

**THU APR 9 — LONG THROWS @ UCSD**

UCSD • Weigh-Ins: 8:00-10:00 AM

Time	Event
10:00 AM	W Hammer
10:00 AM	W Javelin
11:00 AM	M Discus
1:30 PM	M Hammer
1:30 PM	M Javelin
1:30 PM	W Discus

**THU APR 9 — OPEN MULTI EVENTS (DAY 1)**

DECATHLON		HEPTATHLON	
Time	Event	Time	Event
11:00	100m	10:30	100mH
11:45	LJ	11:45	HJ
1:15	SP	3:15	SP
2:45	HJ	5:00	200m
5:30	400m		

**FRI APR 10 — FIELD EVENTS**

Weigh-Ins: 8:30 AM-12:30 PM Aztec Team Room

JUMPS		THROWS	
Time	Event	Time	Event
11:00	Hept LJ	10:50	Dec Disc
11:00	W LJ	11:30	M SP
11:00	W PV	1:30	W SP
12:00	W HJ	1:30	Hept Jav
12:15	Dec PV	2:45	Dec Jav
12:30	M LJ		
1:30	W TJ		
2:00	M PV		
2:00	M HJ		
2:30	M TJ		

**FRI APR 10 — RUNNING EVENTS**

Time	Event
10:00 AM	Dec 110mH
10:05 AM	Senior Recognition
11:00 AM	W 4x100
11:05 AM	M 4x100
11:10 AM	W 1500
11:20 AM	M 1500
11:40 AM	100H - H1
11:45 AM	100H - H2
11:55 AM	110H
12:10 PM	W 400
12:15 PM	M 400
12:25 PM	W 100 - H1
12:30 PM	W 100 - H2
12:35 PM	W 100 - H3
12:40 PM	M 100 - H1
12:45 PM	M 100 - H2
12:50 PM	M 100 - H3
1:00 PM	W 800 - H1
1:05 PM	W 800 - H2
1:10 PM	M 800
1:20 PM	W 400H
1:30 PM	M 400H
1:40 PM	W 200 - H1
1:45 PM	W 200 - H2
1:50 PM	W 200 - H3
1:55 PM	W 200 - H4
2:00 PM	W 200 - H5
2:05 PM	M 200 - H1
2:10 PM	M 200 - H2
2:15 PM	M 200 - H3
2:25 PM	W 5000
2:50 PM	W 4x400
2:55 PM	M 4x400
3:00 PM	Hept 800
3:30 PM	Dec 1500

Meet Director: Doug Todd • Cell: 909-963-6579