

Soka University "Indoor" Qualifier

TENTATIVE SCHEDULE

February 14th, 2026

Field Events

10:00	Weight throw (M) (AT SADDLEBACK)	12:00	High jump (M)
Weight throw (W) to follow men's (SADDLEBACK		1:45	High Jump (W)
10:00	Shot put (W) (AT SADDLEBACK)	11:00	Pole Vault (W)
Shot put (M) to follow women (SADDLEBACK		1:15	Pole Vault (M)
10:00	Long Jump (W) Men to follow 15 minutes after conclusion of women's Women's Triple Jump, 15 minutes after conclusion of men's long jump Men's Triple Jump, 15 minutes after conclusion of women's triple jump		

Track Events

11:45	DMR (W)
12:00	DMR(M)
12:15	60m hurdles (W)
12:25	60m hurdles (M)
12:35	3K (W)
12:55	3K (M)
1:10	4 x 800m Relay (W)
1:25	4 x 800m Relay (M)
1:40	60m (W)
1:55	60m (M)
2:20	Mile (W)
2:35	Mile (M)
2:50	600m (W)
3:10	600m (M)
3:30	400m (W)
3:45	400m (M)
4:00	1000m (W)
4:05	1000m (M)
4:15	200m (W)
4:45	200m (M)
5:15	800 (W)
5:25	800 (M)
5:35	4 x 400m Relay (W)
6:00	4 x 400m Relay (M)
6:10	5000m (W)
6:30	5000m (M)

NOTE:

High jump and pole vault starting heights will be determined at the venue.