

Azusa Pacific Twilight & Multi May 10-11, 2018

The Azusa Pacific Twilight has been created to give the best opportunities for achieving qualifying marks. The time schedule has been set to utilize aiding afternoon winds and calm conditions for oval races under the lights.

Heats and Field Sizes: All entries are not guaranteed. We will be running the meet with max sizes of 16 for both running and field events. Entry questions to Jack Hoyt, jhoyt@apu.edu

Entering the Heptathlon or Decathlon:

Email entry to Jack Hoyt, jhoyt@apu.edu by May 4th at 6:00 PM. Your entry will be confirmed or denied through email on May 5th. The Multi will be capped at **12 athletes** per gender. \$50 check or cash day of at check-in table. Include best score for 2018, or proof of health if no score yet posted. See below regulations for spikes and weigh-in procedure.

Entering the Azusa Pacific Twilight:

Entries must be completed by May 7th at 6:00 PM using **Direct Athletics**

Entry Fee: \$30 per entry

- Teams may pay with checks or cash at the check-in area
- Individuals must pay online. No refunds will be given for scratching out or not getting admitted into meet.

Accepted Entries will be posted at athletics.apu.edu by 11:59 pm, May 8th. For questions concerning entry status, email Jack Hoyt. jhoyt@apu.edu

Timing and Results available at www.finishedresults.trackscoreboard.com

Spike enforcement: Shoes will be checked at the clerk and at jumping areas prior to the competition. 1/4" pyramid spikes only. 3/8" pyramid allowed at high jump and javelin. Time will not be given for changing out spikes, so be sure correct spikes are in place before entering the track.

Athlete Check-in Procedures

Running Events: Athletes must check in at least 30 minutes prior to their race at the clerking tent in the Southwest corner near the 100 meter starting line. Hip numbers will be given out at that time.

Field event check-in: Athletes must check in with the field event judge prior to the start of their event's warm-up time.

Competitions will not wait for athletes competing in 2 events at the same time.

Weigh Ins: 12:30 – 4:00 PM

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Meet Schedule

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The multi event competition will use a rolling time schedule with each event being contested at the earliest time and no sooner than 30 minutes after the conclusion of the preceding event. Day 2 of the multi-event competition will be worked into the main meet.

4:00 Heptathlon 100 Hurdles, High Jump, Shot Put, 200 Meters

4:15 Decathlon 100 Meters, Long Jump, Shot Put, High Jump, 400 Meters

May 11th, 2018

All running events will use a rolling schedule with Men's races first. We will not be contesting the Steeple, 5K, 10K or Hammer Throw. The field events will start at the following scheduled times.

4:00 PM Decathlon 110 Hurdles	2:00 Women's Long Jump
5:00 PM 4 x 100 Relays (Men, Women)	2:00 Men's Pole Vault
1500 Meters (Men, Women)	2:00 Men's Discus
Men's 110 Hurdles	3:00 Women's Javelin
Women's 100 Hurdles	3:30 Men's Long Jump
*100 Meters (Men, Women)	4:00 Women's Shot Put
400 Meters (Men, Women)	4:00 Women's High Jump
800 Meters (Men, Women)	4:00 Women's Pole Vault
Heptathlon 800 Meters	4:30 Men's Javelin
400 Hurdles (Men, Women)	4:30 Decathlon Discus
200 Meters (Men, Women)	5:00 Heptathlon Long Jump
Decathlon 1500 Meters	5:30 Decathlon Pole Vault
4 x 400 Relay (Men, Women)	6:00 Women's Triple Jump
	6:00 Heptathlon Javelin
	6:00 Women's Discus
	6:00 Men's High Jump
	7:00 Decathlon Javelin
	7:30 Men's Triple Jump
	7:30 Men's Shot Put

* We are attempting to take advantage of late afternoon winds and so we have placed 100 meters out of the usual time slot and moved it up after the 100 Hurdles.