

Times are approximate. We will run ahead of schedule if possible.

Order of Events

8:45 girls mile (3 per school) – 1 heat, waterfall start
9:00 boys mile (3 per school) – 1 heat, waterfall start
9:10 girls 800 meter run (2 per school) – 2 heats, waterfall start
9:30 boys 800 meter run (2 per school) – 2 heats, waterfall start
9:40 girls 400 meter run (2 per school) – 2 heats, waterfall start
9:50 boys 400 meter run (2 per school) - 2 heats, waterfall start
10:00 girls 200 meter dash (2 per school) – 9 lane track, 3 to 4 heats
10:05 boys 200 meter dash (2 per school) – 9 lane track, 3 to 4 heats
10:15 girls 100 meter dash (2 per school) – 9 lane track, 3 to 4 heats
10:25 boys 100 meter dash (2 per school) – 9 lane track, 3 to 4 heats
10:35 girls 75 yard hurdles (2 per school) – 9 lane track, 3 to 4 heats
10:45 boys 75 yard hurdles (2 per school) – 9 lane track, 3 to 4 heats

Field Events

8:45 – girls softball throw and boys shot put, girls and boys long jump (2 jump pits),
10:00 – boys softball throw and girls shot put
- 3 boys and 3 girls per school in each field event

Relay Events (1 team per school)

11:05 girls 4 X 75 yard shuttle hurdle relay - 9 lane track, 2 heats
11:20 boys 4 X 75 yard shuttle hurdle relay - 9 lane track, 2 heats
11:40 girls 4 X 200 meter relay - 9 lane track, 2 heats
11:55 boys 4 X 200 meter relay - 9 lane track, 2 heats
12:10 girls 4 X 100 meter relay - 9 lane track, 2 heats
12:20 boys 4 X 100 meter relay - 9 lane track, 2 heats
12:35 girls 4 X 400 meter relay – 2 heats, waterfall start
12:55 boys 4 X 400 meter relay – 2 heats, waterfall start
1:15 Team Trophy Presentation./Pick Up Ribbons