

Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****Girls 100 Meter Dash Varsity**

Name	Year	School	Finals	H#	Points
Finals					
1 Anwar, Rayne	10	Capo Valley	12.48	1	5
2 Vissman, Lauren	12	San Juan Hills	12.83	1	3
3 Heutter, Mya	9	Capo Valley	13.04	1	1
4 Collier, Tamarre	12	San Juan Hills	13.09	1	
5 Bohl, Mariah	10	San Juan Hills	13.17	1	
6 Matienzo, Sonja	11	San Juan Hills	13.27	1	
7 Frabrisio, Amy	10	Capo Valley	13.48	1	
8 Jimenez, Samantha	11	San Juan Hills	13.54	2	
9 Hawkins, Brinley	11	San Juan Hills	13.68	2	
10 Gonzales, Cassie	11	San Juan Hills	13.79	2	
11 Owen, Grace	11	San Juan Hills	15.05	2	

Girls 200 Meter Dash Varsity

Name	Year	School	Finals	Points
1 Anwar, Rayne	10	Capo Valley	26.31	5
2 Rooten, Melanie	10	San Juan Hills	27.16	3
3 Hawkins, Brinley	11	San Juan Hills	27.45	1
4 Matienzo, Sonja	11	San Juan Hills	27.46	
5 Frabrisio, Amy	10	Capo Valley	27.86	

Girls 400 Meter Run Varsity

Name	Year	School	Finals	Points
1 Werner, Madison	10	Capo Valley	1:01.11	5
2 Grigaux, Sophie	12	San Juan Hills	1:01.88	3
3 Rooten, Melanie	10	San Juan Hills	1:02.75	1
4 Dulla, Jenna	11	Capo Valley	1:12.03	

Girls 800 Meter Run Varsity

Name	Year	School	Finals	Points
1 Good, Megan	12	San Juan Hills	2:21.27	5
2 Sarmiento, Solei	10	San Juan Hills	2:25.01	3
3 Hansen, Katie	10	San Juan Hills	2:25.65	1
4 Johnson, Heather	11	San Juan Hills	2:28.91	
5 Arthur, Grace	12	Capo Valley	2:29.49	
6 Ostrom, Katrina	12	San Juan Hills	2:41.22	
7 Frias, Natalie	11	San Juan Hills	2:43.66	
8 Borsack, Hanna	11	San Juan Hills	2:45.79	
9 Siu, Madison	11	San Juan Hills	2:48.54	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****....Girls 800 Meter Run Varsity**

10 Perry, Lauren	12 San Juan Hills	2:49.79
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Girls 1600 Meter Run Varsity

Name	Year School	Finals	Points
1 Herberg, Haley	11 Capo Valley	5:23.66	5
2 Bautista, Alyssa	11 Capo Valley	5:23.71	3
3 Morerira, Paola	12 Capo Valley	6:09.20	1

Girls 3200 Meter Run Varsity

Name	Year School	Finals	Points
1 Herberg, Haley	11 Capo Valley	10:58.32	5
2 Salen, Ashley	11 San Juan Hills	11:32.15	3
3 Anzalone, Alyssa	11 San Juan Hills	11:42.33	1
4 Stevens, Alexis	11 Capo Valley	11:52.02	

Girls 100 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Vahey, Claire	11 Capo Valley	17.19	5
2 Laventure, Nicolette	11 Capo Valley	17.44	3
3 Hess, Sarah	11 Capo Valley	18.06	1
4 Farris, Karter	12 Capo Valley	18.25	
5 Culwell, Natalie	11 San Juan Hills	18.58	
6 Bartlett, Marcella	11 San Juan Hills	18.92	
7 Alcantara, Lea	12 San Juan Hills	19.28	
8 Happy, Elexa	11 San Juan Hills	20.30	

Girls 300 Meter Hurdles Varsity

Name	Year School	Finals	H#	Points
1 Vahey, Claire	11 Capo Valley	48.73	1	5
2 Malfavon, Jessica	11 Capo Valley	50.55	1	3
3 Laventure, Nicolette	11 Capo Valley	50.96	2	1
4 Moyer, Abbi	11 San Juan Hills	52.00	1	
5 Mellem, Hazel	12 San Juan Hills	52.48	1	
6 Farris, Karter	12 Capo Valley	52.63	2	
7 Skorstad, Kristian	11 San Juan Hills	54.68	1	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****Girls 4x100 Meter Relay Varsity**

School	Finals	Points
1 Capo Valley 'A'	50.46	5
-- San Juan Hills 'A'	DQ	ZONE 3 VIOLATION

Girls 4x400 Meter Relay Varsity

School	Finals	Points
1 San Juan Hills 'A'	4:12.60	5
2 Capo Valley 'A'	4:32.64	

Girls High Jump Varsity

Name	Year School	Finals	Points
1 Whitten, Rachel	11 San Juan Hills	5-02.00	5
2 Robinson, Jolie	10 Capo Valley	4-10.00	3
3 Urrutia, Brianna	11 San Juan Hills	4-08.00	0.33
3 Brown, Jamie	10 Capo Valley	4-08.00	0.33
3 Brown, Jessica	10 Capo Valley	4-08.00	0.33

Girls Pole Vault Varsity

Name	Year School	Finals	Points
1 Lindstrom, Keri	11 Capo Valley	11-02.00	5
2 Dennis, Kaitlyn	10 Capo Valley	8-00.00	3
3 Baugh, Jolie	11 Capo Valley	7-00.00	1

Girls Long Jump Varsity

Name	Year School	Finals	Points
1 Robinson, Jolie	10 Capo Valley	17-03.00	5
2 Rafferty, Grace	12 San Juan Hills	16-03.50	3
3 Hawkins, Brinley	11 San Juan Hills	15-09.00	1
4 Hall, Elyse	9 San Juan Hills	14-02.00	
5 Dulla, Jenna	11 Capo Valley	13-06.00	
6 Rodriguez, Natalie	11 San Juan Hills	13-04.00	
7 Aguirre, Monica	11 San Juan Hills	11-08.00	

Girls Triple Jump Varsity

Name	Year School	Finals	Points
1 Robinson, Jolie	10 Capo Valley	33-08.75	5



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****....Girls Triple Jump Varsity**

2 Whitten, Rachel	11	San Juan Hills	33-04.50	3
3 Rafferty, Grace	12	San Juan Hills	33-02.00	1
4 Hall, Elyse	9	San Juan Hills	30-00.00	
5 Rodriguez, Natalie	11	San Juan Hills	29-06.25	
6 Dulla, Jenna	11	Capo Valley	27-01.00	

Girls Shot Put Varsity

Name	Year	School	Finals	Points
1 Carriera, Kamalani	10	Capo Valley	31-05.50	5
2 Balogh, Haily	10	Capo Valley	25-07.00	3
3 Lambiase, Zoe	11	San Juan Hills	24-03.50	1
4 Garreton, Emily	12	Capo Valley	23-03.50	
5 Olszynski, Savannah	11	Capo Valley	22-02.50	

Girls Discus Throw Varsity

Name	Year	School	Finals	Points
1 Bolling, Megan	12	San Juan Hills	88-04	5
2 Balogh, Haily	10	Capo Valley	81-05	3
3 Carriera, Kamalani	10	Capo Valley	79-02	1
4 Lambiase, Zoe	11	San Juan Hills	73-02	
5 Garreton, Emily	12	Capo Valley	64-02	
6 Olszynski, Savannah	11	Capo Valley	60-07	
7 Robson, Pheobe	12	Capo Valley	44-11	

Girls 100 Meter Dash Frosh Soph

Name	Year	School	Finals	H#	Points
1 Urquhart, Alexis	9	Capo Valley	13.64	1	5
2 Port, Sadie	9	San Juan Hills	13.94	1	3
3 Jooyan, Jinous	10	San Juan Hills	13.96	1	1
4 Garcia, Samantha	9	Capo Valley	14.22	1	
5 Petersen, Cate	10	San Juan Hills	14.24	2	
6 Motamed, Anihita	10	San Juan Hills	14.35	2	14.345
7 Grant, Leanne	10	Capo Valley	14.35	1	14.349
8 Stevens, Claire	9	Capo Valley	14.50	1	
9 Duplanty, Madolyn	9	San Juan Hills	14.68	1	

Girls 200 Meter Dash Frosh Soph

Name	Year	School	Finals	H#	Points
1 Luna, Leila	9	Capo Valley	29.02	1	5



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Results****....Girls 200 Meter Dash Frosh Soph**

2	Motamed, Anihita	10	San Juan Hills	29.60	1	3
3	Stevens, Claire	9	Capo Valley	29.71	1	1
4	Souri, Sereen	10	Capo Valley	29.84	2	
5	Kehlenbeck, Ella	9	Capo Valley	30.22	1	
6	Grant, Leanne	10	Capo Valley	30.36	2	
7	Berryman, Rhianna	10	Capo Valley	30.69	2	
8	Holley, Samantha	9	Capo Valley	31.58	1	
9	Duplanty, Madolyn	9	San Juan Hills	31.85	1	
10	Lopez, Fernanda	9	Capo Valley	31.97	2	
11	Pretrorius, Merrill	10	Capo Valley	34.48	2	

Girls 400 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 Kehlenbeck, Ella	9	Capo Valley	1:08.24	5
2 Luna, Leila	9	Capo Valley	1:15.82	3
3 Pretrorius, Merrill	10	Capo Valley	1:16.44	1
4 Hundley, Madeline	10	Capo Valley	1:21.85	

Girls 800 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 Jin, Isabella	10	Capo Valley	2:31.52	5
2 Moncrief, Makenzie	9	San Juan Hills	2:31.64	3
3 Hunnicutt, Corinne	9	San Juan Hills	2:35.02	1
4 Mordy, Haley	10	Capo Valley	2:35.53	
5 Smith, Virginia	10	San Juan Hills	2:36.37	
6 Maxson, Sophia	10	Capo Valley	2:39.97	
7 Maillefer, Elise	9	Capo Valley	2:44.79	
8 Borsack, Lilly	10	San Juan Hills	2:45.81	
9 Perry, Maggie	9	San Juan Hills	2:45.91	
10 Cheng, Sydney	10	Capo Valley	2:46.58	
11 Woolbert, Avery	9	San Juan Hills	2:50.17	
12 Burton, Emma	10	Capo Valley	2:50.31	
13 Hundley, Madeline	10	Capo Valley	3:15.40	

Girls 1600 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 Corsinta, Carley	9	Capo Valley	5:24.78	5
2 Brehmer, Kirsten	9	San Juan Hills	5:25.23	3
3 Kroger, Hailey	9	Capo Valley	5:40.05	1
4 Maxson, Sophia	10	Capo Valley	5:40.55	
5 Thrall, Emily	9	San Juan Hills	5:45.09	



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Results****....Girls 1600 Meter Run Frosh Soph**

6 Ransom, Julia	10 San Juan Hills	5:51.88
7 Hunnicutt, Corinne	9 San Juan Hills	5:55.34
8 Ponce, Izzy	10 San Juan Hills	5:56.12
9 Garabedian, Elizabeth	9 Capo Valley	6:04.20
10 Gorman, Jaden	9 San Juan Hills	6:05.11
11 Burton, Emma	10 Capo Valley	6:05.32
12 Vargas, Skyler	9 San Juan Hills	6:07.74
13 Carvalho, Tommi	9 San Juan Hills	6:09.14
14 Pereida, Chloe	10 San Juan Hills	6:12.65

Girls 3200 Meter Run Frosh Soph

Name	Year School	Finals	Points
1 Corsinta, Carley	9 Capo Valley	11:38.81	5
2 Kredo, Jada	10 Capo Valley	11:59.11	3
3 Kroger, Hailey	9 Capo Valley	12:49.75	1
4 Garabedian, Elizabeth	9 Capo Valley	13:20.89	
5 Buchanan, Lily	9 San Juan Hills	13:23.83	

Girls 100 Meter Hurdles Frosh Soph

Name	Year School	Finals	Points
1 Matienzo, Sasha	10 San Juan Hills	20.38	5
2 Ringwood, Amanda	9 Capo Valley	20.67	3
3 Kearns, Kendall	10 Capo Valley	21.07	1

Girls 300 Meter Hurdles Frosh Soph

Name	Year School	Finals	Points
1 Ringwood, Amanda	9 Capo Valley	59.55	5
2 Velasco, Gianna	10 San Juan Hills	1:01.43	3

Girls 4x100 Meter Relay Frosh Soph

School	Finals	Points
1 San Juan Hills 'A'	53.82	5
2 Capo Valley 'A'	54.95	

Girls 4x400 Meter Relay Frosh Soph

School	Finals	Points
1 San Juan Hills 'A'	4:30.91	5



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Results****....Girls 4x400 Meter Relay Frosh Soph**

2 Capo Valley 'A' 4:37.23

Girls High Jump Frosh Soph

Name	Year	School	Finals	Points
1 Mincer, Bella	9	San Juan Hills	4-06.00	5
2 Frieze, Devon	10	San Juan Hills	4-04.00	3
3 Fulkerson, Alexa	10	Capo Valley	4-02.00	0.50
3 Neal, Maddie	10	Capo Valley	4-02.00	0.50

Girls Pole Vault Frosh Soph

Name	Year	School	Finals	Points
1 Cheng, Sydney	10	Capo Valley	9-00.00	5
2 Fitzgerald, Allison	10	Capo Valley	8-06.00	3
3 Garcia, Samantha	9	Capo Valley	7-06.00	1
4 Deutsch, Jessica	10	Capo Valley	J7-06.00	

Girls Long Jump Frosh Soph

Name	Year	School	Finals	Points
1 Garcia, Samantha	9	Capo Valley	15-03.00	5
2 Neal, Maddie	10	Capo Valley	14-05.50	3
3 Fernandez, Gabbie	9	San Juan Hills	13-07.50	1
4 Urquhart, Alexis	9	Capo Valley	13-06.50	
5 Johnson, Whitney	9	San Juan Hills	13-06.00	
6 Fulkerson, Alexa	10	Capo Valley	13-02.50	
7 Breig, Tiffany	10	San Juan Hills	12-09.50	
8 Morley, Mackenzie	10	San Juan Hills	12-08.50	
9 King, Abby	10	Capo Valley	12-08.00	
10 Robertson, Emma	9	Capo Valley	11-10.00	
11 Wagner, Chloe	10	Capo Valley	11-05.50	
12 Pretorius, Merrill	10	Capo Valley	10-04.50	
-- Berryman, Rhianna	10	Capo Valley	FOUL	

Girls Triple Jump Frosh Soph

Name	Year	School	Finals	Points
1 Neal, Maddie	10	Capo Valley	30-08.50	5
2 Morley, Mackenzie	10	San Juan Hills	27-05.00	3
-- Breig, Tiffany	10	San Juan Hills	FOUL	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
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Results****Girls Shot Put Frosh Soph**

Name	Year	School	Finals	Points
1 Short, Megan	10	Capo Valley	29-10.75	5
2 Fernandez, Gabbie	9	San Juan Hills	23-08.75	3
3 Serlin, Jules	10	San Juan Hills	19-11.50	1
4 Healy, Emily	10	Capo Valley	19-04.00	
5 Ruiz, Desiree	10	Capo Valley	18-10.50	

Girls Discus Throw Frosh Soph

Name	Year	School	Finals	Points
1 Serlin, Jules	10	San Juan Hills	61-07	5
2 Short, Megan	10	Capo Valley	59-03	3
3 Healy, Emily	10	Capo Valley	51-10	1
4 Ruiz, Desiree	10	Capo Valley	47-01	

Boys 100 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Morgan, Blake	10	Capo Valley	11.12	1	5
2 Caragao, Justin	9	San Juan Hills	11.40	1	3
3 Ames, Kevin	9	San Juan Hills	11.41	1	1
4 Walberg, Albert	11	San Juan Hills	11.43	1	11.427
5 Gray, Kyle	12	San Juan Hills	11.43	1	11.430
6 Phu, Ethan	11	Capo Valley	11.67	1	
7 Briwick, Travis	11	Capo Valley	11.74	1	
8 Ramos, Rafael	12	Capo Valley	11.90	1	
9 Hamidjaja, Shawn	10	Capo Valley	12.20	2	
10 Sedique, Eric	12	San Juan Hills	12.61	2	
11 Kennamore, Mitchell	12	San Juan Hills	12.65	2	
12 Dambach, Gavin		Capo Valley	12.80	2	
13 Henry, Luke	11	Capo Valley	13.49	2	

Boys 200 Meter Dash Varsity

Name	Year	School	Finals	H#	Points
1 Ray, Micah	12	San Juan Hills	22.88	1	5
2 Caragao, Justin	9	San Juan Hills	23.32	1	3
3 Morgan, Blake	10	Capo Valley	23.69	1	1
4 Rayner, Zac	12	Capo Valley	23.82	1	
5 Canary, Ryan	11	San Juan Hills	23.96	1	
6 Walberg, Albert	11	San Juan Hills	24.21	1	
7 Briwick, Travis	11	Capo Valley	24.30	1	
8 Hamidjaja, Shawn	10	Capo Valley	24.46	2	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
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Results****....Boys 200 Meter Dash Varsity**

9 Sedique, Eric	12 San Juan Hills	24.97	2
10 Watson, Jacob	11 Capo Valley	25.57	1
11 Dambach, Gavin	Capo Valley	26.00	2
12 Schurmer, Ryan	11 Capo Valley	26.15	2
13 Bergman, Mason	11 Capo Valley	26.84	2
14 Henry, Luke	11 Capo Valley	27.39	2

Boys 400 Meter Run Varsity

Name	Year School	Finals	Points
1 Ray, Micah	12 San Juan Hills	50.65	5
2 Rayner, Zac	12 Capo Valley	53.39	3
3 Van Zanten, Elijah	12 San Juan Hills	53.80	1
4 Watson, Jacob	11 Capo Valley	57.25	
5 Schurmer, Ryan	11 Capo Valley	58.97	
6 Dyas, Chris	11 Capo Valley	59.65	
7 Bergman, Mason	11 Capo Valley	1:01.55	
8 Anzalone, Mark	12 San Juan Hills	1:01.62	

Boys 800 Meter Run Varsity

Name	Year School	Finals	Points
1 Kreda, Kyle	12 Capo Valley	1:58.38	5
2 Kuciemba, Richard	12 Capo Valley	2:03.45	3
3 Copley, Kyle	11 San Juan Hills	2:08.53	1
4 Hayworth, Declan	11 San Juan Hills	2:13.67	
5 Yartz, Connor	12 San Juan Hills	2:20.18	
6 Villar, Noah	11 San Juan Hills	2:23.13	
7 Perozo, Gabriel	11 Capo Valley	2:33.32	
8 Kiunke-Stephens, Jacob	11 Capo Valley	2:35.77	
9 Dehnke, Andrew	11 Capo Valley	2:38.07	

Boys 1600 Meter Run Varsity

Name	Year School	Finals	Points
1 Savely, Ty	10 Capo Valley	4:37.03	5
2 Ray, Brody	12 San Juan Hills	4:38.90	3
3 Mordy, Spencer	11 Capo Valley	4:40.30	1
4 Bourne, Dalton	11 San Juan Hills	4:40.88	
5 McLain, Richard	10 Capo Valley	4:42.29	
6 Lasting, Julian	11 San Juan Hills	4:45.48	
7 Copley, Kyle	11 San Juan Hills	4:49.01	
8 Hernandez, Jason	11 San Juan Hills	4:49.68	
9 Sgonzos, Socrates	11 San Juan Hills	4:51.44	



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10 Villar, Noah	11 San Juan Hills	4:58.77
11 Yartz, Connor	12 San Juan Hills	5:13.52
12 Hammond, Dallin	11 San Juan Hills	5:16.15
13 Dehnke, Andrew	11 Capo Valley	5:23.37
14 Perozo, Gabriel	11 Capo Valley	5:38.71
15 Kiunke-Stephens, Jacob	11 Capo Valley	5:43.00

Boys 3200 Meter Run Varsity

Name	Year School	Finals	Points
1 Kuciemba, Richard	12 Capo Valley	9:55.52	5
2 Kredo, Kyle	12 Capo Valley	10:07.13	3
3 Allen, Ryan	11 San Juan Hills	10:07.57	1
4 Savely, Ty	10 Capo Valley	10:09.04	
5 Mordy, Spencer	11 Capo Valley	10:17.82	
6 McLain, Richard	10 Capo Valley	10:22.36	
7 Sgonzos, Socrates	11 San Juan Hills	10:24.10	
8 Hernandez, Jason	11 San Juan Hills	10:45.61	

Boys 110 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Mansoor, Andrew	12 San Juan Hills	15.20	5
2 Tagle, Marc	11 Capo Valley	15.21	3
3 Finch, James	12 Capo Valley	15.22	1
4 Collins, Jackson	12 San Juan Hills	17.41	
5 Difilippo, Sam	11 San Juan Hills	18.32	
6 Corona, Victor	11 Capo Valley	18.43	
7 Bague, George	11 San Juan Hills	18.51	
8 Binowitz, Zach	11 San Juan Hills	19.69	

Boys 300 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Finch, James	12 Capo Valley	40.48	5
2 Tagle, Marc	11 Capo Valley	40.62	3
3 Mansoor, Andrew	12 San Juan Hills	42.55	1
4 Corona, Victor	11 Capo Valley	45.66	
5 Collins, Jackson	12 San Juan Hills	46.44	
6 Bague, George	11 San Juan Hills	50.42	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
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Results****Boys 4x100 Meter Relay Varsity**

School	Finals	Points
1 San Juan Hills 'A'	45.01	5
-- Capo Valley 'A'	DNF	

Boys 4x400 Meter Relay Varsity

School	Finals	Points
1 San Juan Hills 'A'	3:34.06	5
2 Capo Valley 'A'	3:36.07	

Boys High Jump Varsity

Name	Year School	Finals	Points
1 Sidles, Cole	12 San Juan Hills	5-08.00	5
2 O'Conner, Luke	12 Capo Valley	5-06.00	3
3 Hadley, Reid	9 San Juan Hills	5-04.00	1

Boys Pole Vault Varsity

Name	Year School	Finals	Points
1 Waizinger, Christian	11 San Juan Hills	13-00.00	5
2 Phu, Sean	12 Capo Valley	11-06.00	3
3 Kirkham, Payson	11 San Juan Hills	J11-06.00	1
4 Hostetter, Sean	12 Capo Valley	11-00.00	
5 Bellinghausen, Max	11 San Juan Hills	10-00.00	
5 Dyer, Michael	11 Capo Valley	10-00.00	
7 Cook, Chase	11 Capo Valley	9-06.00	
-- Gloude, Aleck	11 San Juan Hills	NH	

Boys Long Jump Varsity

Name	Year School	Finals	Points
1 Douglas, Braxton	11 San Juan Hills	20-00.00	5
2 O'Conner, Luke	12 Capo Valley	19-01.00	3
3 Phu, Ethan	11 Capo Valley	18-06.00	1
4 Kennamore, Mitchell	12 San Juan Hills	18-05.00	
5 Walberg, Albert	11 San Juan Hills	18-03.00	
6 VerBurg, Anthony	12 San Juan Hills	17-10.00	
7 VerBurg, Christopher	12 San Juan Hills	17-09.50	
8 Ames, Kevin	9 San Juan Hills	17-07.00	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
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Results****Boys Triple Jump Varsity**

Name	Year	School	Finals	Points
1 O'Conner, Luke	12	Capo Valley	39-10.00	5
2 Baker, Cody	12	San Juan Hills	39-06.50	3
3 Kennamore, Mitchell	12	San Juan Hills	38-01.00	1
4 VerBurg, Christopher	12	San Juan Hills	38-00.50	
5 VerBurg, Anthony	12	San Juan Hills	37-05.00	
-- Miller, Thomas	12	Capo Valley	FOUL	

Boys Shot Put Varsity

Name	Year	School	Finals	Points
1 Rhyan, Sean	10	San Juan Hills	47-02.50	5
2 Slymen, Mathew	12	Capo Valley	40-11.00	3
3 Benedix, Ben	11	Capo Valley	40-07.00	1
4 Gentry, Travis	12	San Juan Hills	39-06.00	
5 Klaes, Adam	12	Capo Valley	38-02.00	
6 George, Jake	11	Capo Valley	38-00.00	
7 Anderson, Tim	12	Capo Valley	36-10.50	
8 Monarch, Chase	11	San Juan Hills	36-07.00	
9 Smith, Ryan	12	San Juan Hills	35-03.00	
10 Roschedl, Christian	12	San Juan Hills	35-02.00	
11 Gifford, Austin	11	San Juan Hills	35-01.00	
12 Martinez, Gabe	11	San Juan Hills	31-07.00	
13 Hazen, Trazer	11	San Juan Hills	31-05.00	
14 Dalporto, Brandon	12	San Juan Hills	29-11.50	

Boys Discus Throw Varsity

Name	Year	School	Finals	Points
1 Klaes, Adam	12	Capo Valley	127-00	5
2 George, Jake	11	Capo Valley	122-10	3
3 Roschedl, Christian	12	San Juan Hills	116-08	1
4 Slymen, Mathew	12	Capo Valley	115-09	
5 Windehost, James	12	Capo Valley	106-03	
6 Dalporto, Brandon	12	San Juan Hills	103-11	
7 Monarch, Chase	11	San Juan Hills	99-11	
8 Smith, Ryan	12	San Juan Hills	95-05	
9 Hindley, Jake	11	Capo Valley	95-03	
10 Kusto, John	11	Capo Valley	82-01	
11 Gifford, Austin	11	San Juan Hills	80-10	
12 Hazen, Trazer	11	San Juan Hills	79-09	
13 Hansen, Stojen	11	Capo Valley	79-06	
14 Grover, Isaiah	11	San Juan Hills	77-00	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****Boys 100 Meter Dash Frosh Soph**

Name	Year	School	Finals	H#	Points
1 Barber, Jonathan	10	San Juan Hills	11.67	1	5
2 Snell, Jose	10	San Juan Hills	11.83	1	3
3 Federman, Ethan	9	San Juan Hills	12.28	1	1
4 Sibley, Stephen	10	Capo Valley	12.72	1	
5 Platt, Nico	10	San Juan Hills	12.73	2	
6 Falk, Aidan	9	San Juan Hills	12.85	2	
7 McCarthy, Justin	10	Capo Valley	12.96	1	
8 Bengelsdorf, Kyle	10	San Juan Hills	13.28	2	

Boys 200 Meter Dash Frosh Soph

Name	Year	School	Finals	H#	Points
1 Snell, Jose	10	San Juan Hills	24.14	1	5
2 Jones, Jagger	9	Capo Valley	24.79	2	3
3 Burkes, Will	10	Capo Valley	24.83	1	1
4 Federman, Ethan	9	San Juan Hills	25.20	2	
5 Yartz, Cameron	9	San Juan Hills	25.34	1	
6 Falk, Aidan	9	San Juan Hills	25.55	1	
7 Platt, Nico	10	San Juan Hills	25.63	2	
8 Bhogill, Satej	10	Capo Valley	25.83	1	
9 Sibley, Stephen	10	Capo Valley	25.94	2	
10 McCarthy, Justin	10	Capo Valley	26.61	2	26.601
11 Hunter, Jayce		Capo Valley	26.61	1	26.610
12 Macias, Sebastian	9	Capo Valley	27.10	2	

Boys 400 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 McNair, Sean	9	Capo Valley	58.89	5
2 Hunter, Jayce		Capo Valley	1:02.62	3

Boys 800 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 Sgountzos, Joseph	9	San Juan Hills	2:14.11	5
2 Nguyen, Justin	10	San Juan Hills	2:16.94	3
3 Fritz, Eric	9	San Juan Hills	2:18.01	1
4 De Anda, David	10	San Juan Hills	2:18.39	
5 Millan, Jeffrey	9	San Juan Hills	2:19.96	
6 Mairs, Sean	9	Capo Valley	2:21.90	
7 Rakab, Safa	9	Capo Valley	2:22.83	
8 Kuczynski, Connor	10	San Juan Hills	2:24.25	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****....Boys 800 Meter Run Frosh Soph**

9	Granados, Ivan	9	San Juan Hills	2:25.67
10	Rydell, Eddie	9	San Juan Hills	2:26.34
11	Cruz, Santiago	10	Capo Valley	2:29.15
12	Quinn, Parker	10	Capo Valley	2:29.68
13	Stodder, Joseph	10	Capo Valley	2:35.18
14	Schaaf, Slater	9	Capo Valley	2:36.76
15	O'Shaughnessy, Griffin	9	Capo Valley	2:37.35
16	Shea, Julian	9	Capo Valley	2:37.92
17	Self, Tyler	10	Capo Valley	2:46.08
18	Bullockus, Teddy	10	Capo Valley	2:48.91

Boys 1600 Meter Run Frosh Soph

Name	Year	School	Finals	Points
1 Foy, Caden	10	San Juan Hills	4:49.47	5
2 Christus, Ethan	10	Capo Valley	4:49.80	3
3 Smith, Cole	10	San Juan Hills	4:50.08	1
4 Robertson, Sean	9	Capo Valley	4:51.73	
5 Savely, Matt	10	Capo Valley	5:02.97	
6 McKeague, Palmer	10	San Juan Hills	5:03.41	
7 Mairs, Sean	9	Capo Valley	5:03.61	
8 Gray, Ian	10	San Juan Hills	5:08.00	
9 Rojas, Raymond	9	San Juan Hills	5:13.80	
10 Quinn, Parker	10	Capo Valley	5:15.67	
11 Rakab, Safa	9	Capo Valley	5:18.26	
12 Dalo, Josh	10	San Juan Hills	5:18.50	
13 Moyles, Rory	10	San Juan Hills	5:19.67	
14 Cunningham, Kyle	9	San Juan Hills	5:20.18	
15 Yorba, Matt	10	San Juan Hills	5:21.55	
16 Fluegge, Gavin	9	San Juan Hills	5:22.62	
17 Shea, Julian	9	Capo Valley	5:22.64	
18 Martinez, Daniel	10	Capo Valley	5:25.79	
19 Schaaf, Slater	9	Capo Valley	5:31.99	
20 Cruz, Santiago	10	Capo Valley	5:32.51	
21 Stodder, Joseph	10	Capo Valley	5:34.67	
22 O'Shaughnessy, Griffin	9	Capo Valley	5:37.02	
23 Bullockus, Teddy	10	Capo Valley	5:37.30	
24 Thomas, Brennen	10	San Juan Hills	5:41.66	
25 Bryan, Jaden	9	San Juan Hills	5:45.80	
26 Wyckoff, Nicholas	9	San Juan Hills	5:48.32	
27 Silver, Keaton	9	San Juan Hills	5:50.21	
28 Self, Tyler	10	Capo Valley	5:54.62	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****Boys 3200 Meter Run Frosh Soph**

Name	Year	School	Finals	Points
1 Flores, Dalton	10	San Juan Hills	10:15.78	5
2 Robertson, Sean	9	Capo Valley	10:53.71	3
3 Christus, Ethan	10	Capo Valley	11:14.41	1
4 Chon, Eli	10	San Juan Hills	11:17.92	
5 Rojas, Raymond	9	San Juan Hills	11:22.52	
6 Savely, Matt	10	Capo Valley	11:35.74	
7 Martinez, Daniel	10	Capo Valley	12:03.22	

Boys 110 Meter Hurdles Frosh Soph

Name	Year	School	Finals	Points
1 Huetter, Hunter	9	Capo Valley	21.73	5
2 Bolling, Cade	9	San Juan Hills	22.79	3

Boys 300 Meter Hurdles Frosh Soph

Name	Year	School	Finals	Points
1 Huetter, Hunter	9	Capo Valley	51.27	5

Boys 4x100 Meter Relay Frosh Soph

School	Finals	Points
1 San Juan Hills 'A'	46.62	5
-- Capo Valley 'A'	DQ	

Boys 4x400 Meter Relay Frosh Soph

School	Finals	Points
1 Capo Valley 'A'	4:01.47	5
-- San Juan Hills 'A'	DNF	

Boys High Jump Frosh Soph

Name	Year	School	Finals	Points
1 Bhogill, Satej	10	Capo Valley	5-02.00	3
1 Moyles, Rory	10	San Juan Hills	5-02.00	3
1 Correa, Diego	9	Capo Valley	5-02.00	3
4 Sidles, Sean	10	San Juan Hills	4-10.00	
5 Macias, Sebastian	9	Capo Valley	4-06.00	



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****Boys Pole Vault Frosh Soph**

Name	Year	School	Finals	Points
1 Mihalcz, Calib	10	San Juan Hills	11-00.00	5
2 Ilano, David	9	Capo Valley	9-00.00	3
3 Han, Spencer	9	Capo Valley	8-06.00	1
4 Kirkham, Dallin	9	San Juan Hills	8-00.00	
5 Speetzen, Trevor	9	Capo Valley	7-06.00	

Boys Long Jump Frosh Soph

Name	Year	School	Finals	Points
1 Burkes, Will	10	Capo Valley	18-02.00	5
2 Sung, Jeffrey	10	San Juan Hills	18-00.50	3
3 Uhl, John	9	San Juan Hills	17-00.00	1
4 Hunter, Jayce		Capo Valley	16-02.00	
5 Taylor, Garrett	9	San Juan Hills	14-08.00	

Boys Triple Jump Frosh Soph

Name	Year	School	Finals	Points
1 Maloney, Joseph	10	San Juan Hills	36-03.00	5
2 Sung, Jeffrey	10	San Juan Hills	34-00.50	3
3 Ohlinger, Ryan	11	Capo Valley	33-09.00	1
4 Uhl, John	9	San Juan Hills	29-08.50	
5 Kargari, Dylan	9	Capo Valley	29-06.00	
6 Alkhairi, Omar	9	Capo Valley	27-09.00	

Boys Shot Put Frosh Soph

Name	Year	School	Finals	Points
1 Saldivar, Juan Carlos	10	Capo Valley	42-10.50	5
2 Gierstofer, Jacob	10	Capo Valley	39-06.50	3
3 Totten, Christian	10	Capo Valley	39-00.50	1
4 Margaretis, Stephen	10	San Juan Hills	37-05.00	
5 Kjell, Richard	10	Capo Valley	35-04.00	
6 Al-Ali, Omar	10	San Juan Hills	35-02.50	
7 Schroeder, Josh	10	San Juan Hills	33-06.50	
8 Bornstein, Jason	10	Capo Valley	26-06.00	

Boys Discus Throw Frosh Soph

Name	Year	School	Finals	Points
1 Gierstofer, Jacob	10	Capo Valley	101-10	5



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Capo Valley vs San Juan Hills - 3/22/2017**Finished Results
Capistrano Valley HS
Results****....Boys Discus Throw Frosh Soph**

2 Al-Ali, Omar	10 San Juan Hills	94-02	3
3 Yancey, Caden	10 Capo Valley	84-09	1
4 Hill, Kevin	10 Capo Valley	81-11	
5 Schroeder, Josh	10 San Juan Hills	79-03	
6 Esmaili, Kevin	10 Capo Valley	62-02	
7 George, Brett	10 Capo Valley	56-06	

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Women - Varsity - Team Rankings - 16 Events Scored

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1) Capo Valley	87.66	2) San Juan Hills	48.33
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Women - Frosh Soph - Team Rankings - 16 Events Scored

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1) Capo Valley	81	2) San Juan Hills	53
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Men - Varsity - Team Rankings - 16 Events Scored

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1) Capo Valley	70	2) San Juan Hills	66
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Men - Frosh Soph - Team Rankings - 16 Events Scored

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1) Capo Valley	65	1) San Juan Hills	65
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