

MEET INFORMATION
Orange Empire Conference Track & Field Championships
Hosted by Riverside Community College @ RCC

Prelims: Friday, April 17, 2026

Finals: Friday, April 24, 2026

This preliminary meet information is intended to guide coaches, athletes and spectators in their preparation towards the 2026 OEC Prelims and Finals at Riverside City College. Please note that further information may be provided in the weeks leading up to the event.

Entry

Entries are due through www.directathletics.com by Tuesday, April 14 @ 6:00 pm. There will be no adds nor scratches after this deadline. After the deadline, all athletes will be considered declared and the failure to participate rule will be in effect.

Entry Fees

The entry fee is \$xxxx per school. That is \$ xxxx for women and \$xxxx for men for each school. Total for program is \$ xxxx. The entry fee includes the following meets: OEC Invitational, OEC Prelims and Finals. Payment is due on Tuesday, February 17. Personal checks, cash, school check and payment through Direct Athletics are the only acceptable means of payment or school PO, payable to **RCC Track Trust**. Mail checks to ATTN: Athletics Riverside City College, 4800 Magnolia Ave, Riverside, CA 92506 Attn. Head Coach Jim McCarron

Scratches/Adds

Monday, April 20 is the scratch deadline for finals on April 24. All scratches will need to be Emailed to both Damien Smith and Jim McCarron before that time.

Spectator Information:

Game Day Check In Policy

Parking

All team parking will be on the northwest side of the stadium next to the practice fields and in the parking structure on the west side of campus. Athletes and coaches will enter the stadium only from the Northwest side of the stadium. Packets can be picked up from RCC staff at the track. School busses will need to enter the college through Saunders St. and drop off on the south side of campus (score board side) and will be directed to either parking lot U or E. When you arrive, coaches can pick up a parking pass for college vans/cars only from our AD, Cliff Dochterman or our Compliance director, Shandon Silva. With a parking permit, college vans can park in any student and staff parking on campus. For spectators, day use permits may be purchased using parking meters or the [ParkMobile App](#) for \$5 (cash or credit for games). Spectators will park in the parking structure and will need to purchase and display a parking permit from one of the parking kiosks on campus.

Athlete and Coaches Entrance/Heat Information

Athletes and coaches will enter the stadium only from the Northwest side of the stadium. Packets can be picked up from RCC athletic director, compliance director Shandon Silva, or staff at the track.

Technical Competitive Information

This meet will be run in accordance with all pertinent NCAA, CCCAA and 5CTCA rules and bylaws.

Implement Certification/Weigh-Ins:

Implement certification will be conducted from **8:00am to 2:00pm Prelims** and **8:00am to 3:00pm on Finals**. Certification will be conducted at the North end of the track (near the flag pole). Implements not meeting certification will be tagged and impounded until the conclusion of the meet.

Race Schedule

The running event schedule will be strictly adhered to, regardless of events finishing early or lacking numbers sufficient.

Scoring

10, 8, 6, 5, 4, 3, 2, 1

Warm-up Area

All warm-ups will take place on the grass field (away from the hammer and discuss throwing area) after the completion of the Javelin, which should be between 11am-12pm. Pole vaulters can warm up on the track. Hurdles will be made available on the grass field. All tents must be set up on the grass area along the fence away from the throwing areas and only after the completion of the javelin, or in the stands in the top 10 rows. Please do not set up on the grass field until the completion of the javelin!

Clerk/Check-in (only 3/16 pyramid spikes or less will be allowed on the track and field):

Running Events - All track athletes will be required to report to the clerk's canopy located at the track entry gate to receive their hip numbers. Athletes will need to report to their event before the start of the event.

Field Events - All field athletes should report directly to their event 1 hour prior to the start of their event. Pole vaulters should check in 90 minutes prior to their event for warm-up purposes.

Liquids. Only water or clear liquids will be allowed in the Stadium (no exceptions). Water will be provided at all field event areas, warm-up field, and medical stations.

Track Surface and Field Event Specifications

The running surface and field venues are surfaced with Mondo Super X 720 13.5mm that was installed in September 2023.

Please make note of the following runway lengths:

Men's PV – 150'

Women's PV – 135'

Men's LJ – 157'

Women's LJ – 154'

Men's TJ = Board #1 – 138' Board #2 – 132'

Women's TJ = Board #1 – 132' Board #2 – 121'

Javelin = 110' Mondo surface

Spikes MUST be 3/16 inch or shorter. Pyramid spikes are the only allowable spikes. Pin, needle, or Christmas tree spikes will not be allowed.

There will be a spike check at the clerk's area and prior to the start of all applicable field events, please help us with compliance. We will be selling spikes at the athlete entrance.

Starting Blocks

Only those supplied by meet management are acceptable. VS International Blocks and/or Gill Fusion 8 will be used.

Throwing Venues

All throwing events will take place in the throws area northwest of the track. **No one is allowed on javelin grass landing area until the completion of the event. Please stay well outside the flagged areas for all throws events.**

Viewing for Throws events and coaches' boxes

For both the Hammer and Discus throws there will be areas to sit just west of the ring near the shot put. For the Javelin there will be areas to sit just west of the runway, and athletes will be asked to stay on the west side of the runway. The Shot Put will have an area for coaches and spectators on the on the south side of the sector. In all the throwing events coaches will need to stay in spectator areas and outside flagged areas. Only the head coach and event coach is allowed in the coaching boxes that will be set up next to each event. Coaches must stay in the coaching boxes.

Trainers

Trainers will be available to all athletes. A medical station will be staged inside the stadium on the northeast side next to the marching band trailer. Please provide your own supplies. Medical staff may also be permitted to stage at the warmup field next to their teams' canopy.

Restrooms

Restrooms are located inside the stadium on the northwest and northeast sides of the track, and in the gymnasium.

Concessions

Riverside City College will have a concession booth with all sorts of food and drinks for sale on both dates near the spectator's entrance to the track.

Results

Live Results will be posted on www.finishedresults.com or the FinishedResults app. All other official results will be posted on www.directathletics.com following the conclusion of the meet.

Contact Info

GAME MANAGERS xxxxxxxx

Press Box, Ticketing, Media, Security

Cliff.dochterman@rcc.edu

Office: (951) 222-8420

Cell: (951) 250-2604

Shandon Silva

Officials, Visiting Team, Sideline

Shandon.silva@rcc.edu

Cell: (626) 354-1199

Jim McCarron office 951-222-8322 cell 951-231-3739 jim.mccarron@rcc.edu

Damien Smith office 951-222-8272 cell 702-204-9540 damien.smith@rcc.edu

Orange Empire Conference Championships Preliminaries

Friday, April 17, 2026

****Coaches Scratch Meeting at 9:30 am at the starting line**

<u>Running Events*</u>		<u>Field Events</u>	
12:00pm	Women's 3000m Steeplechase	10:00am	Men's Javelin (<i>Orange Coast</i>)
12:30	Men's 3000m Steeplechase		Women's Pole Vault (<i>Saddleback</i>)
1:30	Women's 1500m		
1:50	Men's 1500m	12:00pm	Women's Long Jump (<i>Golden West</i>)
2:05	Women's 100m Hurdles		
2:15	Men's 110m Hurdles	1:30pm	Women's Shot Put (<i>Fullerton</i>)
2:30	Women's 400m		Men's Hammer (<i>Saddleback</i>)
2:40	Men's 400m		
2:50	Women's 100m	3:30pm	Men's Shot Put (<i>Fullerton</i>)
3:00	Men's 100m		Women's Hammer (<i>Fullerton</i>)
3:20	Women's 800m		Men's Long Jump (<i>Golden West</i>)
3:30	Men's 800m		
3:45	Women's 400m Hurdles		
3:55	Men's 400m Hurdles		
4:10	Women's 200m		
4:25	Men's 200m		
5:00	Women's 10000m		
6:00	Men's 10000m		

Blocks (*Riverside*)

Hurdle Crew (*Riverside and Santa Ana*)

**Clerks Table, Finish Line, Finish Video,
Back-up Timer, Results & Awards** (*Riverside*)

NOTE

The running event schedule (including preliminaries) will be strictly adhered to regardless of events finishing early. As we have done in the past few years due to low numbers in certain events, we reserve right to change the time schedule of the preliminary running events to avoid large time gaps in between races. We will send this information out via email on Wednesday or Thursday, April 15-16, the day after entries are due.

Orange Empire Conference Championships Finals

Friday, April 24, 2026

****Coaches Meeting at 9:30 am at the starting line**

Running Events

3:00 Women's 400m Relay
3:05 Men's 400m Relay
3:10 Women's 1500m
3:20 Men's 1500m
3:30 Women's 100m Hurdles
3:40 Men's 110m Hurdles
3:50 Women's 400m
3:55 Men's 400m
4:05 Women's 100m
4:10 Men's 100m
4:15 Women's 800m
4:20 Men's 800m
4:30 Women's 400m Hurdles
4:40 Men's 400m Hurdles
4:50 Women's 200m
5:00 Men's 200m
5:10 Women's 5000m
5:40 Men's 5000m
6:05 Women's 1600m Relay
6:15 Men's 1600m Relay

Field Events

10:00am Men's Pole Vault (Saddleback)
10:00am Women's Javelin (*Orange Coast*)

1:00pm Men's Discus (*Fullerton*)
1:00pm Men's Triple Jump (*Golden West*)
Women's High Jump (*Santa Ana*)

3:30pm Men's High Jump (*Saddleback*)

4:00pm Women's Triple Jump (*Golden West*)
Women's Discus (*Orange Coast*)

Relay Zone Judges:

Zone #1 - Fullerton & Golden West
Zone #2 - Riverside & Orange Coast
Zone #3 - Saddleback & Santa Ana

Blocks (*Riverside*)

Hurdle Crew (Riverside and Santa Ana)

**Clerks Table, Finish Line, Finish Video, Back-up Timing,
Results & Awards** (*Riverside*)

*****NOTE*****

**The running event schedule will be strictly adhered to
regardless of events finishing early**

INVOICE
RIVERSIDE COMMUNITY COLLEGE
Track and Field
2024
4800 MAGNOLIA AVENUE
RIVERSIDE, CA 92506

May 6, 2025

RCC TRACK & FIELD

DESCRIPTION	AMOUNT
OEI Invitational on February 20 or 27, 2026	
OEI Prelims and Finals April 17/24, 2026	
(\$xxxx per gender/\$xxxx for both genders)	
TOTAL AMOUNT PAYABLE	\$xxxx

THANK YOU!!

**Please make your check payable to "RCC
Track Trust"**
By February 17, 2026

Mail checks to Riverside City College, 4800 Magnolia Ave, Riverside, CA 92506
Attn. Head Coach Jim McCarron

PLEASE MAIL CHECKS TO:

RIVERSIDE COMMUNITY COLLEGE
TRACK & FIELD
4800 MAGNOLIA AVENUE
RIVERSIDE, CA 92506
Attn. Jim McCarron