

2026 CCAA TRACK & FIELD CHAMPIONSHIPS **EVENTS SCHEDULE**

April 30-May 2, 2026 | Mangrum Track and Field | Cal State San Marcos, San Marcos, Calif.

Thursday, April 30

Combined Events

10:00 a.m.	Decathlon	100 Meters
10:40 a.m.	Decathlon	Long Jump
11:00 a.m.	Heptathlon	100m Hurdles
11:40 a.m.	Heptathlon	High Jump
11:55 a.m.	Decathlon	Shot Put
1:15 p.m.	Decathlon	High Jump
1:25 p.m.	Heptathlon	Shot Put
2:15 p.m.	Heptathlon	200 Meters
3:15 p.m.	Decathlon	400 Meters

Field Events (All Events are Finals)

Noon	Women's	Pole Vault
1:00 p.m.	Men's	Discus
2:00 p.m.	Women's	Long Jump
4:00 p.m.	Women's	Discus
5:00 p.m.	Men's	Long Jump

3:50 p.m. *National Anthem*

Running Events (All are Prelims except noted)

4:00 p.m.	Women's	1500 Meters
4:15 p.m.	Men's	1500 Meters
4:30 p.m.	Women's	400 Meters
4:45 p.m.	Men's	400 Meters
5:00 p.m.	Women's	100 Meters
5:15 p.m.	Men's	100 Meters
5:30 p.m.	Women's	400m Hurdles
5:45 p.m.	Men's	400m Hurdles
6:00 p.m.	Women's	10,000m (Final)
6:45 p.m.	Men's	10,000m (Final)

Friday, May 1

Combined Events

11:00 a.m.	Decathlon	110m Hurdles
11:00 a.m.	Heptathlon	Long Jump
11:40 a.m.	Decathlon	Discus
12:30 p.m.	Heptathlon	Javelin
12:35 p.m.	Decathlon	Pole Vault
2:00 p.m.	Heptathlon	800 Meters
4:00 p.m.	Decathlon	Javelin
5:20 p.m.	Decathlon	1500 Meters

Field Events (All Events are Finals)

Noon	Women's	Hammer
1:00 p.m.	Women's	Triple Jump
3:00 p.m.	Men's	Hammer
4:00 p.m.	Men's	Triple Jump
5:00 p.m.	Women's	High Jump

2:50 p.m. *National Anthem*

Running Events (All are Prelims except noted)

3:00 p.m.	Women's	200 Meters
3:15 p.m.	Men's	200 Meters
3:30 p.m.	Women's	800 Meters
3:45 p.m.	Men's	800 Meters
4:00 p.m.	Women's	100m Hurdles
4:15 p.m.	Men's	110m Hurdles
4:35 p.m.	Women's	Steeplechase (Final)
4:50 p.m.	Men's	Steeplechase (Final)

Saturday, May 2

Field Events (All Events are Finals)

10:00 a.m.	Women's	Javelin
11:00 a.m.	Men's	Pole Vault
11:00 a.m.	Women's	Shot Put
12:30 p.m.	Men's	Javelin
2:30 p.m.	Men's	High Jump
3:00 p.m.	Men's	Shot Put

11:50 a.m. *National Anthem*

Running Events (All Events are Finals)

Noon	Women's	4x100 Relay
12:10 p.m.	Men's	4x100 Relay
12:20 p.m.	Women's	1500 Meters
12:30 p.m.	Men's	1500 Meters
12:45 p.m.	Women's	100m Hurdles
12:55 p.m.	Men's	110m Hurdles
1:05 p.m.	Women's	400 Meters
1:15 p.m.	Men's	400 Meters
1:25 p.m.	Women's	100 Meters
1:35 p.m.	Men's	100 Meters
1:45 p.m.	Women's	800 Meters
1:55 p.m.	Men's	800 Meters
2:10 p.m.	Women's	400m Hurdles
2:20 p.m.	Men's	400m Hurdles
2:30 p.m.	Women's	200 Meters
2:40 p.m.	Men's	200 Meters
2:50 p.m.	Women's	5000 Meters
3:15 p.m.	Men's	5000 Meters
3:35 p.m.	Women's	4x400 Relay
3:45 p.m.	Men's	4x400 Relay
4:30 p.m.		<i>Awards Presentation</i>

**If more than 18 competing, there will be two heats*

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FINAL – April 8, 2026