



HOSTED BY



Dornblaser Track & Field

Missoula, MT

May 8-11, 2019



Dear Big Sky Coaches, Staff, and Student-Athletes,

On behalf of the University of Montana, Grizzly Athletics and the City of Missoula, I am pleased to welcome you to the 2019 Big Sky Conference Outdoor Track & Field Championships. We are excited to be this year's host school and city. We hope your team and supporters have an opportunity to enjoy all that Missoula has to offer.

Missoula is home to a number of great restaurants, as well as a variety of unique local shops. Missoula's surrounding rivers and five valleys provide endless recreational activities, from hiking the "M" and enjoying the breathtaking view of our wonderful city to whitewater rafting down one of our pristine rivers.

For the Championship, we have an outstanding staff and a fantastic group of volunteers working the event. We are all committed to doing everything we can to ensure each student-athlete, coach and spectator who attends this year's Championship walks away having had a great time and positive experience.

Please let us know if you we can do anything to assist you while you are in Missoula.

Thank you!



Sincerely,
Chuck Maes
Associate Athletic Director

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2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

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2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

SCHEDULE OF EVENTS

All Times are Mountain Standard Time

Please check the Twitter handle @BigSkyConf for severe weather updates if needed.

Sunday, May 5, 2019

5:00 pm Entry Deadline
5:00 pm Conference Call for Starting Heights/Progressions
1.866.398.2885 – passcode 332529

Monday, May 6, 2019

Meet Referees review start lists and entry performance lists and make any necessary adjustments
End of Day **RSVP** the number of staff attending the Coaches' Dinner to:
maescf@mso.umt.edu (each school can bring up to six people free of charge, additional by request/availability-cost is \$15/pp)

Tuesday, May 7, 2019

9:00 am - 6:00 pm Athletic Training Staff available at the track
8:30 am-10:30 am Weigh-Ins open
7:00 am - 3:00 pm All practice areas open, except Hammer/Discus
3:00 pm - 5:00 pm Practice areas for Hammer/Discus and track...no PV/Javelin
**NOTE: The backstretch of the track is CLOSED anytime the hammer is being thrown
ABSOLUTELY NO ONE WILL BE ALLOWED ON THE BACKSTRETCH!**
By 4:00 pm Heat sheets and performance lists sent for inspection
5:00 pm-8:00 pm All practice areas open, except Hammer/Discus
8:00 pm Track closes. Training room closes

Wednesday, May 8, 2019

8:00 am-7:00 pm Athletic Training Staff available at the track
7:00 am-9:30 am Practice areas for Hammer/Discus and track are open...**No
LJ/TJ/PV/Javelin**
**WHEN HAMMER IS BEING THROWN... ABSOLUTELY NO ONE WILL BE ALLOWED ON
BACKSTRETCH!**
8:30 am-10:30 am Weigh-ins open
9:30 am - 3:00 pm All practice areas open except Hammer/Discus - except those areas
that would impede on the Multis competitions
10:00 am Competition starts
Noon Coaches Hospitality available
3:00 pm-5:00 pm Practice areas for Hammer/Discus and track are open...**no PV/Javelin**
**NOTE: The backstretch of the track is CLOSED anytime the hammer is being thrown
ABSOLUTELY NO ONE WILL BE ALLOWED ON THE BACKSTRETCH!**
5:00 pm-8:00 pm All practice areas open except Hammer/Discus
8:00 pm Track closes - Training room closes

2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Thursday, May 9, 2019

- 8:00 am -7:00 pm Athletic Training Staff available at the track
8:30 am-10:30am Weigh-ins open
7:00 am- 9:30 am Practice areas for Hammer/Discus LJ/TJ/SP and west side of track are open... **no PV/Javelin**
NOTE: WHEN HAMMER IS BEING THROWN...NO ONE WILL BE ALLOWED ON THE BACKSTRETCH!
9:30 am - 4:00 pm All practice areas open except Hammer/Discus
9:00 am-10:00 am Track oval and high jump open for practice. No other field events open for practice. **Note:** Remember that javelin area may not be used while either the discus or javelin for the multi are warming up or competing
10:00 am Competition starts
Noon Coaches Hospitality available
4:00 pm-5:30 pm Practice areas for Hammer/Discus and track are open...no PV/Javelin
NOTE: WHEN HAMMER IS BEING THROWN...NO ONE WILL BE ALLOWED ON THE BACKSTRETCH!
This practice may start late if the multi Javelin is still going on. The ending time will stay at 5:30pm
5:30 pm-7:00 pm Weigh-ins open - Men's Hammer **MUST** be checked in by 7pm
5:30 pm-8:00 pm All practice areas open except Hammer/Discus
7:00 pm Coaches' Dinner (**Mandatory for head coach or representative**)
Packet Pickup and Coaches' meeting immediately after dinner
Location: Stockman's Bank (321 W. Broadway)
8:00 pm Track closes - Training room closes

Friday, May 10, 2019

- 6:00 am-7:30 am Practice areas for Hammer/Discus LJ/TJ/SP and west side of track are open...**no PV/Javelin**
NOTE: WHEN HAMMER IS BEING THROWN... NO ONE WILL BE ALLOWED ON THE BACKSTRETCH!
7:00 am - 7:30 pm Athletic Training Staff available at the track
7:30 am - 9:00 am All practice areas open except Hammer/Discus
8:30 am-10:30 am Weigh-ins open.
9:00 am-10:00 am Track oval and high jump open for practice. **No other field events open for practice**
9:00 am - 8:00 pm Facility closed for practice - Facility open for competition only
9:00 am Competition starts
9:00 am Coaches Hospitality available
12:20 pm National Anthem *just prior to start of first running event*
5:30 pm-7:00 pm Weigh-ins open – Women's Hammer **MUST** be checked in by 7pm
8:00 pm Track closes. Training room closes

Saturday, May 11, 2019

Facility closed for practice on Saturday - Competition only.

- 7:00 am - 6:00 pm Athletic Training Staff available at the track
8:00 am-10:00 am Weigh-ins open
9:00 am Competition starts
9:00 am Coaches Hospitality available
1:20 pm National Anthem just prior to start of first running event
~7:00 pm Awards Ceremony (At conclusion of meet)

2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

DAILY MEET SCHEDULE

Wednesday, May 8, 2019

10:00am Decathlon (100, LJ, SP, HJ, 400)
10:30am Heptathlon (100H, HJ, SP, 200)

Thursday, May 9, 2019

10:00am Decathlon (110H, Discus, PV, Jav, 1500)
10:30am Heptathlon (LJ, Jav, 800)

Friday, May 10, 2019

Field Events

9:00 am M Hammer
11:00 am M High Jump
12:00 pm M Discus
12:30 pm W Shot Put
1:00 pm M Long Jump
2:30 pm W Pole Vault
3:00 pm W Javelin
4:00 pm W Long Jump

Running Events

12:20 pm National Anthem
12:30 pm W 1500 Prelims
12:45 pm M 1500 Prelims
1:10 pm W 100 Hurdle Prelims
1:30 pm M 110 Hurdle Prelims
1:50 pm W 400 Prelims
2:05 pm M 400 Prelims
2:25 pm W 100 Prelims
2:40 pm M 100 Prelims
3:00 pm W 3000 Steeplechase
3:20 pm M 3000 Steeplechase
3:40 pm W 800 Prelims
3:55 pm M 800 Prelims
4:15 pm W 400 Hurdle Prelims
4:30 pm M 400 Hurdle Prelims
4:50 pm W 200 Prelims
5:05 pm M 200 Prelims
5:25 pm W 10000 Final
6:05 pm M 10000 Final

2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Saturday, May 11, 2019

Field Events

9:00	am	W Hammer
11:00	am	W High Jump
11:30	am	M Shot Put
12:00	pm	W Discus
12:00	pm	M Triple Jump
1:30	pm	M Pole Vault
2:30	pm	W Triple Jump
2:45	pm	M Javelin

Running Events

1:20	pm	National Anthem
1:30	pm	W 4x100 Relay Final
1:45	pm	M 4x100 Relay Final
2:05	pm	W 1500 Final
2:15	pm	M 1500 Final
2:35	pm	W 110 Hurdle Final
2:45	pm	M 100 Hurdle Final
3:00	pm	W 400 Final
3:05	pm	M 400 Final
3:15	pm	W 100 Final
3:20	pm	M 100 Final
3:30	pm	W 800 Final
3:35	pm	M 800 Final
3:50	pm	W 400 Hurdle Final
4:00	pm	M 400 Hurdle Final
4:15	pm	W 200 Final
4:20	pm	M 200 Final
4:30	pm	W 5000 Final
4:55	pm	M 5000 Final

When all other events are done

(M Jav & M 5k):

W 1600 Relay Final
M 1600 Relay Final

ENTRY PROCEDURES

Competing teams may submit a maximum of 28 student-athletes in the entries, including relay legs.

The online entries will be available by Monday, April 29th and can be accessed through Direct Athletics at <https://www.directathletics.com>. If you experience technical difficulty using the online entry system, please contact Direct Athletics by email: Support@directathletics.com or call them at 347.674.3002. Final rankings can be found on DirectAthletics.com.

Coaches must submit the entries ONLINE by 5:00 pm (Mountain Time) Sunday, May 5th. A \$50.00 late fee will be assessed by the Conference Office for each late entry made. In addition, a letter will be written to the Athletic Director of the penalized institution.

HEAT SHEETS

The Conference office will seed the meet and send out heat sheets to the institutions by 4:00 pm (Mountain Time) on Tuesday, May 7th.

STARTING HEIGHTS / PROGRESSIONS

TBD at conference call on Sunday May 5th at 5pm (Mountain Time). Access the call at 1.866.398.2885 – passcode 332529.

COACHES' MEETING AND PACKET PICKUP

The coaches' meeting and dinner will take place on Thursday, May 9th and will be held at Stockman's Bank, located at 321 W. Broadway (see enclosed map on page 24). Dinner will be served at 7:00pm Mountain time, followed by the coaches meeting. **Six meals per team** will be provided at no cost. Additional meals will cost \$15 and **are subject to availability**. Please **RSVP** to Chuck Maes at maescf@mso.umt.edu by end of day Monday, May 6th with the number of staff you expect for dinner.

At the coaches meeting, meet officials will review all procedures, go over meet schedule and answer any questions that are raised. Heat and lane assignments will be finalized. It is **MANDATORY** that a head coach or representative of the team be in attendance at the meeting. A sign-in sheet will be passed around. Please come prepared to discuss any concerns you may have at this meeting, so any issues or potential problems can be addressed prior to the start of the meet.

Team packets will be distributed at the coaches' meeting. The following items will be found in the packet:

- Competition bibs and pins
- Heat and flight sheets
- Competition schedule
- Meet credentials
- Relay cards
- Protest forms (2)

2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

For the multis, Athletes will receive their bib number at **Clerking Shed** on Thursday when they check in.

Directions to the Coaches Meeting: See map and directions on page 24 of this packet.

FACILITY INFORMATION

Championship Site

The 2019 Big Sky Outdoor Track & Field Championship will take place May 8-11, 2019 at the Dornblaser Track & Field Complex in Missoula, Montana. The event is hosted by University of Montana.

Facility Information

- Track Surface: All weather granulated rubber
- Throwing Circles: Brushed Concrete
- Runways: (include length and takeoff boards if applicable)
 - Horizontal Jumps - (North and South)
 - Long Jump: 170' (12' takeoff board)
 - Triple Jump: 150' (32', 36', 40' takeoff board)
 - Pole Vault – North and South: 160'
 - Javelin: 111'
- Preferred Lanes:
 - Oval 4-5-6-3-7-2-8-1
 - Straight 4-5-3-6-2-7-8-1

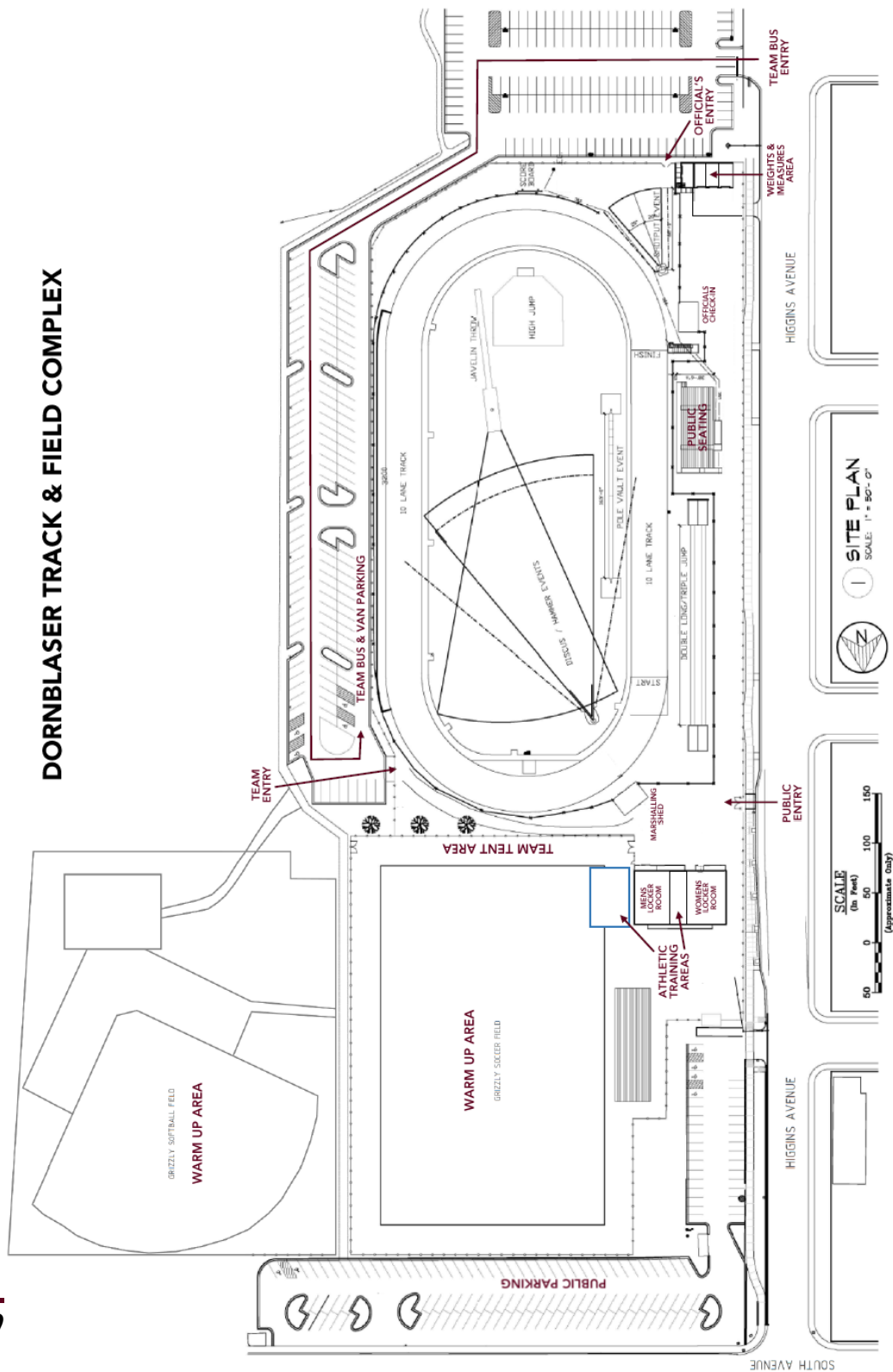
Stadium Entry

All athletes and coaches will enter the complex via the gate on the **Northeast corner of facility** (by flagpole). Staff and spectators will enter via the Southwest corner.

Credentials will be needed to enter the facility.

Track access: Only the northwest gate will be used. **Coaches must have their COACH credential in order to access the coaching boxes.** Field event athletes will enter through this gate for competition warmup. Running event competitors will be escorted from check-in to their start line through this gate.

BIG SKY CONFERENCE MEET LAYOUT



PRACTICE SCHEDULE

Practice at the course is limited to scheduled times on Tuesday, May 7th through Friday, May 10th. The facility is very small, and there is a lot of overlap for event needs and safety concerns.

Tuesday:

7:00 am-3:00 pm All practice areas open except Hammer/Discus

3:00 pm-5:00 pm Practice areas for Hammer/Discus and track are open...no PV/Javelin

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

5:00 pm-8:00 pm All practice areas open except Hammer/discus

Wednesday:

7:00 am-9:30 am Practice areas for Hammer/Discus and track are open...no /PV/Javelin

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

9:30 am-3:00 pm All practice areas are open except Hammer/Discus - except those areas that would impede Multis competitions

3:00 pm-5:00 pm Practice areas for Hammer/Discus and track are open...no PV/Javelin

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

5:00 pm-8:00 pm All practice areas open except Hammer/Discus

Thursday:

7:00 am-9:30 am Practice areas for Hammer/Discus and track are open ...no /PV/Javelin

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

9:30 am-4:00 pm All practice areas are open except Hammer/Discus - except those areas that would impede Multis competitions

Note: *Javelin area may not be used if either the discus or javelin, for the multi's, are warming up or competing.*

4:00 pm-5:30 pm Practice areas for Hammer/Discus and track are open...no PV/Javelin
This practice may start late if the multi javelin is still going on.(Ending time will remain at 5:30pm)

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

5:30 pm-8:00 pm All practice areas open except Hammer/Discus

Friday:

6:00 am-7:30 am Practice areas for Hammer/Discus and track are open...no PV/Javelin

NOTE: *The backstretch of the track is **CLOSED** anytime the hammer is being thrown*

7:30 am-9:00 am All practice areas open except Hammer/Discus

9:00 am-10:00 am Track oval and high jump open for practice. No other field events open for practice

10am Facility closed for practice. Facility open for competition only

Saturday:

Facility closed for practice on Saturday - Facility open for competition only

WEIGH-INS

- **Tuesday:** 8:30 am – 10:30 am
- **Wednesday:** 8:30 am – 10:30 am
- **Thursday:** 5:30 pm – 7:00 pm
**All Men's hammers must be weighted in by 7:00 pm
- **Friday:** 8:30 am - 10:30 am
5:30 pm – 7:00 pm
**All Women's hammers must be weighted in by 7:00 am
- **Saturday:** 8:00 am - 10:00 am

All implement inspections will take place at the shed on the south end of the track. Certified implements will be impounded and made available during the allotted warm up time for each event. Any implements that do not pass certification will be held until the conclusion of the specified event.

Decathlon and Heptathlon implements must be checked in by 10:30 am each day.

All implements for open throws events must be checked in no later than 2 hours prior to the event start time, they may also be weighed in on days prior to the event. Implements should be picked up at the event site at the conclusion of finals.

EVENT WARMUPS

The soccer field and softball field will be available for warm-up activities prior to and during competition.

- There will be hurdles, but no blocks at these locations. No event calls will be made at this warmup location. Athletes should bring a watch and know the time.
- The backstretch **may be available** for warmups at varies times on Tuesday, Wednesday, Thursday and on Friday until 12pm. There will be hurdles but no blocks.
- The softball and soccer fields will be available. There will be hurdles but no blocks at this location.
No event calls will be made at these warmup locations. Athletes should bring a watch and know the time.

Running Events

For final warm-ups, athletes in running events can gain access to the "30-Minute Warmup Area" on the North side of the track 30 minutes prior to the scheduled start of their event. This area will have roll out rubber mats in the road. There will be blocks and hurdles. Final calls for events will be made at this location. Athletes will be escorted to their start line from this location.

Field Events

For final warm-ups, field event athletes may access the infield 10 minutes prior to their scheduled warmup start to check in and get settled. At that time, field event warm-ups may be done at the event venue. Once competition begins on the track on Friday and Saturday, field event athletes may not use the track oval for warmups.

For horizontal jumps and throws, all flights will be allowed to warmup at the ring/runway 30 minutes prior to the event start until 15 minutes prior to the start of the event. First flight will then have 15 minutes for further warm-up. The 2nd and remaining flights will be allowed a 15 minute warmup prior to their flight. A 15 minute warmup period will be provided between the preliminaries and the finals. Release of implements in the throws should only take place at the event site and in the allotted warm-up time.

High Jump will have 60 minutes to warmup on the pit. Pole Vault will have 90 minutes to warm-up on the pit.

CLERKING / CHECK-IN PROCEDURES

Multi Events

Multis check-in by no later than 20 minutes before 1st event of the multi that day, at the event site. Bib numbers will be provided to Athletes in Multis at the Clerking Shed on Thursday when they check in for their first event. Hip numbers will also be provided start line of each multi event.

Bib numbers, uniforms, and spikes will be checked for NCAA and facility compliance.

Running Events

All running event check-ins will be conducted at the **Clerking Shed** on the North side of the track. Athletes may check in as early as they want, but no later than 20 minutes before the event scheduled start. At this time, bib numbers, uniforms, and spikes will be checked for NCAA and facility compliance. Athletes will also be issued hip numbers.

All heats for an event will be gathered and walked out to the track for final warmups 10 minutes before the scheduled start time* - this will be the athlete's first access to the track.

***HURDLES:**

- Final warmups will be 15 minutes before scheduled start times
- Lanes 7-10 will be available on the backstretch for
 - Lane 7 will have starting blocks and three hurdles set **for the women**
 - Lane 9 will have starting blocks and three hurdles set **for the men**

****The 1500 will be running at this time - so it is critical athletes pay attention and stay out the way. NO WARM UPS may occur in Lanes 1-6. Officials will be present to ensure compliance****

Athletes will have baskets labeled by lane to place their sweats at the start line. These baskets will be brought down to the finish line. Athletes may retrieve their sweats at the finish line after their race.

Field Events

All field event check-ins will be conducted at the **Clerking Shed** on the North side of the track. Athletes may access the infield 10 minutes prior to their scheduled warm-up start to check in and get settled. At check-in, bib numbers, uniforms, and spikes (if

applicable) will be checked for NCAA and facility compliance. Athletes must be checked in no later than 10 minutes prior to the scheduled start.

Warm-ups on runways and rings at event locations will open at the following times prior to the event start. Once competition begins on the track on Thursday and Friday, field event athletes may not use the track oval for warm-ups.

- Horizontal Jumps & Throws – 30 minutes prior
- High Jump – 60 minutes prior
- Pole Vault – 90 minutes prior

SPIKES

On our track surface, the required spike length and type is ¼ inch pyramid. No needle or pin spikes are permitted. Spikes will be evaluated at check-in. Non-conforming shoes will not be permitted. High Jump and Javelin spikes with recessed spike elements will be allowed to use 3/8 inch – these longer spikes are recommended on this facility's surface.

BIBS

Each athlete will be provided a bib number in the team packet. Competitor numbers must be worn on the front of the competition jersey. Competitors in the Pole Vault may wear bib on the front or back. Do not alter the numbers in any way. No chip timing will be used. Athletes in Multis will receive their bib numbers at **Clerking Shed** on Thursday when they check in.

SEEDING AND ADVANCEMENT PROCEDURES

Running Events

All running events will be heated and seeded in accordance to NCAA Rule 5.

Advancement in running events will be done per procedures in Section 10 Article 6.a.

- For lane events – 100m, 200m, 400m, 100m hurdles, 110m hurdles, 400m hurdles qualifying for finals is as follows:
 - 8 qualify to finals.
 - Advance top 1 per heat.
 - All other qualifiers in the round shall advance on the basis of time.
- For the 800m, qualifying for finals is as follows:
 - 12 competitors max per heat.
 - 8 qualify to finals.
 - Advance top 1-2 per heat, depending on number of heats.
 - If there are less than four heats, advance top 2 per heat.
 - If there are four or more heats, advance top 1 per heat.
 - All other qualifiers in the round shall advance on the basis of time.
- For the 1500m, qualifying for finals is as follows:
 - 12 qualify to final.
 - At the time of the scheduled race if 15 or fewer competitors report for the 1500, the event shall be run as a single-race final.
 - Advance top 3-4 per section, depending on number of sections.
 - If 16-30 athletes report, 2 heats will be run. Advance top 4 per section.

- If more than 30 report, 3 sections will be run. Advance top 3 per sections.
 - All other qualifiers in the round shall advance on the basis of time.
- For the 3K Steeple:
 - If 18 or fewer competitors report, the event shall be run as a single-race final.
 - If there are more than 18 competitors in the 3K Steeple, it is at the discretion of the games committee on whether or not to run two heats.
- For the 5K and 10K:
 - There will be one heat final regardless of number of competitors, with waterfall start.
- For the 4x100 and 4x400:
 - The 4x100 meter relay and 4x400 meter relay heats will be run slow to fast, with the 8 fastest in the 2nd heat. All heats use preferred lanes.

Field Events

All field events will be seeded in accordance to NCAA Rule 6 Section 2 Article 6.a. For total fields greater than 13, two flights should be considered. No more than 16 competitors will be assigned to each flight. If there are unequal numbers, the last flight will have the larger number. (Example – 8 in first flight and 9 in second flight). In the vertical jumps, the five-alive method of competition will be determined by the games committee.

In all field events in which preliminaries are contested, athletes with the top nine marks after the first three rounds will advance to a three round final. Ties will not be broken. For example, if there is a tie at 9th, all those tied will go on. NCAA rules will be adhered to regarding all advancement and final results.

LIVE RESULTS / SPORTS INFORMATION

A link to live results will be available at <http://www.finishedresults.com/>. This link can also be accessed from the Track and Field team's championship webpage. There is also an app for the live results available for phones. You can download the app from the following webpage: <http://www.finishedresults.com/services/live>

One paper set of results per school will be provided to each program upon completion of each day. The results will also be posted at the East end of the stadium on the wall of the gray building.

After the meet, members of the media and each school's respective sports information director will be emailed by Montana Sports Information. Contact Nic Hallisey at nic.hallisey@mso.umt.edu for more information.

Photos from the podium and awards, as well as select action photos, will be uploaded to DropBox. A link will be distributed by Montana Sports Information prior to the events.

PROTESTS

Protest forms can be picked up and submitted at the clerks table and the referee will provide follow up with appropriate official. The head coach should provide information about the alleged incident or problem, citing the NCAA rulebook. A copy of the protest form is also included at the end of this manual.

All protests should be made following NCAA Rule 4-1.12. Protests relating to matters that develop during the conduct of the meet should be made at once and no later than 15 minutes after the results have been announced or posted. Any such protest may be immediate and oral by a competitor or a competitor's coach in order to protect and preserve evidence used in the determination of a written protest filed in the appropriate manner.

Per the BSC Men's and Women's Track and Field Championship manual:

- Any such protest must be made in writing by a head coach and submitted to the protest table. The protest will be submitted to the referee who shall render a decision. **A \$50 fee will be assessed to all protests.**
- This decision is final and without appeal.
- In matters relating to official photos, the coach may file a protest in order to view the film with the referee. If a photo is under protest, the referee shall consult with the finish judge and film evaluators before rendering a decision.

HONEST EFFORT & FAILURE TO PARTICIPATE

Student-athletes legally entered and declared in events must run and give an honest effort or be disqualified from all remaining competition. Points scored prior to disqualification stand. Failure to Participate (Rule 4, Section 2, Article 2) and Honest Effort Participate (Rule 4, Section 2, Article 1) rules shall be in effect. Honest effort is abandoning any event without reasonable cause as determined by the referee. Abandoning the combined event is not a violation of honest effort. A failure to participate is considered an assumption that the competitor in violation has abandoned the competition and, therefore, shall be barred from all remaining events in the current meet. When an institution's relay team declares, but does not participate in the competition, individual competitors declared on the relay team shall not evoke failure to participate. Failure to participate in a combined event occurs only if the competitor fails to start the first event within a combined-event competition.

SCORING AND AWARDS

Per NCAA regulations, each event will be scored points for 1st through 8th as follows: 10–8–6–5–4–3–2–1.

Medals will be given to the top 3 finishers in each event.

Awards will also be given per gender to:

- Most Valuable Athlete (Most points scored at Championship)
- Outstanding Performer (Highest Nielsen Table Performance)
- Freshman of the Year (Announced after returning from the championship)
- Team Championship Trophy (Team with the most points)

ATHLETIC TRAINING

The Athletic Training tent will be located at the south end of the soccer field/warmup area. Hours of operation will generally be two hours prior to the start of each days first event to one hour past the conclusion of the final event. Athletic Trainers from visiting institutions will pick up their credentials from Drew Babcock (UM's Athletic Trainer) at the beginning of the championships. Athletic Trainers will have access to all areas with a valid credential. The Athletic Training tent will be fully equipped with all necessary equipment. Visiting Athletic Trainers will be provided one treatment table per team in the Athletic Training tent. Portable treatment tents should be set up in team camp area. The following modalities will be available at the track: ice, water, hydro-collators (heat packs), ultrasound, e-stim, and emergency equipment. A physician will be available during all Athletic Training tent hours of operation. Mobile x-ray and on campus x-ray will be available at your Athletic Trainer's request and in consultation with the onsite physician. For further information, contact Drew Babcock at 406-243-6362 or 406-546-2466 (cell).

Hours of operation for both sites will be:

- Tuesday, May 7: 9:00 am – 6:00 pm
- Wednesday, May 8: 8:00 am – 7:00 pm
- Thursday, May 9: 8:00 am – 7:00 pm
- Friday, May 10: 7:00 am – 7:30 pm
- Saturday, May 11: 7:00 am – 6:00 pm

In an Emergency

Call 9-1-1.

UM Campus Police – 406.243.6131

Providence St. Patrick's Hospital – 500 W. Broadway – 406.543.7271

EVACUATION / SEVERE WEATHER PLAN

Please visit @BigSkyConf on Twitter on race and practice days for severe weather updates, delays, and postponements if necessary. Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The games committee reserves the right to make changes to the below policies and schedules as they see fit.

Severe Weather Policy

For the safety of all spectators, student-athletes, officials and coaches the following will be used in case of severe weather.

Lightning Policy

We will use the NCAA/NLSI (National Lightening Safety Institute) Guidelines. We will not begin any activity until 30 minutes have passed since the last incident.

Shelter Locations

If evacuation of the facility is recommended, there is limited cover at Dornblaser Track. Teams should plan on boarding their team buses. Montana's student athletes will be directed to locker rooms. Working Staff will be directed to the storage buildings that are

on the north end and southwest end of the track. Spectators will be directed to return their vehicles.

TENTS AND TEAM CAMPS

Within the complex, team camps may be setup on the south end of the **soccer field**. The soccer field is located just north of the track. Team camps may also be setup in the softball stadium grass. These areas will also serve as a warm up/practice areas. These are the only two locations that team tents will be allowed. **No tents, bags, equipment, etc. in the stands.**

In addition, with the extremely limited seating, we ask that athletes do not sit in any of the stands, and leave them for fans, friends, and family. We encourage your athletes to bring a small chair to enjoy the meet.

Outside the complex, team camps may be setup on the campus recreation fields located just east of the track.

If your team is flying in and would like to rent a tent, you can contact Montana Party Time at 406.542.0701.

ADMISSION

There will be a \$5.00 per day admission fee on Friday and Saturday, there will be no charge on Wednesday and Thursday. On each day, gates to the complex open for spectators 1 hour prior to the first event of the day. Spectators must remain outside the fence surrounding the track. Seating will be limited.

COACHES' HOSPITALITY

Coaches and athletic trainers are welcome to the hospitality area located southwest of the spectator's stands. Hospitality opens at noon on Tuesday, Wednesday and at 9:00 am Thursday and Friday. First come, first serve. Bring coaches/medical credential to access.

COACHES' BOXES

Coaches will have a credential to access the coaching boxes on the track. Coaching boxes will clearly designated and all coaches will be expected to stay within these boxes. In addition, there is space between the fence and bleachers, along the home stretch, that will be made available to coaches with the proper credentials. Coaches will also be allowed on the east side of the track on top of the rock berm and on the south end of the track on the grass berm that extends from the shotput to the east backstretch. Coaches will be allowed to cheer from all coaching boxes.

Coaches are allowed on the open training areas on the track during practice sessions while the multi-events are being contested. Once the meet starts, no coach can be on the competitive surface unless they are in a coaching box.

EQUIPMENT STORAGE

Storage for implements will be available at the shed on the south end of the track. Storage for the poles will be available in the building located just of the north end of the track. Please contact Adam Bork at adam.bork@mso.umt.edu or 406.360.3811 to arrange storage once on site.

DRESSING ROOMS, SHOWER FACILITIES, AND RESTROOMS

Locker Rooms/Showering Facilities.

Visitor locker rooms will be available at the north end of the track. Please furnish your own towels!

Because the locker room facilities located at the track are minimal. Showers will be available at the Adams Center, which is located on campus on Saturday, if teams require them prior to leaving Missoula. To request, please email Tia Fluri at tia.fluri@mso.umt.edu by May 6, 2019. Towels will be available on Saturday only at the Adams Center location.

ACADEMIC RESOURCES FOR TESTING ON SITE

If any student-athletes from competing universities need proctoring for exams, please contact Jean Gee Director of Academics (email: jean.gee@mso.umt.edu and office phone: 406.243.5370) here at the University of Montana. She or someone from her staff will be available to assist in proctoring these exams. Also, our Faculty Athletics Representative (FAR) can assist in proctoring competing student-athletes if needed.

CONCESSIONS & MERCHANDISE

Concessions will be available on site. At this time, there are plans to have event branded merchandise available for purchase at the Championships.

DIRECTIONS TO DORNBLASER TRACK AND FIELD

Traveling Westbound I-90

1. Take Missoula's first exit onto Van Buren Street; enter the round-a-bout stay in until you can go under the highway overpass, enter second round-a-bout exit at second opportunity and merge into the right lane.
2. At the stoplight, turn right onto Broadway Street.
3. Move into the furthest left lane and turn left onto Madison at the stoplight.
4. Driving over the bridge, stay in the left lane and veer left at the fork in the road.
5. After the fork, keep to your right and continue on Arthur Ave.
6. Continuing for approximately one mile on Arthur Ave to South Ave.
7. Turn right onto South Avenue.
8. Turn left onto Higgins Avenue
9. Dornblaser will be on your left, however you will continue down Higgins Ave until you come to the parking lot on south end of Dornblaser.
10. Turn left into the parking lot and proceed to the far end of the parking lot and take the small road that leads into the parking lot on the east side of Dornblaser.
11. You have arrived - at the team parking lot.

Traveling Eastbound I-90

1. Take Missoula's last exit onto Van Buren Street, Exit 105; Turn right into the round-a-bout and exit round-a-bout at first opportunity and stay in the right lane
2. Follow steps 3-11 from Traveling Westbound I-90 (above)

From the Missoula County Airport

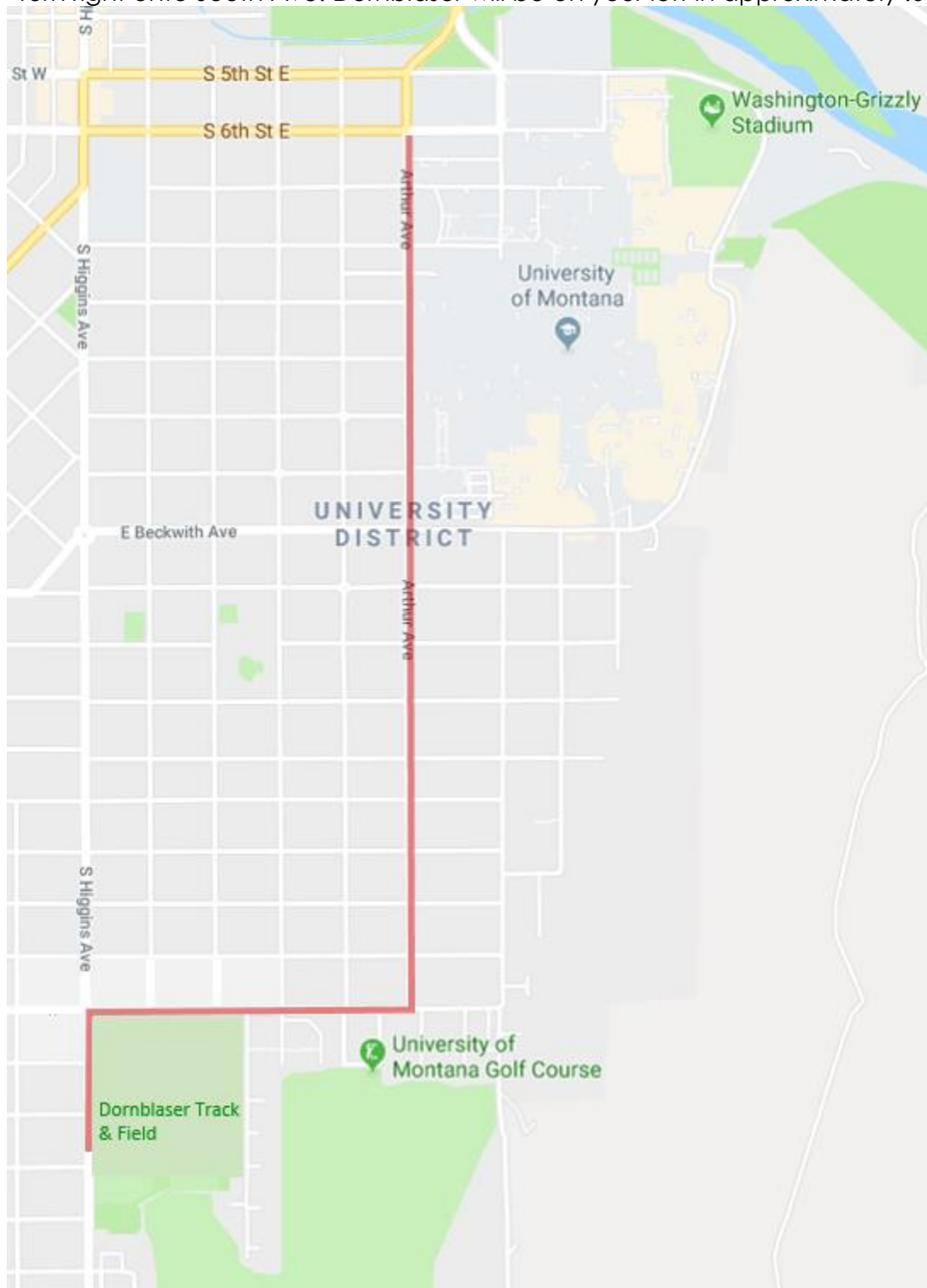
1. Leaving the airport, turn right onto Broadway Street.
2. At the stoplight, turn, which will lead you to Interstate 90.
3. Take I-90 East and take exit 105 (Van Buren Street),
4. Follow steps 3-11 from Traveling Westbound I-90 (above)

From Highway 12 & 93 North

1. As you enter Missoula exit to your right onto 39th street (you will have just pass the Walmart store, also on your right).
2. Continue on 39th Street, which will turn into SW Higgins after about 2 miles.
3. Continue on SW Higgins as it makes a 90 degree left hand turn
4. SW Higgins will become Higgins Ave as you finish the turn.
5. Dornblaser Track will be on your right in approximately one half mile.
6. Turn right into the parking lot just prior to Dornblaser and proceed to the far end of the parking lot and take the small road that leads into the parking lot on the east side of Dornblaser.
7. You have arrived - at the team parking lot.

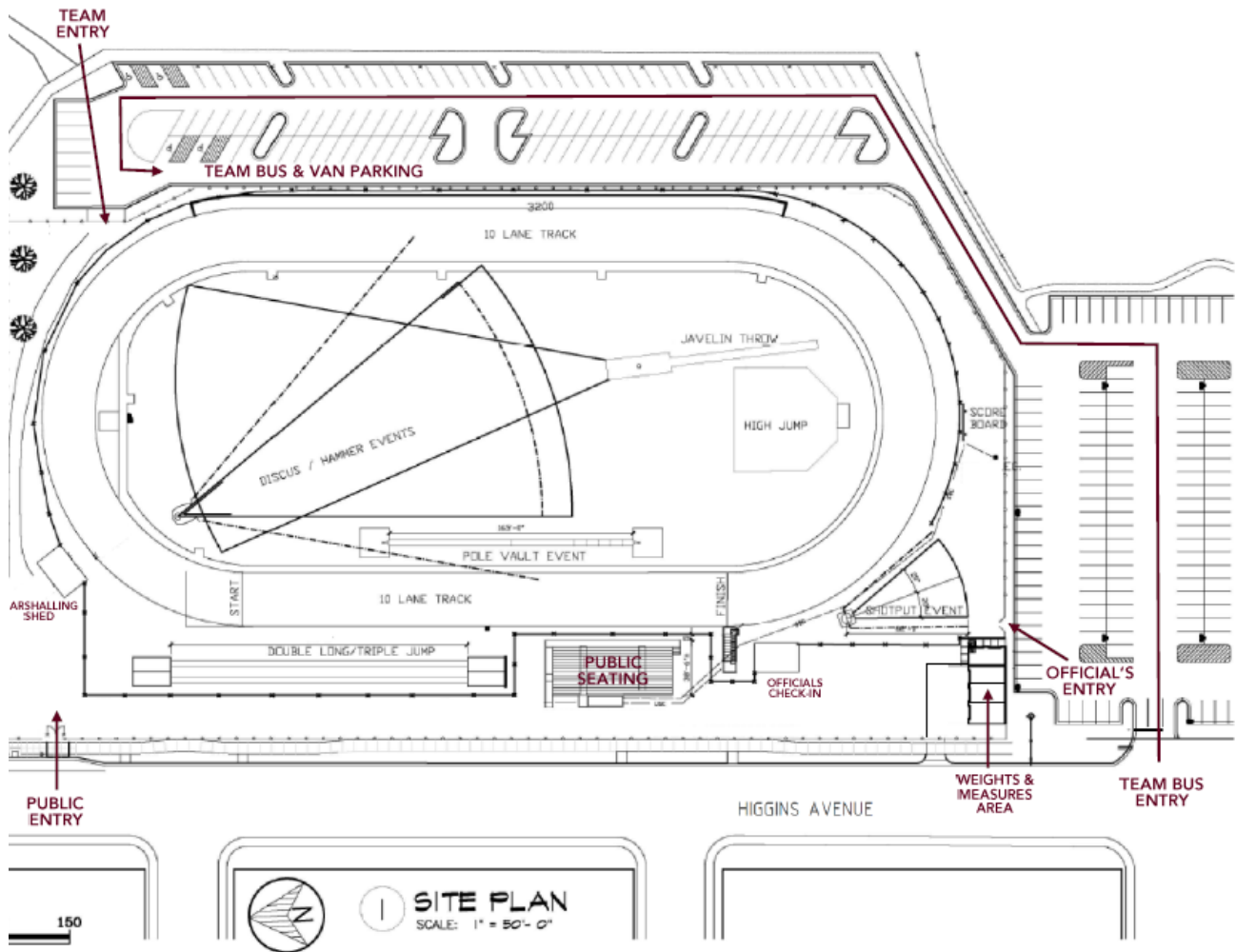
DIRECTIONS FROM CAMPUS

1. From campus, take a left on Arthur Ave and head south. (approximately 1 mile)
2. Turn right onto South Ave. Dornblaser will be on your left in approximately .6 miles



PARKING INFORMATION

TEAM BUS PARKING DIAGRAM



TEAM BUS PARKING

Team busses and team vans will enter via Higgins Avenue, which is on the south end of track (scoreboard end). All busses and vans should proceed through the first parking lot and follow the road to the east parking lot, as shown in diagram.

DIRECTIONS TO COACHES' DINNER FROM DORNBLASER TRACK

← from Dornblaser Fields, Lewis and Clark Trail, Missoul...
to 321 W Broadway St, Missoula, MT 59802

6 min (2.1 miles)
via S Higgins Ave and Old U.S. 93 E

Dornblaser Fields
Lewis and Clark Trail, Missoula, MT 59801

- ↑ Head north on S Higgins Ave toward Dearborn Ave
0.7 mi
- 📍 At the traffic circle, continue straight to stay on S Higgins Ave
0.1 mi
- ⬅ Turn left onto E Florence St
0.4 mi
- ➡ Turn right onto Old U.S. 93 E/Stephens Ave
1 Continue to follow Old U.S. 93 E
0.9 mi
- ➡ Turn right onto W Broadway St
1 Destination will be on the right
135 ft

321 W Broadway St
Missoula, MT 59802

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

There is a parking structure attached to the bank. Entrance is from Broadway Ave, there is also street parking available. Busses will need to drop off and pick off as there is no ready parking for busses.

Use the entrance on the Northeast corner of the bank for entrance to the dinner and meeting. Take the elevator to the top floor. We will have staff available to provide directions and help get everyone where they need to go.

TRANSPORTATION

AIRLINES



Phone 800.252.7522

www.alaskaair.com

Destinations: Portland, Seattle



Phone 702.505.8888

www.allegiant.com

Destinations: Las Vegas, Los Angeles (seasonal), Phoenix-Mesa, Oakland (seasonal)



Phone 800.433.7300

www.aa.com

Destinations: Dallas, Chicago (seasonal)



Phone 800.221.1212

www.delta.com

Destinations: Atlanta (seasonal), Los Angeles (seasonal), Minneapolis, Salt Lake City



Phone 801.401.9000

www.flyfrontier.com

Destinations: Denver (seasonal)



Phone 800.864.8331

www.united.com

Destinations: Denver, Chicago O'Hare (seasonal), San Francisco (seasonal)

2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

**** Businesses highlighted in yellow signify financial partnership with Grizzly Athletics. Your patronage would be greatly appreciated. ****

BUS CHARTERS & RENTALS

Beach Transportation Co.

825 Mount Ave.
Missoula, MT 59801
Phone: 406.549.6121

Tucker Transportation
5501 US Hwy 93 N #2
Florence, MT 59833
Phone: 406.273.2694

CAR RENTALS

Avis Rent A Car-Airport
2825 Stockyard Rd. #G5
Missoula, MT
Phone: 406.549.4711

Hertz Rent A Car
5225 W. Broadway #12
Missoula, MT
Phone: 406.549.9511

Budget Rent A Car-Airport
5525 Highway 10 W
Missoula, MT
Phone: 406.543.7001

National Car Rental
2000 W. Broadway
Missoula, MT
Phone: 406.549.3355

Dollar Car Rental
1905 West Broadway
Missoula, MT
406.542.2311

Enterprise Rent-A-Car
Missoula International Airport
Missoula, MT
406.721.2484

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2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

RESTAURANTS

Applebee's
4041 Hwy 93 S
406.251.4020

Jaker's
3515 Brooks
406.721.1312

Pizza Hut
801 E. Broadway
406.721.0149

Bagels on Broadway
223 W Broadway
406.728.8900

Mackenzie River Pizza
137 W. Front Street
406.721.0077

Press Box
835 E. Broadway
406.721.1212

Buffalo Wild Wings
2615 Radio Way
406.829-9464

Montana Club
4561 N. Reserve
406.541-8141

Qdoba
1001 E. Broadway
406.549-0020

Domino's Pizza
111 South Ave. W
406.721.7610

Papa John's Pizza
3100 Brooks St
406.273.7272

Romeo's Italian Kitchen
919 SW Higgins Ave.
406.721.1500

Famous Dave's
2915 N. Reserve St.
(406) 541-7427

Paradise Falls
3621 Brooks
(406) 728-3228

Staggering Ox
1220 SW Higgins #4
(406) 542-2206

Five Guys Burgers
820 E. Broadway
406.830.3262

Paul's Pancake Parlor
2305 Brooks St.
406.728.8826

Jimmy John's
420 N. Higgins Ave
406.542.1100

Freddy's
4855 N. Reserve St.
406.926.1040

Perkin's Restaurant
2275 N. Reserve St.
406.543.3330

The Tamarack Brewing Co.
231 W. Front Street
406.830.3113

Hoagieville
2413 S. Higgins Ave.
406.543.5265

Pita Pit
130 N. Higgins Ave
406.541.7482

Worden's Market & Deli
451 N. Higgins
406.542.2449

City Brew
400 West Broadway
406.721.3600

City Brew
3690 Brooks St.
406.251.7214

Wendy's
3011 Brooks/406.728.1393
2720 N. Reserve St/406.721.8988

Grocery Stores

Albertsons
1003 E. Broadway St
406.549.2351
(Open 24 hrs)

Albertsons
2205 Oxford St
406.549.5105
(6:00 am to 12:00 am)

Albertsons
3800 Russell St
406.549.7547
(6:00 am to 12:00 am)

Albertsons
2230 N. Reserve St
406.728.1116
(6:00 am to 12:00 am)

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2019 BIG SKY OUTDOOR TRACK & FIELD CHAMPIONSHIPS

HOTEL GUIDE

Best Western Grant Creek Inn

5280 Grant Creek Road
406.543.0700

Hampton Inn
4805 N Reserve St
406.549.1800

Broadway Inn & Conference Center
1609 West Broadway
406.532.3300

Hilton Garden Inn
3720 North Reserve Street
406.532.5300

C'Mon Inn
2775 Expo Parkway
406.543.4600

Holiday Inn Downtown

200 South Pattee Street
406.721.8550

Comfort Inn University

1021 East Broadway
406.549.7600

Holiday Inn Express & Suites
150 Expressway Boulevard
406.830.3100

Courtyard by Marriott

4559 North Reserve Street
406.549.5260

Ruby's Inn & Convention Center

4825 North Reserve Street
406.721.0990

Doubletree Hotel Edgewater

100 Madison
406.728.3100

Staybridge Suites

120 Expressway
406.830.3900

Stonecreek Lodge

5145 Airway Blvd
406.541.3600

Townplace Suites by Marriott
3055 Stockyard Rd
406.721.6000

Wingate by Wyndam

5252 Airway Blvd
406.541-8000

Residence Inn by Marriott
125 N. Pattee St
406.542.6254

**** Businesses highlighted in yellow** signify corporate partnership with Grizzly Athletics. Your patronage would be greatly appreciated.**

WEBSITES

University of Montana Athletics: www.gogriz.com

Big Sky Conference: www.bigskyconf.com

University of Montana: www.umt.edu

Missoula Convention & Visitors Bureau – Destination Missoula:

www.destinationmissoula.org

Missoula Chamber of Commerce: www.missoulachamber.com

PROTEST FORM

For Prelims: Protest must be filed within 15 minutes after the official results of the race or field event have been posted.

For Finals: Protest must be filed within 15 minutes after the official results of the race or field event have been posted.

Race/Field Event: _____

Date/Time of Protest_____

Name of Filing Protestor: _____

Name of Protestor's Institution: _____

Reason for Protest: (Rule Violation)

Signature of Protestor	Date	Time
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Action by Referee:

Meet Referee Signature	Date	Time
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UNIVERSITY OF MONTANA CAMPUS MAP

