

NXR Southwest

Coyote Run Golf Course

Race 105 - Girls Merge - Medium School - 5K

11/19/2022

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	REAL Training	54	1:36:20	19:16	6:13	1:30	1-8-11-27-33-155-168	1-5-7-18-23-106-114
2	Durango Distance	67	1:37:10	19:26	6:16	1:20	3-13-21-22-34	3-9-15-16-24
3	REAL Training - Cheyenne Mountain	109	1:38:44	19:45	6:22	1:42	2-30-38-39-43-66-67	2-21-27-28-31-40-41
4	O-Town Tigers	186	1:42:08	20:26	6:35	1:14	26-36-62-75-83-108-118	17-26-39-48-56-74-83
5	PCXCTC	215	1:42:17	20:28	6:36	3:13	15-17-19-106-158-161-212	10-11-13-72-109-111-143
6	Vikings	216	1:42:44	20:33	6:37	2:14	18-31-77-82-111-126-183	12-22-50-55-77-87-123
7	Thunder XC Club	265	1:44:44	20:57	6:45	1:23	49-50-72-104-117-134	33-34-46-70-82-91
8	StansburyXC	282	1:45:25	21:05	6:48	1:13	52-79-80-103-107-114-146	35-52-53-69-73-80-98
9	Snow Canyon TC	297	1:45:31	21:07	6:48	2:24	35-41-96-105-156-197	25-29-65-71-107-133
10	Summit Distance Project	298	1:45:12	21:03	6:47	2:59	9-89-92-115-131-137-148	6-60-62-81-89-93-100
11	Timpanogos	299	1:45:37	21:08	6:48	0:50	74-84-86-90-110-128-154	47-57-58-61-76-88-105
12	Orem XC	300	1:45:39	21:08	6:49	1:59	42-56-76-132-141-152-163	30-37-49-90-94-103-112
13	Desert Lightning	341	1:47:07	21:26	6:54	3:49	20-68-94-144-185	14-42-63-97-125
14	Thor Running Club	346	1:46:57	21:24	6:54	1:53	54-71-87-151-153-217-232	36-45-59-102-104-145-153
15	Trials of Miles Track Club	350	1:47:03	21:25	6:54	2:19	28-97-119-121-142-203-219	19-66-84-86-95-136-146
16	Pikes Peak XC	355	1:48:42	21:45	7:00	5:41	12-48-57-191-225-227	8-32-38-128-149-151
17	Valor Christian XC Club	360	1:48:22	21:41	6:59	3:58	29-100-102-109-194	20-67-68-75-130
18	REAL Training Thompson Valley	415	1:49:40	21:56	7:04	3:14	69-70-112-171-198-205	43-44-78-116-134-138
19	Ridge Runners - CO	451	1:50:39	22:08	7:08	5:54	7-120-143-174-224	4-85-96-118-148

Race 105 - Girls Merge - Medium School - 5K

11/19/2022

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
20	Los Alamos Cross Country Club	531	1:54:09	22:50	7:21	2:27	95-113-189-192-196-211	64-79-127-129-132-142
21	Springville XC	565	1:55:17	23:04	7:26	3:55	78-159-172-208-222	51-110-117-140-147
22	Pine View XC Club	585	1:55:26	23:06	7:26	3:11	135-149-175-178-230	92-101-119-121-152
23	Littleton Distance	590	1:55:09	23:02	7:25	1:59	147-157-176-184-207-209	99-108-120-124-139-141
24	SFXC	613	1:55:57	23:12	7:28	1:30	166-170-180-187-204-226-234	113-115-122-126-137-150-155
25	Teddy Roosevelt Track Club	618	1:58:37	23:44	7:39	4:26	81-195-202-213-233	54-131-135-144-154
DNF	UNA CO		1:35:53	19:11	6:11	0:43	5-6-10-16-23-24-25	Non-Scoring
DNF	Wings of America		1:40:48	20:10	6:30	1:17	14-37-51-59-60-122-129	Non-Scoring
DNF	UNA NM		1:53:57	22:48	7:21	6:05	53-85-101-215-239	Non-Scoring
DNP	Mica Mountain		1:40:55	25:14	8:08		193-228-229-241	4 Runners
DNP	UNA AZ		1:03:54	21:18	6:52		58-91-140	Non-Scoring
DNP	Mountain View UT		1:04:17	21:26	6:54		45-125-138	3 Runners
DNP	Security XC		1:06:41	22:14	7:10		98-162-167	3 Runners
DNP	Totah XC		1:07:02	22:21	7:12		73-145-199	3 Runners
DNP	Frederick Golden Eagles		1:24:10	28:04	9:02		190-244-245	3 Runners
DNP	Broomfield XC		39:10	19:35	6:19		4-46	2 Runners
DNP	719 Endurance		40:46	20:23	6:34		40-65	2 Runners
DNP	Logan XC Club		43:38	21:49	7:02		116-124	2 Runners
DNP	Distance Devils		49:17	24:39	7:56		216-218	2 Runners
DNP	Runnin Devils		19:58	19:58	6:26		32	1 Runner
DNP	Matadors XC Club		20:15	20:15	6:31		44	1 Runner
DNP	Falcons - CO		20:35	20:35	6:38		63	1 Runner
DNP	Ambo Slambo		20:36	20:36	6:38		64	1 Runner
DNP	Mingus Running Club		21:09	21:09	6:49		88	1 Runner
DNP	team of 2		22:01	22:01	7:06		133	1 Runner

Race 105 - Girls Merge - Medium School - 5K

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Avalon Beltran	9	REAL Training	18:28.99	1
2	Lauren Raley	11	REAL Training - Cheyenne Mountain	18:30.68	2
3	Willow Lott	12	Durango Distance	18:40.07	3
4	Kenna Holiday	12	Broomfield XC	18:51.95	
5	Frances Hudson	12	UNA CO	18:55.63	
6	Ella Unrein	11	UNA CO	18:56.41	
7	Payton Meineke	9	Ridge Runners - CO	18:56.98	4
8	Alena Kasanicky	10	REAL Training	18:59.72	5
9	Lauren McCalla	9	Summit Distance Project	19:01.54	6
10	Madeline Clark	9	UNA CO	19:01.63	
11	Cayden Justice	11	REAL Training	19:04.88	7
12	Cassidy McDonald	11	Pikes Peak XC	19:14.78	8
13	Sofia Voss	10	Durango Distance	19:16.92	9
14	Laila Martinez	9	Wings of America	19:17.44	
15	Paige Wagner	9	PCXCTC	19:17.79	10
16	dewa ilg	10	UNA CO	19:20.63	
17	Ava Coccaro	12	PCXCTC	19:22.55	11
18	Brynn Rees	12	Vikings	19:23.15	12
19	Kaylee Hale	11	PCXCTC	19:30.60	13
20	Alex Montano	11	Desert Lightning	19:30.84	14
21	Nina Quayle	12	Durango Distance	19:35.66	15
22	Bryn Aggeler	10	Durango Distance	19:38.00	16
23	Elizabeth Jenulis	12	UNA CO	19:38.36	
24	Anne Reilly	11	UNA CO	19:42.78	
25	Erika Danzer	11	UNA CO	19:44.03	
26	Kaitlyn Blackham	11	O-Town Tigers	19:44.98	17
27	Kendall Madine	11	REAL Training	19:47.32	18
28	Allison Levy	11	Trials of Miles Track Club	19:50.93	19
29	Addi Torres	11	Valor Christian XC Club	19:51.60	20
30	Kelley Burchfield	10	REAL Training - Cheyenne Mountain	19:51.62	21
31	Naomi Egnew	11	Vikings	19:53.88	22
32	Jade Reid	11	Runnin Devils	19:57.56	
33	Viola Alessandrini	11	REAL Training	19:58.46	23
34	Mira Quayle	9	Durango Distance	19:59.15	24
35	Maggie Crosby	9	Snow Canyon TC	20:00.11	25

Place	Name	Grade	Team	Time	Points
36	Charlize Herrera	12	O-Town Tigers	20:00.51	26
37	Janessa Segay	10	Wings of America	20:01.06	
38	Molly Babcock	10	REAL Training - Cheyenne Mountain	20:02.34	27
39	Hannah Hanger	12	REAL Training - Cheyenne Mountain	20:05.91	28
40	Olivia Sargent	12	719 Endurance	20:07.78	
41	Aspen Kenworthy	11	Snow Canyon TC	20:08.08	29
42	Gabriella Garside	9	Orem XC	20:09.04	30
43	Megan Burchfield	9	REAL Training - Cheyenne Mountain	20:12.52	31
44	Keira Damron	12	Matadors XC Club	20:14.11	
45	Molly Bell	11	Mountain View UT	20:16.39	
46	Brooke Holiday	10	Broomfield XC	20:17.24	
47	Tessa Olsen	11	UNA CO	20:18.87	
48	Kyra Shaner	12	Pikes Peak XC	20:20.64	32
49	Kate Morrow	10	Thunder XC Club	20:20.73	33
50	Annika Hammarquist	12	Thunder XC Club	20:21.95	34
51	Destiny Chino	10	Wings of America	20:22.58	
52	Ellie Dangerfield	10	StansburyXC	20:23.20	35
53	Nicole Tsosie	11	UNA NM	20:24.01	
54	Olivia Lay	10	Thor Running Club	20:28.25	36
55	Olivia Gillard	11	UNA CO	20:28.64	
56	Ella Cruze	12	Orem XC	20:30.90	37
57	Niki Peterson	11	Pikes Peak XC	20:31.36	38
58	Bella Gomez		UNA AZ	20:31.83	
59	Damira Allen	9	Wings of America	20:32.42	
60	Alesyia Barlow	12	Wings of America	20:33.77	
61	Sophie Graham	12	UNA CO	20:34.04	
62	Berlin Bartlett	10	O-Town Tigers	20:34.09	39
63	Reagan Massey	11	Falcons - CO	20:34.80	
64	Isabela Coffman	11	Ambo Slambo	20:35.39	
65	Katelyn Philpot	11	719 Endurance	20:37.34	
66	Malina Ceballes	12	REAL Training - Cheyenne Mountain	20:37.40	40
67	Abigail Bufkin	12	REAL Training - Cheyenne Mountain	20:38.41	41
68	Bella Caldwell	12	Desert Lightning	20:39.74	42
69	Alice Lehnher	9	REAL Training Thompson Valley	20:41.15	43

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Individual Results

Place	Name	Grade	Team	Time	Points
70	Hadassah Shiver	9	REAL Training Thompson Valley	20:41.90	44
71	Kendra Raiger	9	Thor Running Club	20:42.42	45
72	Moly McDowell	10	Thunder XC Club	20:44.34	46
73	Makenzie Yazzie	12	Total XC	20:45.57	
74	Siena Meilstrup	11	Timpanogos	20:46.66	47
75	Isabella Gray	10	O-Town Tigers	20:49.45	48
76	Clara O'Barr	12	Orem XC	20:51.55	49
77	Quincy Wadley	12	Vikings	20:52.03	50
78	Marissa Anderson	12	Springville XC	20:53.13	51
79	Nicole Payne	12	StansburyXC	20:55.85	52
80	Erin Allen	12	StansburyXC	20:56.70	53
81	Rachel Wheeler	10	Teddy Roosevelt Track Club	20:56.98	54
82	Sarah Scott	10	Vikings	20:57.82	55
83	Gem Garner	12	O-Town Tigers	20:58.19	56
84	Adria Westra	12	Timpanogos	20:58.27	57
85	Sami Schuh	11	UNA NM	20:58.29	
86	Malia Powell	11	Timpanogos	21:01.05	58
87	Rosalind Woolley	10	Thor Running Club	21:06.74	59
88	Makena Bliss	12	Mingus Running Club	21:08.54	
89	Cecelia Miner	10	Summit Distance Project	21:12.21	60
90	Afton Stubbs	11	Timpanogos	21:13.95	61
91	Natalie Flores	12	UNA AZ	21:15.44	
92	Avery Eytel	10	Summit Distance Project	21:16.10	62
93	Ava Mierau	9	UNA CO	21:17.33	
94	Rubi Montano	10	Desert Lightning	21:21.77	63
95	Lucy Kelley	11	Los Alamos Cross Country Club	21:24.10	64
96	Abigail Laidlaw	12	Snow Canyon TC	21:24.38	65
97	Gracie Bliss	11	Trials of Miles Track Club	21:25.18	66
98	Maggi Morrell	11	Security XC	21:28.05	
99	Grace Farrell	11	UNA CO	21:28.84	
100	Annika Riley	11	Valor Christian XC Club	21:32.32	67
101	Cadence Siow	12	UNA NM	21:32.39	

Place	Name	Grade	Team	Time	Points
102	Alice Santos	9	Valor Christian XC Club	21:32.46	68
103	Eliza Scown	10	StansburyXC	21:32.88	69
104	Anna Mullholland	9	Thunder XC Club	21:33.49	70
105	Brielle Smith	9	Snow Canyon TC	21:33.62	71
106	Phoebe Finkel	11	PCXCTC	21:35.28	72
107	Charly Jensen	12	StansburyXC	21:35.74	73
108	Julia Draper	9	O-Town Tigers	21:35.84	74
109	Ella Sutherland	9	Valor Christian XC Club	21:35.90	75
110	Leah Thomas	12	Timpanogos	21:36.20	76
111	Keira Stacey	11	Vikings	21:36.83	77
112	Ada Reichhardt	10	REAL Training Thompson Valley	21:37.51	78
113	Ensley Jorgenson	8	Los Alamos Cross Country Club	21:39.16	79
114	Brooke Powelson	12	StansburyXC	21:41.76	80
115	Claire Jackson	9	Summit Distance Project	21:41.93	81
116	Taylor Laney	10	Logan XC Club	21:42.66	
117	Danica Bishop	12	Thunder XC Club	21:42.77	82
118	Malyn Eliason	10	O-Town Tigers	21:46.43	83
119	Jordain Stutzman	10	Trials of Miles Track Club	21:46.79	84
120	Johanna Pataluna	11	Ridge Runners - CO	21:48.97	85
121	Rose Valdez	12	Trials of Miles Track Club	21:49.85	86
122	Yanibah Begay	12	Wings of America	21:53.02	
123	Mia Binnings	9	REAL Training - Cheyenne Mountain	21:53.84	
124	Eyerusalem Araya	11	Logan XC Club	21:54.37	
125	Ashlyn May	10	Mountain View UT	21:54.63	
126	Eliza Gehring	11	Vikings	21:54.89	87
127	Kate Taylor	10	UNA CO	21:56.22	
128	Zazie Johnson	10	Timpanogos	21:57.87	88
129	Annamarie Yazzie	10	Wings of America	21:58.26	
130	Johnaya Tyler	10	Wings of America	21:59.87	
131	Adaline Avery	11	Summit Distance Project	22:00.03	89
132	Olivia Penrod	12	Orem XC	22:00.13	90
133	Lydia Parks	9	team of 2	22:00.44	

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Individual Results

Place	Name	Grade	Team	Time	Points
134	Sydney Orth	11	Thunder XC Club	22:01.36	91
135	Brecken Heath	11	Pine View XC Club	22:01.58	92
136	Rebecca Jenks	11	O-Town Tigers	22:01.79	
137	Darby Leffler	9	Summit Distance Project	22:03.09	93
138	Yuri Takahashi	12	Mountain View UT	22:05.39	
139	Chevelle McCray	12	Wings of America	22:05.75	
140	Cassidy Davidson	11	UNA AZ	22:06.69	
141	Violet Westover	11	Orem XC	22:07.21	94
142	Ariel Walker	11	Trials of Miles Track Club	22:09.53	95
143	Savannah Mommens	12	Ridge Runners - CO	22:11.88	96
144	Sophia Rico	12	Desert Lightning	22:14.97	97
145	Naomi Wagoner	12	Total XC	22:15.03	
146	Amelia Dimond	10	StansburyXC	22:15.95	98
147	Sydney Sheldon	12	Littleton Distance	22:16.27	99
148	Paige Wescott	12	Summit Distance Project	22:17.07	100
149	Brianna Udy	11	Pine View XC Club	22:17.41	101
150	Kamyra Goldtooth	9	Wings of America	22:17.73	
151	Cassidy Olsen	9	Thor Running Club	22:18.39	102
152	Laeklan Allred	11	Orem XC	22:20.01	103
153	Sophia Hooper	11	Thor Running Club	22:20.43	104
154	Lexi Peters	9	Timpanogos	22:22.68	105
155	Magnolia Valentine	10	REAL Training	22:23.33	106
156	Emma Verespey	11	Snow Canyon TC	22:23.89	107
157	McKenzie Pullar	12	Littleton Distance	22:29.42	108
158	Genevieve Hansen	12	PCXCTC	22:30.01	109
159	Jocee Blakey	11	Springville XC	22:31.86	110
160	Sage Nicholas	11	REAL Training - Cheyenne Mountain	22:31.97	
161	Erika Skylling	12	PCXCTC	22:33.87	111
162	Cassandra Nelson	12	Security XC	22:34.19	
163	River Faux	12	Orem XC	22:34.51	112
164	Emmie Battersby	10	REAL Training - Cheyenne Mountain	22:34.60	
165	Madisyn Maez	11	StansburyXC	22:35.44	
166	Sophie Riding	12	SFXC	22:36.62	113
167	Ana Nelson	11	Security XC	22:38.15	
168	Kirsten Rasmussen	10	REAL Training	22:40.62	114

Place	Name	Grade	Team	Time	Points
169	Bre Watterson	11	StansburyXC	22:41.10	
170	Sarah Schwartz	10	SFXC	22:43.19	115
171	Ayla Colley	11	REAL Training Thompson Valley	22:43.84	116
172	Annie Low	10	Springville XC	22:47.09	117
173	Eva Stavast	11	Timpanogos	22:48.60	
174	Cayley Hansen	11	Ridge Runners - CO	22:50.01	118
175	Alianna Sanchez	11	Pine View XC Club	22:52.39	119
176	Holly Burns	12	Littleton Distance	22:53.25	120
177	Kate Wudel	12	Timpanogos	22:55.40	
178	Laney Holt	11	Pine View XC Club	23:01.67	121
179	Genna Larsen	11	StansburyXC	23:03.78	
180	Callie Parker	10	SFXC	23:07.01	122
181	Ingrid Jaime	11	Timpanogos	23:10.61	
182	Ashley Paulson	12	Timpanogos	23:11.86	
183	Allie Eliason	11	Vikings	23:12.37	123
184	Nora Tholen	10	Littleton Distance	23:14.80	124
185	Sydney Smith	10	Desert Lightning	23:19.14	125
186	Shae Stephenson	10	O-Town Tigers	23:21.74	
187	Lily Mason	11	SFXC	23:23.51	126
188	Shelby McCray	9	Wings of America	23:26.89	
189	Grace Evans	8	Los Alamos Cross Country Club	23:30.90	127
190	Gracie Wilts	10	Frederick Golden Eagles	23:37.68	
191	Megan Mastrolia	9	Pikes Peak XC	23:39.36	128
192	Celia Pesiri	9	Los Alamos Cross Country Club	23:44.05	129
193	Michelle Zubel	11	Mica Mountain	23:45.86	
194	Addi Riley	9	Valor Christian XC Club	23:48.73	130
195	Jessica Balderson	10	Teddy Roosevelt Track Club	23:49.87	131
196	Catherine Price	9	Los Alamos Cross Country Club	23:50.46	132
197	Emerson Williams	9	Snow Canyon TC	23:52.21	133
198	Adalie Korthaus	10	REAL Training Thompson Valley	23:54.84	134
199	Emma Murillo	10	Total XC	24:01.25	
200	Elena Krone	11	REAL Training	24:01.67	

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Individual Results

Place	Name	Grade	Team	Time	Points
201	Eiley Mason	9	REAL Training - Cheyenne Mountain	24:02.03	
202	Emma JEX	9	Teddy Roosevelt Track Club	24:02.50	135
203	Bryn Vaughn	10	Trials of Miles Track Club	24:03.77	136
204	Kaitlyn Larsen	12	SFXC	24:05.87	137
205	Charli Parrish	9	REAL Training Thompson Valley	24:07.83	138
206	Kate Ricks	12	StansburyXC	24:14.65	
207	Sophia Sheldon	12	Littleton Distance	24:14.92	139
208	Ariana Brimhall	10	Springville XC	24:17.39	140
209	Tatum Pratt	10	Littleton Distance	24:17.62	141
210	Karla San Juan	11	Timpanogos	24:18.94	
211	Phoebe Reid	9	Los Alamos Cross Country Club	24:20.40	142
212	Gabriella Hansen	12	PCXCTC	24:24.84	143
213	Lynette Greathouse	11	Teddy Roosevelt Track Club	24:25.38	144
214	Izzy Sunkel	9	REAL Training - Cheyenne Mountain	24:29.68	
215	Danielle Becenti	10	UNA NM	24:33.06	
216	Taylor Loaiza	12	Distance Devils	24:34.00	
217	Sadie Clarke	10	Thor Running Club	24:39.51	145
218	Alana Felix	11	Distance Devils	24:42.92	
219	Alyssa Abeyta	12	Trials of Miles Track Club	24:44.11	146
220	Isabella Rounkles	11	O-Town Tigers	24:44.26	
221	Melena Chana	11	Wings of America	24:44.33	
222	Amanda Felix	12	Springville XC	24:47.35	147
223	Alexandra Ardashnikov	12	REAL Training - Cheyenne Mountain	24:49.47	
224	Isla Ruiz	9	Ridge Runners - CO	24:50.18	148
225	Hailey Kressin	12	Pikes Peak XC	24:55.42	149
226	Kelsie Applegarth	9	SFXC	25:00.86	150
227	Kate Mastrolia	12	Pikes Peak XC	25:03.13	151
228	Emma Quigley	9	Mica Mountain	25:05.91	
229	Jillian Hager	10	Mica Mountain	25:10.95	
230	Amelia Hall	12	Pine View XC Club	25:12.15	152
231	Naomi Hakala	10	Timpanogos	25:13.87	
232	Hayden Hansen	9	Thor Running Club	25:19.49	153

Place	Name	Grade	Team	Time	Points
233	Jules Price	9	Teddy Roosevelt Track Club	25:22.09	154
234	Madisyn Lott	12	SFXC	25:48.44	155
235	Katie Battersby	10	REAL Training - Cheyenne Mountain	26:06.19	
236	Sydney Hill	12	REAL Training - Cheyenne Mountain	26:13.10	
237	Brielle Von Hoene	10	SFXC	26:27.32	
238	Lily Kirwan	10	REAL Training - Cheyenne Mountain	26:27.49	
239	Maya Werito	9	UNA NM	26:28.75	
240	Aitana Aguado	12	Thor Running Club	26:40.09	
241	Jordyn Martin	9	Mica Mountain	26:51.42	
242	Addison Lucia	9	Thor Running Club	27:14.56	
243	Evelyn Cotter	10	REAL Training - Cheyenne Mountain	29:23.04	
244	Breanna Langefeld	11	Frederick Golden Eagles	30:11.39	
245	Juliauna Bell	10	Frederick Golden Eagles	30:20.04	