

2026 VMHS "Saddle Up" Invitational (2/26/26 FINAL SCHEDULE)

#	Event	Level	Time	Heats	#	Event	Division	Time	Flights
1	Girl's 1600	Frosh/Soph	8:20 AM	3	41	Pole Vault	Frosh/Soph Girls	8:30 AM	1
2	Boy's 1600	Frosh/Soph	8:45 AM	4	42	approx. starting heights F/S girls 6'6" F/S boys 7'6" Var girls 7' Var boys 9'0"	Var Girls	10:30 AM	1
3	Girl's 400 Relay	Frosh/Soph	9:10 AM	3	43		Var Boys	1:00 PM	1
4	Boy's 400 Relay	Frosh/Soph	9:20 AM	3	44		Frosh/Soph Boys	2:30 PM	1
5	Girl's 400 Relay	Varsity	9:30 AM	2	45	High Jump	Frosh/Soph Boys	8:30 AM	1
6	Boy's 400 Relay	Varsity	9:35 AM	3	46	approx. starting heights F/S girls 4'2" F/S boys 5'2" Var girls 4' 4" Var boys 5'6"	Var Boys	10:45 AM	1
7	Girl's 1600	Varsity	9:50 AM	3	47		Var Girls	1:30 PM	1
8	Boy's 1600	Varsity	10:15 AM	4	48		Frosh/Soph Girls	3:45 PM	1
9	Girl's 100 Hurdles	Frosh/Soph	10:45 AM	6	49	Long Jump	Var Boys "Pit #1"	8:30 AM	3
10	Girl's 100 Hurdles	Varsity	10:55 AM	6	50	three attempts per athlete, no finals	F/S Girls "Pit #2"	8:30 AM	2
11	Boy's 110 Hurdles	Frosh/Soph	11:10 AM	4	51		F/S Boys "Pit #1"	11:00 AM	3
12	Boy's 110 Hurdles	Varsity	11:15 AM	7	52		Var Girls "Pit #2"	10:30 AM	3
13	Girl's 400	Frosh/Soph	11:30 AM	7	53	Triple Jump	F/S Girls "Pit #2"	1:00 PM	1
14	Boy's 400	Frosh/Soph	11:45 AM	10	54	three attempts per athlete, no finals	Var Boys "Pit #1"	1:30 PM	3
15	Girl's 400	Varsity	12:05 PM	9	55		Var Girls "Pit #2"	2:00 PM	3
16	Boy's 400	Varsity	12:20 PM	11	56		F/S Boys "Pit #1"	3:00 PM	3
17	Girl's 100- Press Box Side	Frosh/Soph	12:45 PM	11	57	Shot Put	Var Boys	8:30 AM	5
19	Girl's 100- Finish Line Side	Varsity	12:45 PM	11	58	Varsity 4 Throws, F/S 3 Throws	Var Girls	11:15 AM	4
18	Boy's 100 -Press Box Side	Frosh/Soph	1:05 PM	12	59		Frosh/Soph Boys	1:30 PM	4
20	Boy's 100 -Finish Line Side	Varsity	1:05 PM	13	60		Frosh/Soph Girls	3:30 PM	4
21	Girl's 800	Frosh/Soph	1:35 PM	3	61	Discus	Var Girls	8:30 AM	4
22	Boy's 800	Frosh/Soph	1:47 PM	4	62	Varsity 4 Throws, F/S 3 Throws	Var Boys	10:45 AM	5
23	Girl's 800	Varsity	2:00 PM	3	63		Frosh/Soph Girls	1:30 PM	3
24	Boy's 800	Varsity	2:15 PM	4	64		Frosh/Soph Boys	3:15 PM	4
25	Girl's 3200	Frosh/Soph	2:27 PM	1					
26	Boy's 3200	Frosh/Soph	2:35 PM	1					
27	Girl's 300 Low Hurdles	Frosh/Soph	2:55 PM	6					
28	Girl's 300 Low Hurdles	Varsity	3:05 PM	6					
29	Boy's 300 Int. Hurdles	Frosh/Soph	3:20 PM	6					
30	Boy's 300 Int Hurdles	Varsity	3:30 PM	8					
31	Girl's 200	Frosh/Soph	3:45 PM	11					
32	Boy's 200	Frosh/Soph	4:00 PM	12					
33	Girl's 200	Varsity	4:15 PM	10					
34	Boy's 200	Varsity	4:30 PM	13					
35	Girl's 3200	Varsity	4:45 PM	1					
36	Boy's 3200	Varsity	5:00 PM	1					
37	Girl's 1600 Relay	Frosh/Soph	5:15 PM	Dec					
38	Boy's 1600 Relay	Frosh/Soph	5:23 PM	Dec					
39	Girls' 1600 Relay	Varsity	5:30 PM	Dec					
40	Boy's 1600 Relay	Varsity	5:37 PM	Dec					

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