
8 Peterseil, Nora	10 CAPO	46-00
-- Brady, Alisha	9 CAPO	ND
-- Anocibar, Kayla	9 ALNI	ND
-- Klaes, Alaina	10 CAPO	ND

Event 62 Boys Discus Throw Frosh Soph

Name	Year School	Finals
1 Bruni, Samuel	10 ALNI	98-01
2 Probolsky, Alex	10 ALNI	90-01
3 Chesney, Kurt	9 ALNI	88-02
4 Berkman, Marc	9 ALNI	74-01
5 Martell, Alexei	10 ALNI	70-04
6 Fluhr, Eric	10 ALNI	67-09
7 Nganga, Collin	9 ALNI	66-09
8 Chun, Bryan	10 ALNI	63-02
9 Roberts, Cade	10 CAPO	62-01
10 Penn, Aiden	9 ALNI	61-11
11 Beisel, Jaden	9 ALNI	58-07
12 Vernaza, Vincent	9 ALNI	54-07
13 Alonso, Diego	9 ALNI	30-10

Event 63 Girls Discus Throw Varsity

Name	Year School	Finals
1 Margarit, Brooklyn	11 ALNI	88-00
2 Carrier, Kamalani	12 CAPO	84-03
3 Brooks, Katie	12 ALNI	83-04
4 Landrum, Natasha	10 CAPO	82-08
5 Balogh, Haily	12 CAPO	80-08
6 Duhn, Lindsay	10 ALNI	77-01
7 McKeon, Audrey	12 ALNI	72-07
8 Russell, Trinity	12 ALNI	70-10
9 Daffron, Kirra	11 ALNI	62-07
10 Bienemann, Jillian	11 ALNI	50-01
-- Hernandez, Natalia	11 ALNI	ND

Event 64 Boys Discus Throw Varsity

Name	Year School	Finals
1 Ley, Adrian	11 ALNI	123-10



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Results****....Event 64 Boys Discus Throw Varsity**

2 Erdodi, Joesph	12 ALNI	114-09
3 Clarke, Nathan	11 ALNI	111-01
4 Young, Ryan	11 ALNI	110-07
5 Mangels, Mikey	12 ALNI	103-01
6 Westfall, Henry	12 ALNI	100-09
7 Hill, Kevin	12 CAPO	97-04
8 Esmaeili, Kevin	12 CAPO	80-02
9 Meyer, Luke	9 CAPO	74-06
10 Bannerman, Corey	12 CAPO	69-04
11 Thurston, Alexander	11 ALNI	68-00

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Women - Varsity - Team Rankings - 16 Events Scored

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1) Aliso Niguel	71	2) Capo Valley	62
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Women - Frosh Soph - Team Rankings - 16 Events Scored

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1) Aliso Niguel	83	2) Capo Valley	52
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Men - Varsity - Team Rankings - 16 Events Scored

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1) Aliso Niguel	100	2) Capo Valley	30
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Men - Frosh Soph - Team Rankings - 16 Events Scored

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1) Aliso Niguel	91	2) Capo Valley	45
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