

# ROOSEVELT INVITATIONAL

**SATURDAY MARCH 07, 2026**

**Stadium opens at 6:00am**

**3200 will begin at 7am; Coaches meeting at 7:20am; Field Events will begin at 9am;**

**Location:** Eleanor Roosevelt HS – 7447 Scholar Way Eastvale, CA 9288

**Parking: Free**

**Admission:** Spectators \$8 per adult; \$2 per student (with I.D.); \$3 children 8 and older; Seniors & children 7 and under Free

**ENTRANCE:** Athletes and coaches will enter through the VISITOR gates; Spectators will enter on the HOME gates.

**TIMING:** Finished Results – Automatic timing, large LED screen at finish line

**DIVISIONS:** Girls F/S; Girls Varsity; Boys F/S; Boys Varsity

**MEDALS TOP 3 OF EACH DIVISION**

**WE WILL COMBINE (IF NEEDED) THE FOLLOWING RACES:**

3200m, 410H, 300h, 1600m

800SMR, 4x100R, 4x200R, 4x400R, 4x800R

**Team Entry Fees**

\$600 max entry fee for a complete team

\$300 Single-gender teams

\$20 Single athlete events

\$50 per team per relay

**Early Bird Special!! \$400 Team Entry - \$200 Per Gender  
PAYMENT & CIF CONTRACT IN BY FEBRUARY 14, 2025**

**Make Checks Payable to:**

Eleanor Roosevelt HS Track & Field

7447 Scholar Way, Eastvale, CA 92800

**Attn: Shonna Bernard-Joseph**

**Registration Deadline: February 20, 2026**

**DROP DEADLINE: February 27, 2026**

**SCRATCHES: PLEASE NOTIFY IMMEDIATELY OF ANY SCRATCHES BY EMAIL**

**[SBERNARDJOSEPH@CNUSD.K12.CA.US](mailto:SBERNARDJOSEPH@CNUSD.K12.CA.US). ALL SCRATCHES MUST BE MADE NO LATER THAN 9 PM ON WEDNESDAY, FEBRUARY 25th, 2026, YOU WILL BE RESPONSIBLE FOR PAYING FOR SCRATCHES MADE AFTER MARCH 2<sup>ND</sup>, 2026.**

**Register: online at [Milesplit.com](https://milesplit.com)**

**Questions: Email Coach Shonna [@Sbernardjoseph@cnusd.k12.ca.us](mailto:Sbernardjoseph@cnusd.k12.ca.us)**

Programs will be emailed on March 4, 2026, with heat information, we will work off a rolling schedule this year.

**Warm-Up Area:** We will be using a full-sized track and grass field located at the connecting River Heights Intermediate. This can also be used as a staging area for E-Z-Ups not located at the top of the bleachers. This provides a large warm-up area and easy access to the course clerk.

**Clerk of the Course:** Competitors will receive starting instructions from the starting line. The clerk of the course will escort all competitors to the starting line. Athletes need to check in at the 2<sup>nd</sup> call prior to their events.

**Entries:** All entries will be made on athletic.net. Results will be posted on the Finished Results app.

**Relay Teams:** One scoring team.

**Equipment:** Teams furnish their own batons, throwing implements, and pole vault poles

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**Awards:** Medals will be given to the top 3 places overall in running and field events

**Snack Bar:** Fully stocked snack bar.

**Coaches Room:** Coaches room will have light breakfast, Full lunch will be provided

**TRASH:** Each team is responsible for cleaning their area. Please be considerate of this throughout the meet. There will be a large bag in your team packet to help with the process

**Canopies:** Set Up canopies at the very top of the bleachers or on the perimeter of the warmup field area. NO RADIOS and LIMITED COACHES will be allowed on the field



## Order of Events - Rolling schedule 7am Start Time -

7am 3200 FSG, VG / FSB, VB

4x100 FSG, VG / FSB, VB

4x100 BIG MAN (Shot Put)

100H FSG, VG / FSB, VB

110H FSG, VG / FSB, VB

400M FSG, VG / FSB, VB

100M FSG, VG / FSB, VB

800M FSG, VG / FSB, VB

SMR FSG, VG / FSB, VB

300h FSG, VG / FSB, VB

4x800R FSG, VG / FSB, VB

200M FSG, VG / FSB, VB

1600M FSG, VG / FSB, VB

4X400MR FSG, VG / FSB, VB

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## Field Events - 9am start time ROLLING SCHEDULE

Frosh 3 Jumps – No Final  
Varsity 3 Jumps – No Final

Pit #1 LJ FSG, VG

Pit #2 LJ FSB, VB

Pit #1 TJ FSG, VG

Pit#2 TJ FSB, VB

### HJ Pit

#### Opening Heights (Negotiable at pit)

FSG 4'0" VG 4'5"

FSB 5'2" VB 5'5"

#### Pole Vault (Back Field)

##### Opening Heights

FSG – 6ft VG – 8FT

FSB – 7FT VB- 9FT

**SHOT PUT / DISCUS (We do have lights for the field)**

**We will weigh implements**

**FROSH 3 ATTEMPTS VARSITY 3 ATTEMPTS**

FSG VG

FSB VB

