



**7<sup>th</sup> Annual**  
**BAD DOGS Invitational**  
**Middle School Track & Field Invitational**  
*Hosted at Hemet High*



**May 6, 2026 at Hemet High School (41701 Stetson Ave., Hemet, CA)**

- Meet begins at 3:00 pm at Hemet High Stadium (field events at 3:00, running events at 3:45, ends approximately 8:30 pm)
- Combined grade level meet; 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade
- Each athlete is limited to 4 total events - Each school is allowed 3 athletes per event
- One girl team and one boy team per school in each relay. B teams allowed if paying for two teams from same school.
- Track spikes allowed, (3/16<sup>th</sup> max, pyramid style only).

**Order of Events (CIF order)**

- 4 X 100 Relay
- 1600
- 100 Meter Hurdles (30 inch)
- 400
- 100
- 800
- 300 Meter Hurdles (30 inch)
- 200
- 4 X 400 Relay

**Field Events**

- High Jump
- Long Jump
- Triple Jump
- Shot Put (4kg/8.8lb)
- Discus (1.0 kilo)

\* Medals awarded for 1<sup>st</sup>- 5<sup>th</sup> places

\* Plaques to the top 3 teams in each gender

\* Full concession stand plus additional food/beverage vendors \* Meet t-shirts for sale

\* Meet professionally timed and scored by Finished Results

(Score Top 8: 1<sup>st</sup>/10pts, 2<sup>nd</sup>/8 pts, 3<sup>rd</sup>/6pts, 4<sup>th</sup>/5pts, 5<sup>th</sup>/4 pts, 6<sup>th</sup>/3 pts, 7<sup>th</sup>/2 pts, and 8<sup>th</sup>/1pt)

- must register through Athletic.net by May 3<sup>rd</sup>, at 11:59 pm

**For more information:**

Tom Siebold: email: [tsiebold@hemetusd.org](mailto:tsiebold@hemetusd.org) phone: (951) 415-9263

**Location:** This track is a 9 lane metered all weather track located at Hemet High School.

Meet Address: 41701 Stetson Ave., Hemet, CA 92544

**Entry Fee:** \$285 per school or \$30 per athlete. Entry fee must be paid prior to start of the meet. Checks can be mailed to Hemet High, or hand delivered the day of the meet.

**Checks payable to:** HHS Track and Field

**Mail to:** **Hemet High School attn: ASB, 41701 Stetson Ave., Hemet, CA 92544**

Please include the school name when mailing a check. Multiple schools come from the same district and it is confusing as to which schools have paid when a check comes with just the school district listed on the check and no school name.

**Attention All Coaches:** Please be aware and prepared for all team health concerns. Please bring a first aid kit as well as water for your team. Hemet Unified School District, and any meet official and/or volunteer cannot be held responsible for any injuries or lost/stolen items during this meet.