

CCCAA Southern California Regional Prelims and Championships - 5/4/2019 to 5/1

Riverside College

Results - Finals

Event 35 Women 5000 Meter Run

Name	Year	School	Finals
Finals			
1 Brenda Rosales-Coria	SO	West Los Angeles	17:53.08
45.154 (45.154)	2:14.237 (1:29.083)	3:41.478 (1:27.242)	5:09.330 (1:27.852)
6:35.269 (1:25.939)	8:01.050 (1:25.782)	9:29.152 (1:28.103)	10:56.863 (1:27.711)
12:24.985 (1:28.122)	13:51.408 (1:26.424)	15:17.230 (1:25.822)	16:39.318 (1:22.088)
17:53.074 (1:13.757)			
2 Rebecca Ruiz	FR	Mt. Sac	18:00.43
41.358 (41.358)	2:05.468 (1:24.110)	3:35.087 (1:29.620)	5:03.567 (1:28.480)
6:30.830 (1:27.263)	7:59.716 (1:28.887)	9:28.739 (1:29.023)	10:56.581 (1:27.842)
12:24.661 (1:28.081)	13:51.084 (1:26.423)	15:17.144 (1:26.060)	16:41.160 (1:24.016)
18:00.423 (1:19.264)			
3 Samantha Barajas	SO	Moorpark	18:07.67
37.006 (37.006)	1:55.924 (1:18.918)	3:18.288 (1:22.365)	4:43.017 (1:24.729)
6:08.813 (1:25.797)	7:36.624 (1:27.811)	9:06.030 (1:29.406)	10:36.253 (1:30.224)
12:07.558 (1:31.306)	13:38.543 (1:30.985)	15:09.575 (1:31.033)	16:39.912 (1:30.338)
18:07.662 (1:27.750)			
4 Olivia Quezada	SO	West Los Angeles	18:25.69
45.234 (45.234)	2:14.373 (1:29.140)	3:41.618 (1:27.246)	5:09.421 (1:27.803)
6:35.250 (1:25.830)	8:00.741 (1:25.492)	9:29.032 (1:28.292)	10:58.712 (1:29.680)
12:31.017 (1:32.305)	14:03.472 (1:32.456)	15:35.100 (1:31.629)	17:04.177 (1:29.077)
18:25.686 (1:21.510)			
5 Olivia Burton	FR	Ventura	18:32.74
42.120 (42.120)	2:08.305 (1:26.186)	3:35.550 (1:27.245)	5:05.335 (1:29.786)
6:34.248 (1:28.913)	8:02.101 (1:27.854)	9:30.819 (1:28.718)	11:02.111 (1:31.292)
12:34.228 (1:32.118)	14:05.960 (1:31.732)	15:37.402 (1:31.443)	17:08.228 (1:30.826)
18:32.733 (1:24.506)			
6 Sujey Esteve	SO	Riverside	18:40.68 18:40.672
46.864 (46.864)	2:11.273 (1:24.410)	3:36.510 (1:25.237)	5:05.648 (1:29.138)
6:35.082 (1:29.435)	8:02.368 (1:27.287)	9:30.499 (1:28.131)	11:01.967 (1:31.469)
12:34.964 (1:32.998)	14:08.894 (1:33.930)	15:41.615 (1:32.721)	17:13.455 (1:31.841)
18:40.671 (1:27.216)			
7 Jennifer Perez-Cazarez	SO	Glendale	18:40.69 18:40.680
41.601 (41.601)	2:05.583 (1:23.983)	3:35.308 (1:29.726)	5:03.862 (1:28.555)
6:31.164 (1:27.302)	8:00.481 (1:29.318)	9:30.220 (1:29.739)	11:01.878 (1:31.658)
12:35.358 (1:33.481)	14:09.398 (1:34.040)	15:43.545 (1:34.148)	17:17.534 (1:33.989)
18:40.683 (1:23.149)			
8 Cynthia Melendez	SO	West Los Angeles	18:42.46
45.483 (45.483)	2:14.664 (1:29.181)	3:41.745 (1:27.082)	5:09.648 (1:27.903)
6:35.577 (1:25.929)	8:01.643 (1:26.067)	9:29.900 (1:28.257)	11:02.447 (1:32.548)
12:36.333 (1:33.886)	14:08.489 (1:32.156)	15:42.585 (1:34.096)	17:16.886 (1:34.302)
18:42.455 (1:25.569)			
9 Tatiana Garcia	FR	Ventura	19:02.85
42.423 (42.423)	2:09.446 (1:27.023)	3:37.368 (1:27.922)	5:06.698 (1:29.331)
6:36.380 (1:29.682)	8:06.592 (1:30.212)	9:39.022 (1:32.430)	11:12.644 (1:33.623)
12:46.802 (1:34.159)	14:21.403 (1:34.601)	15:56.986 (1:35.583)	17:31.538 (1:34.552)
19:02.843 (1:31.306)			



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10	Andrea Anaya	FR Orange Coast	19:16.34				
	47.290 (47.290)	2:15.965 (1:28.676)	3:46.042 (1:30.077)	5:18.275 (1:32.234)			
	6:49.342 (1:31.067)	8:22.750 (1:33.408)	9:57.040 (1:34.291)	11:31.663 (1:34.623)			
	13:07.350 (1:35.687)	14:44.182 (1:36.833)	16:20.288 (1:36.106)	17:54.101 (1:33.813)			
	19:16.335 (1:22.235)						
11	Ariel Martinez	FR Riverside	19:30.14				
	46.675 (46.675)	2:17.048 (1:30.373)	3:46.939 (1:29.892)	5:16.644 (1:29.706)			
	6:48.299 (1:31.655)	8:22.407 (1:34.109)	9:56.626 (1:34.219)	11:33.310 (1:36.685)			
	13:10.451 (1:37.142)	14:47.054 (1:36.603)	16:25.060 (1:38.007)	18:01.215 (1:36.156)			
	19:30.131 (1:28.916)						
12	Emiliana Merida Cano	FR Riverside	19:33.89				
	46.252 (46.252)	2:16.487 (1:30.236)	3:46.167 (1:29.680)	5:16.765 (1:30.599)			
	6:48.214 (1:31.449)	8:22.554 (1:34.340)	9:56.819 (1:34.265)	11:33.488 (1:36.669)			
	13:10.641 (1:37.153)	14:46.584 (1:35.944)	16:25.118 (1:38.534)	18:02.235 (1:37.118)			
	19:33.885 (1:31.650)						
13	Gabriella Lugo	SO Bakersfield	19:44.06				
	40.698 (40.698)	2:05.295 (1:24.597)	3:35.353 (1:30.059)	5:05.015 (1:29.662)			
	6:37.083 (1:32.069)	8:13.328 (1:36.246)	9:51.593 (1:38.265)	11:30.686 (1:39.093)			
	13:09.711 (1:39.025)	14:48.250 (1:38.540)	16:29.309 (1:41.059)	18:09.322 (1:40.013)			
	19:44.058 (1:34.736)						
14	Deana Takoaka	SO El Camino	19:52.71				
	45.588 (45.588)	2:15.571 (1:29.983)	3:45.308 (1:29.738)	5:17.138 (1:31.831)			
	6:49.723 (1:32.585)	8:24.970 (1:35.247)	10:01.977 (1:37.008)	11:41.122 (1:39.146)			
	13:20.917 (1:39.795)	14:59.899 (1:38.983)	16:40.001 (1:40.102)	18:19.527 (1:39.527)			
	19:52.709 (1:33.182)						
15	Sadie Encinas	FR Mt. Sac	19:56.12				
	44.872 (44.872)	2:15.193 (1:30.321)	3:45.050 (1:29.857)	5:17.404 (1:32.355)			
	6:50.961 (1:33.557)	8:26.627 (1:35.666)	10:03.067 (1:36.440)	11:42.107 (1:39.040)			
	13:19.854 (1:37.748)	14:59.196 (1:39.342)	16:39.213 (1:40.018)	18:22.154 (1:42.942)			
	19:56.115 (1:33.961)						
16	Sarah Simpson	SO El Camino	20:06.78				
	46.992 (46.992)	2:17.397 (1:30.405)	3:47.422 (1:30.026)	5:21.797 (1:34.375)			
	6:58.966 (1:37.170)	8:37.691 (1:38.725)	10:17.562 (1:39.872)	11:58.420 (1:40.858)			
	13:39.785 (1:41.366)	15:21.124 (1:41.339)	17:01.030 (1:39.906)	18:38.282 (1:37.253)			
	20:06.772 (1:28.490)						
17	Meagan Silves	FR Orange Coast	20:08.78				
	43.082 (43.082)	2:12.695 (1:29.614)	3:43.082 (1:30.388)	5:15.955 (1:32.873)			
	6:49.450 (1:33.495)	8:24.630 (1:35.180)	10:03.770 (1:39.140)	11:44.307 (1:40.537)			
	13:25.170 (1:40.863)	15:07.724 (1:42.555)	16:50.110 (1:42.386)	18:31.394 (1:41.284)			
	20:08.772 (1:37.379)						
18	Montserrat Celis	FR Mt. Sac	20:14.93				
	45.322 (45.322)	2:14.887 (1:29.566)	3:42.331 (1:27.444)	5:12.854 (1:30.523)			
	6:49.061 (1:36.208)	8:27.108 (1:38.047)	10:08.543 (1:41.436)	11:51.035 (1:42.493)			
	13:32.619 (1:41.584)	15:15.445 (1:42.826)	16:57.168 (1:41.723)	18:38.447 (1:41.280)			
	20:14.927 (1:36.480)						
19	Savannah Sehenuk	SO El Camino	20:27.89				
	47.798 (47.798)	2:20.760 (1:32.962)	3:54.391 (1:33.632)	5:31.017 (1:36.626)			
	7:08.675 (1:37.659)	8:47.127 (1:38.452)	10:29.015 (1:41.889)	12:12.902 (1:43.888)			
	13:57.704 (1:44.802)	15:36.703 (1:38.999)	17:14.637 (1:37.935)	18:52.647 (1:38.010)			
	20:27.883 (1:35.236)						



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20	Carmen Hernandez	FR El Camino	20:39.48				
	47.489 (47.489)	2:20.704 (1:33.216)	3:55.715 (1:35.011)	5:34.211 (1:38.496)			
	7:13.427 (1:39.217)	8:49.277 (1:35.850)	10:28.912 (1:39.635)	12:09.739 (1:40.828)			
	13:51.487 (1:41.749)	15:33.971 (1:42.484)	17:15.281 (1:41.310)	18:59.690 (1:44.410)			
	20:39.478 (1:39.788)						
21	Marleen Aranda	SO Cuyamaca	20:49.22				
	48.064 (48.064)	2:20.977 (1:32.913)	3:54.424 (1:33.448)	5:30.614 (1:36.190)			
	7:08.777 (1:38.163)	8:49.739 (1:40.963)	10:32.291 (1:42.553)	12:16.615 (1:44.324)			
	13:57.431 (1:40.817)	15:40.362 (1:42.931)	17:26.123 (1:45.762)	19:13.369 (1:47.246)			
	20:49.214 (1:35.846)						
22	Yesenia Flores	FR Mt. Sac	20:52.27				
	44.741 (44.741)	2:14.950 (1:30.209)	3:44.876 (1:29.927)	5:18.046 (1:33.170)			
	6:58.007 (1:39.962)	8:39.777 (1:41.770)	10:24.005 (1:44.229)	12:09.695 (1:45.691)			
	13:55.516 (1:45.821)	15:41.894 (1:46.378)	17:25.961 (1:44.067)	19:14.771 (1:48.811)			
	20:52.265 (1:37.495)						
23	Maia Chaffin	FR Palomar	21:14.86				
	48.371 (48.371)	2:21.409 (1:33.038)	3:55.497 (1:34.089)	5:34.070 (1:38.573)			
	7:13.861 (1:39.792)	8:56.930 (1:43.069)	10:44.293 (1:47.363)	12:33.079 (1:48.786)			
	14:20.897 (1:47.818)	16:07.992 (1:47.096)	17:56.045 (1:48.053)	19:41.673 (1:45.629)			
	21:14.855 (1:33.183)						
24	Hannah Lopez	SO Palomar	21:18.91				
	48.308 (48.308)	2:21.349 (1:33.042)	3:55.527 (1:34.178)	5:34.125 (1:38.599)			
	7:13.798 (1:39.673)	8:56.031 (1:42.234)	10:42.992 (1:46.962)	12:32.246 (1:49.254)			
	14:20.972 (1:48.726)	16:08.055 (1:47.084)	17:55.919 (1:47.864)	19:42.822 (1:46.904)			
	21:18.909 (1:36.087)						
--	Aily Camacho	FR Riverside	DNF				
	46.564 (46.564)	2:16.733 (1:30.170)	3:46.708 (1:29.976)	5:17.556 (1:30.848)			
	6:49.751 (1:32.196)	8:23.567 (1:33.816)	9:57.992 (1:34.426)	11:32.615 (1:34.623)			
	13:07.499 (1:34.885)	14:44.250 (1:36.751)	16:21.078 (1:36.829)				
--	Maribel Madera	SO Riverside	DNF				
	47.081 (47.081)	2:16.358 (1:29.277)	3:46.453 (1:30.096)	5:18.851 (1:32.398)			
	6:55.955 (1:37.105)						
--	Estrella Montiel	SO West Los Angeles	DNF				
	45.125 (45.125)	2:14.584 (1:29.459)	3:44.840 (1:30.256)	5:17.495 (1:32.656)			

Event 36 Men 5000 Meter Run

Name	Year	School	Finals				
1	Salvador Capetillo	SO Mt. Sac	14:57.63				
	35.622 (35.622)	1:49.852 (1:14.230)	3:02.700 (1:12.849)	4:14.733 (1:12.033)			
	5:25.182 (1:10.450)	6:37.331 (1:12.149)	7:51.053 (1:13.722)	9:05.059 (1:14.007)			
	10:19.757 (1:14.698)	11:33.323 (1:13.567)	12:39.327 (1:06.005)	13:47.168 (1:07.841)			
	14:57.622 (1:10.454)						
2	Stefen Rasmuson	FR SD Mesa	15:01.07				
	35.779 (35.779)	1:50.075 (1:14.296)	3:03.031 (1:12.957)	4:15.045 (1:12.014)			
	5:25.903 (1:10.859)	6:37.785 (1:11.882)	7:51.290 (1:13.506)	9:05.281 (1:13.991)			
	10:20.009 (1:14.729)	11:33.732 (1:13.723)	12:40.093 (1:06.362)	13:50.981 (1:10.888)			
	15:01.061 (1:10.080)						



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3	Isaiah Labra	FR SD Mesa	15:10.46				
	35.580 (35.580)	1:49.799 (1:14.219)	3:02.769 (1:12.971)	4:14.936 (1:12.167)			
	5:25.643 (1:10.708)	6:37.483 (1:11.840)	7:51.082 (1:13.600)	9:05.127 (1:14.045)			
	10:19.830 (1:14.703)	11:33.497 (1:13.668)	12:39.783 (1:06.286)	13:53.314 (1:13.531)			
	15:10.452 (1:17.139)						
4	Matt Arruda	SO El Camino	15:26.44				
	36.373 (36.373)	1:50.637 (1:14.265)	3:03.178 (1:12.541)	4:15.187 (1:12.009)			
	5:26.040 (1:10.853)	6:38.201 (1:12.162)	7:52.223 (1:14.023)	9:06.786 (1:14.563)			
	10:23.570 (1:16.785)	11:40.936 (1:17.367)	12:59.353 (1:18.418)	14:17.332 (1:17.979)			
	15:26.435 (1:09.103)						
5	Chris Weiland	SO Mt. Sac	15:32.50				
	35.150 (35.150)	1:49.342 (1:14.193)	3:02.287 (1:12.946)	4:14.406 (1:12.119)			
	5:25.409 (1:11.003)	6:37.717 (1:12.309)	7:51.669 (1:13.952)	9:06.503 (1:14.834)			
	10:23.876 (1:17.373)	11:40.646 (1:16.771)	12:59.056 (1:18.410)	14:17.636 (1:18.580)			
	15:32.492 (1:14.857)						
6	Jacob Skarr	FR West Los Angeles	15:35.61				
	35.989 (35.989)	1:51.837 (1:15.849)	3:03.572 (1:11.736)	4:15.560 (1:11.988)			
	5:26.962 (1:11.402)	6:40.212 (1:13.250)	7:55.577 (1:15.366)	9:10.965 (1:15.388)			
	10:28.985 (1:18.020)	11:48.355 (1:19.371)	13:07.376 (1:19.021)	14:24.395 (1:17.020)			
	15:35.602 (1:11.207)						
7	Jose Melchor	SO Mt. Sac	15:43.93				
	36.107 (36.107)	1:50.462 (1:14.355)	3:03.203 (1:12.741)	4:15.312 (1:12.109)			
	5:25.825 (1:10.513)	6:38.215 (1:12.391)	7:54.086 (1:15.871)	9:11.168 (1:17.083)			
	10:29.280 (1:18.113)	11:50.459 (1:21.179)	13:11.382 (1:20.924)	14:29.969 (1:18.588)			
	15:43.926 (1:13.957)						
8	Akol Malong	SO Glendale	15:46.90				
	36.121 (36.121)	1:51.116 (1:14.995)	3:04.727 (1:13.612)	4:16.833 (1:12.107)			
	5:26.559 (1:09.726)	6:38.889 (1:12.331)	7:53.896 (1:15.007)	9:10.633 (1:16.737)			
	10:29.110 (1:18.478)	11:52.979 (1:23.869)	13:16.697 (1:23.719)	14:38.377 (1:21.680)			
	15:46.899 (1:08.522)						
9	Ian Rusk	SO Fullerton	15:47.99				
	36.536 (36.536)	1:51.283 (1:14.748)	3:04.335 (1:13.052)	4:16.069 (1:11.734)			
	5:29.577 (1:13.509)	6:44.695 (1:15.119)	8:02.394 (1:17.699)	9:21.247 (1:18.854)			
	10:40.936 (1:19.689)	12:01.125 (1:20.189)	13:21.825 (1:20.700)	14:40.547 (1:18.723)			
	15:47.990 (1:07.444)						
10	Austin Dai	SO Riverside	15:50.24				
	36.085 (36.085)	1:50.724 (1:14.640)	3:03.743 (1:13.019)	4:15.703 (1:11.960)			
	5:27.284 (1:11.582)	6:41.152 (1:13.868)	7:57.249 (1:16.098)	9:14.460 (1:17.212)			
	10:32.734 (1:18.275)	11:52.897 (1:20.164)	13:14.236 (1:21.339)	14:35.462 (1:21.226)			
	15:50.240 (1:14.779)						
11	Luis Huerta	SO Mt. Sac	15:57.14				
	35.366 (35.366)	1:49.529 (1:14.163)	3:02.474 (1:12.946)	4:14.617 (1:12.144)			
	5:25.587 (1:10.970)	6:37.800 (1:12.213)	7:52.874 (1:15.074)	9:12.313 (1:19.439)			
	10:34.467 (1:22.155)	11:57.852 (1:23.386)	13:19.946 (1:22.094)	14:40.922 (1:20.976)			
	15:57.137 (1:16.216)						
12	Ariel Conde	SO West Los Angeles	16:01.37				
	37.744 (37.744)	1:52.928 (1:15.185)	3:06.180 (1:13.253)	4:19.632 (1:13.452)			
	5:35.649 (1:16.018)	6:53.049 (1:17.401)	8:11.336 (1:18.287)	9:30.109 (1:18.773)			
	10:51.731 (1:21.623)	12:12.503 (1:20.773)	13:34.184 (1:21.681)	14:52.109 (1:17.926)			
	16:01.369 (1:09.260)						



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13	Jared Falcone	FR Cuesta	16:02.46				
	36.303 (36.303)	1:50.560 (1:14.258)	3:03.760 (1:13.200)	4:15.793 (1:12.034)			
	5:27.247 (1:11.454)	6:41.559 (1:14.313)	7:59.705 (1:18.146)	9:19.548 (1:19.843)			
	10:39.840 (1:20.292)	12:00.605 (1:20.766)	13:22.678 (1:22.073)	14:45.006 (1:22.328)			
	16:02.451 (1:17.446)						
14	Baltazar Bucup	SO West Los Angeles	16:08.75				
	37.018 (37.018)	1:52.077 (1:15.060)	3:05.490 (1:13.413)	4:17.393 (1:11.903)			
	5:30.105 (1:12.712)	6:45.689 (1:15.585)	8:02.727 (1:17.039)	9:20.283 (1:17.556)			
	10:39.579 (1:19.297)	12:00.814 (1:21.235)	13:24.659 (1:23.846)	14:50.290 (1:25.632)			
	16:08.747 (1:18.457)						
15	Ricardo Torres	FR Moorpark	16:11.09				
	35.847 (35.847)	1:51.195 (1:15.348)	3:05.096 (1:13.902)	4:17.169 (1:12.073)			
	5:29.130 (1:11.962)	6:42.690 (1:13.561)	8:00.008 (1:17.318)	9:20.108 (1:20.100)			
	10:41.037 (1:20.929)	12:04.448 (1:23.412)	13:29.456 (1:25.008)	14:54.737 (1:25.282)			
	16:11.083 (1:16.347)						
16	Medhane Woldu	FR SD Mesa	16:11.62				
	36.790 (36.790)	1:51.890 (1:15.100)	3:05.349 (1:13.460)	4:18.306 (1:12.957)			
	5:33.245 (1:14.940)	6:51.965 (1:18.720)	8:11.152 (1:19.188)	9:30.188 (1:19.036)			
	10:51.385 (1:21.197)	12:12.722 (1:21.338)	13:33.967 (1:21.245)	14:54.382 (1:20.416)			
	16:11.613 (1:17.231)						
17	Moises Marquez	SO Long Beach	16:12.91				
	36.963 (36.963)	1:51.340 (1:14.377)	3:04.525 (1:13.185)	4:16.313 (1:11.788)			
	5:30.196 (1:13.884)	6:46.434 (1:16.238)	8:06.175 (1:19.741)	9:26.627 (1:20.453)			
	10:49.174 (1:22.548)	12:13.167 (1:23.994)	13:35.581 (1:22.414)	14:57.499 (1:21.918)			
	16:12.903 (1:15.405)						
18	Giovanni Barajas	FR Santa Ana	16:13.56				
	36.830 (36.830)	1:51.955 (1:15.125)	3:06.108 (1:14.154)	4:20.946 (1:14.838)			
	5:37.936 (1:16.991)	6:56.103 (1:18.167)	8:14.601 (1:18.499)	9:34.582 (1:19.981)			
	10:55.545 (1:20.963)	12:17.463 (1:21.919)	13:39.703 (1:22.240)	15:03.144 (1:23.441)			
	16:13.558 (1:10.415)						
19	Jessi Cuellar	SO West Los Angeles	16:19.73				
	36.467 (36.467)	1:51.426 (1:14.960)	3:04.862 (1:13.436)	4:18.362 (1:13.500)			
	5:33.536 (1:15.175)	6:52.256 (1:18.721)	8:11.496 (1:19.240)	9:30.646 (1:19.150)			
	10:51.068 (1:20.423)	12:12.043 (1:20.975)	13:33.899 (1:21.856)	14:54.760 (1:20.862)			
	16:19.727 (1:24.967)						
20	Humberto Guzman	SO San Bernardino	16:21.96				
	35.878 (35.878)	1:50.830 (1:14.953)	3:04.460 (1:13.630)	4:17.831 (1:13.371)			
	5:32.410 (1:14.579)	6:49.268 (1:16.859)	8:07.525 (1:18.257)	9:25.766 (1:18.241)			
	10:46.649 (1:20.884)	12:11.577 (1:24.929)	13:35.339 (1:23.762)	14:59.005 (1:23.667)			
	16:21.960 (1:22.956)						
21	Joshua Velasco	SO West Los Angeles	16:26.76				
	36.292 (36.292)	1:51.058 (1:14.766)	3:04.226 (1:13.169)	4:16.628 (1:12.402)			
	5:30.720 (1:14.092)	6:49.835 (1:19.115)	8:10.945 (1:21.111)	9:32.000 (1:21.055)			
	10:55.873 (1:23.874)	12:18.401 (1:22.528)	13:43.059 (1:24.659)	15:06.260 (1:23.202)			
	16:26.757 (1:20.497)						
22	John Lopez	SO SD Mesa	16:28.08				
	37.376 (37.376)	1:52.445 (1:15.069)	3:06.235 (1:13.791)	4:21.256 (1:15.022)			
	5:38.207 (1:16.952)	6:56.533 (1:18.326)	8:15.617 (1:19.084)	9:36.984 (1:21.368)			
	11:00.293 (1:23.309)	12:24.356 (1:24.064)	13:47.881 (1:23.525)	15:12.181 (1:24.300)			
	16:28.079 (1:15.899)						



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Riverside College

Results - Finals

....Event 36 Men 5000 Meter Run

23 Alejandro Hernandez	SO Riverside	16:38.29			
36.640 (36.640)	1:51.593 (1:14.953)	3:04.891 (1:13.299)	4:18.836 (1:13.946)		
5:34.279 (1:15.443)	6:53.417 (1:19.138)	8:14.849 (1:21.432)	9:36.786 (1:21.938)		
11:01.522 (1:24.736)	12:26.644 (1:25.122)	13:53.503 (1:26.860)	15:21.395 (1:27.892)		
16:38.284 (1:16.889)					
24 Julian Lasting	FR Saddleback	17:08.67			
37.207 (37.207)	1:53.091 (1:15.884)	3:07.792 (1:14.701)	4:26.508 (1:18.717)		
5:48.389 (1:21.881)	7:12.230 (1:23.842)	8:38.272 (1:26.042)	10:05.521 (1:27.250)		
11:32.956 (1:27.436)	12:59.762 (1:26.806)	14:26.399 (1:26.638)	15:51.832 (1:25.433)		
17:08.667 (1:16.836)					
25 Scott Hickman	SO Saddleback	18:01.11			
36.868 (36.868)	1:50.338 (1:13.470)	3:05.100 (1:14.763)	4:18.552 (1:13.452)		
5:36.666 (1:18.115)	7:00.670 (1:24.004)	8:29.582 (1:28.913)	10:01.065 (1:31.483)		
11:32.036 (1:30.972)	13:07.649 (1:35.613)	14:43.547 (1:35.899)	16:25.621 (1:42.074)		
18:01.103 (1:35.483)					
-- Manny Gil	FR El Camino	DNF			
37.094 (37.094)	1:52.201 (1:15.107)	4:18.632 (2:26.431)	5:34.870 (1:16.239)		
6:52.772 (1:17.902)	8:14.421 (1:21.650)	9:38.206 (1:23.786)	11:02.080 (1:23.874)		
-- Colby Penn	SO Mt. Sac	DNF			
36.092 (36.092)	1:50.393 (1:14.302)	3:03.367 (1:12.975)	4:15.613 (1:12.246)		
5:26.145 (1:10.532)	6:40.289 (1:14.145)	8:01.378 (1:21.090)			

Women - Team Rankings - 21 Events Scored

1) Cerritos	166	2) Riverside	130
3) West Los Angeles	88	4) Mt. SAC	82
5) Long Beach	33	6) El Camino	30
6) Moorpark	30	8) Ventura	27
8) Saddleback	27	10) Southwestern	25
10) SD Mesa	25	12) Glendale	22
12) Bakersfield	22	14) Orange Coast	21
15) Santa Monica	20	15) Cuesta	20
17) Fullerton	16	18) Santa Barbara	13
19) Palomar	11	20) Cuyamaca	3
20) Antelope Valley	3	20) Canyons	3
23) San Bernardino	1	23) Pasadena	1

Men - Team Rankings - 21 Events Scored

1) Riverside	212	2) Mt. SAC	110
3) Cerritos	104	4) El Camino	86
5) SD Mesa	50	6) West Los Angeles	42
7) Cuesta	27	7) Canyons	27
9) Santa Monica	25	10) Saddleback	21
11) Bakersfield	18	12) Cuyamaca	14
12) Moorpark	14	12) Orange Coast	14
15) Golden West	13	16) Glendale	8
16) Santa Barbara	8	18) Antelope Valley	7
19) Ventura	6	20) Long Beach	5
21) Southwestern	3	22) Santa Ana	2



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