

INLAND EMPIRE

Championships

Where the best of San Bernardino & Riverside Counties compete

Time Schedule 2017

Time	Event	Heats:	Time	Event #	Event	Heats:	
7:30am	41	G 3200 (OPEN)	(1)	1:05pm	21	G F/S 100 m	(9)
7:45am	42	B 3200 (OPEN)	(2)		22	B F/S 100 m	(9)
8:12am	1	G F/S 3200m (INVITE)	(1)	1:25pm	23	G VAR 100m	(7)
8:25am	2	B F/S 3200m (INVITE)	(1)		24	B VAR 100m	(9)
8:38am	3	G VAR 3200m (INVITE)	(1)	100 INVITE HEATS			
8:51am	4	B VAR 3200m (INVITE)	(1)	1:45pm	25	G F/S 100 m	(2)
9:05am	5	G F/S 4x100m Relay	(3)		26	B F/S 100 m	(2)
9:15am	6	B F/S 4x100m Relay	(2)	1:55pm	27	G VAR 100m	(2)
9:25am	7	G VAR 4x100m Relay	(2)		28	B VAR 100m	(2)
9:35am	8	B VAR 4x100m Relay	(3)	2:10pm	29	G F/S 300m Hurdles	(4)
9:50am	9	G F/S 100m Hurdles	(7)	2:20pm	30	G VAR 300m Hurdles	(4)
10:00am	10	G VAR 100m Hurdles	(6)	2:30pm	31	B F/S 300m Hurdles	(4)
10:15am	11	B F/S 110m Hurdles	(5)	2:40pm	32	B VAR 300m Hurdles	(4)
10:25am	12	B VAR 110m Hurdles	(6)	2:50pm	33	G F/S 800m	(4)
10:45am	13	G F/S 400m	(5)	3:02pm	34	B F/S 800m	(4)
10:55am	14	B F/S 400m	(5)	3:15pm	35	G VAR 800m	(3)
11:05am	15	G VAR 400m	(5)	3:25pm	36	B VAR 800m	(4)
11:15am	16	B VAR 400m	(5)	3:45pm	37	G F/S 200m	(7)
11:30am	17	G VAR 1600m	(3)	4:00pm	38	B F/S 200m	(7)
11:48am	18	B VAR 1600m	(4)	4:15pm	39	G VAR 200m	(7)
12:10pm	19	G F/S 1600m	(3)	4:30pm	40	B VAR 200m	(7)
12:30pm	20	B F/S 1600m	(5)	4:45pm	43	G F/S 4x400m Relay	(2)
				4:58pm	44	B F/S 4x400m Relay	(2)
				5:10pm	45	G VAR 4x400m Relay	(2)
				5:25pm	46	B VAR 4x400m Relay	(2)

Revised 4-18-2017



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Event	Time	Event #	Division	Flight #	Pit :
LONG JUMP	8:30am	47	Girls F/S (3 Jumps)	1, 2, 3	Pit 1
	8:30am	48	Boys F/S (3 Jumps)	1, 2, 3	Pit 2
	12:30pm	49	Girls Varsity (4 Jumps)	1, 2, 3	Pit 1
	12:30pm	50	Boys Varsity (4 Jumps)	1, 2, 3	Pit 2
TRIPLE JUMP	10:45am	51	Girls F/S (3 Jumps)	1, 2	Pit 1
	10:45am	52	Boys F/S (3 Jumps)	1, 2	Pit 2
	3:00pm	53	Girls Varsity (4 Jumps)	1, 2, 3	Pit 1
	3:00pm	54	Boys Varsity (4 Jumps)	1, 2, 3	Pit 2
HIGH JUMP	9:00am	55	Girls F/S		
	10:30am	56	Boys F/S		
	12:30pm	57	Girls VAR		
	2:30pm	58	Boys VAR		
SHOT PUT	8:30am	59	Boys F/S (3 Throws)	1, 2, 3, 4	
	10:15am	60	Girls F/S (3 Throws)	1, 2, 3, 4	
	12:30 pm	61	Boys VAR (4 Throws)	1, 2, 3, 4	
	2:45 pm	62	Girls VAR (4 Throws)	1, 2, 3, 4	
DISCUS	8:30am	63	Girls F/S (3 Throws)	1, 2, 3	
	10:15am	64	Boys F/S (3 Throws)	1, 2, 3	
	12:30pm	65	Girls VAR (4 Throws)	1, 2, 3	
	2:45pm	66	Boys VAR (4 Throws)	1, 2, 3	
POLE VAULT	8:30am	67	Girls F/S		
	10:00am	68	Girls VAR		
	12:30pm	69	Boys VAR		
	3:15pm	70	Boys F/S		



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