



# RON KAMAKA COMBINED EVENTS CHALLENGE

FEBRUARY 19-20, 2026

HILMER LODGE STADIUM - WHERE THE WORLD'S BEST ATHLETE

## GENERAL INFORMATION

<b>DATE:</b>	Thursday and Friday, February 19-20, 2026	
<b>TENTATIVE START TIMES:</b>	<u>DAY 1</u> 12:00 PM Decathlon 1:00 PM Heptathlon	<u>DAY 2</u> 10:00 AM Decathlon 10:00 AM Heptathlon
<b>MEET TYPE:</b>	<ul style="list-style-type: none"><li>• Intercollegiate and Open Heptathlon and Decathlon with electronic timing.</li><li>• Coaches will be allowed on the field to coach.</li></ul>	
<b>ENTRY PROCESS:</b>	<ul style="list-style-type: none"><li>• Enter online at: <a href="http://www.athletic.net">www.athletic.net</a></li><li>• Entry Deadline is Monday, February 16, 2026 at 10:00 pm</li></ul>	
<b>ENTRY FEE:</b>	<ul style="list-style-type: none"><li>• \$100 per competitor (No late entries)</li><li>• \$400 maximum entry fee for collegiate programs</li><li>• Please make checks payable to: <b>Mt. SAC Track and Field Trust (Must have payment to participate).</b></li></ul>	
<b>PARKING:</b>	Parking is free as long as you park in a student parking spot. All buses can park in parking lot F north of the stadium.	
<b>SPECTATOR INFORMATION:</b>	No spectator fee. Spectators are not allowed in the competition area and must remain in the stands or designated spectator areas. <b>Sorry NO PETS are allowed on the Mt. SAC Campus.</b>	
<b>ENTERING THE STADIUM:</b>	Athletes, Coaches and Spectators may enter the stadium from the Main North Gate or from the South at Gate 8.	
<b>DIRECTIONS:</b>	<a href="http://www.mtsac.edu/maps">www.mtsac.edu/maps</a>	
<b>HOTELS:</b>	Please visit our Special Events Hotel Website at: <a href="https://runmtsac.com">https://runmtsac.com</a> Please mention "Mt. SAC Special Events" to receive special hotel rates with our partner hotels.	
<b>CONTACT:</b>	Giovanni Lanaro - Meet Director/Head Track and Field Coach E-mail = <a href="mailto:glanaro@mtsac.edu">glanaro@mtsac.edu</a> Phone = 626-485-6278	

## MEET INFORMATION

<b>GOVERNING RULES:</b>	NCAA Combined Events
<b>CLERK OF THE COURSE:</b>	<ul style="list-style-type: none"><li>• CLERK and HIPPIING will be located at the Southwest corner of the track (outside fence).</li><li>• Athletes must report 30 minutes prior to scheduled race time for final heat/lane assignment.</li><li>• Prior to all field events, competitors will check in at the event site.</li><li>• Packets, payments, scratches, protests will be handled out of the Clerk of the Course Tent.</li></ul>
<b>IMPLEMENT WEIGH-INS:</b>	<ul style="list-style-type: none"><li>• Implement weigh-in is located, south of the track, in building 754.</li><li>• <b>ALL IMPLEMENTS must be weighed in on Day 1 (02/19) between the hours of 10:00 am to 1:00 pm!</b></li><li>• Implements will be impounded and brought to each event site.</li></ul>



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## MEET INFORMATION - continued

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| <b>POLE VAULT EQUIPMENT:</b> | <ul style="list-style-type: none"><li>• All competitors must supply their own poles.</li><li>• Pole/equipment storage is available for competitors.</li><li>• If you are shipping poles, please ship to:<br/>Giovanni Lanaro, Track and Field/1100 N. Grand Ave./Walnut, CA 91789</li><li>• Those needing to store or ship poles, must make <b>prior</b> arrangements with the Meet Director.</li></ul> |
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| <b>TEAM CAMPS:</b> | <ul style="list-style-type: none"><li>• All camps must be set up in the South Field Area or in the stadium grandstands.</li><li>• NO team camps allowed inside the track.</li></ul> |
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| <b>WARM UPS:</b> | <ul style="list-style-type: none"><li>• Warm-ups will be allowed on the main facility except during competition</li></ul> |
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| <b>ATHLETIC TRAINERS:</b> | <ul style="list-style-type: none"><li>• The Mt. SAC Athletic Training Staff will provide emergency treatment for all competitors.</li><li>• Work areas for visiting trainers can be arranged by contacting the Mt. SAC Athletic Training Staff.</li><li>• All visiting trainers/competing athletes must provide their own supplies and equipment for their own medical needs.</li><li>• Visiting trainers are encouraged to contact Mt. SAC Head Athletic Trainer, Elva Salcido at <a href="mailto:esalcido7@mtsac.edu">esalcido7@mtsac.edu</a> for information and assistance.</li></ul> |
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| <b>ICE BATHS:</b> | Ice baths will be available for use following day 1 of competition. |
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| <b>CONCESSIONS:</b> | <b>No Concessions!</b> You are encouraged to bring your own concessions. Within a short radius of the college there are a number of restaurants and markets. |
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| <b>HIGH JUMP/<br/>POLE VAULT INFO:</b> | <ul style="list-style-type: none"><li>• Two pits will be used if field sizes warrant.</li><li>• Determination of field distribution, opening heights and height increments will be determined prior to the start of the event.</li><li>• In the Pole Vault, meet management reserves the right to remove any competitor from the pole vault competition who meet management deems unsafe, dangerous and/or jeopardizes the safety and welfare of himself, the staff and/or spectators.</li></ul> |
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