TRACK & FIELD EVENT SCHEDULE

Saturday, March 17, 2018

Field Events: (ATHLETES CHECK IN AT THE VENUE PRIOR TO THE START OF THEIR EVENT)

9:00 AM –- HAMMER WOMEN/MEN TO FOLLOW
9:00 AM -- JAVELIN WOMEN/MEN TO FOLLOW
9:00 AM -- HIGH JUMP MEN/WOMEN TO FOLLOW
10:30 AM -- LONG JUMP MEN East Pit/WOMEN West Pit
12:15 AM -- TRIPLE JUMP MEN East Pit/WOMEN West Pit
12:00 PM -- SHOT PUT WOMEN/MEN TO FOLLOW
1:00 PM -- POLE VAULT WOMEN/MEN TO FOLLOW
2:45 PM –- DISCUS- WOMEN/MEN TO FOLLOW

Running Events: (ATHLETES THE CHECK IN AND CLERK TABLE WILL BE LOCATED ON THE BASEBALL FIELD PLEASE CHECK IN 30 MINUTES PRIOR TO YOUR EVENT.

11:20 AM -- National Anthem
11:30 AM -- 3000-METER STEEPLECHASE W
11:50 AM -- 3000-METER STEEPLECHASE M
12:05 PM -- 4 X 100 RELAY W
12:10 PM -- 4 X 100 RELAY M
12:20 PM -- 1500 METERS W
12:45 PM -- 1500 METERS M
1:05 PM -- 100-METER HURDLES
1:15 PM -- 110-METER HURDLES
1:25 PM -- 400 METERS W
1:40 PM -- 400 METERS M
1:55 PM -- 100 METERS W
2:10 PM -- 100 METERS M
2:25 PM -- 800 METERS W
2:45 PM -- 800 METERS M
3:05 PM -- 400 METER HURDLES W
3:15 PM -- 400 METER HURDLES M
3:25 PM -- 200 METERS W
3:50 PM -- 200 METERS M
4:15 PM -- 5000 METERS W
4:40 PM -- 5000 METERS M
5:00 PM -- 4 X 400 RELAY W
5:15 PM -- 4 X 400 RELAY M

PLEASE INFORM YOUR ATHLETES AND COACHES THAT WE WILL BE USING A FLOATING TIME SCHEDULE FOR THE RUNNING EVENTS WHICH MAY CAUSE THE MEET TO COMPRESS OR EXPAND. AT THE CONCLUSION OF THE PREVIOUS SCHEDULED EVENT (STARTING AFTER THE 4 X 100 RELAYS)WE WILL START THE NEXT EVENT WITHIN 5 MINUTES IF AT ALL POSSIBLE.