



2026 REDONDO ALL COMERS MEET

Redondo Union High School

Saturday, January 31, 2026

A CALIFORNIA WINTER T&F CHAMPIONSHIP QUALIFIER!

RUNNING ORDER OF EVENTS:

9:00AM Start | Rolling schedule!

HEAT ORDER: Fast to Slow | Girls then boys

HS athletes can qualify for the CA Winter

Championships out of any heat

1500 METERS

60 METER HURDLES

60 METERS

DISTANCE MEDLEY RELAY

150 METERS

600 METERS

200 METER HURDLES (50m run-in + 5 flights) *New!*

4x200 METER RELAY

4x800 METER RELAY

300 METERS

3000 METERS

SPRINT MEDLEY RELAY (100-100-200-400)

FIELD EVENTS

LONG JUMP (9:00AM start-4 attempts-Open Pit until 11:00AM-girls & boys start at the same time in two pits)

SHOT PUT (9:00AM start-4 attempts-girls then boys)

HIGH JUMP (9:00AM start-3 attempts-girls then boys -opening height 4'0" (girls) & 5'4" (boys)-raised every 2")

POLE VAULT (9:00AM start - 3 attempts-girls then boys-opening height 6' and raised every 6")

TRIPLE JUMP (11:00AM start-4 attempts-Open Pit until 1:00PM-girls & boys start at the same time in two pits)

ALL AGES CAN COMPETE: But MUST be in high school to qualify for the CA Championship Meet

ATHLETE ADMISSION: \$15.00 (up to 4 entries)

SPECTATOR ADMISSION: \$12.00 (Kids <5 free)

CHECK IN: 7:00AM | **FIRST EVENT:** 9:00AM

LOCATION: Redondo Union High School, 1 Sea Hawk Way, Redondo Beach, Calif. 90277

CONCESSIONS & FREE PARKING AVAILABLE

CONTACT: Meet director Bob Leetch at bobster403@gmail.com

REGISTER

Qualifying Standards for the 2026 CA Winter Championships

Athletes must achieve the minimum qualifying standard (see below) at one of the Qualifier Meets.

Winning your event does not automatically qualify you for the CA Winter Champs. You must also hit the minimum standard.

Relay members **must** attend the same school. **NO ALL-STAR TEAMS!**

EVENT	BOYS	GIRLS
60m Dash	7.34	8.44
150m Dash	17.44	19.75
300m	37.40	44.10
600m	1:29.99	1:49.0
1500m	4:16.99	5:16.99
3000m	9:26.00	11:16.36
60m Hurdles	9.30	10.39
200m Hurdles ***New!	26.16***	30.20***
4x200m Relay	1:36.99	1:55.80
Sprint Medley (100-100-200-400)	1:40.60	2:03.00
4x800m Relay	8:50.00	10:48.00
Distance Med. (1200-400-800-1600)	11:36.00	14:19.00
Long Jump	20-08.00	16-03.00
Triple Jump	41-00.00	33-06.00
High Jump	5-10.00	4-11.00
Pole Vault	13-02.00	10-06.00
Shot Put	45-08.00	33-00.00
25 lb./20 lb. Weight Throw	*By email only	*By email only
Pentathlon	**By email only	**By email only

***** The standard for the 200-meter hurdles will be adjusted during Christmas break, after the first weekend of four qualifier meets. Please check back during Christmas break for the updated boys/girls 200mH standards.**

*For the Weight Throw entry consideration, please email rich@vsathletics.com by 1/25/2026. **For Pentathlon entry into the Winter Champs on 2/7, please email richgonzaleztrack@gmail.com by 1/25/2026. (For the pentathlon held only at Cal State Fullerton on 1/10, it's walk-up registration.)

How to qualify:

1. Compete at one of the official 'Qualifier Meet.. (Entry fee of \$12 to \$15 required.)
2. Achieve a qualifying performance mark (listed above) at one of the official Qualifier Meets.
3. Sign up and pay a separate \$25 entry fee for the Finals **AT YOUR QUALIFIER MEET**. Upon completing this step, you will be given a "Golden Bib."
4. Retain your Golden Bib – this is your entry ticket into the California Winter Championships on February 7th at Arcadia HS!