

Order of Events:

Track Events

4x100 Relays- 3:00pm

1600 M

110 H

100 H

400 M

100 M

800 M

300 H

200 M

3200 M

4x400 Relays-

Field Events (2pm start)

All Long Jump (Both runways)

Boys Var. Shot

Girls Var. Disc

Girls High Jump

Boys Pole Vault

Field Events (To follow)

All Triple Jump (Both Pits)

Girls Var. Shot

Boys Var. Disc

Boys High Jump

Girls Pole Vault

Field events- Long, Triple, Shot and Discus everyone will get 3 attempts. The top 9 in the varsity competition only will get an additional 3 attempts. Marks carry over from prelims.

High jump and pole vault will start at the starting height and move up accordingly.

Running events- Runners will check in at the clerk. Girls heat(s) will be followed by boys heat(s).