

**Track & Field
Schedule
Tuesday
June 5, 2018
Chula Vista Elite Training Center**

Running Events

Time	Gender	Event	Division
0800	Men	10000 m	30-34 (2);40-44 (1);45-49 (1) 50-54(1);55-59 (1); 65-69 (1) 75+(1)
0900	Women	4 X 100 Relay	
0910	Men	4 X 100 Relay	
0930	Women	100 m Hurdles 33"	18-29 (1); 30-34 (1)
0930	Men	100 m Hurdles 36"	50-54 (1); 55-59 (2)
0950	Women	400m	18-29 (1);30-34 (1); 35-39 (1)
0955	Men	400 m	18-29 (2); 30-34 (1); 35-39 (3)
1000	Men	400 m	50-54 (1); 65-69 (3); 75+ (1)
1015	Women	1500 m	30-34 (1); 35-39(2); 50-54(1)
1025	Men	1500 m	18-29 (2); 40-44 (1); 50-54 (1)
1035	Men	1500 m	65-69 (1); 70-74(1); 75+ (1)
1050	Women	100 m	18-29 (1); 30-34 (2); 35-39(1)
1055	Women	100 m	50-54 (1); 55-59 (1)
1100	Men	100 m	18-29 (2); 30-34 (1)
1110	Men	100 m	35-39 (3)
1115	Men	100 m	40-44 (2); 45-49 (5)
1120	Men	100 m	50-54 (3); 55-59 (1)
1125	Men	100 m	60-64 (3); 65-69 (4)

1140	Women	800 m	18-29 (1); 30-34 (1) 35-39(1); 45-49(1)
1150	Men	800 m	18-29 (2); 30-34 (2); 35-39(1) 50-54 (2); 65-69(1); 75+(1)
1200	Men	400 Hurdles	50-54 (1)
1215	Men & Women	5000 m	W- 18-29 (1); 30-34 (1); 35-39 (1) W-45-49 (1) M-70-74 (1); M-75+ (1)
1245	Men	5000 m	18-29 (1); 30-34 (2); 40-44 (1) 60-64 (1); 65-69 (1)
1310	Women	200 m	18-29 (2); 30-34 (2); 35-39 (1)
1320	Men	200 m	18-29 (2); 35-39 (3)
1325	Men	200 m	40-44 (1); 45-49 (4)
1330	Men	200 m	50-54 (2)
1335	Men	200 m	60-64 (4); 65-69 (4)
1400	Men	3K m Steeplechase 36" Barriers	30-34 (1)
1420	Women	3K m Steeplechase 30" Barriers	18-29 (1)
1440	Women	800 M Medley Relay	
1450	MEN	1600 m Relay	

Field Events

Weigh-in of Implements start at 0700-1200

0800	Women	Hammer	30-34 (1); 40-44 (1); 55-59 (4)
0900	Men	Hammer	30-34 (1); 35-39 (2); 55-59 (2) 60-64(1); 65-69 (2); 75+ (3)
1030	Women	Javelin	18-29 (1); 30-34 (1); 45-49 (1) 55-59 (4)

1130	Men	Javelin	55-59 (1); 60-64 (2); 65-69 (1) 75+ (4)
1230	Men	Javelin	30-34 (2); 35-39 (1); 40-44 (3) 50-54 (1)
1100	Men/Women	Pole Vault	W-18-29 (1); W- 30-34 (1) M-40-44 (1); M-45-49 (1)
1130	Women	Shot Put	30-34 (1); 40-44 (1); 55-59 (5)
1230	Men	Shot Put	75+ (4); 70-74 (1); 65-69 (1) 60-64(3)
1330	Men	Shot Put	55-59 (3); 50-54 (1); 45-49 (3)
1330	Men	Shot Put	40-44 (1); 35-39 (1); 30-34 (2)
0930	Women	Long Jump	30-34 (1); 55-59 (3)
1000	Men	Long Jump	18-29 (1); 30-34 (1); 40-44 (1) 45-49 (1); 50-54 (2)
1100	Men	Long Jump	55-59 (3); 60-64 (1); 65-69 (2) 70-74 (1)
1230	Men/Women	Triple Jump	30-34 (1); 45-49 (1); 55-59 (2) 70-74 (1) W-30-34(1)
1230	Women	High Jump	55-59 (4); 40-44 (1)
1330	Men	High Jump	55-59 (2); 60-64 (2); 70-74(1)
1230	Women	Discus	30-34 (1); 40-44 (1); 45-49 (1) 55-59 (4)
1330	Men	Discus	70-74 (1); 75+ (4) 55-59 (3); 60-64 (3); 65-69(2)
1430	Men	Discus	50-54 (1); 40-44 (1); 45-49 (3) 30-34 (1); 35-39 (1)

